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**1** Electronic Supplementary Materials

# 2 Stereoisomerism metabolites found in rats after oral administration of timosaponin B-II

- 3 using HPLC-Q-TOF-MS and NMR method
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21 Scheme 1. Synthetic pathway for obtaining deglycosylated spirostanol metabolites: compounds 1-

22 **4**.

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# 24 1. Synthesis of some derivates

# 25 1.1 Sarsasapogenin (1)

The dried and powdered extract of Rhizoma anemarrhenae (100 g) was dissolved in 95% EtOH (800 mL) and concentrated HCl (200 mL), the resulting solution was stirred and refluxed at 100 °C for 2 h. Then, the reaction solution was poured into cooled water (1 L) and filtered to obtain the precipitate.

29 The deposit was washed with demineralized water, and dried under vacuum to obtain the crude product

30 (4.0 g), which was recrystallized from acetone two times to yield sarsasapogenin (1.0 g).

31 White crystalline needle; <sup>1</sup>H-NMR (400 MHz, chloroform-*d*),  $\delta_{\rm H}$  (ppm): 4.40 (td, J = 7.9, 7.3, 6.2

32 Hz, 1H, H-16), 4.10 (brs, 1H, H-3), 3.94 (dd, J = 11.0, 2.8 Hz, 1H, H-26), 3.29 (d, J = 10.9 Hz, 1H, H-

33 26), 1.07 (d, J = 7.1 Hz, 3H, H-21), 0.98 (d, J = 6.4 Hz, 3H, H-27), 0.97 (s, 3H, H-19), 0.75 (s, 3H, H-

34 18); <sup>13</sup>C-NMR (100 MHz, chloroform-*d*), δ<sub>C</sub> (ppm): 109.9 (C-22), 81.2 (C-16), 67.2 (C-3), 65.3 (C-26),
35 62.2 (C-17), 56.6 (C-14), 42.3 (C-20), 40.8 (C-13), 40.5 (C-12), 40.0 (C-9), 36.7 (C-5), 35.4 (C-8),
36 35.4 (C-10), 33.7 (C-4), 31.9 (C-15), 30.1 (C-1), 28.0 (C-23), 27.2 (C-25), 26.7 (C-7), 26.7 (C-6), 26.1
37 (C-2), 25.9 (C-24), 24.1 (C-19), 21.0 (C-11), 16.6 (C-27), 16.2 (C-18), 14.5 (C-21); positive-ion HR38 ESI/MS *m/z*: 417.3365 for [M+H]<sup>+</sup> (calcd. for C<sub>27</sub>H<sub>45</sub>O<sub>3</sub><sup>+</sup>, 417.3363).

#### 39 1.2 Isosarsasapogenin (2)

To a boiling solution of 5 g of sarsasapogenin in 500 mL of 95% ethanol was added a mixture of 300 mL of 95% EtOH and 150 mL of concentrated hydrochloric acid. After refluxing for 40 h on the oilbathing, 100 mL concentrated hydrochloric acid was added and the refluxing continued for an additional 10 h. The solution was then poured into water and the resulting mixture was extracted with ether. The ether extract was washed with water, evaporated and removed. The residue was crystallized from acetone to give white needle crystals.

White crystalline needle; <sup>1</sup>H-NMR (400 MHz, chloroform-*d*),  $\delta_{\rm H}$  (ppm): 4.37 (td, J = 8.2, 7.5, 6.4Hz, 1H, H-16), 4.08 (brs, 1H, H-3), 3.45 (dd, J = 11.0, 2.0 Hz, 1H, H-26), 3.35 (d, J = 10.8, 1H, H-26), 0.96 (s, 3H, H-19), 0.94 (d, J = 6.9 Hz, 3H, H-21), 0.77 (d, J = 6.2 Hz, 3H, H-27), 0.74 (s, 3H, H-18); <sup>13</sup>C-NMR (100 MHz, chloroform-*d*),  $\delta_{\rm C}$  (ppm): 109.4 (C-22), 81.0 (C-16), 67.2 (C-3), 67.0 (C-26), 62.4 (C-17), 56.6 (C-14), 41.7 (C-20), 40.8 (C-13), 40.4 (C-12), 40.0 (C-9), 36.6 (C-5), 35.4 (C-8), 35.4 (C-10), 33.6 (C-4), 31.9 (C-15), 31.5 (C-23), 30.4 (C-25), 30.1 (C-1), 28.9 (C-24), 27.9 (C-2), 26.7 (C-7), 26.7 (C-6), 24.0 (C-19), 21.0 (C-11), 17.2 (C-27), 16.6 (C-18), 14.6 (C-21); positive-ion HR-ESI/MS m/z: 417.3366 [M+H]<sup>+</sup> (calcd. for C<sub>27</sub>H<sub>45</sub>O<sub>3</sub><sup>+</sup>, 417.3363).

## 54 **1.3 Galactosyl trichloroacetimidate (3c)**

55 To a magnetically stirred solution of galactose (5.0 g, 27.8 mmol) in anhydrous pyridine (100 mL) and

56 DMF (200 mL), benzoyl chloride (17.8 mL, 152.4 mmol) was added dropwise under ice bath. The 57 reaction continued for 16 h after naturally rising to room temperature. Then the solution was extracted 58 with EtOAc (150 mL\*3) following water (50 mL) was added into the mixture to quench the excess 59 benzoyl chloride. The organic layer was merged and washed with water, diluted hydrochloric acid, 60 water, saturated NaHCO<sub>3</sub> solution and water in sequence. Afterwards, it was concentrated to dryness 61 under reduced pressure and used as the material for next step without purification, compound **3a**.

Compound **3a** (15.0 g, 21.5 mmol) was dissolved in dry DMF (100 mL), and then the hydrazine acetate (2.5 g 27 mmol) was added. After stirred at 55 °C for 1.5 h, the flask was cooled to room temperature with running water. The solution was extracted with EtOAc and washed with saline solution, and then the organic layer was separated out and concentrated to dryness under reduced pressure. Finally, the residue was purified by column chromatography over the silica gel with petroleum ether-ethyl acetate (5:1) to yield the white power, compound **3b** (9.6 g, yield 75%).

The DBU (0.55 mL, 5.8 mmol) was added to the solution of compound **3b** (5.0 g, 8.3 mmol) and CNCCl<sub>3</sub> (5 mL, 50.7 mmol) in anhydrous CH<sub>2</sub>Cl<sub>2</sub> (70 mL) at room temperature. Then, the mixture was continued to stir until the compound **3b** was not observed by TLC. The crude products were obtained by removing the solvent, which were purified by column chromatography over the silica gel with petroleum ether-ethyl acetate (10:1, 1% Et<sub>3</sub>N) to yield the white power, compound **3c** (4.8 g, yield 78%).

## 74 **1.4 Timosaponin AI (3)**

To a stirring solution of 3c (0.74 g, 1.0 mmol) in 15 mL of dry CH<sub>2</sub>Cl<sub>2</sub> was added 4 Å molecular sieves
(0.5-1.0 mm, 2 g) followed by sarsasapogenin (0.5 g, 1.2 mmol) as a solid powder. It was stirred for 0.5
h under ice-bath, and then TMSOTf (60 μL, 0.3 mmol) was added under nitrogen (N<sub>2</sub>) protection. The

mixture was continuously stirred at 0 °C for 1 h and room temperature for another 0.5 h, and then neutralized with  $Et_3N$ . The yellow solution was diluted with  $CH_2Cl_2$  and filtered to remove the molecular sieves. The organic layer was concentrated under reduced pressure to give brownish syrup, which was purified by column chromatography with petroleum ether-ethyl acetate (10:1) to afford compound **3d** (0.9 g, yield 90.5%) as a white power.

Compound **3d** (0.7 g, 0.7 mmol) was dissolved in MeOH-CH<sub>2</sub>Cl<sub>2</sub> (1:1, 40mL), and then 40 mg CH<sub>3</sub>ONa was added. After stirring at room temperature for 3 h, the solution was neutralized with ionexchange resin (H<sup>+</sup>), and then filtered and concentrated. The white residue was purified by column chromatography with ethyl acetate-methanol (20:1) to afford the white solid, compound **3** (0.28 g, yield 96.2%).

White crystalline needle; <sup>1</sup>H-NMR (400 MHz, DMSO-*d*<sub>6</sub>),  $\delta_{\rm H}$  (ppm): 4.67 (m, 1H, H-16), 4.64 (d, *J* 89 = 7.0 Hz, 1H, H-1'), 4.53 (m, 1H, H-2'), 4.30 (m, 2H, H-6'), 4.09 (m, 1H, H-4'), 3.89 (o, 2H, H-26, H-90 5'), 3.64 (m, 1H, H-3'), 3.29 (o, H, H-26), 1.00 (d, *J* = 7.1 Hz, 3H, H-21), 0.92 (d, *J* = 6.8 Hz, 3H, H-91 27), 0.90 (s, 3H, H-19), 0.70 (s, 3H, H-18); <sup>13</sup>C-NMR (100 MHz, DMSO-*d*<sub>6</sub>),  $\delta_{\rm C}$  (ppm): 108.8 (C-22), 92 101.8 (C-1'), 80.4 (C-16), 75.0 (C-3), 73.6 (C-5'), 72.7 (C-3'), 70.7 (C-2'), 68.1 (C-4'), 64.3 (C-26), 93 61.9 (C-17), 60.4 (C-6'), 55.7 (C-14), 41.6 (C-20), 40.2 (C-13), 39.7 (C-12), 39.4 (C-9), 35.9 (C-5), 94 34.9 (C-8), 34.6 (C-10), 31.4 (C-4), 30.1 (C-15), 29.5 (C-1), 26.5 (C-25), 26.4 (C-2), 26.2 (C-7), 26.0 95 (C-6), 25.6 (C-23), 25.4 (C-24), 23.6 (C-19), 20.5 (C-11), 16.2 (C-27), 16.0 (C-18), 14.5 (C-21); 96 positive-ion HR-ESI/MS *m/z*: 579.3899 [M+H]<sup>+</sup> (calcd. for C<sub>33</sub>H<sub>25</sub>O<sub>8</sub><sup>+</sup>, 579.3891).

#### 97 1.5 Isotimosaponin AI (4)

98 The similar procedure for the preparation of compound **3** was adopted, and thus isosarsasapogenin (0.5

99 g, 1.2 mmol) produced compound 4 (0.26 g, yield 89.3%) as a white solid.

White crystalline needle; <sup>1</sup>H-NMR (400 MHz, DMSO- $d_6$ ),  $\delta_H$  (ppm):4.66 (m, 1H, H-16), 4.62 (d, J 100 101 = 7.2 Hz, 1H, H-1'), 4.51 (m, 1H, H-2'), 4.29 (m, 2H, H-6'), 4.09 (m, 1H, H-4'), 3.89 (o, H, H-5'), 102 3.61 (m, 1H, H-3'), 3.25 (o, 2H, H-26), 0.91 (d, J = 19.7 Hz, 3H, H-21), 0.90 (s, 3H, H-19), 0.73 (d, J = 19.7 Hz, 3H, H-21), 0.90 (s, 3H, H-19), 0 = 6.2 Hz, 3H, H-27), 0.71 (s, 3H, H-18).; <sup>13</sup>C-NMR (100 MHz, DMSO- $d_6$ ),  $\delta_C$  (ppm): 108.4 (C-22), 103 101.8 (C-1'), 80.3 (C-16), 75.0 (C-3), 73.6 (C-5'), 72.7 (C-3'), 70.7 (C-2'), 68.1 (C-4'), 65.9 (C-26), 104 62.0 (C-17), 60.3 (C-6'), 55.7 (C-14), 41.4 (C-20), 40.2 (C-13), 39.7 (C-12), 39.4 (C-9), 35.9 (C-5), 105 106 34.9 (C-8), 34.6 (C-10), 31.4 (C-4), 31.0 (C-23), 30.1 (C-15), 29.8 (C-25), 29.5 (C-1), 28.5 (C-24), 26.4 (C-2), 26.2 (C-7), 26.0 (C-6), 23.6 (C-19), 20.5 (C-11), 17.1 (C-27), 16.2 (C-18), 14.7 (C-21); 107 108 positive-ion HR-ESI/MS m/z: 579.3897 [M+H]<sup>+</sup> (calcd. for  $C_{33}H_{55}O_8^+$ , 579.3891). It was determined to be (25R)-5 $\beta$ -spirostan-3-O- $\beta$ -D-galactopyranoside, and simply named isotimosaponin AI. 109

#### 110 1.6 Timosaponin BIII-d (5)

111 A solution of timosaponin BII (2.0 g) and weak hydrochloric acid (approximately, 0.25 mol·L<sup>-1</sup>) was refluxed at 100 °C for 3 h. The reaction solution was partitioned with *n*-butanol and the *n*-butanol 112 113 soluble portion was evaporated to dryness and the residue was separated by chromatography on preparative HPLC ( $\lambda$ =218 nm) eluting with 30% acetonitrile to afford the white powder. And it was 114 regarded as the novel compound that had not been reported from natural sources or synthesis previous. 115 116 White, amorphous powder, the detail <sup>13</sup>C-NMR (pyridine- $d_5$ , 100MHz) and <sup>1</sup>H-NMR (pyridine- $d_5$ , 117 400MHz) information see the next section Table 1; positive-ion HR-ESI/MS m/z: 741.4422 [M+H]+ (calcd. for C<sub>39</sub>H<sub>65</sub>O<sub>13<sup>+</sup></sub>, 741.4420). It was determined to be (25S)-26-O-β-D-glucopyranosyl -20(22)-118 119 ene-5 $\beta$ -furost-3-O- $\beta$ -D-galactopyranoside.





Fig. S1 The <sup>1</sup>H-NMR spectra of timosaponin BIII-d (400 MHz, in pyridine-d<sub>5</sub>)



123Fig. S2 The superposition of  ${}^{13}$ C-NMR spectra of timosaponin BIII-d (100 MHz, in pyridine- $d_5$ ):124brownish for BB and blue for DEPT-135.







Fig. S5 The <sup>1</sup>H-NMR spectra of Sarsasapogenin (400 MHz, in chloroform-d)



brownish for BB and blue for DEPT-135.





Fig. S7 The <sup>1</sup>H-NMR spectra of Isosarsasapogenin (400 MHz, in chloroform-d)







Fig. S9 The <sup>1</sup>H-NMR spectra of Timosaponin A-I (400 MHz, in DMSO-*d*<sub>6</sub>)





Fig. S11 The <sup>1</sup>H-NMR spectra of Isotimosaponin A-I (400 MHz, in DMSO-*d*<sub>6</sub>)



brownish for BB and blue for DEPT-135.



153 Fig. S13 Total ion chromatograms for eight reference compounds (a), the single injection analysis

<sup>154</sup> of timosaponin BIII-d (b), isotimosaponin A-I (c), and sarsasapogenin (d) in positive mode.