## **Experimental procedure:**

LiBH<sub>4</sub> with 95 % purity was purchased from Acros. YH<sub>3</sub> was synthesized by the hydrogenation of yttrium (Acros, 99.9%, -40 mesh powder) at 350 °C and 9.0 MPa of hydrogen (99.9999 %) for 2 hours. The XRD pattern of the synthesized YH<sub>3</sub> powder shows that YH<sub>3</sub> is present as a main product together with a small amount of YH<sub>2</sub> and Y<sub>2</sub>O<sub>3</sub> phase (Fig. S1). The yttrium oxide was formed due to the impurities of LiBH<sub>4</sub>. 3 g of 4LiBH<sub>4</sub> + YH<sub>3</sub> composite was prepared using a planetary ball mill (Retsch PM200), sealed with a lid having a Viton O-ring at 650 rpm for 12 hours. Thirteen 12.7 mm diameter and twenty four 7.9 mm diameter Cr-steel balls were employed together with a 140 ml hardened steel bowl. The ball-to-powder weight ratio was 50:1. The whole process of sample mixing and loading was carried out inside an argon-filled glovebox (mBraun, UniLab), where oxygen and water vapor levels were kept below 1 ppm.

The dehydrogenation of the  $4LiBH_4 + YH_3$  composite under either hydrogen (99.9999 %) or argon (99.9999 %) back pressure was carried out using a Sievert-type volumetric apparatus. 0.3 g of the composite in a 110 ml reactor was dehydrogenated at 350 °C for 20 hours (heating rate = 30 °C/min), monitoring the pressure in the reactor.

High pressure differential scanning calorimetry (HP-DSC) measurements of the composite were performed in a Netzsch DSC 204 HP at 0.3, 0.4 and 0.5 MPa of 99.9999% hydrogen. 2 mg of the composite sample in an aluminum crucible was loaded into a chamber together with an empty reference aluminum crucible. The crucible was heated to 400 °C with a rate of 40 °C/min and then maintained at 400 °C for 200 minutes.

XRD measurements of the ball milled and dehydrogenated samples were performed using a Bruker D8 Advance X-ray diffractometer with Cu K $\alpha$  radiation. In order to prevent air exposure of the samples, borosilicate capillary tubes were used during the measurements.

Raman spectroscopy was performed at room temperature using a Horiba Jobin-Yvon LabRam ARAMIS with a 514 nm Ar-ion laser. The samples were prepared by using a Sievert-type apparatus as described above. 0.3 g of the composite was dehydrogenated at 400 °C for an hour (heating rate = 30 °C/min) under static vacuum and various hydrogen and argon back pressures. Subsequently, the samples were cooled down to room temperature within a few minutes. During the measurements, the samples were inevitably exposed to air.

**Supporting results:** 



Fig. S1 XRD pattern of YH<sub>3</sub> synthesized at 350 °C for 2 hours under 9 MPa of hydrogen.



Fig. S2 XRD pattern of 4LiBH<sub>4</sub> + YH<sub>3</sub> composite prepared by ball milling.



Fig. S3 HP-DSC curves of 4LiBH<sub>4</sub> + YH<sub>3</sub> composite dehydrogenated under (a) 0.3, (b) 0.4 and (c) 0.5 MPa of hydrogen. The crucible was heated to 400 °C with a rate of 40 °C/min and then maintained at 400 °C for 200 minutes. The symbol triangle, star and arrows indicate the phase transformation of LiBH<sub>4</sub> (orthorhombic to hexagonal), melting of LiBH<sub>4</sub> and the dehydrogenation of LiBH<sub>4</sub>+YH<sub>3</sub> composite, respectively.



Fig. S4 XRD patterns of 4LiBH<sub>4</sub> + YH<sub>3</sub> composite dehydrogenated under (a) 0.1, (b) 0.2, (c) 0.5, (d) 0.7 and (e) 1.0 MPa of hydrogen.



Fig. S5 XRD patterns of 4LiBH<sub>4</sub> + YH<sub>3</sub> composite dehydrogenated under (a) 0.1, (b) 0.2, (c) 0.5, (d) 0.7 and (e) 1.0 MPa of argon.



**Fig. S6** The amount of desorbed hydrogen of  $4LiBH_4+YH_3$  composite under (a) hydrogen and (b) argon back pressures.