-0.3 1.5 AAbs (mOD) AAbs (mOD) -20 -20 -40 -40 500 600 Wavelength (nm) Wavelength (nm)

Supporting Information

Fig S1. Transient Spectra at selected delays (ps) of isolated Ac, λ_{exc} = 330 nm.



Fig S2. Kinetic traces of isolated *Ac*, with λ_{exc} =330 nm (*black scatter*) and with λ_{exc} =400 nm (*red scatter*).



Fig S3: 3D plots of MO of interest of Ac.



Fig S4: Ground electronic state (on the left) and first excited state (on the right) of Ac.



Figure S5: PCM cavity for the AAC conformation: solvent-accessible-surface (SAS).



Figure S6. Relevant conformations of Ac



Figure S7: 3D plots of relevant MO of AAC.



Figure S8: 3D plots of the electron density difference between the ground S0 and the first S1 (left-side picture), the fifth S5 (central picture) and sixth S6 (right-side picture) electronic state for AAC conformer. The zones where the electron density grows are mapped in light blue.



Figure S9: Theoretical Dn population decay due to the energy transfer, calculated assuming a weighted sum of exponential function (red line). The pre-exponential factors in the sum are the relative population of the conformers calculated by DFT approach. The dashed line is the mono-exponential fit, with a time constant of 3.51 ps.