Electronic Supplementary Material (ESI) for RSC Advances. This journal is © The Royal Society of Chemistry 2028en the original article was published, the authors did not include any Supplementary Material.

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## **Supplementary Material**

## Biophysical characterization of lutein or beta carotene-loaded cationic liposomes

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In this Supplementary Information, three repeats of each TEM image were provided. In the following images, low magnification images are provided which show the morphology of a few particles, while the high magnification images focus on fewer particles (maximum three particles). Selection of the particles in the high-magnification images was based on the fact that these shapes appeared commonly in most of the captured images. The images provided below are from 3 independent samples for each formula.







**Fig 1** TEM images showing the size of neutral liposomes (NL) which is not imparted with a surface charge at low magnification in A-D and at high magnification E & F.











**Fig 2** TEM images showing cationic liposomes (CL) which is imparted with the positive surface charge at low magnification in A-D and at high magnification E & F.





— I 500 nm



**Fig 3** TEM images showing the size of cationic liposomes incorporated with lutein (CL-Lut) at low magnification in A-C and at high magnification in D.











**Fig 4** TEM images showing the size of cationic liposomes incorporated with beta-carotene (CL-Bc) at low magnification in A-E and at high magnification in F. Beta-carotene was observed at the boundary surface within the liposomal assembly surface, the molecule of beta-carotene tends to be buried in a lipid bilayer in random distribution without any preferred orientation.