**Electronic Supplementary Information** 

## The bending behaviour of L-phenylalanine monohydrate soft crystal via reversible hydrogen bonds rupture and remodeling

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#### 1. Lattice energy determination of L-Phe·H<sub>2</sub>O

#### Method

#### 1.1 Differential scanning calorimetry (DSC)

A differential scanning calorimeter (DSC 250, TA Instruments-Waters, U.S.A.) was used to carry out DSC. Approximately 4 mg of sample (L-Phe·H<sub>2</sub>O soft crystal and L-Phe (the raw material, RM)) was placed in a nonhermetic aluminum pan, after which it was heated from 25 to 295 °C at a heating rate of 10 °C/min. The dehydration product of L-Phe·H<sub>2</sub>O during the heating process was named as L-Phe form-X. Nitrogen gas was used as the purge gas at 20 mL/min. The data was analyzed by Trios software (version 5.1.1.46572). Each experiment was repeated in triplicate.

#### 1.2 Determination of specific heat capacity of L-Phe form X

A differential scanning calorimetry (DSC 250, TA Instruments-Waters, U.S.A.) was used to determine the specific heat capacity of L-Phe form-X was determined by "three-step" method. The empty aluminum pan, sapphire and sample (4 mg) were heated from 150 to 250 °C with a heating rate of 10 °C /min, respectively. The data was analyzed by Trios software (version 5.1.1.46572). The specific heat capacity of L-Phe form-X in the range of 150~250 °C was recorded.

#### 1.3 Lattice energy calculation of L-Phe H<sub>2</sub>O

The lattice energy of L-Phe $\cdot$ H<sub>2</sub>O can be calculated by sublimation enthalpy as follow<sup>1-3</sup>:

$$E_{\text{lattice}} = -\Delta H_{\text{sub}} \left( T \right) - 2RT \tag{1}$$

Where  $E_{\text{lattice}}$  represents lattice energy,  $\Delta H_{\text{sub}}$  is the sublimation enthalpy determined at a specific temperature (*T*), *R* is the gas constant.

Considering the sublimation of crystalline water and proton transfer energy of L-Phe (the energy to be overcome from amphoteric ions to molecules), Eq.(1) should be modified to:

$$E_{\text{lattice}} = -\Delta H_{\text{sub}} \left( T \right) - 2RT - p^{\theta} V_1 + \Delta E_{\text{pt}}$$
<sup>(2)</sup>

Where  $V_1$  represents the molar volume of crystalline water at sublimation temperature,  $p^{\theta}$  represents the standard gas pressure,  $\Delta E_{pt}$  is the proton transfer energy of amino acids, which is a constant (-137 kJ·mol<sup>-1</sup>).<sup>4</sup> Besides, according to Charles' law, <sup>5</sup>  $V_1$  at temperature  $T_1$  can be expressed as:

$$V_1 = V^{\theta} T_1 / T^{\theta} \tag{3}$$

Where  $T^{\theta}$  represents the Kelvin temperature at 0 °C,  $T^{\theta}=273$  K,  $V^{\theta}$  represents the molar volume of ideal gas at 273 K,  $V^{\theta}=22.4$  L. Thus, making use of Eq (2) and (3),  $E_{\text{lattice}}$  can be expressed as:

$$E_{\text{lattice}} = -\Delta H_{\text{sub}} \left(T\right) - 2RT - p^{\theta} \left(\frac{V^{\theta}T_{1}}{T^{\theta}}\right) + \Delta E_{\text{pt}} = -\Delta H_{\text{sub}} \left(T\right) - 3RT + \Delta E_{\text{pt}} \quad (4)$$

#### Results

DSC is a common method for determining sublimation enthalpy.<sup>6,7</sup> The DSC curves of L-Phe·H<sub>2</sub>O and L-Phe (RM) were shown in Fig. S1. For L-Phe·H<sub>2</sub>O, the endothermic peaks at 127 °C (400 K,  $\Delta H_{\text{Dehy}} = 163.2\pm2.8$  kJ·mol<sup>-1</sup>) and 274 °C (547 K,  $\Delta H_{\text{fus}}=64.3\pm1.2$  kJ·mol<sup>-1</sup>) were attributed to dehydration and melting of L-Phe·H<sub>2</sub>O, respectively. After dehydration, the specific heat capacity of L-Phe form-X ( $C_{\text{p,form-X}}$ ) was determined to be 197.8±6.4 J·mol<sup>-1</sup>·K<sup>-1</sup>. In addition, for L-Phe (RM), only a melting endothermic peak was observed at 274 °C (547K,  $\Delta H_{\text{fus}}=62.1\pm1.2$  kJ·mol<sup>-1</sup>).



Fig. S1 DSC curves of (a) L-Phe·H<sub>2</sub>O and (b) L-Phe (RM).

At 400 K, the sublimation reaction of L-Phe $\cdot$ H<sub>2</sub>O could be described as follow:

$$\text{L-Phe} \cdot \text{H}_{2}\text{O}(s, 400\text{K}) \rightarrow \text{L-Phe}(g, 400\text{K}) + \text{H}_{2}\text{O}(g, 400\text{K}), \Delta H_{\text{sub}}(\text{L-Phe} \cdot \text{H}_{2}\text{O})$$
(5)

The reaction (5) could be regarded as the sum of Eq. (6), Eq. (7) and Eq. (8):

L-Phe·H<sub>2</sub>O(s, 400K) 
$$\rightarrow$$
 L-Phe·H<sub>2</sub>O(form-X, 400K)+H<sub>2</sub>O(g, 400K)

$$\Delta H_{\rm Dehv} = 163.2 \pm 2.8 \text{kJ} \cdot \text{mol}^{-1} \tag{6}$$

$$L-Phe(form-X, 400K) \rightarrow L-Phe(RM, 400K), \Delta H_{trans}(400K)$$
(7)

$$L-Phe(RM, 400K) \rightarrow L-Phe(g, 400K), \Delta H_{sub}(L-Phe, RM, 400K)$$
(8)

Eq. (7) could be regarded as the transition from L-Phe form-X to L-Phe RM at 400 K, and the enthalpy change of this process ( $\Delta H_{\text{trans}}$  (400 K)) could be calculated as follow:

L-Phe(form-X, 547K) 
$$\rightarrow$$
 L-Phe(l, 547K),  $\Delta H_{\text{fus}}$ (form-X, 547K) = 64.3kJ·mol<sup>-1</sup> (9)

L-Phe (RM, 547K) 
$$\rightarrow$$
 L-Phe (l, 547K),  $\Delta H_{\text{fus}}$  (RM, 547K) = 62.1kJ · mol<sup>-1</sup> (10)

$$L-Phe(form-X, 547K) \rightarrow L-Phe(RM, 547K)$$
(11)

$$\Delta H_{\text{trans}}(547K) = \Delta H_{\text{fus}}(\text{form-X}, 547K) - \Delta H_{\text{fus}}(\text{RM}, 547K) = 2.2\text{kJ} \cdot \text{mol}^{-1}$$

$$\Delta H_{\text{trans}} (400K) = \Delta H_{\text{trans}} (547K) + (C_{\text{p,form-X}} - C_{\text{p,RM}}) (400K - 547K) = 2.3 \text{kJ} \cdot \text{mol}^{-1} (12)$$

Where  $C_{p,form-X}$  and  $C_{p,RM}$  were the specific heat capacity of L-Phe form-X and L-Phe RM.  $C_{p,RM}$  was reported to be 203.1±1.5 J·mol<sup>-1</sup>·K<sup>-1</sup>.<sup>8</sup>

Eq. (8) was the sublimation process of L-Phe at 400K, and the enthalpy change of this process ( $\Delta H_{sub}$  (L-Phe, 400 K)) could be described as follow:

$$\Delta H_{\rm sub} \left( \text{RM}, 400K \right) = \Delta H_{\rm sub} \left( \text{RM}, 298K \right) + \int_{298K}^{400K} \left( C_{\rm p,g} - C_{\rm p,RM} \right) dT = 158.7 \text{kJ} \cdot \text{mol}^{-1} \quad (13)$$

Where  $C_{p,g}$  was the specific heat capacity of gaseous L-Phe,  $C_{p,g}=184\pm1$ J·mol<sup>-1</sup>·K<sup>-1</sup>.<sup>8</sup>

Combined with Eq. (6), Eq. (12) and Eq. (13), the sublimation enthalpy of L-Phe $\cdot$ H<sub>2</sub>O at 400 K could be described as follow:

 $\Delta H_{\text{sub}} (\text{L-Phe} \cdot \text{H}_{2}\text{O}, 400K) = \Delta H_{\text{Dehy}} (400K) + \Delta H_{\text{trans}} (400K) + \Delta H_{\text{sub}} (\text{L-Phe}, \text{RM}, 400K)$ = (163.2 + 2.3 + 158.7) kJ · mol<sup>-1</sup> = 324.2kJ · mol<sup>-1</sup>

When the calculation result of sublimation enthalpy was sustituted into Eq.

(4), the lattice energy of L-Phe·H<sub>2</sub>O was obtained to be -112.56 kcal·mol<sup>-1</sup>.

### 2. Crystallographic information for L-Phe·H<sub>2</sub>O

Formula	C <sub>9</sub> H <sub>13</sub> NO <sub>3</sub>
Molecular weight	183.20
Crystal system	monoclinic
Space group	P 2 <sub>1</sub> (4)
a (Å)	13.0612 (5)
b (Å)	5.4197 (2)
c (Å)	13.8643 (6)
α (°)	90
β (°)	102.611
γ (°)	90
Volume (Å <sup>3</sup> )	957.746
Z	Z=4
$ ho_{ m calc}$ (g/cm <sup>3</sup> )	1.271
20	2.841 to 50.011
F (000)	392
R <sub>1</sub>	0.0318
wR <sub>2</sub>	0.0825
Goodness-of-fit (GOF)	1.047
Temperature (K)	193 (2)
CCDC No.	2009781

Table S1 Crystallographic data of L-Phe $\cdot$ H<sub>2</sub>O

Table S2 The intermolecular hydrogen bond parameters of L-Phe $\cdot\mathrm{H_2O}$ 

No.	Donor-H…Acceptor	D-A/ Å	H···A/ Å	D-H···A/ °
1	O6-H6B(H <sub>2</sub> O)…O1(L-Phe)	0.846	1.830	9.634
2	N1-H1A(L-Phe)…O6(H <sub>2</sub> O)	0.910	1.849	176.645
3	O5-H5B(H <sub>2</sub> O)···O4(L-Phe)	0.874	1.984	149.043
4	N2-H2A(L-Phe)…O4(L-Phe)	0.910	2.020	78.701
5	N2-H2B(L-Phe)…O3(L-Phe)	0.910	1.878	173.345
6	N1-H1C(L-Phe)…O3(L-Phe)	0.910	2.070	139.319
7	N1-H1C(L-Phe)…O2(L-Phe)	0.910	2.388	97.980
8	N2-H2C(L-Phe)…O2(L-Phe)	0.910	1.965	152.045
9	N2-H2C(L-Phe)…O3(L-Phe)	0.910	2.412	110.203

# 3. Analysis the bending region by *in situ* micro-infrared and *in situ* micro-Raman

Wavenumber	Wavenumber	Wavenumber	Assignments
(cm <sup>-1</sup> ) in straight state	(cm <sup>-1</sup> ) in bent state	difference (cm <sup>-1</sup> )	
$3358 \pm 0.23$	$3363\pm0.43$	5	O-H str.
$\textbf{3028} \pm \textbf{0.44}$	$3062 \pm 0.57$	34	NH3 <sup>+</sup> asym. str.
$2846~\pm~0.40$	$2846 \pm 0.29$	0	C-H str.
$1598 \pm 0.48$	$1560\pm0.51$	38	NH3 <sup>+</sup> asym.bending and
			COO <sup>-</sup> asym. str.
$1508\pm0.40$	$1500\pm0.32$	8	NH3 <sup>+</sup> sym.bending
$1404 \pm 0.17$	$1417\pm0.22$	13	COO <sup>-</sup> asym. str.
$1311~\pm~0.13$	$1311\pm0.49$	0	CH <sub>2</sub> wagging
$1197~\pm~0.38$	$1200\pm0.43$	3	C-CH bending
$1148~\pm~0.22$	$1150\pm0.76$	2	CH <sub>2</sub> twisting
$1041~\pm~0.67$	$1038\pm0.91$	3	C-C str.
$980~\pm~0.53$	$979~\pm~0.43$	1	CH <sub>2</sub> rocking
$915~\pm~0.31$	$918~\pm~0.35$	3	C-CH bending
$857~\pm~0.88$	$859~\pm~0.64$	2	C-H out-of plane
			deformation
$779~\pm~0.65$	$782~\pm~0.82$	3	C-C skeletal str.
$694~\pm~0.50$	$695\pm0.46$	1	C-H out-of plane
			deformation
$516 \pm 0.66$	$521 \pm 0.19$	5	C-COO <sup>-</sup> deformation

Table S3 Micro-infrared assignments for L-Phe $\cdot \rm H_2O$ 

Wavenumber	Wavenumber	Wavenumber	Assignments
(cm <sup>-1</sup> ) in straight state	(cm <sup>-1</sup> ) in bent state	difference (cm <sup>-1</sup> )	
$138 \pm 0.50$	$146\pm0.38$	8	Lattice modes
$251~\pm~0.57$	$269~\pm~0.55$	18	Lattice modes
$346~\pm~0.78$	$347~\pm~0.60$	1	C-C-C-C in phase vibration
$426 \pm 0.41$	$432\pm0.50$	6	COO <sup>-</sup> rocking
$497 \pm 0.60$	$\textbf{489} \pm \textbf{0.43}$	9	H <sub>2</sub> O
$541~\pm~0.34$	$539\pm0.22$	2	C <sub>6</sub> H <sub>5</sub> -C in plane deformation
$618 \pm 0.69$	$\boldsymbol{624\pm0.78}$	6	COO <sup>-</sup> rocking
$823~\pm~0.46$	$822\pm0.61$	1	CH <sub>2</sub> rocking
$846 \pm 0.50$	$\textbf{853} \pm \textbf{0.74}$	7	NH <sub>3</sub> <sup>+</sup> deformation
$1006~\pm~0.37$	$1004\pm0.50$	2	C-C of the benzene ring sym.
			str
$1169~\pm~0.65$	$1177~\pm~0.27$	8	C-N str.
$1194 \pm 0.56$	$1186\pm0.84$	8	NH <sub>3</sub> <sup>+</sup> rocking
$1310~\pm~0.94$	$1311\pm0.59$	1	CH <sub>2</sub> rocking
$1416 \pm 0.30$	$1422\pm0.47$	6	COO <sup>-</sup> sym. str
$1498 \pm 0.29$	$1506\pm0.35$	8	NH3 <sup>+</sup> sym. str
$1587~\pm~0.86$	$1588\pm0.53$	1	C-C ring sym. str of the
			benzene
$1607~\pm~0.73$	$1607\pm0.84$	0	C-C ring sym. str of the
			benzene

Table S4 Micro-Raman assignments for L-Phe $\cdot \rm H_2O$ 

# 4. Difference between the calculated lattice energy and experimental value

**Table S5** Lattice energies of L-Phe $\cdot$ H<sub>2</sub>O using different combination of force fields and charge assignment rules

Force field/Charge rule	Calculated values (kcal/mol)	Experimental values (kcal/mol)	The difference between experimental and calculated values (kcal/mol)
COMPASS/Forcefield			(Rour mor)
assigned	-29.683		-82.877
COMPASS/Gasteiger	-102.121	112.50	-10.439
COMPASS/Qeq	-55.048		-57.512
CVFF/Forcefield assigned	-29.421		-83.139
CVFF/Qeq	-51.438		-61.122
CVFF/Gasteiger	-95.941		-16.619
Universal/Qeq	-73.995	-112.30	-38.565
Universal/Gasteiger	-58.001		-54.559
Dreiding/Gasteiger	-115.105		2.545
Dreiding/Qeq	-66.901		-45.659
PCFF/Forcefield assigned	-26.730		-85.83
PCFF/Gasteiger	-95.941		-16.619
PCFF/Qeq	-56.484		56.076

### 5. Attachment energy calculation

Table S6 Attachment energies and molecular interaction energies in each direction of L-Phe $\cdot$ H<sub>2</sub>O soft crystal

h k l	$E_{\rm att}({\rm Total})$	$E_{\rm att}({\rm vdW})$	$E_{\text{att}}$ (Electrostatic)	$E_{\rm att}({\rm H} ext{-bond})$
[0 1 0]	-76.858 kcal/mol	-4.187 kcal/mol	-62.447 kcal/mol	-10.223 kcal/mol
[1 0 0]	-18.078 kcal/mol	-2.26 kcal/mol	-14.187 kcal/mol	-1.627 kcal/mol
[0 1 1]	-65.453 kcal/mol	-3.061 kcal/mol	-55.276 kcal/mol	-7.117 kcal/mol
[1 1 0]	-68.153 kcal/mol	-2.960 kcal/mol	-57.103 kcal/mol	-8.089 kcal/mol

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