

Table S1 The percentage of organ weight to body weight ratio of mice after 4 weeks of treatment

Organs	Groups			
	ND (%)	HFD (%)	HFD50 (%)	HFDMET(%)
Liver	3.70 ± 0.25	3.38 ± 0.31	3.44 ± 0.30	3.38 ± 0.32
Kidney	1.31 ± 0.16	1.08 ± 0.05	1.07 ± 0.06	1.10 ± 0.09
Visceral white adipose	0.36 ± 0.02*	2.28 ± 0.17	1.30 ± 0.13*	1.48 ± 0.11*

Values expressed are means ± S.D (n = 6 per group), * $p < 0.05$ against the HFD group.