

Fig. S1 The optimization of fermentation parameters of strain EGB. The effects of yeast cell content (a) and PU content (c) on the activity of GluM. The effect of MgSO₄ content (b) and various types of defoamers (d) on the biomass of strain EGB (DW, dry weight), 1#, 2#, 3# and 4# are organosilicon-polyether; 5# and 6# are modified organosilicon-polyether; and 7# is polyether-polyol. The values are the means ± SD (n=3).

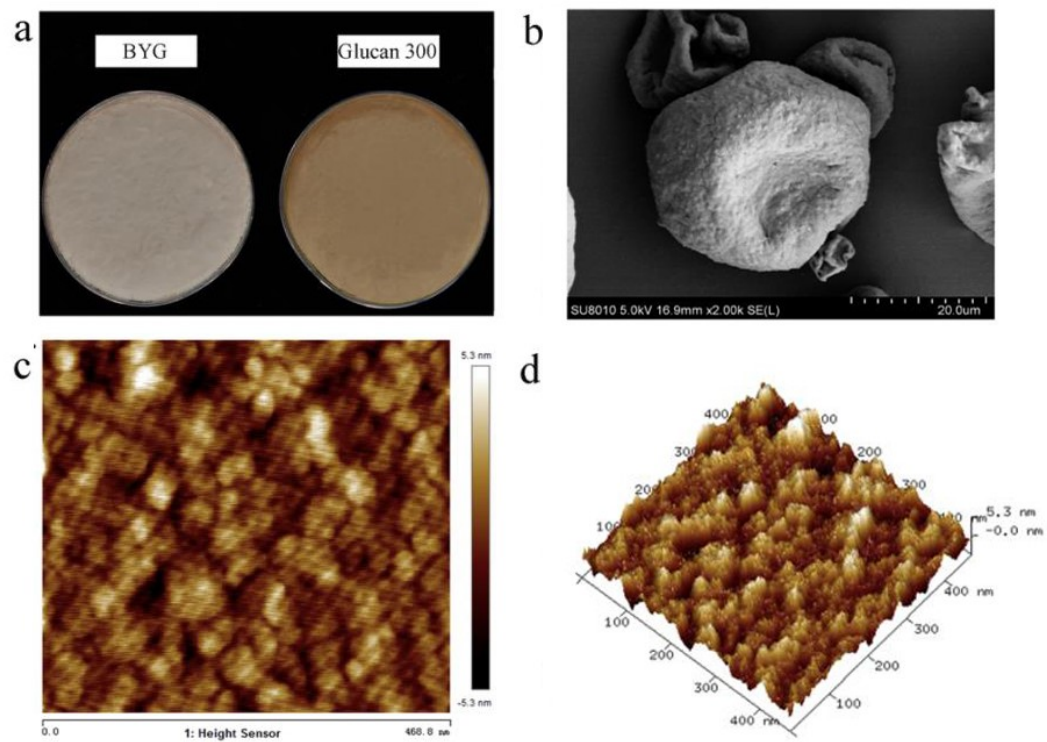


Fig. S2. Macroscopical appearance, SEM and AFM of Glucan 300. (a) Macroscopical appearance of BYG and Glucan 300; (b) SEM of Glucan 300; (c) AFM phase shift of Glucan 300; (d) 3D topography of Glucan 300.

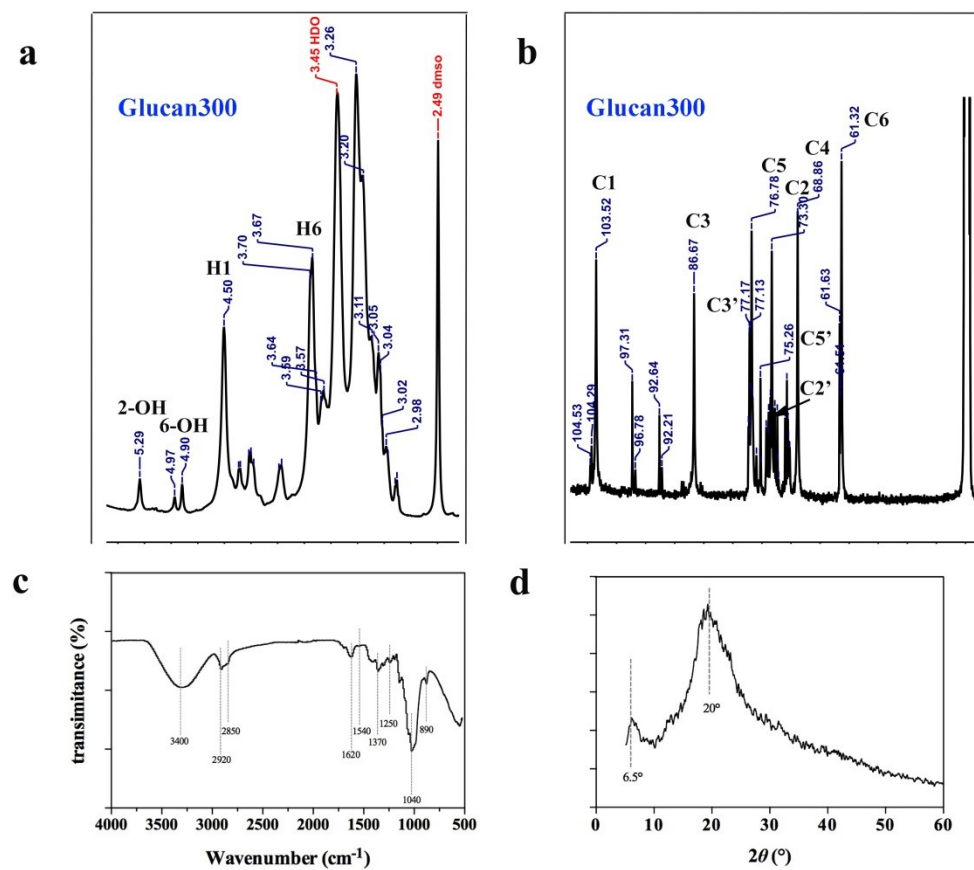


Fig. S3 Structural representation of Glucan 300. ¹H (a) and ¹³C (b) NMR spectra, FT-IR (c) and XRD (d) spectrometry measurements of Glucan 300 were performed.

Table S1. Primer sequences used in qRT-PCR

Primers	Sequences
β-actin	Forward: TCGTACCACTGGCATTGTGAT
	Reverse: CGAAGTCTAGGGCAACATAGCA
IL-1β	Forward: CACTACAGGCTCCGAGATGAAC
	Reverse: TCCATCTTCTTCTTTGGGTATTGC
IL-6	Forward: CCCCAATTTCCAATGCTCTCC
	Reverse: CGCACTAGGTTTGCCGAGTA
IL-10	Forward: AGCCGGGAAGACAATAACTG
	Reverse: CATTTCGATAAAGGCTTGG
TNF-α	Forward: CAAAATTCGAGTGACAAGCCTG
	Reverse: GAGATCCATGCCGTTGGC
IFN-γ	Forward: ACAGCAAGGCGAAAAAGGATG
	Reverse: TGGTGGACCACTCGGATGA
ZO-1	Forward: TCATCCCAAATAAGAACAGAGC
	Reverse: GAAGAACAACCCTTTCATAAGC

Table S2. The ¹³C NMR chemical shifts (ppm) of β-glucan

	C-1/1'	C-2/2'	C-3/3'	C-4/4'	C-5/5'	C-6/6'	Reference
BYG	103.5	73.3/73.5	86.6/77.1	68.8	76.7/75.2	61.3	This study
Glucan 300	103.5	73.3/73.5	86.6/77.1	68.8	76.8/75.2	61.3	This study
BYGlc	105.5	73.3	86.7	68.9	76.8	61.4	(Cao et al., 2016)
Glucan	102.5	72.5	85.8	68.2	76.0	60.7	(Freimund et al., 2003)
N-glucan	103.5	73.3	86.7/73.9	68.8	76.8/76.0	61.3/70.4	(Liu et al., 2008)
NG	103.0/103.3	72.8/73.2	86.2/76.5	68.4/69.4	76.3/75.8	60.9/68.1	(Shi et al., 2014)

Supplementary Reference

- Cao, Y., Zou, S., Xu, H., Li, M., Tong, Z., Xu, M., Xu, X. 2016. Hypoglycemic activity of the Baker's yeast beta-glucan in obese/type 2 diabetic mice and the underlying mechanism. *Mol. Nutr. Food Res.* 60, 2678-2690.
- Freimund, S., Sauter, M., Käppeli, O., Dutler, H. 2003. A new non-degrading isolation process for β-1,3-d-glucan of high purity from baker's yeast *Saccharomyces cerevisiae*. *Carbohydr. Polym.* 54, 159-171.
- Liu, X., Wang, Q., Cui, S., Liu, H. 2008. A new isolation method of β-d-glucans from spent yeast *Saccharomyces cerevisiae*. *Food Hydrocolloids* 22, 239-247.

Shi, F., Shi, J., Li, Y. 2014. Mechanochemical phosphorylation and solubilisation of β -D-glucan from yeast *Saccharomyces cerevisiae* and its biological activities. PLoS One 9, e103494. [https://doi: 10.1371/journal.pone.0103494](https://doi.org/10.1371/journal.pone.0103494).