Superior biocompatible carbon dots for dynamic fluorescence imaging of

nucleolus in living cells

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Fig. S1. (A) Long-term stability of CDs in PBS and cell medium. (B) The fluorescence intensity of the CDs in different pH solutions (n=3).



Fig. S2. The photograph of (A) various concentrations of CDs (50-1000 μ g mL⁻¹, without RBCs) and (B) RBCs cultured with H₂O, PBS, various concentrations of CDs for 12 h.



Fig. S3. Photos of RBCs cultured with CDs for 24 h under bright field. Scale bar: 100 μ m.



Fig. S4. Bright field and fluorescence images of zebrafish embryos at different periods (24, 48, 60 hpf) after soaking in different concentrations CDs solutions for 12 h. 5× objective lens was used.
BF: bright field. Scale bars: 100 μm.



Fig. S5. Bright field and fluorescence images of (A) whole bodies, and (B) enlarged head, yolk sac, trunk and tail of zebrafish larvae at 72 hpf after soaking for 12 h in CDs solution of different concentrations. White, red and yellow arrows indicated the yolk sac, blood vessel and intestine, respectively. A $5\times$ objective lens was used for (A) and a $10\times$ objective lens was used for (B). BF: bright field. Scale bars: 400 µm for (A) and 200 µm for (B).



Fig. S6. Bright field and fluorescence images of (A) whole bodies, positive group (right column) and (B) enlarged images of head, yolk sac, trunk and tail of zebrafish larvae at 96 hpf after soaking for 12 h in CDs solution of different concentrations. White, red and yellow arrows indicated the yolk sac, blood vessel and intestine, respectively. Yellow, blue and red triangle indicated the

pericardial edema, deformed tail, and docked tail, respectively. A 5x objective lens was used for (A) and a 10x objective lens was used for (B). BF: bright field. Scale bars: 400 μ m for (A) and 200 μ m for (B).



Fig. S7. (A) Representative bright field images of embryos and larvae incubated with various concentration CDs and $10 \,\mu\text{M}$ EDS (0.27 μg mL⁻¹, i.e., positive group) which were obtained through a 2.5x dry objective at 24 h intervals for six consecutive days. Yellow, blue and red triangle indicated the pericardial edema, deformed tail, and docked tail, respectively. Scale bar: 400 μm . The corresponding (B) survival ratio, (C) hatchability and (D) deformity of embryos and larvae.



Fig. S8. Enlarged bright field images of head, yolk sac, trunk and tail of zebrafish larvae at 72-144 hpf after incubating for 12 h in EDS solution (10 μ M, 0.27 μ g mL⁻¹). A 10x objective lens was used for imaging. Scale bars: 200 μ m.



Fig. S9. Fluorescence imaging of nucleoli using CDs. Confocal fluorescence images, distribution and fluorescence intensity profile of enlarged nucleoli region of (A-C) HeLa cells and (D-F) L02 cells treated with the CDs and RNASelect. Fluorescence images of (G) HeLa and (H) L02 cells stained with both CDs and CP, and corresponding bright field, merged images, distribution of selected region and fluorescence intensity profile in enlarged nucleoli region. CDs channel (Ex: 488 nm, Em: 500-540 nm), CP channel (Ex: 552 nm, Em: 600-690 nm), RNASelect channel (Ex: 488 nm, Em: 510-540 nm). CP: 15 μM, CDs: 200 μg mL⁻¹. Scale bar: 50 μm for entire images, 5 μm for enlarged images.



Fig. S10. Long-term imaging of nucleoli in L02 cells using CDs. (A) Time-dependent cellular internalization of CDs within 30 min. Images of (B) CDs and (C) RNASelect-stained living cells after continuous irradiation (488 nm) for different time periods. (D) Images of RNASelect-stained fixed cells after continuous irradiation (488 nm) for different time periods. CDs channel (Ex: 488 nm, Em: 500-540 nm), RNASelect channel (Ex: 488 nm, Em: 510-540 nm). RNASelect: 5 μ M, CDs: 200 μ g mL⁻¹. Scale bar: 50 μ m.

Parameters	Day	Control	Low dose	High Dose	Ref	
ALB	3	24.83±1.15	23.68±2.0	23.73±2.66		
(g L ⁻¹)	(g L ⁻¹) 14		24.28±0.32	23.28±1.96	21.22-39.15	
AST	3	107.8±2.41	110.16±12.52	136.17±19.40	26 21 225 49	
(U L ⁻¹)	14	104.50±6.33	108.78±11.32	122.06±19.09	36.31-235.48	
ALT	3	13.80±2.95	25.26±3.30	29.90±4.18	10.06-96.47	
(U L ⁻¹)	14	14.38±4.21	29.12±4.76	20.16±6.40		
TP	3	59.60±1.06	57.52±3.27	59.27±2.75	38.02-75.06	
(g L ⁻¹)	14	59.58±1.76	59.08±1.80	58.20±2.24		
CREA	3	14.63±5.75	23.34±3.80	16.4±7.18	10.91-85.09	
(μM)	14	13.38±5.24	13.63±3.77	10.0±2.26		
Glu	3	7.22±0.31	6.99±1.44	7.49±0.66	4.66-13.42	
(mM)	14	6.47±1.15	7.18±1.02	6.56±0.63		
Lymph#	3	3.16±0.40	3.08±0.58	1.84±0.59	0.7-5.7	
$(10^9 L^{-1})$	14	3.30±0.16	3.44±0.58	0.76±0.22		
Mon#	3	0.06±0.05	0.10±0	0.02 ± 0.04	0.0-0.3	
$(10^9 L^{-1})$	14	0.06±0.05	0.04±0.05	0.04±0.05		
WBC	3	4.08±0.45	3.66±0.65	2.22±0.64	0.8-6.8	
$(10^9 L^{-1})$	14	4.08±0.16	4.42±0.73	1.0±0.32		
MCV	3	52.98±1.06	53.02±1.18	52.46±0.63	49.0.59.0	
(fL)	14	53.68±0.90	3.68±0.90 54.92±0.38 53.92±0.34		40.2-30.3	
MCH	3	15.78±0.46	15.78±0.41	15.20±0.36	15 8,10 0	
(pg)	14	16.18±0.35	15.92±0.15 14.96±0.17		13.0-17.0	
RDW 3		13.18±0.97	13.82±1.36	13.38±0.51	12 0 17 0	
(%)	14	13.92±0.65	14.76±0.36	13.50±0.90	13.0 17.0	

Table S1 Hematological parameters of the mice untreated, treated with CDs at day 3, 14, and the reference

ranges of normal mice.

NPs	Size (nm)	In Vitro (mg·mL ⁻ 1)	Dose	Distribution	Animal Model	Toxicological responses	Ref
Mg-MOF-74	250- 350	0.5	2 mg mL ⁻¹	Lung, heart, kidney	Mouse	Cells morphologies distinct change	1
PCN-22	200	160	5 mg kg ⁻¹	Lung, kidney, liver	Mouse	-	2
Uio-66(Zr)	50-90	200	50 mg kg ⁻¹	Liver, Spleen	Mouse	-	3
CuO	18±5	-	0.5 mg·mL ⁻¹	-	Zebrafish embryo/larva	*	4
NiO	40±1 2	-	0.5 mg·mL ⁻¹	-	Zebrafish embryo/larva	*	4
ZnO	23±7	-	0.5 mg∙mL ⁻¹	-	Zebrafish embryo/larva	*	4
MWCNTs	(8-15)* (10000 - 50000)	-	20 µg·mL ⁻¹	-	Zebrafish embryo/larva	*	5
GO nanosheets	96	-	0.25 mg·mL ⁻¹	-	Zebrafish embryo/larva	Developmenta l toxicity	6
Si QDs	5-10	-	0.1-0.8 μg·mL ⁻¹	-	Zebrafish embryo	Death or abnormality	7
UCNPs	17	-	0.005-5 nM	-	Zebrafish embryo	Growth retardation, heart deformity, and bent tail	8
Ag NPs	20-110	-	1-5 μg·mL⁻ ₁	-	Adult Zebrafish	Toxic to gills and intestines	9
Au NPs	50	-	0-20 μg∙mL ⁻¹	-	Zebrafish embryo	Epidermal toxicity	10
CDs	10	-	10 μg·mL ⁻¹	-	Zebrafish embryo/larva	No	11
CDs	4.2	0-1.5	0-3 mg mL ⁻¹	Kidney, Lung	Mouse and Zebrafish embryo/larva	No	This work

 $Table \ S2 \ {\rm Summary \ of \ representative \ toxicological \ studies \ of \ various \ nanomaterials.}$

* Death, hatching delay, decreased heartbeat rates, and abnormalities

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