# **Supporting information**

## Structural origins of two-dimensional elastic bending in a

### nonaromatic organic molecular crystal

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#### **Experiment Section**

**Materials**. Isosorbide 5-mononitrate (IMN) was purchased from Lunan Pharmaceutical Group with the mass fraction > 99% and used without further purification.

#### **Preparation of single crystals**

A propyl acetate solution of IMN (0.2915 g/g) was prepared at 40 °C. Then the solution was extracted by syringes and injected into the glass bottle through a 0.22  $\mu$ m organic membrane filter. The sealed glass bottle was kept in 20 °C for 12-24 h and then the long needle-like single crystals could be obtained.

**SEM**. Scanning electron microscopy (SEM, TM300, Hitachi, Japan) was used to observe the mechanical bending and splitting behaviors.

**Single-Crystal X-ray Diffraction Experiment.** A suitable single crystal was set on a ROD, Synergy Custom system, HyPix diffractometer. The data was collected in 160 K and 113.15 K controlled by an Oxford Cryostream 800 Cooler. Olex2 was used to solve the structure by intrinsic phasing methods (SHELXT) and complete and refine the structure models using the full-matrix least-squares methods on F2 (SHELXL).

#### Nanoindentation.

The nanomechanical test uses KLA-G200 to access the mechanical property of IMN. The (0 1 0) face of IMN were indented to a peak load of 5 mN with a loading/unloading rate of 0.25 mN s<sup>-1</sup> in all tests. We chose the 20 single crystals (length:2-3cm; width of (0 1 0) plane: 50-120  $\mu$ m; thickness of (1 0 0): 20-35  $\mu$ m) to perform the mechanical property measurement. These single crystals were glued down to a glass slide using a spread drop of cyanoacrylate adhesive. P-h curves were analyzed using the standard Oliver–Pharr method to extract the H and E values of the crystals where the Poisson's ratio (v) is 0.18.

**Computation**. The energy of the targeted hydrogen bond was calculated based on its electron density at the bond critical point ( $\rho_{BCP}$ ). M062x method with def2TZVPP basis set was applied to calculate the intermolecular interaction energies of the two IMN molecules in Gaussian 09. All of the calculated values were corrected by BSSEs according to the counterpoise method of Boys and Bernardi. The bond energy was calculated based on the equation of  $\Delta E$ =-223.08× $\rho_{BCP}$ +0.7423.

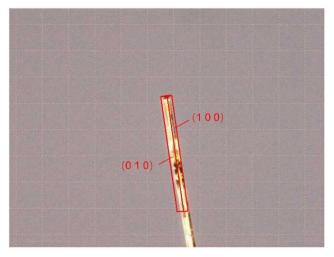


Fig.S1 Face indexing of IMN

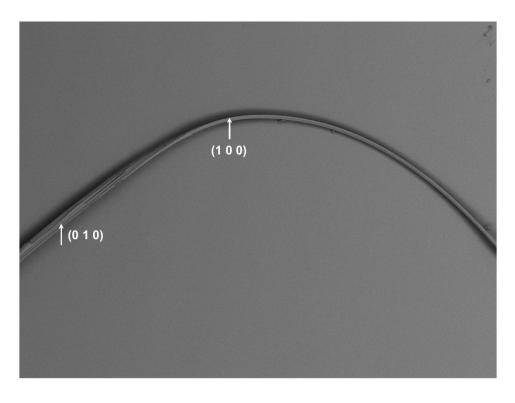
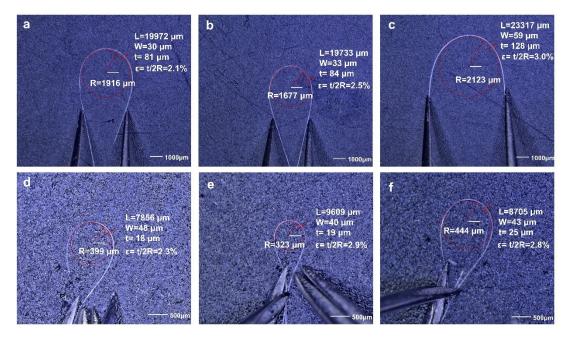


Fig.S2 SEM figures of the twist crystal of IMN.



**Fig.S3** Calculation of elastic strain by using the Euler-Bernoulli's beam bending theory. a-c) elastic strain when the bent plane is  $(1 \ 0 \ 0)$  plane, L represents the length of the single crystals, W is the width of the  $(1 \ 0 \ 0)$ , t is the thickness of  $(0 \ 1 \ 0)$  plane; d-f) elastic strain when the bent plane is  $(0 \ 1 \ 0)$  plane. L represents the length of the single crystals, W is the width of the  $(0 \ 1 \ 0)$  plane. L represents the length of the single crystals, W is the width of the  $(0 \ 1 \ 0)$  plane.

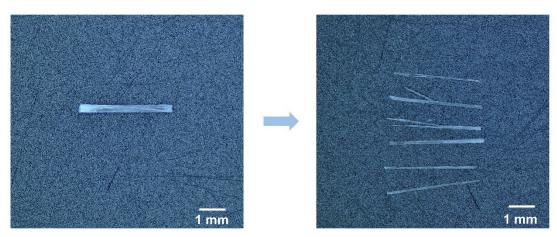


Fig.S4 Representative images of the mechanically induced splitting.

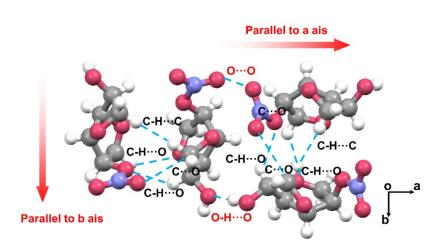
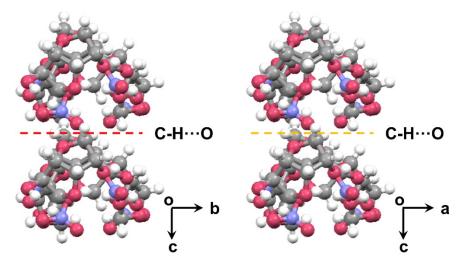


Fig.S5 The intermolecular interactions of the building units and their orientation.



**Fig.S6** The intermolecular interactions of the columns viewed from a axis and b axis along [0 0 1] direction.

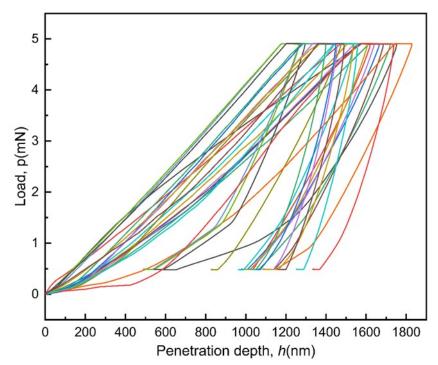


Fig.S7 (P-h) curves obtained from nanoindentation on 20 straight IMN crystals.

		Straight	Bent	
Compounds	Isosorbide 5-	Isosorbide 5-	Isosorbide 5-	
Compounds	mononitrate	mononitrate	mononitrate	
Crystal system	tetragonal system	tetragonal system	tetragonal system	
Temperature	223 K	160 K	113.15 K	
Space group	P4 <sub>3</sub>	P43	P43	
Z	8	8	8	
Formula weight	191.14	191.14	191.14	
Color	colourless	colourless	colourless	
a (Å)	15.92600 (10)	15.86558 (18)	15.8980(6)	
b (Å)	15.92600 (10)	15.86558 (18)	15.8980(6)	
C (Å)	6.50900(10)	6.49316 (13)	6.4937(4)	
α	90	90	90	
β	90	90	90	
γ	90	90	90	
V	1650.93(3)	1634.43(5)	1641.26(16)	
Density/ (g/cm3)	1.538	1.554	1.547	
$\lambda$ (Mo Ka) (Å)	1.54178	1.54184	0.71073	
F <sub>000</sub>	800	800	800	
h <sub>min</sub> , h <sub>max</sub>	-18,18	-17,19	-19,19	
k <sub>min</sub> , k <sub>max</sub>	-13,13	-19,19	-19,19	
l <sub>min</sub> , l <sub>max</sub>	-7,7	-7, 7	-8,8	
No. of measured	8305	15280	14602	
reflections	8303	15280		
No. of unique	2543	3159	3359	
reflections	2575	5157		
No. of reflections	2747	3034	2673	
used	2/1/	5051	2015	
No. of	243	240	238	
refinement	213		230	

 Table S1 Crystal data of the reported structure compared our resolved structure.

parameters			
CCDC number	1400345	2207949	2207955

# Table S2 the obtained modulus, hardness and measured maximum displacement from the 20 single crystals.

the 20 single crystals.				
Test	Modulus/GPa	Hardness/GPa	maximum displacement h <sub>max</sub> / (nm)	
1	1.319	0.115	1824.977	
2	1.354	0.13	1748.786	
3	1.424	0.134	1717.545	
4	1.444	0.148	1662.557	
5	1.553	0.154	1617.399	
6	1.605	0.145	1639.009	
7	1.694	0.128	1683.656	
8	1.722	0.201	1473.995	
9	1.729	0.148	1606.403	
10	1.927	0.158	1539.549	
11	2.227	0.283	1262.967	
12	2.336	0.268	1263.696	
13	2.422	0.241	1294.054	
14	2.765	0.1	1737.652	
15	2.813	0.107	1534.667	
16	3.267	0.112	1490.124	
17	3.354	0.099	1556.582	
18	3.454	0.147	1448.28	
19	3.753	0.157	1398.758	
20	3.782	0.143	1455.26	