## A study of the interaction between TMAO and urea in water using NMR spectroscopy.

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## Supplementary Information



Figure S1: The NMR spectral peaks of hydrogen atoms in binary solutions of aqueous urea and TMAO reveal opposing effects. TMAO generates a strong blue shift in the spectral peak of hydrogen atoms in water indicative of strong hydrogen bonding, whilst urea generates a relatively minor effect. The lines are linear fits to the data points.


Figure S2: A comparison of the diffusion coefficient and $\mathrm{T}_{1}$ for water in TMAO-urea-water mixtures. The correlation implies that the data is self-consistent and that the translational and rotational dynamics are driven by the same micro-viscosity.

Table 1: The $\mathrm{H}^{1}$ peak-shifts in TMAO and urea were measured in 16 mixed TMAO-urea-water solutions at 300 K . The experiment was repeated three times and the values recorded below are the mean measurements. The peak-shift in TMAO was benchmarked to 1 molal TMAO in pure water, whilst the peak-shift in Urea was bench-marked to an 8 molal urea solution.

| TMAO (Molal) | Urea (Molal) | $\mathrm{H}^{1}$ TMAO peak-shift $(\mathrm{ppm})$ | $\mathrm{H}^{1}$ urea peak-shift $(\mathrm{ppm})$ |
| :---: | :---: | :---: | :---: |
| 1.0 | 1.9 | -0.011 | 0.053 |
| 1.0 | 3.9 | -0.021 | 0.052 |
| 1.0 | 5.8 | -0.026 | 0.047 |
| 1.0 | 7.7 | -0.037 | 0.039 |
| 1.9 | 1.9 | 0.005 | 0.095 |
| 1.9 | 3.9 | -0.004 | 0.09 |
| 1.9 | 5.8 | -0.016 | 0.081 |
| 1.9 | 7.7 | -0.027 | 0.078 |
| 2.7 | 1.9 | 0.015 | 0.131 |
| 2.7 | 3.9 | 0.004 | 0.12 |
| 2.7 | 5.8 | -0.011 | 0.112 |
| 2.7 | 7.7 | -0.008 | 0.119 |
| 3.5 | 1.9 | 0.014 | 0.155 |
| 3.5 | 3.9 | 0.006 | 0.149 |
| 3.5 | 5.8 | -0.004 | 0.143 |
| 3.5 | 7.7 | 0.000 | 0.148 |

