## Less is More: A Perspective on Thinning Lithium Metal Towards High-Energy-Density Rechargeable Lithium Batteries

Wangyan Wu,<sup>1,2</sup> Wei Luo<sup>1,2\*</sup> and Yunhui Huang<sup>3\*</sup>

<sup>1</sup>Institute of New Energy for Vehicles, Shanghai Key Lab. of D&A for Metal-Functional Materials, School of Materials Science and Engineering, Tongji University, Shanghai 201804, China;

<sup>2</sup>Key Laboratory of Advanced Civil Engineering Materials of Ministry of Education, School of Materials Science and Engineering, Tongji University, Shanghai 201804, China

<sup>3</sup>State Key Laboratory of Material Processing and Die & Mould Technology, School of Materials Science and Engineering, Huazhong University of Science and Technology, Wuhan, Hubei 430074, China

Email: weiluo@tongji.edu.cn and huangyh@hust.edu.cn

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The thickness of Li foils/µm	The description/definition	Reference
(the areal capacity of used Li)	of the thickness of Li foils	
400 (80 mAh/cm <sup>2</sup> )	thick	J. Phys. Chem. C, 2018, 122, 21462–21467
10 (2 mAh/cm <sup>2</sup> )	thin	
100 or 50	thick	Nat. Energy, 2021, 6, 723-732
20	thin/ultrathin	
125	thick	Chem. Commun., 2015, 51, 17100
30	thin	
50	ultrathin	Adv. Mater. 2019, 31, 1902785; Energy Environ. Mater. 2020, 3, 160– 165
30	very thin	Batteries & Supercaps 2020, 3, 1370–1376
< 50	thin	Proc. Natl. Acad. Sci. U.S.A., 2020, 117, 27195-27203
10-20	ultrathin	Nat. Commun., 2019, 10, 4930
> 100	thick	ACS Appl. Mater. Interfaces, 2018, 10, 16521–16530
40	thin	
20	ultrathin	Adv. Energy Mater., 2021, 11, 2003769
0.5 - 20	ultrathin	Nat. Energy, 2021, 6, 790-798
50 - 100	very thick	Nano Lett., 2022, 22, 3047-3053
< 15	ultrathin	
10 - 50	ultrathin	Adv. Energy Mater., 2021, 11, 2102259
1 - 30	ultrathin	Chem. Eng. J. Adv., 2022, 9 100218
15	ultrathin	Adv. Mater., 2021, 2005305
< 30	ultrathin	Nano Energy, 2020, 74, 104817

Table S1 The definition of Li foils' thickness in previous literatures

## Table S2 Thin Li fabrication techniques and their corresponding details

This is presented as an independent table in the supplementary information.

#### Note 1 The correspondence of a Li metal anode thickness and its areal capacity

As we know, metallic Li at normal temperature (20 °C) and pressure (101.325 kPa) possesses a density ( $\rho$ ) of 0.534 g/cm<sup>3</sup>, and a theoretical gravimetric capacity of ~ 3860 mAh/g. Accordingly, we can obtain the theoretical volumetric capacity of 2061.24 mAh/cm<sup>3</sup>. Thus, an areal capacity of ~ 1 mAh/cm<sup>2</sup> corresponds to a thickness of 1/2061.24 cm, namely 4.85 µm. Here, for the convenience of memory, we say 5 µm is equivalent to ~ 1 mAh/cm<sup>2</sup>.

# Note 2 The correlation between cycle life and the thickness of LMAs and corresponding $CE_{avg}$ of a battery

Here, we assume a battery consists of an Li metal anode of various thickness and a Licontaining cathode with an areal capacity of 4 mAh/cm<sup>2</sup>. First, we assume charging to 100% state-of-charge, and the possible Li loss occurs only at the Li metal anode side. In this case, the capacity passed per cycle ( $Q_{Li passed per cycle}$ ) is equivalent to the cathode capacity ( $Q_{cathode}$ , namely 4 mAh/cm<sup>2</sup>) if there are extra Li in anode side to compensate for Li losses. We define the battery reaching its end when it runs out all of the Li from the Li-metal anode ( $Q_{Li}$ ) and 20% of the Li from the cathode ( $Q_{cathode}$ ) after *n* cycles. Then we can calculate the averaged Coulombic efficiency ( $CE_{avg}$ ) for Li plating/stripping processes on the anode side as follows:

$$CE_{avg} = 1 - \left(\frac{Q_{Li} + 0.2Q_{cathode}}{n}\right) \times \left(\frac{1}{Q_{Li \, passed \, per \, cycle}}\right) = 1 - \frac{Q_{Li} + 0.2Q_{cathode}}{nQ_{cathode}}$$

Among which, the term  $(Q_{Li} + 0.2Q_{cathode})/n$  represents the average Li loss per cycle. On this basis, we then define the fraction of Li passed per cycle  $(F_p)$  as follows:

$$F_p = \frac{Q_{cathode}}{Q_{cathode} + Q_{Li}}$$

Combining the above two equation, we can get a relation between  $(F_p)$  and cycle life (*n*), namely

$$F_p = \frac{1}{n(1 - CE_{avg}) + 0.8}$$

Based on this equation, we can calculate the cycle life of Li meta batteries with anodes of different thickness. For example, when we have a 50  $\mu$ m Li metal anode (5  $\mu$ m is

almost equivalent to 1 mAh/cm<sup>2</sup>) and a  $CE_{avg}$  of 80%, then we can get a  $F_p$  value of 4/14 and a cycle life of 13.5.

For more detailed process, please refer to the article of Zhu et al (*Proc. Natl. Acad. Sci. U.S.A.*, 2020, 117, 27195-27203).