## Supporting Information

## Two-dimensional metal phase layered molybdenum disulfide for electrocatalytic hydrogen evolution reaction

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**Fig. S1**. Photos of MBS precursor solutions (a), FT-IR pattern (b) and XRD pattern (c) after 6 h at room temperature (25 °C) with different  $V_{DIW/FA}$  (R = 1, 2, 3, 5, 9 and 14).



Fig. S2. XRD pattern (a) and yield (b) of products with different  $V_{DIW/FA}$  (R = 1, 2, 3, 5, 9 and 14).



Fig. S3. Contact angle of products with different  $V_{DIW/FA}$  (R = 1, 2, 3, 5, 9 and 14).



Fig. S4. LSV curves of MW-MoS<sub>2</sub> prepared with different  $V_{DIW/FA}$  (R = 1, 2, 3, 5, 9 and 14).



Fig. S5. TEM images (a-b), EDX pattern (c) and XPS spectra of Mo 3d (d) of MBS.



**Fig. S6.** XRD pattern of the corresponding products prepared at different reaction times and reaction temperatures.



Fig. S7. SEM images of 2H-MoS<sub>2</sub> (a-b), HT-MoS<sub>2</sub> (c-d) and MW-MoS<sub>2</sub> (e-f).



Fig. S8.  $S_{BET}$  of 2H-MoS<sub>2</sub> (a), HT-MoS<sub>2</sub> (b) and MW-MoS<sub>2</sub> (c).



Fig. S9. SAED pattern of MW-MoS<sub>2</sub>.



Fig. S10. Survey XPS patterns of 2H-MoS<sub>2</sub>, HT-MoS<sub>2</sub>, and MW-MoS<sub>2</sub>.



Fig. S11. XPS spectra of S 2p of 2H-MoS<sub>2</sub>, HT-MoS<sub>2</sub> and MW-MoS<sub>2</sub>.



Fig. S12. XPS spectra of O 1s of MW-MoS $_2$ .



Fig. S13. CV plots of non-Faraday regions for MW-MoS<sub>2</sub> (a), HT-MoS<sub>2</sub> (b) and 2H-MoS<sub>2</sub> (c); the corresponding  $C_{dl}$  values were obtained at 0.35 V (vs RHE) and at different scan rates for the current density ( $\Delta j$ ) (d).



Fig. S14. HER polarization curves of MW-MoS $_2$ , HT-MoS $_2$  and 2H-MoS $_2$  catalysts normalized by the ECSA.



**Fig. S15**. Hydrogen absorption site model of 1T-MoS<sub>2</sub>: a: Top, b: Side, c: DOS; Hydrogen absorption site model of 2H-MoS<sub>2</sub>: d: Top, e: Side, f: DOS.

Material	Preparation method	Reaction temperature (°C)	Reaction time (h)	Reference
MW-MoS <sub>2</sub>	microwave method	200	0.5	This work
1T-MoS <sub>2</sub> /CC	hydrothermal route	220	24	<i>Appl. Catal. B: Environ.</i> <b>2019</b> , <i>246</i> , 296-302.[1]
1T-MoS <sub>2</sub>	electrochemically intercalate		48	<i>Nature Nanotech.</i> 2015, 10, 313-318.[2]
M-MoS <sub>2</sub>	hydrothermal process	200	12	Nat. Commun. 2016, 7, 10672.[3]
Li <sub>x</sub> MoS <sub>2</sub>	chemically embedded and exfoliated	_	48	Nano Lett. <b>2011,</b> 11, 5111-5116.[4]
1T-MoS <sub>2</sub>	chemically exfoliate	25	168	Nat. Chem. <b>2015,</b> 7, 45- 9.[5]
1T@2H MoS <sub>2</sub>	hydrothermal route	200/220	24	<i>Catal. Sci. Technol.</i> <b>2017,</b> 7, 5635-5643.[6]
1T-MoS <sub>2</sub>	chemically embedded and exfoliated	—	49	ACS Energy Lett. 2018, 3, 7-13.[7]

Table S1. Comparison of several existing methods for the preparation of 1T-MoS<sub>2</sub>.

Table S2. The content of elements by XPS.

Sample	Percent of Mo (%)	Percent of S (%)	Percent of O (%)
MW-MoS <sub>2</sub>	33.12	62.58	4.30
HT-MoS <sub>2</sub>	30.40	66.23	3.37
2H-MoS <sub>2</sub>	33.84	63.53	2.63

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