

Supporting Information

Table S1. FTIR typical peaks of functional groups of Alginate, CMC, and Alginate/CMC carrier

Functional group	Wavelength (cm^{-1})		
	Alginate	CMC	Alginate/CMC carrier
Si-O symmetric stretching			659
antisymmetric C-O-C stretch	1014	1080	1018
-C-O stretching		1340	1323
-COO- symmetric stretching vibration		1440	1413
N-H bending			1588 and 600
-C=O ester stretch	1631	1650	
C-H (sp^3)	2923	2940	2909
-OH group in the trans-isomer			3303
-OH stretch	3421	3470	

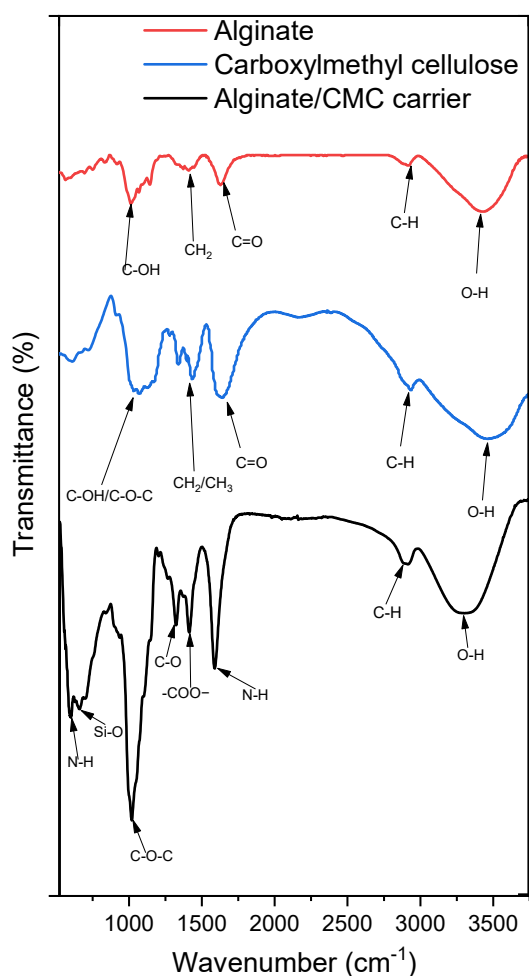
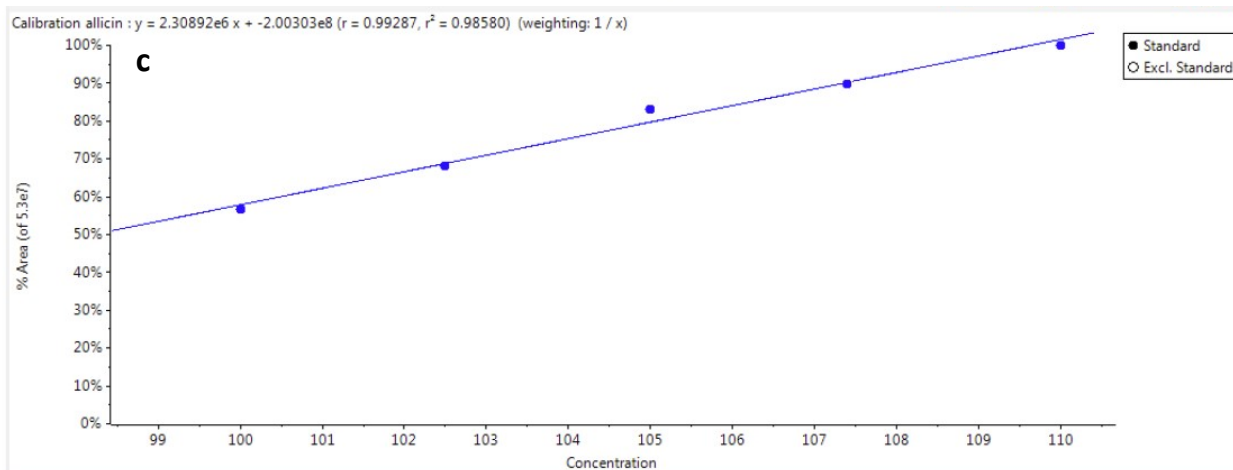
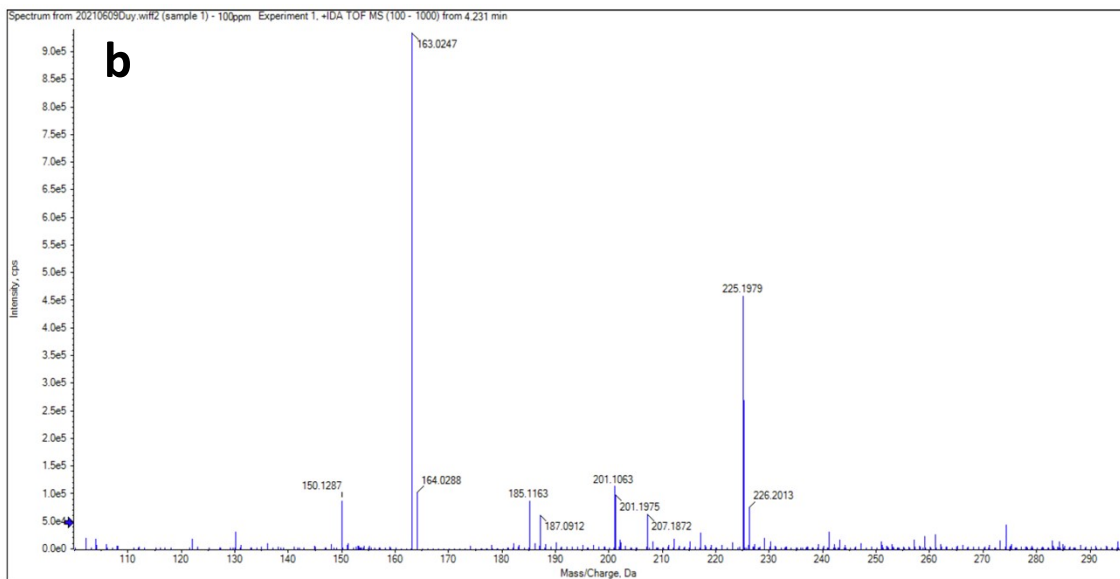
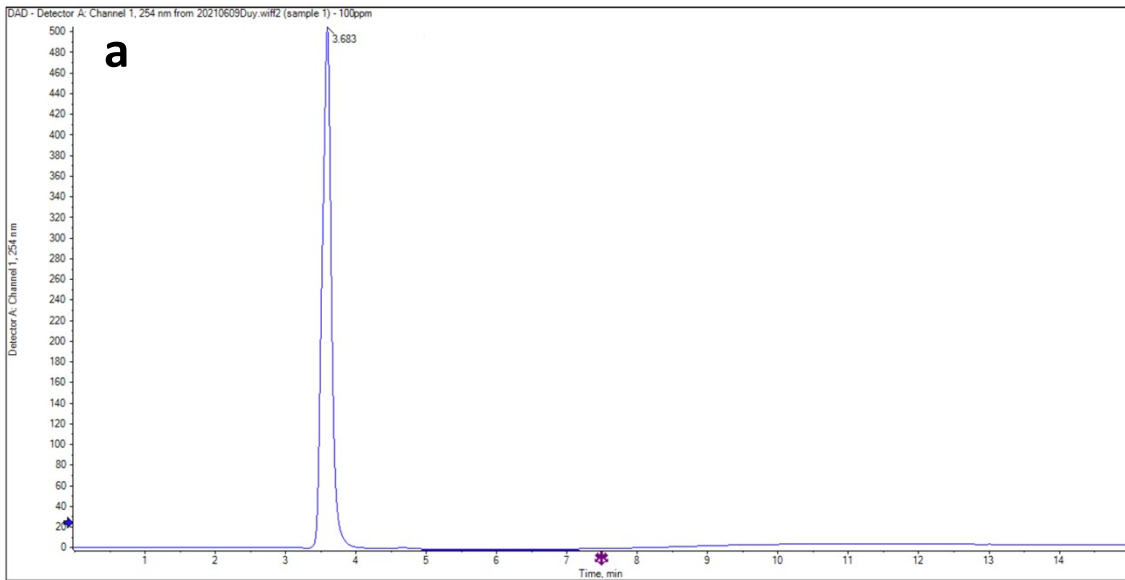


Figure S1. FTIR spectra of Alginate, CMC and Alginate/CMC carrier



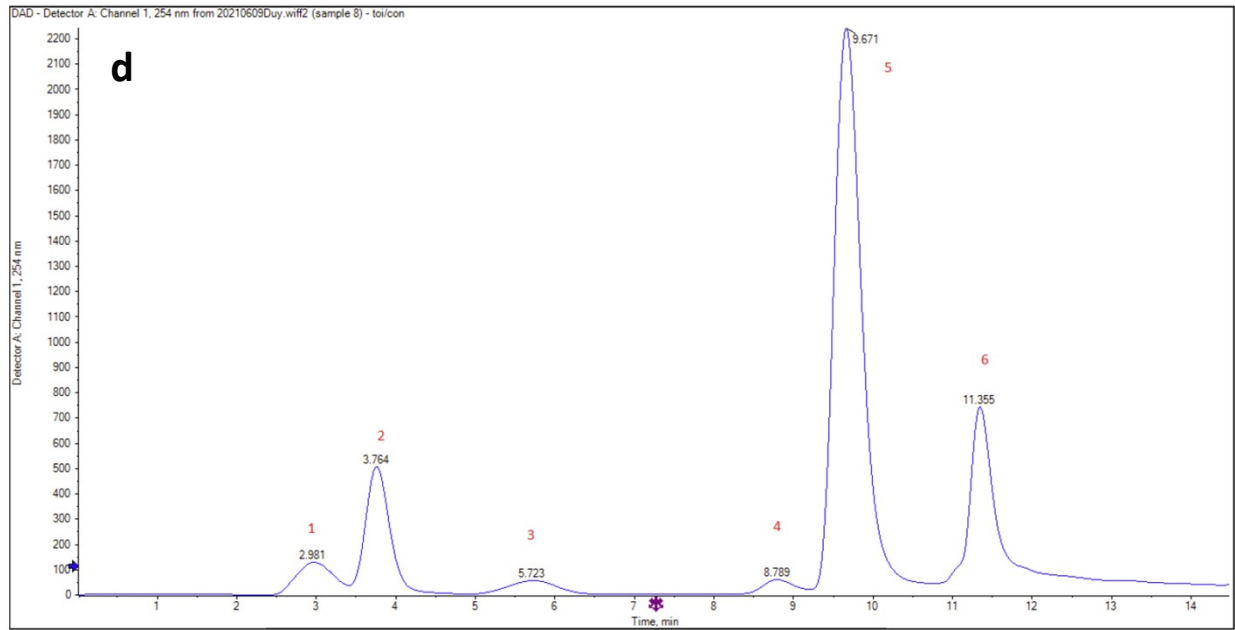
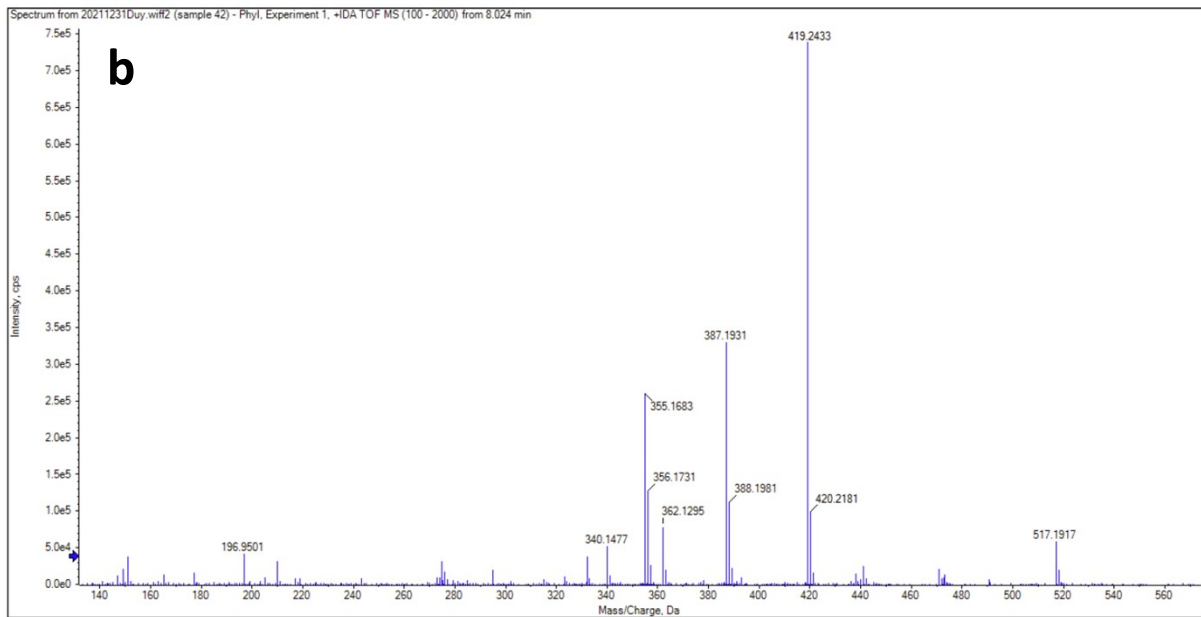
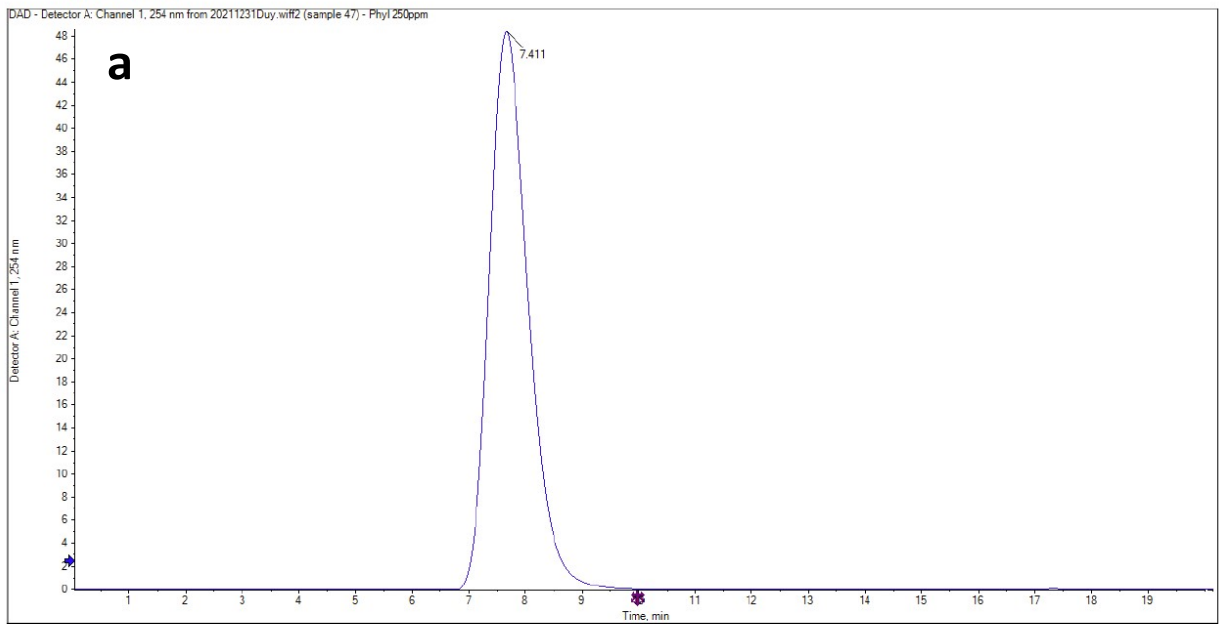


Figure S2. (a) Chromatogram (Retention time of 3.683), (b) Mass Spectral Profile, (c) Calibration curve of standard allicin, and (d) Chromatogram of ethanolic extracts of *Allium sativum* (Allicin at 3.764)



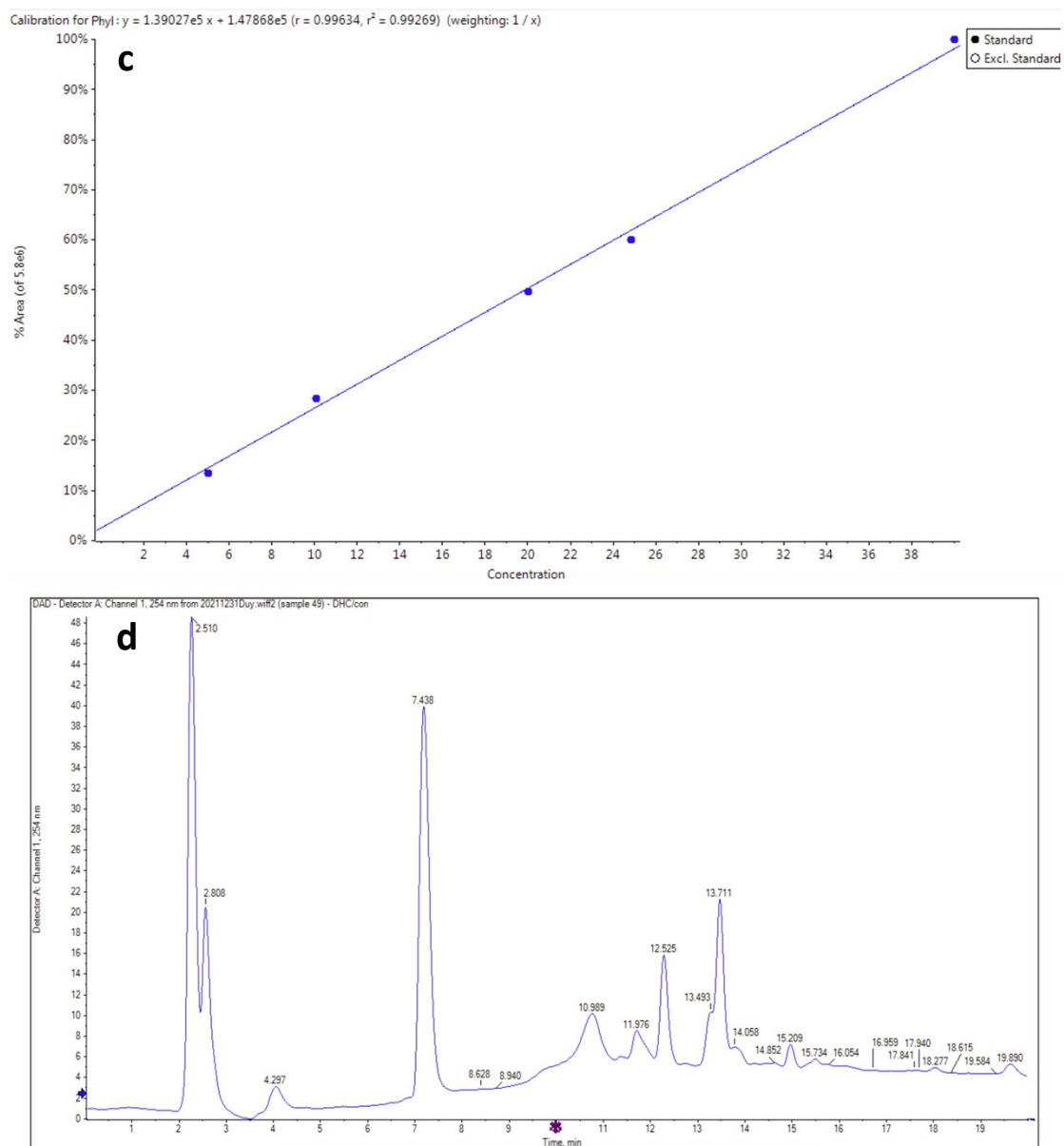


Figure S3. (a) Chromatogram (Retention time of 7.411), (b) Mass Spectral Profile, (c) Calibration curve of standard Phyllanthin, and (d) Chromatogram of ethanolic extracts of *Phyllanthus urinaria* (Phyllanthin at 7.438)

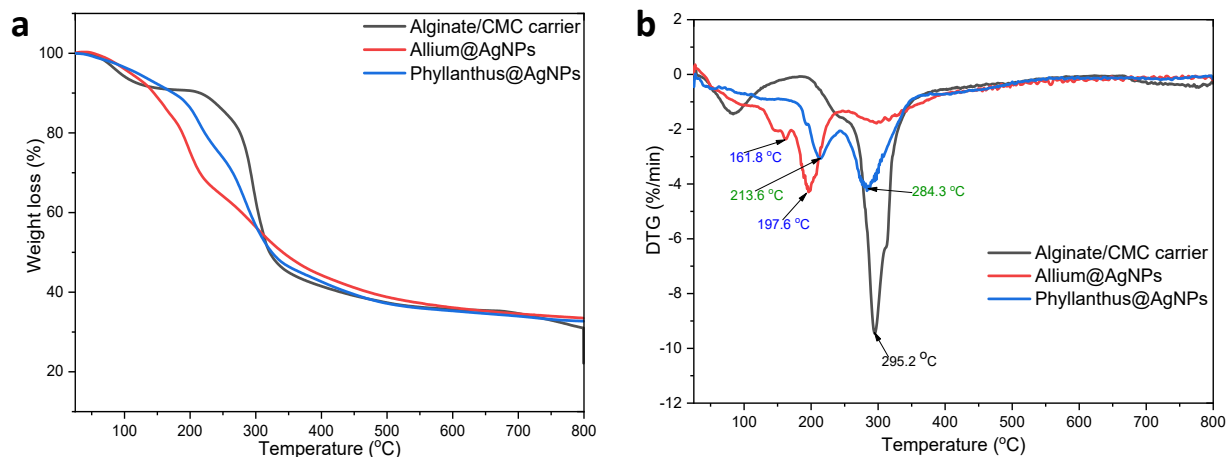


Figure S4. (a) Thermal gravimetrical analysis (TGA) and (b) Differential thermal analysis (DTA) profiles of Alginate/CMC carrier, Allium@AgNPs and Phyllanthus@AgNPs

Table S2. Weight loss steps of the samples

Sample	Water detachment		Decomposition of biomolecules in the extracts			Decomposition and carbonization of polymers			% ash/ total dried weight	% extract/ total dried weight
	Temp. range (°C)	Weight loss (%)	Temp. range (°C)	DTG peak (°C)	Weight loss (%)	Temp. range (°C)	DTG peak (°C)	Weight loss (%)		
		(a)			(b)			(c)		
Alginate/CMC carrier	80-120	8.6				200-800	295.2	60.39	43.34	
Allium@Ag NPs	80-120	7.42	150-230	197.6	26.95	230-800	204.1	32.22	44.10	29.11
Phyllanthus@Ag NPs	80-120	8.62	150-240	213.6	16	240-800	284.3	42.61	45.29	17.51

* (d) = $(100 - (a) - (b) - (c)) / (100 - (a))$

** (e) = $(b) / (100 - (a))$