## Supplementary information

# [2+2] Cycloaddition of Phosphaalkenes as Key Step for the Reductive Coupling of Diaryl Ketones to Tetraaryl Olefins 

Anna I. Arkhypchuk*, Nicolas D'Imperio, Jordann A. L. Wells, and Sascha Ott*

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## 1. General experimental information

### 1.1. Synthetic considerations

Unless specified otherwise, all manipulations were carried out using standard Schlenk line or glovebox techniques, in order to exclude air and moisture. Olefins were synthised using standard glove box techniques, while ketone reagents were prepared using standard Schlenk techniques. Glassware was flame-dried, THF and $\mathrm{Et}_{2} \mathrm{O}$ were freshly distilled over $\mathrm{Na} /$ benzophenone under nitrogen, and ketones were dried under vacuum prior to use. $\mathrm{P}(\mathrm{TMS})_{3}$ is commercially available and was purchased from Strem Chemicals. Commercially available ketones were purchased from Sigma Aldrich, and the synthesis of others are described below. Absolute EtOH , and $n \mathrm{BuLi}$ ( 2.5 M in hexanes) were used without purification. NMR spectra were recorded on a JEOL ( 400 YH magnet) Resonance 400 MHz spectrometer. Chemical shifts $\delta$ are reported in ppm and coupling constants $J$ in $\mathrm{Hz} .{ }^{1} \mathrm{H}$ NMR and ${ }^{13} \mathrm{C}$ NMR chemical shifts are referenced to the residual protic solvent signal and ${ }^{31} \mathrm{P}$ NMR spectra externally to $85 \%$ $\mathrm{H}_{3} \mathrm{PO}_{4}(\mathrm{aq})$. High-resolution mass spectra (HR-MS) were recorded on a Thermo Scientific Orbitrap LTQ XL spectrometer.

### 1.2. Special note about chromatographic isolation of compounds:

Unless stated otherwise, all final alkene products were purified by column chromatography on an automated low-pressure chromatograph (Biotage PS4). Chromatography was performed on suitably sized, pre-packed silica gel columns (SiliaSep Cartridge from Silicycle Inc.). A minor impurity arose during chromatography giving rise to a signal at $\delta=0.06 \mathrm{ppm}$ in the ${ }^{1} \mathrm{H}$ NMR spectra of the otherwise pure compounds. We ascribe this impurity to an organo-ilicon compound originating from the pre-packed column; the characteristic peak at $\delta=0.06 \mathrm{ppm}$ was detected by ${ }^{1} \mathrm{H}$ NMR spectroscopy in solvent fractions obtained from a blank chromatographic run after evaporation of solvent.

## 2. Preparation of LiOEt

Care must be taken when carrying out this procedure as the reaction is exothermic.
$n \mathrm{BuLi}(4.34 \mathrm{~mL}, 10.85 \mathrm{mmol}, 2.5 \mathrm{M}$ in hexanes, leq.) was slowly added to a colorless solution of $\mathrm{EtOH}(0.5 \mathrm{~g}, 10.85 \mathrm{mmol}, 1$ eq.) in 10 mL of dry THF. The reaction mixture allowed to stir at room temperature for 24 h . The resulting colourless solution was transferred to a 25 mL volumetric flask and made up to the mark with dry THF to give a 0.43 M stock solution.

NB: the solution remains suitably stable for up to 5 days, after which we observed reduced reaction yields and side product formation. Any changes in colour to the solution (e.g. orangered) indicate decomposition and a fresh solution should be prepared.

## 3. Preparation of $\mathrm{LiP}(\mathrm{TMS})_{\mathbf{2}} \cdot \mathbf{0} .5 \mathrm{THF}$

The title product is highly pyrophoric, and care must be taken when removing residues from the glovebox. Traces and residues were quenched with bleach upon exiting the glovebox.

Freshly prepared LiOEt ( $4.65 \mathrm{~mL}, 0.43 \mathrm{M}, 1$ eq.) was added to a colourless solution of $\mathrm{P}(\mathrm{TMS})_{3}$ ( $500 \mathrm{mg}, 2.00 \mathrm{mmol}, 1$ eq.) in 15 mL of dry THF at room temperature. The reaction was monitored by ${ }^{31} \mathrm{P}$ NMR spectroscopy using an internal $\mathrm{C}_{6} \mathrm{D}_{6}$ capillary. Full conversion of starting $\mathrm{P}(\mathrm{TMS})_{3}(\delta=-254 \mathrm{ppm})$ to desired $\operatorname{LiP}(\mathrm{TMS})_{2}(\delta=-303 \mathrm{ppm}$ in THF) was achieved in 24 h . The solvent was removed under reduced pressure to afford $\mathrm{LiP}(\mathrm{TMS})_{2} \cdot 0.5 \mathrm{THF}$ as a white solid (according to ${ }^{1} \mathrm{H}$ NMR) The solid was dissolved in dry $\mathrm{Et}_{2} \mathrm{O}$, transferred into a 10 mL
volumetric flask and made up to the mark with $\mathrm{Et}_{2} \mathrm{O}$ to give a 0.20 M stock solution. The solution was found to be stable for up to 3 days, without visible changes, and solid $\mathrm{LiP}(\mathrm{TMS})_{2} \cdot 0.5 \mathrm{THF}$ is stable for upwards of 6 months under inert atmosphere.
${ }^{1} \mathrm{H}$ NMR ( $400 \mathrm{MHz}, \mathrm{C}_{6} \mathrm{D}_{6}$ ): $\delta=3.74-3.39$ (m, 4H, THF), 1.26 - 1.21 (m, 4H, THF), 0.49 (s, 18H, TMS) ppm.
${ }^{13} \mathrm{C}$ NMR ( $101 \mathrm{MHz}, \mathrm{C}_{6} \mathrm{D}_{6}$ ): $\delta=68.8,24.9,7.1 \mathrm{ppm}$.
${ }^{31} \mathrm{P}$ NMR ( $161 \mathrm{MHz}, \mathrm{C}_{6} \mathrm{D}_{6}$ ): $\delta=-296.6 \mathrm{ppm}$.

## 4. Optimization of the reaction of $\mathrm{LiPTMS}_{2}$ with ketones

In a glovebox, a freshly prepared colourless solution of $\mathrm{LiP}(\mathrm{TMS})_{2}(\mathrm{leq})$ in $\mathrm{Et}_{2} \mathrm{O}$ was added to a colourless ethereal solution of ketone ( 1 eq ) at ambient temperature. Aliquots were taken and quenched with a range of bases (see manuscript, Table 1).

## 5. Isolation of the $\mathbf{1 , 2}$-diphosphetane dimer

The reaction was performed according to the procedure described above, using benzophenone as the ketone. The reaction mixture was allowed to stir for 24 h at ambient temperature, after which time the volatiles were removed under reduced pressure. The resulting oily residue was taken into pentane, and filtered. Residual benzophenone could be removed by fractional crystallisation (slow evaporation of pentane) to provide the 1,2-diphosphetane as an analytically pure crystalline solid.
${ }^{1} H$ NMR ( 400 MHz, THF-d8): $\delta=7.76-7.62$ (bs, 2H), $7.45-7.29$ (bs, 2H), $7.23-7.12$ (bs, $4 \mathrm{H}), 7.05(\mathrm{td}, J=7, J=1 \mathrm{~Hz}, 2 \mathrm{H}), 6.87-6.76(\mathrm{~m}, 8 \mathrm{H}), 6.55-6.38(\mathrm{bs}, 2 \mathrm{H}),-0.07(\mathrm{t}, J=2 \mathrm{~Hz}$, $18 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR ( $101 \mathrm{MHz}, \mathrm{THF}-\mathrm{d} 8$ ): $\delta=148.6$ (dd, $J=3, J=3 \mathrm{~Hz}$ ), 146.4 (dd, $J=10, J=10 \mathrm{~Hz}$ ), 129.3 (dd, $J=5, J=5 \mathrm{~Hz}, 6 \mathrm{H}$ ), 126.7 (s), 125.4 ( s ), 125.3 ( s ), -1.25 (dd, $J=9, J=9 \mathrm{~Hz}, 3 \mathrm{H}$ ).
${ }^{31} \mathrm{P}$ NMR ( 161 MHz, THF-d8): $\delta=-51.02 \mathrm{ppm}$.

### 5.1. Stability of the $\mathbf{1 , 2}$-diphosphetane dimer.

Crystalline o 1,2-diphosphetane was dissolved in $\mathrm{C}_{6} \mathrm{D}_{6}$ and the resulting solution was analysed using ${ }^{1} \mathrm{H}$ NMR and ${ }^{31} \mathrm{P}$ spectroscopy (Figure S1 and S2, respectively). In the spectra taken immediately after dissolution, only the signals corresponding to the 1,2 -diphosphetane were observed. In contrast, spectra taken after five days at room temperature show the presence of trace amounts of the monomeric 'parent' phosphaalkene as well as the signals corresponding to the 1,2-diphosphetane. No other signal was observed, demonstrating that the 1,2diphosphetane is in a chemical equilibrium with the phosphaalkene.

$\begin{array}{llllllllllllllllllllllllllllllll}12.0 & 11.5 & 11.0 & 10.5 & 10.0 & 9.5 & 9.0 & 8.5 & 8.0 & 7.5 & 7.0 & 6.5 & 6.0 & 5.5 & 5.0 & 4.5 & 4.0 & 3.5 & 3.0 & 2.5 & 2.0 & 1.5 & 1.0 & 0.5 & 0.0 & -0.5 & -1.0 & -1.5 & -2.0\end{array}$
Fig. S1. Comparison of the ${ }^{1} \mathrm{H}$ NMR spectra of $\mathbf{4 a}$ immediately upon dissolving in $\mathrm{C}_{6} \mathrm{D}_{6}$ (black trace) and after 5 days (grey trace).


Fig. S2. Comparison of the ${ }^{31} \mathrm{P}$ NMR spectra of $\mathbf{4 a}$ immediately upon dissolving in $\mathrm{C}_{6} \mathrm{D}_{6}$ (black trace) and after 5 days (grey trace).

## 6. Preparation of the ketones

The following section presents general reaction schemes for the preparation of the ketones.
For some entries, reactions stopped at the mono-alkylated product (Scheme S1) which can be isolated and subjected to a second alkylation (Scheme S2). In other entries, the desired diketones could be accessed directly (Scheme S3).


Scheme S1. Synthesis of mono-alkylated ketones.


Scheme S2. Reaction between isolated mono-alkylated ketones and hydroxy-benzophenones yielding the desired diketone products.


Scheme S3. One-pot direct synthesis of desired diketones.

### 6.1. General reaction procedures:

A mixture of the three reagents (starting hydroxyl ketone, dibromoalkane, and base) were dissolved in a solvent and stirred in air. Reaction progress was monitored by TLC. Upon completion, water was added, and the aqueous phase was extracted with $\mathrm{Et}_{2} \mathrm{O}$. The collected organic phases were washed with brine, dried over $\mathrm{Mg}_{2} \mathrm{SO}_{4}$, filtered and the solvent was removed under reduced pressure to afford the crude product. Purification of the ketones was carried out on silica gel column chromatography with $100 \%$ DCM as an eluent, unless specified otherwise.

### 6.1.1. (4-((8-bromooctyl)oxy)phenyl)(phenyl)methanone, 1 g



The reaction was performed according to Scheme $\mathbf{S 1}(\mathrm{R}=\mathrm{H})$.
(4-hydroxyphenyl)(phenyl)methanone ( $2 \mathrm{eq}, 2.15 \mathrm{~g}, 10.9 \mathrm{mmol}$ ), 1,8 -dibromooctane ( $1 \mathrm{eq}, 1.48$ $\mathrm{g}, 5.43 \mathrm{mmol})$ and $\mathrm{K}_{2} \mathrm{CO}_{3}(4 \mathrm{eq}, 3 \mathrm{~g}, 22 \mathrm{mmol})$ were dissolved in 10 mL of acetone and stirred under reflux for 24 h . The desired product was obtained as a colourless solid after chromatographic workup. Isolated yield: $1.08 \mathrm{~g}, 2.72 \mathrm{mmol}, 25 \%$.
${ }^{1} \mathrm{H}$ NMR ( $400 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta=7.83-7.78(\mathrm{~m}, 2 \mathrm{H}), 7.77-7.72(\mathrm{~m}, 2 \mathrm{H}), 7.59-7.53(\mathrm{~m}, 1 \mathrm{H})$, $7.49-7.42(\mathrm{~m}, 2 \mathrm{H}), 6.96-6.90(\mathrm{~m}, 2 \mathrm{H}), 4.02\left(\mathrm{t},{ }^{3} J_{\mathrm{HH}}=6.5 \mathrm{~Hz}, 2 \mathrm{H}\right), 3.40\left(\mathrm{t},{ }^{3} J_{\mathrm{HH}}=6.8 \mathrm{~Hz}\right.$, $2 \mathrm{H}), 1.96-1.71(\mathrm{~m}, 4 \mathrm{H}), 1.50-1.25(\mathrm{~m}, 8 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR (101 MHz, $\mathrm{CDCl}_{3}$ ) $\delta=195.7,162.9,138.4,132.7,131.9,130.0,129.8,128.3,114.1$, 68.3, 34.1, 32.8, 29.2, 29.1, 28.8, 28.7, 28.2 ppm.

HR-MS TOF (+) m/Z = observed $389.1129[\mathrm{M}+\mathrm{H}]^{+}$, calculated $389.1116\left[\mathrm{C}_{21} \mathrm{H}_{25} \mathrm{BrO}_{2}+\mathrm{H}\right]^{+}$.
6.1.2. (4-((10-bromodecyl)oxy)phenyl)(phenyl)methanone, $\mathbf{1 h}$


The reaction was performed according to Scheme $\mathbf{S 1}(\mathrm{R}=\mathrm{H})$.
(4-hydroxyphenyl)(phenyl)methanone ( $1 \mathrm{eq}, 1 \mathrm{~g}, 5.04 \mathrm{mmol}$ ), 1,10-dibromodecane ( $1 \mathrm{eq}, 1.2$ $\mathrm{g}, 5.04 \mathrm{mmol})$ and $\mathrm{K}_{2} \mathrm{CO}_{3}(2 \mathrm{eq}, 1.4 \mathrm{~g}, 10.9 \mathrm{mmol})$ were dissolved in 10 mL of acetone and stirred under reflux for 24 h . The desired product was isolated as a colourless solid after filtration and removal of acetone under reduced pressure. Isolated yield: $1 \mathrm{~g}, 2.4 \mathrm{mmol}, 48 \%$.
${ }^{1} \mathrm{H}$ NMR ( $400 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta=7.83-7.78(\mathrm{~m}, 2 \mathrm{H}), 7.77-7.74(\mathrm{~m}, 2 \mathrm{H}), 7.58-7.53(\mathrm{~m}, 1 \mathrm{H})$, $7.49-7.43(\mathrm{~m}, 2 \mathrm{H}), 6.95-6.92(\mathrm{~m}, 2 \mathrm{H}), 4.02\left(\mathrm{t},{ }^{3} J_{\mathrm{HH}}=6.5 \mathrm{~Hz}, 2 \mathrm{H}\right), 3.40\left(\mathrm{t},{ }^{3} J_{\mathrm{HH}}=6.9 \mathrm{~Hz}\right.$, $2 \mathrm{H}), 1.88-1.76(\mathrm{~m}, 4 \mathrm{H}), 1.50-1.38(\mathrm{~m}, 4 \mathrm{H}), 1.33-1.28(\mathrm{~m}, 8 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR ( $101 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta=195.7,162.9,138.4,132.7,131.9,130.0,129.8,128.3,114.1$, 68.3, 34.1, 32.9, 29.5, 29.4, 29.4, 29.2, 28.8, 28.78, 28.2 ppm.

HR-MS TOF (+) m/Z = observed $417.1425[\mathrm{M}+\mathrm{H}]^{+}$, calculated $417.1429\left[\mathrm{C}_{23} \mathrm{H}_{29} \mathrm{BrO}_{2}+\mathrm{H}\right]^{+}$.
6.1.3. (4-((12-bromododecyl)oxy)phenyl)(phenyl)methanone, $\mathbf{1 i}$


The reaction was performed according to Scheme $\mathbf{S 1}(\mathrm{R}=\mathrm{H})$.
(4-hydroxyphenyl)(phenyl)methanone ( $1 \mathrm{eq}, 1 \mathrm{~g}, 5.04 \mathrm{mmol}$ ), 1,12-dibromododecane ( 1 eq , $1.2 \mathrm{~g}, 5.04 \mathrm{mmol})$ and $\mathrm{K}_{2} \mathrm{CO}_{3}(2 \mathrm{eq}, 1.4 \mathrm{~g}, 10.9 \mathrm{mmol})$ were dissolved in 10 mL of acetone and stirred under reflux for 24 h . The desired product was isolated as a colourless solid after filtration and removal of acetone under reduced pressure. Isolated yield: $1.2 \mathrm{~g}, 2.7 \mathrm{mmol}, 53 \%$.
${ }^{1} \mathrm{H}$ NMR ( $400 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta=7.83-7.78(\mathrm{~m}, 2 \mathrm{H}), 7.76-7.72(\mathrm{~m}, 2 \mathrm{H}), 7.58-7.52(\mathrm{~m}, 1 \mathrm{H})$, $7.48-7.44(\mathrm{~m}, 2 \mathrm{H}), 6.94\left(\mathrm{~d},{ }^{3} J_{\mathrm{HH}}=8.9 \mathrm{~Hz}, 2 \mathrm{H}\right), 4.02\left(\mathrm{t},{ }^{3} J_{\mathrm{HH}}=6.6 \mathrm{~Hz}, 2 \mathrm{H}\right), 3.40\left(\mathrm{t},{ }^{3} J_{\mathrm{HH}}=6.9\right.$ $\mathrm{Hz}, 2 \mathrm{H}), 1.91-1.69(\mathrm{~m}, 4 \mathrm{H}), 1.51-1.37(\mathrm{~m}, 4 \mathrm{H}), 1.35-1.25(\mathrm{~m}, 12 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR (101 MHz, $\mathrm{CDCl}_{3}$ ) $\delta=195.7,163.0,138.4,132.7,131.9,130.0,129.8,128.3,128.3$, 114.1, 68.4, 34.2, 32.9, 29.6, 29.6, 29.6, 29.5, 29.48, 29.2, 28.8, 28.2, 26.1 ppm .

HR-MS TOF (+) m/Z = observed $445.1784[\mathrm{M}+\mathrm{H}]^{+}$, calculated $445.1742\left[\mathrm{C}_{25} \mathrm{H}_{33} \mathrm{BrO}_{2}+\mathrm{H}\right]^{+}$.
6.1.4. ((hexane-1,6-diylbis(oxy))bis(4,1-phenylene))bis(phenylmethanone), $\mathbf{6 a}$


The reaction was performed according to Scheme $\mathbf{S 3}(\mathrm{R}=\mathrm{H})$.
(4-hydroxyphenyl)(phenyl)methanone ( $2 \mathrm{eq}, 250 \mathrm{mg}, 1.11 \mathrm{mmol}$ ), 1,6-dibromohexane ( 1 eq , $201 \mathrm{mg}, 0.55 \mathrm{mmol}$ ) and $\mathrm{K}_{2} \mathrm{CO}_{3}$ ( $2 \mathrm{eq}, 307 \mathrm{mg}, 2.2 \mathrm{mmol}$ ) were dissolved in 10 mL of DMF and stirred at room temperature for 24 h . The desired product was obtained as a colourless solid after chromatographic work-up ( $\mathrm{R}_{f}=0.5$ ). Isolated yield: $140 \mathrm{mg}, 0.29 \mathrm{mmol}, 53 \%$.
${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=7.86-7.80(\mathrm{~m}, 4 \mathrm{H}), 7.77-7.72(\mathrm{~m}, 4 \mathrm{H}), 7.57-7.54$ $(\mathrm{m}, 2 \mathrm{H}), 7.50-7.43(\mathrm{~m}, 4 \mathrm{H}), 6.96-6.92(\mathrm{~m}, 4 \mathrm{H}), 4.05\left(\mathrm{t},{ }^{3} \mathrm{~J}_{\mathrm{H}-\mathrm{H}}=6.4 \mathrm{~Hz}, 4 \mathrm{H}\right), 1.89-1.83(\mathrm{~m}$, $4 \mathrm{H}), 1.62-1.55(\mathrm{~m}, 4 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=195.6,162.8,138.4,132.7,131.9,130.1,129.8,128.3$, 114.1, 68.1, 29.1, 25.9 ppm .

HR-MS TOF $(+) \mathrm{m} / \mathrm{Z}=$ observed $479.2226[\mathrm{M}+\mathrm{H}]^{+}$, calculated $479.2222\left[\mathrm{C}_{32} \mathrm{H}_{30} \mathrm{O}_{4}+\mathrm{H}\right]^{+}$.
6.1.5. ((octane-1,8-diylbis(oxy))bis(4,1-phenylene))bis(phenylmethanone), $\mathbf{6 b}$


The reaction was performed according to Scheme S3(R = H).
(4-hydroxyphenyl)(phenyl)methanone ( $2 \mathrm{eq}, 472 \mathrm{mg}, 2.38 \mathrm{mmol}$ ), 1,8 -dibromooctane ( 1 eq , $324 \mathrm{mg}, 1.19 \mathrm{mmol}$ ) and $\mathrm{Cs}_{2} \mathrm{CO}_{3}(2.1 \mathrm{eq}, 815 \mathrm{mg}, 2.50 \mathrm{mmol})$ were dissolved in 10 mL of DMF and stirred at $40^{\circ} \mathrm{C}$ for 48 h . The desired product was isolated as a colourless solid after chromatographic work-up. Isolated yield: $210 \mathrm{mg}, 0.41 \mathrm{mmol}, 35 \%$.
${ }^{1} \mathrm{H} \operatorname{NMR}\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=7.82-7.80(\mathrm{~m}, 4 \mathrm{H}), 7.75-7.73(\mathrm{~m}, 4 \mathrm{H}), 7.55-7.53$ $(\mathrm{m}, 2 \mathrm{H}), 7.48-7.44(\mathrm{~m}, 4 \mathrm{H}), 6.96-6.93(\mathrm{~m}, 4 \mathrm{H}), 4.03\left(\mathrm{t},{ }^{3} \mathrm{~J}_{\mathrm{H}-\mathrm{H}}=6.5 \mathrm{~Hz}, 4 \mathrm{H}\right), 1.85-1.78$ $(\mathrm{m}, 4 \mathrm{H}), 1.52-1.46(\mathrm{~m}, 4 \mathrm{H}), 1.42-1.41(\mathrm{~m}, 4 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR (101 MHz, 300K) $\delta=195.7,162.9,138.4,132.7,131.9,130.0,129.8,128.3,114.1$, 68.3, 29.4, 29.2, 26.0 ppm .

HR-MS TOF (+) m/Z = observed $507.2530[\mathrm{M}+\mathrm{H}]^{+}$, calculated $507.2535\left[\mathrm{C}_{34} \mathrm{H}_{34} \mathrm{O}_{4}+\mathrm{H}\right]^{+}$.
6.1.6. ((decane-1,10-diylbis(oxy))bis(4,1-phenylene))bis(phenylmethanone), $\mathbf{6 c}$


The reaction was performed according to Scheme $\mathbf{S 3}(\mathrm{R}=\mathrm{H})$.
(4-hydroxyphenyl)(phenyl)methanone ( $2 \mathrm{eq}, 475 \mathrm{mg}, 2.40 \mathrm{mmol}$ ), 1,10-dibromooctane ( 1 eq , $360 \mathrm{mg}, 1.20 \mathrm{mmol}$ ) and $\mathrm{Cs}_{2} \mathrm{CO}_{3}(2.1 \mathrm{eq}, 821 \mathrm{mg}, 2.52 \mathrm{mmol})$ were dissolved in 10 mL of DMF and stirred at $40{ }^{\circ} \mathrm{C}$ for 48 h . The desired product was isolated as a colourless solid after chromatographic work-up. Isolated yield: $560 \mathrm{mg}, 1.05 \mathrm{mmol}, 87 \%$.
${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=8.08-7.77(\mathrm{~m}, 4 \mathrm{H}), 7.76-7.71(\mathrm{~m}, 4 \mathrm{H}), 7.59-7.50$ $(\mathrm{m}, 2 \mathrm{H}), 7.49-7.41(\mathrm{~m}, 4 \mathrm{H}), 7.03-6.86(\mathrm{~m}, 4 \mathrm{H}), 4.03\left(\mathrm{t},{ }^{3} \mathrm{~J}_{\mathrm{H}-\mathrm{H}}=6.5 \mathrm{~Hz}, 4 \mathrm{H}\right), 1.88-1.74(\mathrm{~m}$, $4 \mathrm{H}), 1.54-1.42(\mathrm{~m}, 4 \mathrm{H}), 1.40-1.30(\mathrm{~m}, 8 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR (101 MHz, 300K) $\delta 195.7,162.9,138.4,132.7,131.9,130.0,129.8,128.3,114.1$, $68.3,29.6,29.4,29.2,26.1 \mathrm{ppm}$.
HR-MS TOF $(+) \mathrm{m} / \mathrm{Z}=$ observed $535.2847[\mathrm{M}+\mathrm{H}]^{+}$, calculated $535.2848\left[\mathrm{C}_{36} \mathrm{H}_{38} \mathrm{O}_{4}+\mathrm{H}\right]^{+}$.
6.1.7. ((dodecane-1,12-diylbis(oxy))bis(4,1-phenylene))bis(phenylmethanone), $6 d$


The reaction was performed according to Scheme $\mathbf{S 3}(\mathrm{R}=\mathrm{H})$.
(4-hydroxyphenyl)(phenyl)methanone ( $2 \mathrm{eq}, 472 \mathrm{mg}, 2.38 \mathrm{mmol}$ ), 1,12-dibromooctane ( 1 eq , $390 \mathrm{mg}, 1.19 \mathrm{mmol}$ ) and $\mathrm{Cs}_{2} \mathrm{CO}_{3}(2.1 \mathrm{eq}, 815 \mathrm{mg}, 2.50 \mathrm{mmol})$ were dissolved in 10 mL of DMF and stirred at $40^{\circ} \mathrm{C}$ for 48 h . The desired product was isolated as a white solid after chromatographic work-up. Isolated yield: $430 \mathrm{mg}, 0.76 \mathrm{mmol}, 64 \%$.
${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=7.82-7.79(\mathrm{~m}, 4 \mathrm{H}), 7.75-7.73(\mathrm{~m}, 4 \mathrm{H}), 7.57-7.53$ $(\mathrm{m}, 4 \mathrm{H}), 7.50-7.44(\mathrm{~m}, 4 \mathrm{H}), 6.95-6.92(\mathrm{~m}, 4 \mathrm{H}), 4.02\left(\mathrm{t},{ }^{1} J_{\mathrm{H}-\mathrm{H}}=6.5 \mathrm{~Hz}, 4 \mathrm{H}\right), 1.82-1.77$ $(\mathrm{m}, 4 \mathrm{H}), 1.48-1.44(\mathrm{~m}, 4 \mathrm{H}), 1.37-1.30(\mathrm{~m}, 4 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR (101 MHz, 300K) $\delta=195.7,163.0,138.4,132.7,131.9,130.0,129.7,128.3,114.1$, 68.4, 29.6, 29.6, 29.4, 29.2, 26.1 ppm .

HR-MS TOF $(+) \mathrm{m} / \mathrm{Z}=$ observed $563.3163[\mathrm{M}+\mathrm{H}]^{+}$, calculated $563.3161\left[\mathrm{C}_{38} \mathrm{H}_{42} \mathrm{O}_{4}+\mathrm{H}\right]^{+}$.
6.1.8. ((hexane-1,6-diylbis(oxy))bis(4,1-phenylene))bis((4-fluorophenyl)methanone), $\mathbf{6 e}$


The reaction was according to


Scheme S2 $(\mathrm{R}=\mathrm{F})$.
(4-((6-bromohexyl)oxy)phenyl)(4-fluorophenyl)methanone (1 eq, $500 \mathrm{mg}, 1.32 \mathrm{mmol}$ ), (4-fluorophenyl)(4-hydroxyphenyl)methanone ( $1 \mathrm{eq}, 285 \mathrm{mg}, 1.32 \mathrm{mmol}$ ), and $\mathrm{Cs}_{2} \mathrm{CO}_{3}$ ( 1.4 eq , 601 mg , 1.85 mmol ) were dissolved in 10 mL of DMF and stirred at $40^{\circ} \mathrm{C}$ for 24 h . The desired product was isolated as a white solid after chromatographic work-up. Isolated yield: 430 mg , $0.84 \mathrm{mmol}, 63 \%$.
${ }^{1} \mathrm{H} \operatorname{NMR}\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=7.80-7.76(\mathrm{~m}, 8 \mathrm{H}), 7.17-7.11(\mathrm{~m}, 4 \mathrm{H}), 6.96-6.93$ $(\mathrm{m}, 4 \mathrm{H}), 4.05\left(\mathrm{t},{ }^{3} J_{\mathrm{H}-\mathrm{H}}=6.4 \mathrm{~Hz}, 4 \mathrm{H}\right), 1.89-1.85(\mathrm{~m}, 4 \mathrm{H}), 1.57(\mathrm{~m}, 8 \mathrm{H}) \mathrm{ppm}$.
${ }^{19} \mathrm{~F} \operatorname{NMR}\left(\mathrm{CDCl}_{3}, 376 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=-106.8 \mathrm{ppm}$.
${ }^{13} \mathrm{C} \operatorname{NMR}\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=194.2,165.1(\mathrm{~d}, J=253.1 \mathrm{~Hz}), 162.9,134.5(\mathrm{~d}, J=3.0$ $\mathrm{Hz}), 132.5,132.4(\mathrm{~d}, J=9.1 \mathrm{~Hz}), 129.9,115.4(\mathrm{~d}, J=21.8 \mathrm{~Hz}), 114.2,68.2$, 29.1, 25.9 ppm.

HR-MS TOF (+) m/Z = observed 515,2030 $[\mathrm{M}+\mathrm{H}]^{+}$, calculated 515,2034 $\left[\mathrm{C}_{32} \mathrm{H}_{28} \mathrm{~F}_{2} \mathrm{O}_{4}+\mathrm{H}\right]^{+}$.
6.1.9. ((decane-1,10-diylbis(oxy))bis(4,1-phenylene))bis((4-fluorophenyl)methanone), $\mathbf{6} \mathbf{f}$


The reaction was performed according to Scheme $\mathbf{S 3}(\mathrm{R}=\mathrm{F})$.
(4-fluorophenyl)(4-hydroxyphenyl)methanone $(2 \mathrm{eq}, 504 \mathrm{mg}, 2.33 \mathrm{mmol})$, 1,10dibromodecane ( $1 \mathrm{eq}, 350 \mathrm{mg}, 1.17 \mathrm{mmol}$ ) and $\mathrm{Cs}_{2} \mathrm{CO}_{3}(2.1 \mathrm{eq}, 798 \mathrm{mg}, 2.45 \mathrm{mmol})$ were dissolved in 10 mL of DMF and stirred at room temperature for 24 h . The desired product was isolated as a colourless solid after chromatographic work-up. Isolated yield: $435 \mathrm{mg}, 0.76$ mmol, 65\%.
${ }^{1} \mathrm{H} \operatorname{NMR}\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=7.80-7.76(\mathrm{~m}, 8 \mathrm{H}), 7.16-7.11(\mathrm{~m}, 4 \mathrm{H}), 6.96-6.92$ $(\mathrm{m}, 4 \mathrm{H}), 4.03\left(\mathrm{t},{ }^{3} J_{\mathrm{H}-\mathrm{H}}=6.5 \mathrm{~Hz}, 4 \mathrm{H}\right), 1.84-1.77(\mathrm{~m}, 4 \mathrm{H}), 1.49-1.47(\mathrm{~m}, 4 \mathrm{H}), 1.45-1.34(\mathrm{~m}$, $8 \mathrm{H}) \mathrm{ppm}$.
${ }^{19} \mathrm{~F} \operatorname{NMR}\left(\mathrm{CDCl}_{3}, 376 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=-106.9 \mathrm{ppm}$.
${ }^{13} \mathrm{C}_{\mathrm{NMR}}\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta 194.2,165.1(\mathrm{~d}, J=253.1 \mathrm{~Hz}), 163.0,134.6(\mathrm{~d}, J=3.2$ $\mathrm{Hz}), 132.5,132.4(\mathrm{~d}, J=9.0 \mathrm{~Hz}), 129.9,115.4(\mathrm{~d}, J=21.8 \mathrm{~Hz}), 114.2,68.4,29.6,29.4,29.2$, 26.1 ppm .

HR-MS TOF $(+) \mathrm{m} / \mathrm{Z}=$ observed $593.2470[\mathrm{M}+\mathrm{Na}]^{+}$, calculated $593.2479\left[\mathrm{C}_{36} \mathrm{H}_{36} \mathrm{~F}_{2} \mathrm{O}_{4}+\right.$ $\mathrm{Na}]^{+}$.
6.1.10 ((1,4-phenylenebis(oxy))bis(4,1-phenylene))bis(phenylmethanone), $\mathbf{6 g}$


The compound was prepared according to Scheme S3:
(4-hydroxyphenyl)(phenyl)methanone ( $2 \mathrm{eq} ., 1.5 \mathrm{~g}, 7.6 \mathrm{mmol}$ ) were mixed with 1,4 bis(bromomethyl)benzene ( 1 eq., $1 \mathrm{~g}, 3.8 \mathrm{mmol}$ ) and potassium carbonate ( $(4 \mathrm{eq} ., 2.1 \mathrm{~g}, 15.2$ $\mathrm{mmol})$ in acetone. The suspension was heated to reflux for 24 hours. The final product was isolated as a colourless solid after filtration and removal of the solvent under reduced pressure. The compound has a very low solubility in all common organic solvents. Yield: $1.6 \mathrm{~g}, 3.2 \mathrm{mmol}$, 85\%.
${ }^{1} \mathrm{H}$ NMR (DMSO, $\left.400 \mathrm{MHz}, 323 \mathrm{~K}\right) \delta=7.78-7.73(\mathrm{~m}, 4 \mathrm{H}), 7.70-7.68(\mathrm{~m}, 4 \mathrm{H}), 7.66-7.64$ (m, 2H), $7.57-7.53(\mathrm{~m}, 4 \mathrm{H}), 7.52(\mathrm{bs}, 4 \mathrm{H}), 7.22-7.12(\mathrm{~m}, 4 \mathrm{H}), 5.25(\mathrm{~s}, 4 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR (DMSO, $\left.101 \mathrm{MHz}, 323 \mathrm{~K}\right) \delta=\delta 194.9,162.6,138.4,136.9,132.6,132.6,130.3$, $129.7,128.9,128.4,115.3,69.9 \mathrm{ppm}$.

HR-MS TOF (+) m/Z = observed $499.1900[\mathrm{M}+\mathrm{H}]^{+}$, calculated $499.1909\left[\mathrm{C}_{34} \mathrm{H}_{26} \mathrm{O}_{4}+\mathrm{H}\right]^{+}$.

## 7. Preparation of the olefins

Scheme $\mathbf{S 4}$ presents a general reaction scheme for the preparation of tetrasubstituted olefins.


Scheme S4. General reaction procedure for the synthesis of olefins by the cross-coupling of two ketones.

### 7.1. General reaction procedures:

In a glovebox, a freshly prepared colorless solution of $\operatorname{LiP}(\mathrm{TMS})_{2}(1 \mathrm{eq})$ in $\mathrm{Et}_{2} \mathrm{O}$ was added to a colourless ethereal solution of ketone ( 1 eq ) at ambient temperature. In the case of cyclic diketones, the stoichiometry was adjusted to 1 eq of ketone and 2 eq of $\operatorname{LiP}(\mathrm{TMS})_{2}$. The reaction was stirred for 24 h at ambient temperature to fully convert phosphaalkene intermediates to their corresponding dimers. 1 eq of LiOEt was subsequently added to trigger the formation of the desired tetrasubstituted olefin. The reaction mixture was filtered through a silica plug prior to purification by silica gel column chromatography with gradient from $0 \%$ to $5 \%$ of EtOAc in Heptane unless specified otherwise (See section 1.2. above).
7.1.1. 1,1,2,2-tetraphenylethene, 5a


The reaction was carried out using benzophenone ( $1 \mathrm{eq}, 46 \mathrm{mg}, 0.25 \mathrm{mmol}$ ) and $\mathrm{LiP}(\mathrm{TMS})_{2}$ ( 1 eq, 0.2 M in $\mathrm{Et}_{2} \mathrm{O}, 0.26 \mathrm{mmol}$ ). The desired product was collected as a colourless solid after chromatographic work-up. Isolated yield: $36 \mathrm{mg}, 0.1 \mathrm{mmol}, 85 \%$.
${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=7.11-7.01(\mathrm{~m}, 20 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=143.8,141.0,131.4,127.7,126.5$.
7.1.2. 1,1,2,2-tetrakis(4-fluorophenyl)ethene, 5b


The reaction was carried out using bis(4-fluorophenyl)methanone ( $1 \mathrm{eq}, 57 \mathrm{mg}, 0.3 \mathrm{mmol}$ ) and $\mathrm{LiP}(\mathrm{TMS})_{2}\left(1 \mathrm{eq}, 0.4 \mathrm{M} \mathrm{in}^{2} \mathrm{Et}_{2} \mathrm{O}, 0.3 \mathrm{mmol}\right)$. The desired product was collected as a colourless solid after chromatographic work-up. Isolated yield: $31 \mathrm{mg}, 0.077 \mathrm{mmol}, 59 \%$.
${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=6.97-6.91(\mathrm{~m}, 8 \mathrm{H}), 6.84-6.78(\mathrm{~m}, 8 \mathrm{H}) \mathrm{ppm}$.
${ }^{19} \mathrm{~F}$ NMR $\left(\mathrm{CDCl}_{3}, 376 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=-114.7 \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=162.82,160.4,139.1(\mathrm{~d}, J=3.5 \mathrm{~Hz}), 132.8(\mathrm{~d}, J=8.0$ $\mathrm{Hz}), 115.0(\mathrm{~d}, J=21.4 \mathrm{~Hz}) \mathrm{ppm}$.

### 7.1.3. 1,1,2,2-tetrakis(4-methoxyphenyl)ethene, 5c



The reaction was carried out using bis(4-methoxyphenyl)methanone ( $1 \mathrm{eq}, 63 \mathrm{mg}, 0.3 \mathrm{mmol}$ ) and $\mathrm{LiP}(\mathrm{TMS})_{2}\left(1 \mathrm{eq}, 0.4 \mathrm{M}^{2} \mathrm{Et}_{2} \mathrm{O}, 0.3 \mathrm{mmol}\right)$. The desired product was collected as a colourless solid after chromatographic work-up ( $0-15 \%$ EtOAc gradient in heptane). Isolated yield: $30 \mathrm{mg}, 0.066 \mathrm{mmol}, 51 \%$.
${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=6.93-6.91(\mathrm{~m}, 8 \mathrm{H}), 6.64-6.62(\mathrm{~m}, 8 \mathrm{H}), 3.73(\mathrm{~s}$, 12H) ppm.
${ }^{13} \mathrm{C}$ NMR $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=157.9,138.4,137.0,132.6,113.1,55.2 \mathrm{ppm}$.
7.1.4. 9,9'-bifluorenylidene, 5d


The reaction was carried out using 9 H -fluoren-9-one ( $1 \mathrm{eq}, 47 \mathrm{mg}, 0.3 \mathrm{mmol}$ ) and $\mathrm{LiP}(\mathrm{TMS})_{2}$ ( $1 \mathrm{eq}, 0.4 \mathrm{M}$ in $\mathrm{Et}_{2} \mathrm{O}, 0.3 \mathrm{mmol}$ ). The desired product was collected as a red solid after chromatographic work-up. Isolated yield: $30 \mathrm{mg}, 0.09 \mathrm{mmol}, 70 \%$.
${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=8.38-8.36(\mathrm{~m}, 4 \mathrm{H}), 7.70-7.68(\mathrm{~m}, 4 \mathrm{H}), 7.32(\mathrm{td}, J=$ $7.5,0.8 \mathrm{~Hz}, 4 \mathrm{H}$ ), 7.20 (td, $J=7.5,0.8 \mathrm{~Hz}, 4 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=141.4,141.1,138.3,129.2,126.9,126.8,120.0 \mathrm{ppm}$.
7.1.5. (E, Z) 1,2-bis(4-bromophenyl)-1,2-diphenylethene, 5e


The reaction was carried out using (4-bromophenyl)(phenyl)methanone ( $1 \mathrm{eq}, 68 \mathrm{mg}, 0.3$ $\mathrm{mmol})$ and $\mathrm{LiP}(\mathrm{TMS})_{2}\left(\mathbf{1}\right.$ eq, 0.4 M in $\left.\mathrm{Et}_{2} \mathrm{O}, 0.3 \mathrm{mmol}\right)$. The desired product was collected as a colourless solid after chromatographic work-up. Isolated yield: $43 \mathrm{mg}, 0.088 \mathrm{mmol}, 68 \%$.
${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=7.27-7.22(\mathrm{~m}, 4 \mathrm{H}), 7.22-7.18(\mathrm{~m}, 4 \mathrm{H}), 7.15-7.12$ (m, 6H), $7.10-7.07(\mathrm{~m}, 6 \mathrm{H}), 7.00-6.96(\mathrm{~m}, 8 \mathrm{H}), 6.90-6.84(\mathrm{~m}, 8 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=143.0,142.9,142.5,142.4,140.4,133.0,133.0$, $131.3,131.3,131.2,131.0,128.1,127.9,127.0,126.9,120.9,120.7 \mathrm{ppm}$.
7.1.6. (E, Z) 1,2-bis(4-methoxyphenyl)-1,2-diphenylethene, $\mathbf{5 f}$


The reaction was carried out using (4-methoxyphenyl)(phenyl)methanone ( $1 \mathrm{eq}, 55 \mathrm{mg}, 0.3$ $\mathrm{mmol})$ and $\mathrm{LiP}(\mathrm{TMS})_{2}\left(1 \mathrm{eq}, 0.4 \mathrm{M} \mathrm{in}_{\mathrm{Et}}^{2} \mathrm{O}, 0.3 \mathrm{mmol}\right)$. The desired product was collected as a colourless solid after chromatographic work-up ( $0-10 \%$ EtOAc gradient in heptane). Isolated yield: $34 \mathrm{mg}, 0.087 \mathrm{mmol}, 67 \%$.
${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=7.11-6.99(\mathrm{~m}, 20 \mathrm{H}), 6.96-6.92(\mathrm{~m}, 4 \mathrm{H}), 6.92-$ $6.88(\mathrm{~m}, 4 \mathrm{H}), 6.67-6.63(\mathrm{~m}, 4 \mathrm{H}), 6.63-6.59(\mathrm{~m}, 4 \mathrm{H}), 3.74(\mathrm{~s}, 6 \mathrm{H}), 3.72(\mathrm{~s}, 6 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=158.0,144.4,144.3,139.7,139.7,136.5,136.5$, $132.6,132.6,131.5,131.5,127.7,127.6,126.3,113.2,113.1,55.2,55.2 \mathrm{ppm}$.
7.1.7. (E-Z) 1,2-bis(4-((8-bromooctyl)oxy)phenyl)-1,2-diphenylethene, $\mathbf{5 g}$


The reaction was carried out using (4-((8-bromooctyl)oxy)phenyl)(phenyl)methanone (1 eq, 93 $\mathrm{mg}, 0.24 \mathrm{mmol})$ and $\operatorname{LiP}(\mathrm{TMS})_{2}\left(1 \mathrm{eq}, 0.2 \mathrm{M}\right.$ in $\left.\mathrm{Et}_{2} \mathrm{O}, 0.24 \mathrm{mmol}\right)$. The desired product was collected as a colourless solid after chromatographic work-up. Isolated yield: $43 \mathrm{mg}, 0.057$ mmol, 48\%, 1:1 E:Z mixture.
${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=7.10-6.98(\mathrm{~m}, 10 \mathrm{H}), 6.94-6.84(\mathrm{~m}, 4 \mathrm{H}), 6.64-$
$6.57(\mathrm{~m}, 4 \mathrm{H}), 3.91-3.81(\mathrm{~m}, 4 \mathrm{H}), 3.40(\mathrm{td}, J=6.8,1.6 \mathrm{~Hz}, 4 \mathrm{H}), 1.88-1.81(\mathrm{~m}, 4 \mathrm{H}), 1.77-$ $1.66(\mathrm{~m}, 4 \mathrm{H}), 1.47-1.39(\mathrm{~m}, 8 \mathrm{H}), 1.38-1.28(\mathrm{~m}, 8 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=157.6,144.4,144.4,139.7,139.7,136.4,136.3$, 132.6, 132.6, 131.5, 131.5, 127.7, 127.6, 126.2, 113.7, 113.6, 67.8, 67.8, 34.1, 32.9, 29.4, $29.3,29.3,29.3,28.8,28.8,28.2,26.1,26.1 \mathrm{ppm}$.

HR-MS TOF (+) m/Z = observed $851.10650[\mathrm{M}+\mathrm{Ag}]^{+}$, calculated $851.10545\left[\mathrm{C}_{42} \mathrm{H}_{50} \mathrm{Br}_{2} \mathrm{O}_{2}+\right.$ $\mathrm{Ag}]^{+}$.
7.1.8. (E-Z) 1,2-bis(4-((10-bromodecyl)oxy)phenyl)-1,2-diphenylethene, $\mathbf{5 h}$


The reaction was carried out using (4-((10-bromodecyl)oxy)phenyl)(phenyl)methanone ( $\mathbf{1} \mathbf{~ e q}$, $100 \mathrm{mg}, 0.24 \mathrm{mmol})$ and $\mathrm{LiP}(\mathrm{TMS})_{2}\left(\mathbf{1} \mathbf{~ e q}, 0.2 \mathrm{M} \mathrm{in} \mathrm{Et}_{2} \mathrm{O}, 0.24 \mathrm{mmol}\right)$. The desired product was collected as a colourless solid after chromatographic work-up. Isolated yield: $56 \mathrm{mg}, 0.069$ mmol, 58\%, 1:1 E:Z mixture.
${ }^{1} \mathrm{H}$ NMR ( $\left.\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right): ~ \delta=7.12-6.97$ (m, 10H), $6.94-6.84$ (m, 4H), $6.65-6.55$ (m, 4H), $3.90-3.83(\mathrm{~m}, 4 \mathrm{H}), 3.42(\mathrm{~d}, J=6.9 \mathrm{~Hz}, 2 \mathrm{H}), 3.39(\mathrm{~d}, J=6.9 \mathrm{~Hz}, 2 \mathrm{H}), 1.88-1.80(\mathrm{~m}$, $4 \mathrm{H}), 1.72(\mathrm{dq}, J=13.6,6.7 \mathrm{~Hz}, 4 \mathrm{H}), 1.45-1.36(\mathrm{~m}, 8 \mathrm{H}), 1.29(\mathrm{bs}, 16 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=157.6,144.5,144.4,139.7$, 139.7, 136.3, 136.3, 132.6, $132.6,131.5,131.5,127.7,127.6,126.2,113.7,113.6,67.9,67.8,34.2,32.9,29.5,29.5,29.5$, 29.4, 29.4, 29.4, 28.8, 28.2, 26.1, 26.1 ppm .

HR-MS TOF (+) m/Z = observed $909.18299[\mathrm{M}+\mathrm{Ag}]^{+}$, calculated $909.18376\left[\mathrm{C}_{46} \mathrm{H}_{58} \mathrm{Br}_{2} \mathrm{O}_{2}+\right.$ $\mathrm{Ag}]^{+}$.
7.1.9. (E-Z) 1,2-bis(4-((10-bromodecyl)oxy)phenyl)-1,2-diphenylethene, 5i


The reaction was carried out using (4-((12-bromododecyl)oxy)phenyl)(phenyl)methanone ( $\mathbf{1}$ $\mathbf{e q}, 107 \mathrm{mg}, 0.24 \mathrm{mmol})$ and $\mathrm{LiP}(\mathrm{TMS})_{2}\left(\mathbf{1} \mathbf{e q}, 0.2 \mathrm{M}\right.$ in $\left.\mathrm{Et}_{2} \mathrm{O}, 0.24 \mathrm{mmol}\right)$. The desired product was collected as a colourless solid after chromatographic work-up. Isolated yield: 57 $\mathrm{mg}, 0.066 \mathrm{mmol}, 55 \%, \mathbf{1 : 1} \mathbf{E}: Z$ mixture.
${ }^{1} \mathrm{H}$ NMR $(\mathrm{CDCl} 3,101 \mathrm{MHz}, 300 \mathrm{~K}): \delta=7.09-6.96(\mathrm{~m}, 10 \mathrm{H}), 6.93-6.87(\mathrm{~m}, 4 \mathrm{H}), 6.64-$ $6.58(\mathrm{~m}, 4 \mathrm{H}), 3.92-3.80(\mathrm{~m}, 4 \mathrm{H}), 3.40(\mathrm{~d}, J=6.9 \mathrm{~Hz}, 2 \mathrm{H}), 3.38(\mathrm{~d}, J=6.9 \mathrm{~Hz}, 2 \mathrm{H}), 2.02-$ $1.73(\mathrm{~m}, 8 \mathrm{H}), 1.49-1.26(\mathrm{~m}, 32 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR (CDCl3, $\left.101 \mathrm{MHz}, 300 \mathrm{~K}\right): \delta=157.5,144.4,144.3,139.6,136.2,132.5,132.5$, $131.41,131.38,127.6,127.5,126.1,113.6,113.5,67.77,67.75,34.1,32.8,29.5,29.47,29.4$, 29.37, 29.35, 29.3, 28.7, 28.2, 26.1.

HR-MS TOF (+) m/Z = observed $881.33102[\mathrm{M}+\mathrm{Na}]^{+}$, calculated $881.33077\left[\mathrm{C}_{50} \mathrm{H}_{66} \mathrm{Br}_{2} \mathrm{O}_{2}+\right.$ $\mathrm{Na}]^{+}$.
7.1.10. (Z)-2,3-diphenyl-5,12-dioxa-1,4(1,4)-dibenzenacyclododecaphan-2-ene, 7a


The reaction was carried out using ((hexane-1,6-diylbis(oxy))bis(4,1phenylene) )bis(phenylmethanone) ( $1 \mathrm{eq}, 61 \mathrm{mg}, 0.3 \mathrm{mmol}$ ) and $\operatorname{LiP}(\mathrm{TMS})_{2}(2 \mathrm{eq}, 0.4 \mathrm{M}$ in $\left.\mathrm{Et}_{2} \mathrm{O}, 0.6 \mathrm{mmol}\right)$. The desired product was collected as a colourless solid after chromatographic work-up. Isolated yield: $12 \mathrm{mg}, 0.027 \mathrm{mmol}, 21 \%$.
${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=7.13-7.10(\mathrm{~m}, 10 \mathrm{H}), 6.85-6.80(\mathrm{~m}, 4 \mathrm{H}), 6.66-$ $6.60(\mathrm{~m}, 4 \mathrm{H}), 4.05\left(\mathrm{t},{ }^{3} \mathrm{~J}_{\mathrm{H}-\mathrm{H}}=6.5 \mathrm{~Hz}, 4 \mathrm{H}\right), 1.54-1.42(\mathrm{~m}, 4 \mathrm{H}), 1.27-1.24(\mathrm{~m}, 4 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR $(101 \mathrm{MHz}, 300 \mathrm{~K}) \delta=\delta 156.0,142.4,141.4,137.9,132.4,131.2,127.8,126.6$, 116.6, 68.7, 26.6, 23.6 ppm.

HR-MS TOF (+) m/Z = observed $447.2346[\mathrm{M}+\mathrm{H}]^{+}$, calculated $447.2324\left[\mathrm{C}_{32} \mathrm{H}_{30} \mathrm{O}_{2}+\mathrm{H}\right]^{+}$.
7.1.11. (Z)-2,3-diphenyl-5,14-dioxa-1,4(1,4)-dibenzenacyclotetradecaphan-2-ene, 7b


The reaction was carried out using ((octane-1,8-diylbis(oxy))bis(4,1phenylene) )bis(phenylmethanone) ( $1 \mathrm{eq}, 103 \mathrm{mg}, 0.20 \mathrm{mmol}$ ) and $\mathrm{LiP}(\mathrm{TMS})_{2}(2 \mathrm{eq}, 0.2 \mathrm{M}$ in $\left.\mathrm{Et}_{2} \mathrm{O}, 0.40 \mathrm{mmol}\right)$. The desired product was collected as a colourless solid after chromatographic work-up. Isolated yield: $46 \mathrm{mg}, 0.097 \mathrm{mmol}, 47 \%$.
${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=7.10(\mathrm{bs}, 10 \mathrm{H}), 6.85-6.82(\mathrm{~m}, 4 \mathrm{H}), 6.63-6.59(\mathrm{~m}$, $4 \mathrm{H}), 4.03\left(\mathrm{t},{ }^{3} J_{\mathrm{H}-\mathrm{H}}=6.5 \mathrm{~Hz}, 4 \mathrm{H}\right), 1.63\left(\mathrm{p},{ }^{3} J_{\mathrm{H}-\mathrm{H}}=6.7 \mathrm{~Hz}, 4 \mathrm{H}\right), 1.35-1.33(\mathrm{~m}, 4 \mathrm{H}), 1.26-$ $1.23(\mathrm{~m}, 4 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=157.1,143.1,140.8,137.1,132.5,131.4,127.7$, 126.5, 114.7, 67.5, 27.9, 27.8, 24.9 ppm .

HR-MS TOF (+) m/Z = observed $475.2631[\mathrm{M}+\mathrm{H}]^{+}$, calculated $475.2637\left[\mathrm{C}_{34} \mathrm{H}_{34} \mathrm{O}_{2}+\mathrm{H}\right]^{+}$.
7.1.12. (Z)-2,3-diphenyl-5,16-dioxa-1,4(1,4)-dibenzenacyclohexadecaphan-2-ene, 7c


The reaction was carried out using ((decane-1,10-diylbis(oxy))bis(4,1phenylene) )bis(phenylmethanone) ( $1 \mathrm{eq}, 128 \mathrm{mg}, 0.24 \mathrm{mmol}$ ) and $\mathrm{LiP}(\mathrm{TMS})_{2}(2 \mathrm{eq}, 0.2 \mathrm{M}$ in $\left.\mathrm{Et}_{2} \mathrm{O}, 0.48 \mathrm{mmol}\right)$. The desired product was collected as a colourless solid after chromatographic work-up. Isolated yield: $65 \mathrm{mg}, 0.129 \mathrm{mmol}, 54 \%$.
${ }^{1} \mathrm{H} \operatorname{NMR}\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=7.08-7.04(\mathrm{~m}, 10 \mathrm{H}), 6.89-6.85(\mathrm{~m}, 4 \mathrm{H}), 6.66-$ $6.61(\mathrm{~m}, 4 \mathrm{H}), 3.98\left(\mathrm{t},{ }^{3} J_{\mathrm{H}-\mathrm{H}}=6.4 \mathrm{~Hz}, 4 \mathrm{H}\right), 1.68\left(\mathrm{p},{ }^{3} J_{\mathrm{H}-\mathrm{H}}=6.6 \mathrm{~Hz}, 4 \mathrm{H}\right), 1.44-1.33(\mathrm{~m}, 4 \mathrm{H})$, $1.33-1.20(\mathrm{~m}, 8 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=157.3,143.7,140.3,136.8,132.6,131.5,127.7$, $126.4,114.3,67.7,28.4,28.1,28.0,25.1 \mathrm{ppm}$.

HR-MS TOF (+) m/Z = observed $525.2764[\mathrm{M}+\mathrm{Na}]^{+}$, calculated $525.2770\left[\mathrm{C}_{36} \mathrm{H}_{38} \mathrm{O}_{2}+\mathrm{Na}\right]^{+}$.
7.1.13. (Z)-2,3-diphenyl-5,18-dioxa-1,4(1,4)-dibenzenacyclooctadecaphan-2-ene, 7d


The reaction was carried out using ((dodecane-1,12-diylbis(oxy))bis(4,1phenylene) )bis(phenylmethanone) ( $1 \mathrm{eq}, 135 \mathrm{mg}, 0.24 \mathrm{mmol}$ ) and $\mathrm{LiP}(\mathrm{TMS})_{2}(2 \mathrm{eq}, 0.2 \mathrm{M}$ in $\left.\mathrm{Et}_{2} \mathrm{O}, 0.48 \mathrm{mmol}\right)$. The desired product was collected as a colourless solid after chromatographic work-up. Isolated yield: $39 \mathrm{mg}, 0.073 \mathrm{mmol}, 31 \%$.
${ }^{1} \mathrm{H} \operatorname{NMR}\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=7.09-7.02(\mathrm{~m}, 10 \mathrm{H}), 6.91-6.87(\mathrm{~m}, 4 \mathrm{H}), 6.64-$ $6.60(\mathrm{~m}, 4 \mathrm{H}), 3.93\left(\mathrm{t},{ }^{3} \mathrm{~J}_{\mathrm{H}-\mathrm{H}}=6.3 \mathrm{~Hz}, 4 \mathrm{H}\right), 1.73\left(\mathrm{p},{ }^{3} \mathrm{~J}_{\mathrm{H}-\mathrm{H}}=6.5 \mathrm{~Hz}, 4 \mathrm{H}\right), 1.47-1.37(\mathrm{~m}, 4 \mathrm{H})$, 1.28 (bs, 12H) ppm.
${ }^{13} \mathrm{C}$ NMR $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=157.5,143.9,140.1,136.6,132.6,131.5,127.6$, 126.3, 113.9, 67.6, 28.7, 28.4, 28.4, 28.3, 25.6 ppm.

HR-MS TOF (+) m/Z = observed $531.3270[\mathrm{M}+\mathrm{H}]^{+}$, calculated $531.3263\left[\mathrm{C}_{38} \mathrm{H}_{42} \mathrm{O}_{2}+\mathrm{H}\right]^{+}$.
7.1.14 (Z)-2,3-bis(4-fluorophenyl)-5,12-dioxa-1,4(1,4)-dibenzenacyclododecaphan-2-ene, 7e


The reaction was carried out using ((hexane-1,6-diylbis(oxy))bis(4,1-phenylene))bis((4fluorophenyl)methanone) ( $\mathbf{1} \mathbf{~ e q}, 124 \mathrm{mg}, 0.24 \mathrm{mmol})$ and $\mathrm{LiP}(\mathrm{TMS})_{2}\left(\mathbf{2} \mathbf{~ e q}, 0.2 \mathrm{M}\right.$ in $\mathrm{Et}_{2} \mathrm{O}, 0.48$ $\mathrm{mmol})$. First crude product was purified by flash column chromatography and then preparative thin layer chromatography was used to separate compounds $\mathbf{7 e}$ and $\mathbf{8 e}$.

Compound $\mathbf{7 e}$ was isolated as a colourless solid. Isolated yield: $13 \mathrm{mg}, 0.027 \mathrm{mmol}, \mathbf{1 1 \%}$.
${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=7.11-7.06(\mathrm{~m}, 4 \mathrm{H}), 6.86-6.77(\mathrm{~m}, 8 \mathrm{H}), 6.64-6.60$ $(\mathrm{m}, 4 \mathrm{H}), 4.07-4.03(\mathrm{~m}, 4 \mathrm{H}), 1.48-1.42(\mathrm{~m}, 4 \mathrm{H}), 1.26-1.23(\mathrm{~m}, 4 \mathrm{H}) \mathrm{ppm}$.
${ }^{19} \mathrm{~F}$ NMR $\left(\mathrm{CDCl}_{3}, 376 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=-115.0 \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=161.6(\mathrm{~d}, J=246.7 \mathrm{~Hz}), 156.2,140.3,138.2(\mathrm{~d}, J=$ $3.4 \mathrm{~Hz}), 137.4,132.8(\mathrm{~d}, J=7.9 \mathrm{~Hz}), 132.3,116.7,114.9(\mathrm{~d}, J=21.3 \mathrm{~Hz}), 68.7,26.56,23.6$ ppm.

HR-MS TOF (+) m/Z = observed $505.1950[\mathrm{M}+\mathrm{Na}]^{+}$, calculated $505.1955\left[\mathrm{C}_{32} \mathrm{H}_{28} \mathrm{~F}_{2} \mathrm{O}_{2}+\right.$ $\mathrm{Na}]^{+}$.
7.1.15. (2Z,14Z)-2,3,14,15-tetrakis(4-fluorophenyl)-5,12,17,24-tetraoxa-1,4,13,16(1,4)-tetrabenzenacyclotetracosaphane-2,14-diene, 8e


Compound $8 \mathbf{e}$ was isolated as a side product in the synthesis of $7 \mathbf{e}$ (see preparation details above).

Compound $\mathbf{8 e}$ was isolated as a colourless solid. Isolated yield: $17 \mathrm{mg}, 0.0175 \mathrm{mmol}, \mathbf{1 5 \%}$.
${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=6.96-6.93(\mathrm{~m}, 4 \mathrm{H}), 6.90-6.88(\mathrm{~m}, 4 \mathrm{H}), 6.80-6.78$ $(\mathrm{m}, 4 \mathrm{H}), 6.65-6.61(\mathrm{~m}, 4 \mathrm{H}), 3.90\left(\mathrm{t},{ }^{3} \mathrm{~J}_{\mathrm{H}-\mathrm{H}}=6.5 \mathrm{~Hz}, 4 \mathrm{H}\right), 1.80-1.77(\mathrm{~m}, 4 \mathrm{H}), 1.53-1.48$ (m, 4H) ppm.
${ }^{19} \mathrm{~F}$ NMR $\left(\mathrm{CDCl}_{3}, 376 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=-115.6 \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=161.4(\mathrm{~d}, J=246.2 \mathrm{~Hz}), 157.7,140.1(\mathrm{~d}, J=3.4 \mathrm{~Hz})$, $135.9,133.0(\mathrm{~d}, J=7.8 \mathrm{~Hz}), 132.5,116.7,114.7(\mathrm{~d}, J=21.2 \mathrm{~Hz}), 113.8,67.5,29.2,25.7 \mathrm{ppm}$.

HR-MS TOF (+) m/Z = observed $987.40129[\mathrm{M}+\mathrm{Na}]^{+}$, calculated $987.40069\left[\mathrm{C}_{64} \mathrm{H}_{56} \mathrm{~F}_{4} \mathrm{O}_{4}+\right.$ $\mathrm{Na}]^{+}$.
7.1.16. (Z)-2,3-bis(4-fluorophenyl)-5,16-dioxa-1,4(1,4)-dibenzenacyclohexadecaphan-2-ene, 7f


The reaction was carried out using ((decane-1,10-diylbis(oxy))bis(4,1-phenylene))bis((4fluorophenyl)methanone) ( $\mathbf{1} \mathbf{~ e q}, 137 \mathrm{mg}, 0.24 \mathrm{mmol})$ and $\mathrm{LiP}(\mathrm{TMS})_{2}\left(\mathbf{2} \mathbf{~ e q}, 0.2 \mathrm{M}\right.$ in $\mathrm{Et}_{2} \mathrm{O}, 0.48$ $\mathrm{mmol})$. The desired product was collected as a colourless solid after chromatographic work-up. Isolated yield: $70 \mathrm{mg}, 0.13 \mathrm{mmol}, 54 \%$.
${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=7.03-6.98(\mathrm{~m}, 4 \mathrm{H}), 6.86-6.76(\mathrm{~m}, 8 \mathrm{H}), 6.64-6.60$ $(\mathrm{m}, 4 \mathrm{H}), 3.98\left(\mathrm{t},{ }^{3} \mathrm{~J}_{\mathrm{H}-\mathrm{H}}=6.5 \mathrm{~Hz}, 4 \mathrm{H}\right), 1.67\left(\mathrm{p},{ }^{3} \mathrm{~J}_{\mathrm{H}-\mathrm{H}}=6.6 \mathrm{~Hz}, 4 \mathrm{H}\right), 1.39-1.30(\mathrm{~m}, 4 \mathrm{H}), 1.27-$ $1.24(\mathrm{~m}, 8 \mathrm{H}) \mathrm{ppm}$.
${ }^{19} \mathrm{~F}$ NMR $\left(\mathrm{CDCl}_{3}, 376 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=-115.5 \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=161.5(\mathrm{~d}, J=246.4 \mathrm{~Hz}), 157.5,139.5(\mathrm{~d}, J=3.4 \mathrm{~Hz})$, $139.3,136.3,132.9(\mathrm{~d}, J=7.8 \mathrm{~Hz}), 132.5,114.8(\mathrm{~d}, J=21.3 \mathrm{~Hz}), 114.4,67.7,28.41,28.0$, $28.0,25.1 \mathrm{ppm}$.

HR-MS TOF (+) m/Z = observed $561.2577[\mathrm{M}+\mathrm{Na}]^{+}$, calculated $561.2581\left[\mathrm{C}_{36} \mathrm{H}_{36} \mathrm{~F}_{2} \mathrm{O}_{2}+\right.$ $\mathrm{Na}]^{+}$.
7.1.17. (Z)-8,9-diphenyl-2,6-dioxa-1,4,7(1,4)-tribenzenacyclononaphan-8-ene, 7g


The reaction was carried out using (((1,4-phenylenebis(methylene))bis(oxy))bis(4,1phenylene) )bis(phenylmethanone) ( $1 \mathrm{eq}, 64 \mathrm{mg}, 0.26 \mathrm{mmol}$ ) and $\mathrm{LiP}(\mathrm{TMS})_{2}(2 \mathrm{eq}, 0.4 \mathrm{M}$ in $\left.\mathrm{Et}_{2} \mathrm{O}, 0.51 \mathrm{mmol}\right)$. The desired product was collected as a colourless solid after chromatographic work-up. Isolated yield: $15 \mathrm{mg}, 0.032 \mathrm{mmol}, 25 \%$.
${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=7.17(\mathrm{bs}, 4 \mathrm{H}), 7.07-7.04(\mathrm{~m}, 6 \mathrm{H}), 7.02-7.00(\mathrm{~m}$, $4 \mathrm{H}), 6.61-6.58(\mathrm{~m}, 4 \mathrm{H}), 6.43-6.39(\mathrm{~m}, 4 \mathrm{H}), 5.19(\mathrm{~s}, 4 \mathrm{H}) \mathrm{ppm}$.
${ }^{13} \mathrm{C}$ NMR $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right) \delta=154.7,142.7,141.2,137.2,136.5,131.3,131.1$, 129.7, 127.7, 126.5, 117.2, 70.1 ppm .

HR-MS TOF (+) m/Z = observed $489.1822[\mathrm{M}+\mathrm{H}]^{+}$, calculated $489.1831\left[\mathrm{C}_{34} \mathrm{H}_{26} \mathrm{O}_{2}+\mathrm{Na}\right]^{+}$.

### 7.2. Attempts to characterize by-products of the reaction sequence

The crude reaction mixture after the complete sequence was subjected to GC-MS in an ettempt to characterize by-products of the reaction. In addition to alkene product and traces of ketone starting material, two signals of trace amount were observed. Their mass is consistent with an assignment to EtOTMS and hexamethylcyclotrisiloxane. Further isolation and purification was precluded due to their low concentration and, in case of EtOTMS, the high volatility.

The GC-MS analysis did not exhibit any signals that could be assigned to any phosphoruscontaining by-products. Similarly, also NMR monitoring of the reaction of LiOEt with the 1,2-diphotphetane at $-40^{\circ} \mathrm{C}$ did not allow us to identify any by-products. An observation is
that upon exposure to air, a large amount of precipitate is immediately formed. In general, we assume that upon removal of one TMS group from the 1,2-diphosphetane, highly reactive species are formed which presumable decompose in various pathways, giving rise to multiple species, potentially polymers that may have low solubility (in particular at low temperatures).

## 8. Crystallographic data

Measurements were performed using graphite-monochromatized Mo K ${ }_{\alpha}$ radiation at 170 K using a Bruker D8 APEX-II equipped with a CCD camera. The structure was solved by direct methods (SHELXS-2014) and refined by full-matrix least-squares techniques against $F^{2}$ (SHELXL-2018). The non-hydrogen atoms were refined with anisotropic displacement parameters. The H atoms of the $\mathrm{CH}_{2} / \mathrm{CH}$ groups were refined with common isotropic displacement parameters for the H atoms of the same group, and idealized geometry. The H atoms of the methyl groups were refined with common isotropic displacement parameters for the H atoms of the same group, and idealized staggered geometry.

Specific for SO1904/4a: Single crystals were obtained from concentrated diethyl ether solutions of $\mathbf{4 a}$. The Olex2 solvent mask function was used to treat solvent accessible voids. Two $491.4 \AA^{3}$ voids accounting for 82.5 electrons ( $\sim 1.6 \mathrm{Et} 2 \mathrm{O}$ molecules), and two $550 \AA^{3}$ voids accounting for 110.5 electrons ( $\sim 2.1 \mathrm{Et} 2 \mathrm{O}$ molecules) per unit cell were treated. The final output of the solvent mask is appended to the .cif file.

## Specific for SO1905/7a:

Single crystals were obtained from concentrated pentane/ethyl acetate solutions of 7a.
Specific for SO2006/7g:
Single crystals were obtained from concentrated pentane/ethyl acetate solutions of $\mathbf{7 g}$. The C10 chain is disordered over two sites, with occupancies of $1 / 3$ and $2 / 3$.

## Specific for SO2008/7f:

Single crystals were obtained from concentrated pentane/ethyl acetate solutions of $\mathbf{7 f}$.

## Specific for SO2009/8e

Single crystals were obtained from concentrated chloroform solutions of $\mathbf{8 e}$.

CCDC 2162400-2162404 contain the supplementary crystallographic data for this paper. The data can be obtained free of charge from The Cambridge Crystallographic Data Centre via www.ccdc.cam.ac.uk/structures.

Table S1. Selected bond lengths $(\AA)$ and angles $\left({ }^{\circ}\right)$ for $\mathbf{4 a}, \mathbf{7 a}, \mathbf{7 f}, \mathbf{7 g}$, and $\mathbf{8 e}$. *Symmetry generated.

| Parameter | $\mathbf{4 a}$ | $\mathbf{7 a}$ | $\mathbf{7 f}$ | $\mathbf{7 g}$ | $\mathbf{8 e}$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{P 1 - P 2}$ | $2.204(1)$ | - | - | - | - |
|  | $2.200(1)^{*}$ |  |  |  |  |
| P1-C1 | $1.936(3)$ | - | - | - | - |
| P2-C2 | $1.937(3)^{*}$ |  |  | - | - |
| C1-C2 | $1.972(3)$ | - | - | $1.350(4)$ | $1.351(5)$ |
|  | $1.626(4)$ | $1.357(3)$ | $1.365(3)$ |  |  |


| C3-C2-C1-C22 | $-24.2(3)$ | $-12.6(4)$ | $-11.8(3)$ | $10.7(4)$ | $10.6(5)$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | 23.6 |  |  |  |  |
| P2-C2-C1-P1 | $-27.08(12)$ | - | - | - | - |
|  | $24.9(2)^{*}$ |  |  |  |  |

Table S2.Crystal data and structure refinement details.

| Compound | 4a | 7a | 7f | 7 g | 8 e |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Chemical formula | $3\left(\mathrm{C}_{16} \mathrm{H}_{19} \mathrm{PSi}\right)$ | $\mathrm{C}_{32} \mathrm{H}_{30} \mathrm{O}_{2}$ | $\mathrm{C}_{36} \mathrm{H}_{26} \mathrm{~F}_{2} \mathrm{O}_{2}$ | $\mathrm{C}_{34} \mathrm{H}_{26} \mathrm{O}_{2}$ | $\mathrm{C}_{32} \mathrm{H}_{28} \mathrm{~F}_{2} \mathrm{O}_{2} \cdot \mathrm{CHCl}_{3}$ |
| $M_{\text {r }}$ | 811.11 | 446.56 | 538.65 | 466.55 | 601.91 |
| Crystal system, space group | $\begin{gathered} \text { Monoclinic } \\ C 2 / c \end{gathered}$ | Monoclinic $P 21$ | $\begin{gathered} \text { Monoclinic } \\ P 21 / c \end{gathered}$ | $\begin{gathered} \text { Monoclinic } \\ P 21 \end{gathered}$ | $\begin{gathered} \text { Monoclinic } \\ P 21 / n \end{gathered}$ |
| Temperature (K) | 170 | 170 | 170 | 170 | 170 |
| $a, b, c(\AA)$ | 26.6644 (13) | 9.5099 (4) | 10.356 (3) | 9.2899 (2) | 13.893 (3) |
|  | 42.3661 (13) | 9.8152 (4) | 31.286 (8) | 10.6993 (2) | 9.559 (2) |
|  | 9.7021 (3) | 13.7004 (5) | 9.517 (2) | 13.1402 (3) | 23.430 (6) |
| $\beta\left({ }^{\circ}\right.$ ) | 104.927 (2) | 105.846 (1) | 108.010 (4) | 107.074 (1) | 98.908 (13) |
| $V\left(\AA^{\mathbf{3}}\right)$ | 10590.3 (7) | 1230.22 (9) | 2932.3 (12) | 1248.51 (5) | 3074.1 (13) |
| Z | 8 | 2 | 4 | 2 | 4 |
| Radiation type | Mo K $\alpha$ | Mo K $\alpha$ | Mo K $\alpha$ | Mo K $\alpha$ | Mo K $\alpha$ |
| $\mu\left(\mathrm{mm}^{-1}\right)$ | 0.21 | 0.07 | 0.08 | 0.08 | 0.34 |
| Crystal size (mm) | $0.6 \times 0.4 \times 0.2$ | $0.17 \times 0.17 \times 0.07$ | $0.57 \times 0.30 \times 0.11$ | $0.27 \times 0.17 \times 0.13$ | $0.37 \times 0.23 \times 0.18$ |
| Diffractometer | Bruker D8 APEX-II | Bruker D8 APEX-II | Bruker D8 APEX-II | Bruker D8 APEX-II | Bruker D8 APEX-II |
| Absorption correction | Multi-scan | Multi-scan | Multi-scan | Multi-scan | Multi-scan |
| $T_{\text {min }}, T_{\text {max }}$ | 0.691, 0.746 | 0.688, 0.746 | 0.696, 0.746 | 0.708, 0.746 | 0.697, 0.745 |
| No. of measured, independent and observed [I > 2s(I)] reflections | 141810 | 42337 | 42869 | 52824 | 98693 |
|  | 12191 | 6155 | 7267 | 7737 | 6053 |
|  | 8045 | 5064 | 4443 | 5613 | 4042 |
| $R_{\text {int }}$ | 0.102 | 0.058 | 0.046 | 0.066 | 0.035 |
| $(\sin \theta / \lambda)_{\text {max }}\left(\AA^{-1}\right)$ | 0.650 | 0.669 | 0.666 | 0.719 | 0.617 |
| $\begin{aligned} & R\left[F^{2}>2 \sigma\left(F^{2}\right)\right], \\ & w R\left(F^{2}\right), S \end{aligned}$ | 0.064, 0.158, 1.04 | 0.044, 0.102, 1.07 | 0.067, 0.188, 1.06 | 0.050, 0.125, 1.05 | 0.089, 0.296, 1.02 |
| No. of parameters | 496 | 307 | 406 | 325 | 361 |
| No. of restraints | - | 1 | 176 | 1 | - |
| H -atom treatment | Constrained | Constrained | Constrained | Constrained | Constrained |
| $\left.\Delta\rangle_{\text {max }}, \Delta\right\rangle_{\text {min }}\left(\mathrm{e} \AA^{-3}\right)$ | 0.29, -0.27 | 0.15, -0.21 | 0.45, -0.53 | 0.19, -0.24 | 1.04, -0.98 |
| CCDC No. | 2162403 | 2162400 | 2162402 | 2162401 | 2162404 |

## 9. ${ }^{31} \mathbf{P}$ (a) and ${ }^{19} \mathrm{~F}$ (b) NMR monitoring of the reaction



Fig. S3. ${ }^{19} \mathrm{~F}$ NMR monitoring of the reaction between 4,4'-difluorobenzophenone and $\operatorname{LiP}(\mathrm{TMS})_{2}$ (2). a) Full range spectra; b) zoom into the relevant region between $\delta=-105$ to -120 ppm


Fig. S4. Full range ${ }^{31} \mathrm{P}$ NMR spectra monitoring of the reaction between 4,4'-difluorobenzophenone and $\mathrm{LiP}(\mathrm{TMS}) 2$ (2). The signal indicated by * at 244.5 ppm corresponds to (E)-(4-methoxybenzylidene)(2,4,6-tri-tertbutylphenyl)phosphane which is added as a standard for quantification.

## 10. NMR spectra of isolated compounds




Fig. S5. ${ }^{1} \mathrm{H}$ NMR spectrum of (4-((8-bromooctyl)oxy)phenyl)(phenyl)methanone ( $\left.\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S6. ${ }^{13} \mathrm{C}$ NMR spectrum of (4-((8-bromooctyl)oxy)phenyl)(phenyl)methanone $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.





Fig. S7. ${ }^{1} \mathrm{H}$ NMR spectrum of (4-((10-bromodecyl)oxy)phenyl)(phenyl)methanone ( $\left.\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S8. ${ }^{13} \mathrm{C}$ NMR spectrum of (4-((10-bromodecyl)oxy)phenyl)(phenyl)methanone ( $\left.\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.



Fig. S9. ${ }^{1} \mathrm{H}$ NMR spectrum of (4-((12-bromododecyl)oxy)phenyl)(phenyl)methanone ( $\left.\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S10. ${ }^{13} \mathrm{C}$ NMR spectrum of (4-((12-bromododecyl)oxy)phenyl)(phenyl)methanone ( $\mathrm{CDCl}_{3}, 101 \mathrm{MHz}$, 300K).



Fig. S11. ${ }^{1} \mathrm{H}$ NMR spectrum of ((hexane-1,6-diylbis(oxy))bis(4,1-phenylene))bis(phenylmethanone) $\left(\mathrm{CDCl}_{3}\right.$, $400 \mathrm{MHz}, 300 \mathrm{~K}$ ).


Fig. S12. ${ }^{13} \mathrm{C}$ NMR spectrum of ((hexane-1,6-diylbis(oxy))bis(4,1-phenylene))bis(phenylmethanone) $\left(\mathrm{CDCl}_{3}\right.$, $101 \mathrm{MHz}, 300 \mathrm{~K}$ ).



Fig. S13. ${ }^{1}$ H NMR spectrum of ((octane-1,8-diylbis(oxy))bis(4,1-phenylene))bis(phenylmethanone) ( $\mathrm{CDCl}_{3}, 400$ $\mathrm{MHz}, 300 \mathrm{~K}$ ).


Fig. S14. ${ }^{13} \mathrm{C}$ APT NMR spectrum of ((octane-1,8-diylbis(oxy))bis(4,1-phenylene))bis(phenylmethanone) $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.



Fig. S1. ${ }^{1} \mathrm{H}$ NMR spectrum of ((decane-1,10-diylbis(oxy))bis(4,1-phenylene))bis(phenylmethanone) $\left(\mathrm{CDCl}_{3}\right.$, $400 \mathrm{MHz}, 300 \mathrm{~K}$ ).


Fig. S16. ${ }^{13} \mathrm{C}$ NMR spectrum of ((decane-1,10-diylbis(oxy))bis(4,1-phenylene))bis(phenylmethanone) ( $\mathrm{CDCl}_{3}$, $101 \mathrm{MHz}, 300 \mathrm{~K})$.





Fig. S17. ${ }^{1}$ H NMR spectrum of ((dodecane-1,12-diylbis(oxy))bis(4,1-phenylene))bis(phenylmethanone) $\left(\mathrm{CDCl}_{3}\right.$, $400 \mathrm{MHz}, 300 \mathrm{~K})$.


Fig. S18. ${ }^{13}$ C APT NMR spectrum of ((dodecane-1,12-diylbis(oxy))bis(4,1-phenylene))bis(phenylmethanone) $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.



Fig. S192. ${ }^{1} \mathrm{H}$ NMR spectrum of ((hexane-1,6-diylbis(oxy))bis(4,1-phenylene))bis((4-fluorophenyl)methanone) ( $\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}$ ).


Fig. S20. ${ }^{19}$ F spectrum NMR of ((hexane-1,6-diylbis(oxy))bis(4,1-phenylene))bis((4-fluorophenyl)methanone) $\left(\mathrm{CDCl}_{3}, 376 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S21. ${ }^{13}$ C spectrum NMR of ((hexane-1,6-diylbis(oxy))bis(4,1-phenylene))bis((4-fluorophenyl)methanone) ( $\left.\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.



Fig. S22. ${ }^{1}$ H NMR spectrum of ((decane-1,10-diylbis(oxy))bis(4,1-phenylene))bis((4-fluorophenyl)methanone) $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S23. ${ }^{19}$ F NMR spectrum of ((decane-1,10-diylbis(oxy))bis(4,1-phenylene))bis((4-fluorophenyl)methanone) $\left(\mathrm{CDCl}_{3}, 376 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S24. ${ }^{13} \mathrm{C}$ NMR spectrum of ((decane-1,10-diylbis(oxy))bis(4,1-phenylene))bis((4-fluorophenyl)methanone) $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.



Fig. S25. ${ }^{1} \mathrm{H}$ NMR spectrum of ((1,4-phenylenebis(oxy))bis(4,1-phenylene))bis(phenylmethanone) (DMSO, 400 $\mathrm{MHz}, 323 \mathrm{~K}$ ). The compound has extremely low solubility.


Fig. S26. ${ }^{13} \mathrm{C}$ NMR spectrum of ((1,4-phenylenebis(oxy))bis(4,1-phenylene))bis(phenylmethanone) (DMSO, 101 $\mathrm{MHz}, 323 \mathrm{~K})$. The compound has extremely low solubility.



Fig. S27. ${ }^{1} \mathrm{H}$ NMR spectrum of 1,1,2,2-tetraphenylethene $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S28. ${ }^{13} \mathrm{C}$ NMR spectrum of 1,1,2,2-tetraphenylethene $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S29. ${ }^{1} \mathrm{H}$ NMR spectrum of 1,1,2,2-tetrakis(4-fluorophenyl)ethene $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S30. ${ }^{19} \mathrm{~F}$ NMR spectrum of 1,1,2,2-tetrakis(4-fluorophenyl)ethene ( $\left.\mathrm{CDCl}_{3}, 376 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S31. ${ }^{13} \mathrm{C}$ APT NMR spectrum of 1,1,2,2-tetrakis(4-fluorophenyl)ethene $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.



Fig. S32. ${ }^{1} \mathrm{H}$ NMR spectrum of 1,1,2,2-tetrakis(4-methoxyphenyl)ethene $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S33. ${ }^{13} \mathrm{C}$ APT NMR spectrum of 1,1,2,2-tetrakis(4-methoxyphenyl)ethene $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S34. ${ }^{1} \mathrm{H}$ NMR spectrum of 9,9 '-bifluorenylidene $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S35. ${ }^{13} \mathrm{C}$ NMR spectrum of 9,9'-bifluorenylidene $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S36. ${ }^{1} \mathrm{H}$ NMR spectrum of (E-Z) 1,2-bis(4-bromophenyl)-1,2-diphenylethene $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S37. ${ }^{13} \mathrm{C}$ APT NMR spectrum of ( $\mathrm{E}-\mathrm{Z}$ ) 1,2-bis(4-bromophenyl)-1,2-diphenylethene ( $\mathrm{CDCl}_{3}, 101 \mathrm{MHz}$, 300K).



Fig. S 38. ${ }^{1} \mathrm{H}$ NMR spectrum of (E-Z) 1,2-bis(4-methoxyphenyl)-1,2-diphenylethene ( $\left.\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S39. ${ }^{13} \mathrm{C}$ APT NMR spectrum of (E-Z) 1,2-bis(4-methoxyphenyl)-1,2-diphenylethene $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}\right.$, 300K).











Fig. S 40. ${ }^{1} \mathrm{H}$ NMR spectrum of (E-Z) 1,2-bis(4-((8-bromooctyl)oxy)phenyl)-1,2-diphenylethene ( $\mathrm{CDCl}_{3}, 400$ $\mathrm{MHz}, 300 \mathrm{~K}$ ).


Fig. S41. ${ }^{13} \mathrm{C}$ NMR spectrum of (E-Z) 1,2-bis(4-((8-bromooctyl)oxy)phenyl)-1,2-diphenylethene ( $\mathrm{CDCl}_{3}, 101$ $\mathrm{MHz}, 300 \mathrm{~K}$ ).



Fig. S42. ${ }^{1} \mathrm{H}$ NMR spectrum of (E-Z) 1,2-bis(4-((10-bromodecyl)oxy)phenyl)-1,2-diphenylethene ( $\mathrm{CDCl}_{3}, 400$ $\mathrm{MHz}, 300 \mathrm{~K}$ ).


Fig. S43. ${ }^{13} \mathrm{C}$ NMR spectrum of (E-Z) 1,2-bis(4-((10-bromodecyl)oxy)phenyl)-1,2-diphenylethene ( $\mathrm{CDCl}_{3}, 101$ $\mathrm{MHz}, 300 \mathrm{~K}$ ).


Fig. S 44. ${ }^{1} \mathrm{H}$ NMR spectrum of (E-Z) 1,2-bis(4-((12-bromododecyl)oxy)phenyl)-1,2-diphenylethene ( $\mathrm{CDCl}_{3}$, $400 \mathrm{MHz}, 300 \mathrm{~K}$ ).


Fig. S45. ${ }^{13} \mathrm{C}$ APT NMR spectrum of (E-Z) 1,2-bis(4-((12-bromododecyl)oxy)phenyl)-1,2-diphenylethene $\left(\mathrm{CDCl}_{3}, 100 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S46. ${ }^{1} \mathrm{H}$ NMR spectrum of (Z)-2,3-diphenyl-5,12-dioxa-1,4(1,4)-dibenzenacyclododecaphan-2-ene ( $\mathrm{CDCl}_{3}$, $400 \mathrm{MHz}, 300 \mathrm{~K}$ ).


Fig. S47. ${ }^{13}$ C APT NMR spectrum of (Z)-2,3-diphenyl-5,12-dioxa-1,4(1,4)-dibenzenacyclododecaphan-2-ene $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S48. ${ }^{1}$ H NMR spectrum of (Z)-2,3-diphenyl-5,14-dioxa-1,4(1,4)-dibenzenacyclotetradecaphan-2-ene $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S49. ${ }^{13} \mathrm{C}$ NMR spectrum of (Z)-2,3-diphenyl-5,14-dioxa-1,4(1,4)-dibenzenacyclotetradecaphan-2-ene $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S50. ${ }^{1} \mathrm{H}$ NMR spectrum of (Z)-2,3-diphenyl-5,16-dioxa-1,4(1,4)-dibenzenacyclohexadecaphan-2-ene $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S51. ${ }^{13} \mathrm{C}$ NMR spectrum of (Z)-2,3-diphenyl-5,16-dioxa-1,4(1,4)-dibenzenacyclohexadecaphan-2-ene $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S52. ${ }^{1} \mathrm{H}$ NMR spectrum of (Z)-2,3-diphenyl-5,18-dioxa-1,4(1,4)-dibenzenacyclooctadecaphan-2-ene $\left(\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S53. ${ }^{13} \mathrm{C}$ NMR spectrum of (Z)-2,3-diphenyl-5,18-dioxa-1,4(1,4)-dibenzenacyclooctadecaphan-2-ene $\left(\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S54. ${ }^{1} \mathrm{H}$ NMR spectrum of (Z)-2,3-bis(4-fluorophenyl)-5,12-dioxa-1,4(1,4)-dibenzenacyclododecaphan-2ene ( $\left.\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S55. ${ }^{19}$ F NMR spectrum of (Z)-2,3-bis(4-fluorophenyl)-5,12-dioxa-1,4(1,4)-dibenzenacyclododecaphan-2ene ( $\mathrm{CDCl}_{3}, 376 \mathrm{MHz}, 300 \mathrm{~K}$ ).


Fig. S56. ${ }^{13}$ C NMR spectrum of (Z)-2,3-bis(4-fluorophenyl)-5,12-dioxa-1,4(1,4)-dibenzenacyclododecaphan-2ene ( $\left.\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.



Fig. S57. ${ }^{1} \mathrm{H}$ NMR spectrum of (2Z,14Z)-2,3,14,15-tetrakis(4-fluorophenyl)-5,12,17,24-tetraoxa-1,4,13,16(1,4)-tetrabenzenacyclotetracosaphane-2,14-diene ( $\left.\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S58. ${ }^{19}$ F NMR spectrum of (E)-2,3-bis(4-fluorophenyl)-5,12-dioxa-1,4(1,4)-dibenzenacyclododecaphan-2ene ( $\mathrm{CDCl}_{3}, 376 \mathrm{MHz}, 300 \mathrm{~K}$ ).


Fig. S59. ${ }^{13}$ C NMR spectrum of (E)-2,3-bis(4-fluorophenyl)-5,12-dioxa-1,4(1,4)-dibenzenacyclododecaphan-2ene ( $\left.\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S60. ${ }^{1} \mathrm{H}$ NMR spectrum of (Z)-2,3-bis(4-fluorophenyl)-5,16-dioxa-1,4(1,4)-dibenzenacyclohexadecaphan-2ene ( $\mathrm{CDCl}_{3}, 400 \mathrm{MHz}, 300 \mathrm{~K}$ ).


Fig. S61. ${ }^{19}$ F NMR spectrum of (Z)-2,3-bis(4-fluorophenyl)-5,16-dioxa-1,4(1,4)-dibenzenacyclohexadecaphan-2-ene ( $\left.\mathrm{CDCl}_{3}, 376 \mathrm{MHz}, 300 \mathrm{~K}\right)$.


Fig. S62. ${ }^{13}$ C NMR spectrum of (Z)-2,3-bis(4-fluorophenyl)-5,16-dioxa-1,4(1,4)-dibenzenacyclohexadecaphan-2-ene ( $\left.\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}\right)$.





Fig. S63. ${ }^{1} \mathrm{H}$ NMR spectrum of (Z)-8,9-diphenyl-2,6-dioxa-1,4,7(1,4)-tribenzenacyclononaphan-8-ene ( $\mathrm{CDCl}_{3}$, $400 \mathrm{MHz}, 300 \mathrm{~K}$ ).


Fig. S64. ${ }^{13}$ C APT NMR spectrum of (Z)-8,9-diphenyl-2,6-dioxa-1,4,7(1,4)-tribenzenacyclononaphan-8-ene ( $\mathrm{CDCl}_{3}, 101 \mathrm{MHz}, 300 \mathrm{~K}$ ).


[^0]:    [*] Dr. Anna Arkhypchuk, Dr. Nicolas D'Imperio, Dr. Jordann Wells, Prof. Dr. Sascha Ott
    Department of Chemistry - Ångström Laboratory
    Uppsala University
    Box 523, 75120 Uppsala, Sweden
    E-mail: Sascha.ott@kemi.uu.se

