## Supporting information

## Elastoplastic behavior of anisotropic, physically crosslinked hydrogel networks comprising stiff, charged fibrils in an electrolyte

Rebecca Östmans,<sup>1, 2, +</sup> Maria F. Cortes Ruiz,<sup>1, 2, +</sup> Jowan Rostami,<sup>1</sup> Farhiya Alex Sellman,<sup>1, 2</sup> Lars Wågberg,<sup>1, 2</sup> Stefan B. Lindström<sup>3</sup> and Tobias Benselfelt,<sup>1, 4, \*</sup>

<sup>1</sup> Department of Fibre and Polymer Technology, Division of Fibre Technology, KTH Royal Institute of Technology, 100 44 Stockholm, Sweden.

<sup>2</sup> Wallenberg Wood Science Center, 100 44 Stockholm, Sweden

<sup>3</sup> FSCN Research Center, Mid Sweden University, 851 70 Sundsvall, Sweden

<sup>4</sup> School of Materials Science and Engineering, Nanyang Technological University, 639798 Singapore

<sup>+</sup> These authors contributed equally to this work

\* Correspondence to: bense@kth.se or gustaftobias.b@ntu.edu.sg



Fig. S1. Length distribution for a) CM-long, b) CM-short, c) Cat-long, and d) Holo CNFs.



Fig. S2. Width distribution for a) CM-long, b) CM-short, c) Cat-long, and d) Holo CNFs.



**Fig. S3.** Hypothetical mechanism for Holo-CNF interfaces by entanglement, interdiffusion, and redistribution of charges to dissipate repulsion.



**Fig. S4.** Plate pressure (*P*) as a function of compressive strain for a) CM-short, b) Cat-long, and c) Holo CNFs.

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Table	SL.	Steps	and	relaxation	time	during	compression	measurements.
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STEP	COMPRESSION	RELAXATION
	RATE (µm/s)	TIME (min)
1	0.3	20
2	0.3	20
3	0.3	20
4	0.3	20
5	0.2	20
6	0.2	20
7	0.2	40
8	0.1	40
9	0.1	60
10	0.1	60