## Supporting information

## Tough, anti-drying and thermoplastic hydrogels consisting of biofriendly resources for wide linear range and fast response strain sensor

Cuiwen Liu,<sup>a</sup> Ru Zhang,<sup>a</sup> Yao Wang,<sup>a</sup> Jinqing Qu,<sup>b</sup> Jingtao Huang,<sup>a</sup> Mengting Mo,<sup>a</sup> Ning Qing,<sup>a</sup> Liuyan Tang<sup>a,\*</sup>

<sup>a</sup> School of Biotechnology and Health Sciences, Wuyi University, Jiangmen, 529020, China

<sup>b</sup> School of Chemistry and Chemical Engineering, South China University of Technology,

Guangzhou 510640, China

\*Corresponding author:

E-mails: wyuchemtangly@126.com (Liuyan Tang)

Sample	PVA (g)	CS (g)	PA (mL)	H <sub>2</sub> O (mL)
PVA-CS-2PA-3	1.40	0.28	2	3
PVA-CS-3PA-2	1.40	0.28	3	2
PVA-CS-4PA-1	1.40	0.28	4	1

 Table S1. Compositions of PVA-CS-PA hydrogels.



Fig. S1. FTIR spectra of the PVA powder, CS powder and PVA-CS-3PA-2 hydrogel.



Fig. S2. XRD spectra of the PVA powder and the PVA-CS-3PA-2 hydrogel.

**(a)** 



**Fig. S3.** (a) Biodegradation images of PVA-CS-3PA-2 hydrogels. (b) Degradation degree of the PVA-CS-3PA-2 hydrogel in soil.



Fig. S4. SEM images of PVA-CS-3PA-2 hydrogel.



**Fig. S5.** The conductivity of PVA-CS-PA hydrogels with different volume ratios of PA: H<sub>2</sub>O.



**Fig. S6.** The real resistance of PVA-CS-3PA-2 hydrogel sensor response time and recovery time at 10% strain.



**Fig. S7.** Relative resistance changes of PVA-CS-3PA-2 hydrogel sensors under 100 % strain at various stretching rate.



**Fig. S8.** Relative real-time resistance signals of the hydrogel sensor in response to human motions, including (a) wrist bending, and (b) slow walking.



Fig. S9. Variation of viscosity of PVA-CS-3PA-2 hydrogel as a function of shear rate under a strain of 1.25% at 70  $^{\circ}$ C.



**Fig. S10.** FTIR spectra of the PVA-CS-3PA-2, PVA-CS-3PA-2R, and PVA-CS-3PA-2F hydrogels.



**Fig. S11.** XRD spectra of the PVA-CS-3PA-2, PVA-CS-3PA-2R, and PVA-CS-3PA-2F hydrogels.



**Fig. S12.** The conductivity of the PVA-CS-3PA-2, PVA-CS-3PA-2R, and PVA-CS-3PA-2F hydrogels.



Fig. S13. SEM images of PVA-CS-3PA-2R hydrogel.



Fig. S14. SEM images of PVA-CS-3PA-2F hydrogel.



**Fig. S15.** Relative real-time resistance signals of PVA-CS-3PA-2R and PVA-CS-3PA-2F hydrogel-based strain sensors during (a-b) elbow bending and (c-d) running.



Fig. S16. SEM images of PVA-CS-3PA-2 hydrogel after being stored for 35 days.



**Fig. S17**. The conductivity of PVA-CS-3PA-2 hydrogel before and after being stored for 35 days at 25 °C.



**Fig. S18.** The tensile stress-strain curves of PVA-CS-3PA-2 hydrogel before and after being stored for 35 days at 25 °C.



**Fig. S19**. The fracture energy of PVA-CS-3PA-2 hydrogel before and after being stored for 35 days at 25 °C.



Fig. S20. The compressive stress-strain curves of PVA-CS-3PA-2 hydrogel before and after being stored for 35 days at 25  $^{\circ}$ C.



**Fig. S21.** Relative resistance changes of PVA-CS-3PA-2 hydrogel sensor under various relative humidity.



**Fig. S22.** Relative real-time resistance signals of the hydrogel sensor after 35 days storage in response to human motions, including (a) wrist bending, (b) elbow bending, (c) walking and (d) running.

Materials	Strain sensing range (%)	Gauge factor	Response time (ms)/Strain (%)		Ref.
PGA hydrogel	0-100	2.14	NA		1
PVA/EMImAc/H <sub>2</sub> O/Mg(II)	0-60,	2.61	NA		2
hydrogel	60-120	1.69			2
	5-50,	1.27	NA		
	50-300,	1.73			3
VP/PP/ZP/Al <sup>3+</sup> hydrogel	300-500,	2.46			5
	500-700	3.07			
	0-200,	1.07	NA		
SSS-[BMIM]Cl hydrogel	200-500,	1.28			4
	500-800	1.76			
	0-500,	1.17	NA		5
PGB-LCNF@GP hydrogel	500-1000	3.24			
PVA/PA/NH <sub>2</sub> -POSS hydrogel	0-125	3.44	220	NA	6
	0-100,	0.96	-		7
PVA-CNF organohydrogel	100-300	1.57	130	NA	1
SICH hydrogel	0-300	1.1	80	200	8
	0-30,	0.55	-		
PAAm-Ferritin hybrid hydrogel	30-150,	1.94	470	NA	9
	150-300	2.06			
PNA/PVP/TA/F <sup>3+</sup> hydrogel	0-300	3.61	265	NA	10
TA@HAP NWs-PVA(W/EG) hydrogel	0-350	2.84	51	50	11
	0-200,	1.128	-		
PAC-Zn organohydrogel	200-400	1.486	200	1	12
	300-500	6.56	_		
PCP-8 hydrogel	0-600	0.9	310	50	13
PGBC-B organohydrogel	0-700	2.07	250	1	14
	0-65,	0.57	-		
CNC/PAA hydrogel	65-470,	1.03	290	NA	15
	470-850	1.65			
PVA-CS-3PA-2 hydrogel	0-900	1.77 (2.6 after being remolded)	50	10	This work

**Table S2.** A comparison on the strain sensing range, gauge factor and responsetime of this work with other hydrogel-based strain sensors.

\*NA = not available

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