

Water extract of Goji berries improves neuroinflammation induced by high-fat high-fructose diet based on bile acid-mediated gut-brain axis pathway

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Supplementary Materials and methods

BAs analysis

The cortex, hippocampus and liver were collected and immediately frozen in chilled on dry ice. Samples were stored at -80°C until analysis. BAs in serum, liver, and brain were measured according to previously reported methods with slight modifications.^{1,2} Briefly, an aliquot of 100 μL of plasma was mixed with 200 μL acetonitrile (LC-MS grade), which contained internal standard (CA-d4, GCDCA-d4 and DCA-d4). Intestinal content, cortex, hippocampus, and liver samples were homogenized and extracted in acetonitrile containing deuterated internal standards (CA-d4, GCDCA-d4 and DCA-d4). Then the supernatant was collected by centrifugation at 12000 rpm and 4°C for 20 min. The solvent of the supernatant is evaporated by termovap sample concentrator. The dried powder was reconstituted with 100 μL pure acetonitrile and filtered through a 0.45 μm membrane. Bile acids were then analyzed by UPLC-MS/MS (Sciex Triple Quad 5500 LC-MS/MS, USA).

References

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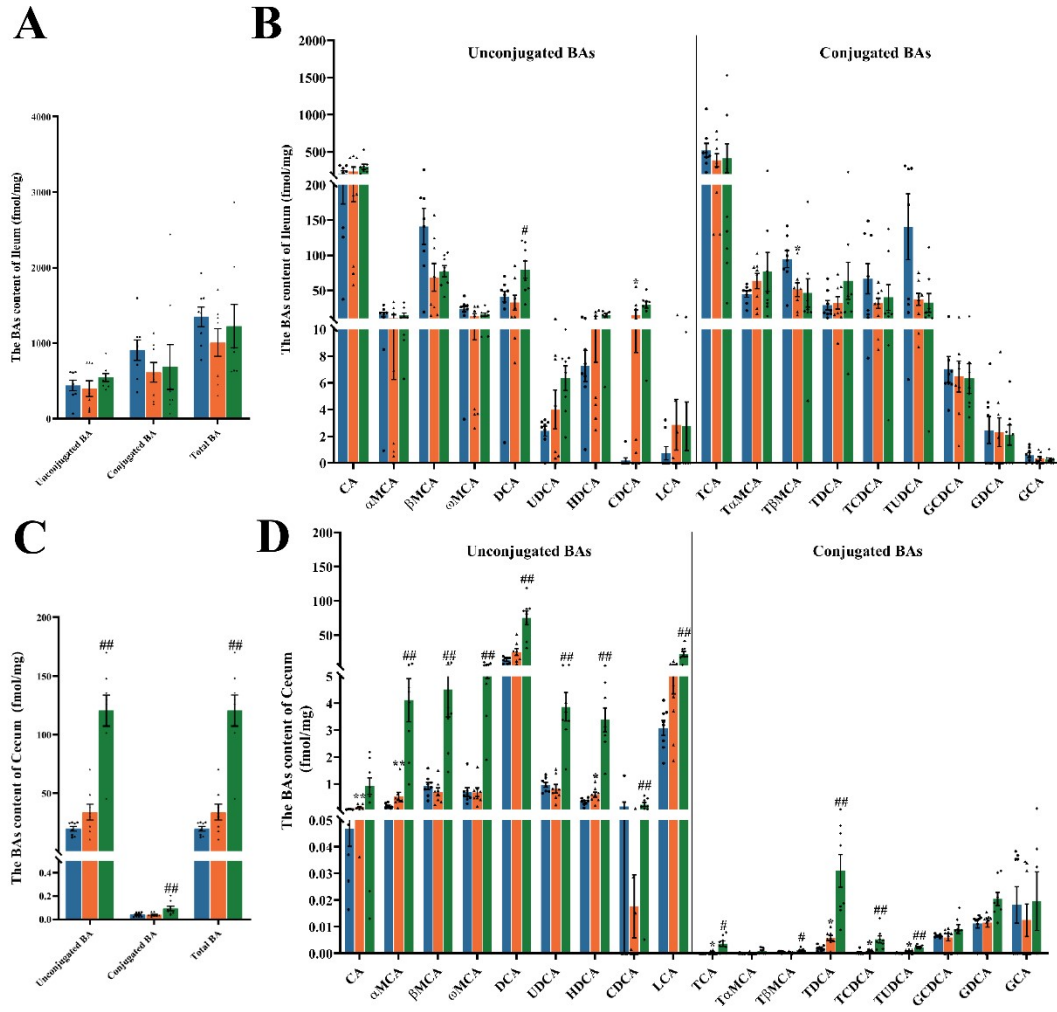


Fig. S1. Effects of LBE on ileum and cecum bile acid levels. (A) Effects of LBE on total feces BA levels (n = 8). (H) Feces BA classes and BA profile of mice after LBE intervention (n = 8). Data are presented as mean ± SEM, n = 8. * $p < 0.05$, ** $p < 0.01$ compared to the NC group, # $p < 0.05$, ## $p < 0.01$ compared to the HFFD group.

Table S1 Primer sequences utilized in the RT-qPCR Experiments

| Target gene | Primer Sequence (5'-3') |
|--------------------|---|
| TNF- α | FW: CTCATGCACCACCATCAAGG RV: ACCTGACCACTCTCCCTTTG |
| IL-1 β | FW: AGCTTCAAATCTCGCAGCAG RV: TCTCCACAGCCACAATGAGT |
| IL-6 | FW: CTCTGGCGGAGCTATTGAGA RV: AAGTCTCCTGCGTGGAGAAA |
| PSD-95 | FW: TCTGTGCGAGAGGTAGCAGA RV: AAGCACTCCGTGAACTCCTG |
| CYP7A1 | FW: AGCAACTAAACAACCTGCCAGTACTA RV: GTCCGGATATTCAAGGATGCA |
| CYP27A1 | FW: GCCTCACCTATGGGATCTTCA RV: TCAAAGCCTGACGCAGATG |
| FXR | FW: AGGAGCCCCTGCTTGATGT RV: GCGGGTTCTCAGGCTGGTA |
| FGFR4 | FW: GGCTCCATGACCGTCGTACA RV: ATGACCACTCGAGGAGCTGC |
| SHP | FW: AGGGTAGAGGCCATGAGGAG RV: ACGATCCTCTTCAACCCAGA |
| ZO-1 | FW: TGAGTGCGTTTCTCTCCCTT RV: CCCTCTGTGTTCCCTCATGGT |
| Occludin | FW: AGCACTTAACCTGCCTGGAT RV: AGCCTGTGGAAGCAAGAGAT |
| Claudin-1 | FW: AGCTGCCTGTTCCATGTACT RV: CTCCCATTTGTCTGCTGCTC |
| GAPDH | FW: GGACTTACAGAGGTCCGCTT RV: CTATAGGGCCTGGGTCAGTG |