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Fejes, Lutnik, et al., Neubauer | Nitrate and vascular function in hypertensive older adults

Supplemental Table 1. Absolute forearm blood flow (FBF) (ml·min⁻¹·100 ml⁻¹) of the interventional- and control arm during intra-arterial saline infusion before (PRE), and 3 hours (3H POST) and 4 weeks (4WK POST) after the interventions with nitrate-rich (Nitrate) or nitrate-depleted (Placebo) beetroot juice.

Nitrate						
	Basal FBF prior to acetylcholine infusion		Basal FBF prior to glyceryltrinitrate infusion			
	Interventional arm	Control arm	Interventional arm	Control arm		
PRE	5.7 ± 1.1	6.1 ± 1.2	5.6 ± 1.4	5.8 ± 1.9		
3H POST	4.4 ± 1.2	4.9 ± 1.1	4.3 ± 1.2	4.6 ± 1.0		
4WK POST	6.1 ± 1.0	7.3 ± 1.7	5.5 ± 1.1	5.9 ± 1.6		
		Placebo				

Flacebo						
	Basal FBF prior to acetylcholine infusion		Basal FBF prior to glyceryltrinitrate infusion			
	Interventional arm	Control arm	Interventional arm	Control arm		
PRE	5.9 ± 1.1	6.3 ± 1.3	5.7 ± 1.2	6.3 ± 1.3		
3H POST	5.1 ± 0.9	5.6 ± 1.1	5.1 ± 1.2	5.4 ± 1.0		
4WK POST	5.9 ± 1.2	7.2 ± 1.9	5.8 ± 1.1	6.9 ± 2.3		

Values are mean \pm 95% confidence interval. Data were compared using a repeated-measures linear mixed-model.