

1 Supplementary data

A

Isoflavones	Yak-kong powder (mg/100g)	FYK (mg/100g)
Genistin	49.08	-
Daidzin	27.83	-
Glycitin	4.05	-
Genistein	1.95	10.85
Daidzein	-	14.45
Glycitein	0.72	2.25

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3 **Supplementary table 1.** The change in the content of isoflavone glycosides and aglycones
4 before and after fermentation. (A) The increased isoflavone aglycone (Genistein, Daidzein,
5 Glycitein) content after fermentation.

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