

**Electronic Supplementary Information for**

**High sensitivity and automatic chemiluminescence  
detection of glucose and lactate using a spin-disc  
paper-based device**

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## **2. Materials and methods**

### **2.1 Chemicals and materials**

The D- (+)-glucose and sodium L-lactate were purchased from Sigma Aldrich (St. Louis, USA). The luminol, p-iodophenol (PIP), phosphate buffer solution (PBS, 1X, pH7.2-7.4), Tris-HCl buffer solution (TBS) (1.0M, pH9.0), horseradish peroxidase (HRP) and glucose oxidase (GO<sub>x</sub>) were bought from Shanghai Macklin Biochemical Co., Ltd. (Shanghai, China). The hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), Hydrochloric acid (HCl), and Sodium hydroxide (NaOH) were obtained from Aladdin Reagent Co., Ltd. (Shanghai, China). The pH of the tris buffer solution (0.05-0.4mM) was adjusted to 7- 10.5 using either HCl (0.1M) or NaOH (0.4M). The lactate oxidase (LO<sub>x</sub>) was procured from Shanghai yuan ye Bio-Technology Co., Ltd. (Shanghai, China). The artificial sweat and saliva were bought from Shenzhen Zhong Wei Instrument Co., Ltd. (Shenzhen, China). The fetal bovine serum (FBS), trypsin, and Penicillin-Streptomycin Solution (100X) were acquired from Corning Corporation (New York, U.S.A). The F-12K Medium (Kaighn's Modification of Ham's F-12 Medium, X702KJ, No glucose) and PC3 prostate cancer cells were purchased from iCell Bioscience Inc. (Shanghai, China). A live/dead assay kit (Calcein AM/PI) and the filter paper (Whatman Grade 1) were obtained from Shanghai Zeye Bio-Technology Co., Ltd. (Shanghai, China) and GE Healthcare Worldwide (Shanghai, China), respectively. All reagents were of analytical grade and used without further purification. Ultrapure water was always employed for solution preparation.

## 2.2 The top and bottom paper fabrication

The wax rings with an inner/outer diameter of 6/15 mm (top paper) and 3/17 mm (bottom paper) were fabricated on filter paper to form flow barriers. The inner regions were used for loading either sample or reaction reagents. The wax rings were printed using a wax printer (Xerox Colorqube 8570), before being heated at 150°C for 3 minutes using a hot plate (ASONE, Japan). Then the PET transparent film was punched with 8 mm holes and then laminated on one side of the top paper to allow the sample region to be uncovered using a laminator (Deli 3895) at 120°C. The bottom paper was also laminated using a whole PET film at the same temperature. Then the rings of the top and bottom paper dishes were cut and respectively attached to the holes on the chip carriers and the bottom holders using double-sided tape.

### 2.3 Study of the detection conditions

The luminescence intensity of the spin-disc paper device is influenced by the substances during the chemiluminescence reaction. The glucose and lactate in the sample were oxidized to  $H_2O_2$  using glucose oxidase (GOx) and lactate oxidase (LOx), respectively. Afterward, the luminol, a readily oxidizable compound, was oxidized by  $H_2O_2$  generated by samples in the alkaline solution with enzyme (HRP) and PIP. Therefore, in this paper, the pH (7-10.5), the concentration of luminol (5-20mM), and the quantity of catalysts such as PIP (5-20mM), HRP (25-20U/mL), GO<sub>x</sub>(10-120U/mL), and LO<sub>x</sub> (10-70U/mL) were studied to acquire maximal CL signal.

To explore the impact of various pH levels (ranging from 7 to 10.5) in tris buffer solution (TBS) on luminescence intensity, we adjusted TBS (0.3 mM) using HCl (0.1 M) or NaOH (0.4 M). The probe substrates (luminol - 15.0 mM, PIP - 2.0 mM, HRP - 125 U/mL) were then prepared with different pH TBS. A pre-embedded 1  $\mu$ L substrate was placed in the bottom paper's detection zone. Subsequently, 7  $\mu$ L of the sample ( $H_2O_2$  0.1 mM) was added to the top paper's sample area. Activating the device, we monitored the fluorescence signal through a PMT, and based on signal strength, determined the optimal TBS pH.

To assess the impact of substance concentrations within the probe substrate (luminol, PIP, HRP) on luminescence intensity, the substrate was dissolved in pH 9.5 TBS at 0.3 mM. A detection sample of 7  $\mu$ L of 0.1 mM  $H_2O_2$  was used. For the effect of luminol concentration, the probe substrate in PBS included luminol (5-20 mM), PIP (2.0 mM), and HRP (125 U/mL). For PIP's effect on luminescence, the TBS probe substrate comprised luminol (10 mM), varying PIP (0-3.0 mM), and constant HRP (125 U/mL). In the case of HRP's effect, the TBS probe substrate had luminol (10 mM), PIP (2.0 mM), and HRP concentration (25-200 U/mL). After preparing the probe substrate, 1  $\mu$ L was placed in the detection area of the bottom paper. Then, 7  $\mu$ L of the sample (0.1 mM  $H_2O_2$ ) was added to the top paper's sample area. The device was run, and PMT tracked the luminescence signal. Concentrations of luminol, PIP, and HRP were chosen based on the signal strength.

Glucose (0.1 mM) and lactate (0.1 mM) were utilized as detection samples to investigate the impact of GO<sub>x</sub> and LOX concentrations on luminescence intensity. The substrate (luminol 10 mM, PIP 2.0 mM, HRP 150 U/mL) was dissolved in TBS at pH 9.5 with a concentration of 0.3 mM. GO<sub>x</sub> was prepared in PBS at concentrations ranging from 10 to 100 U/mL, while LO<sub>x</sub> was prepared at concentrations from 10 to 70 U/mL. Following this, 5 μL of enzyme solution and 1 μL of substrate were pre-embedded into the sample area of the top paper and the detection area of the bottom paper, respectively. Once the pre-embedded reagents had dried, 7 μL of the sample was introduced to the sample area of the top paper. The device was operated, and the luminescence signal was tracked using a PMT. Subsequently, the appropriate GO<sub>x</sub> and LO<sub>x</sub> concentrations were determined based on the magnitude of the generated luminescence signal.

## 2.4 Characterization of the detection capability

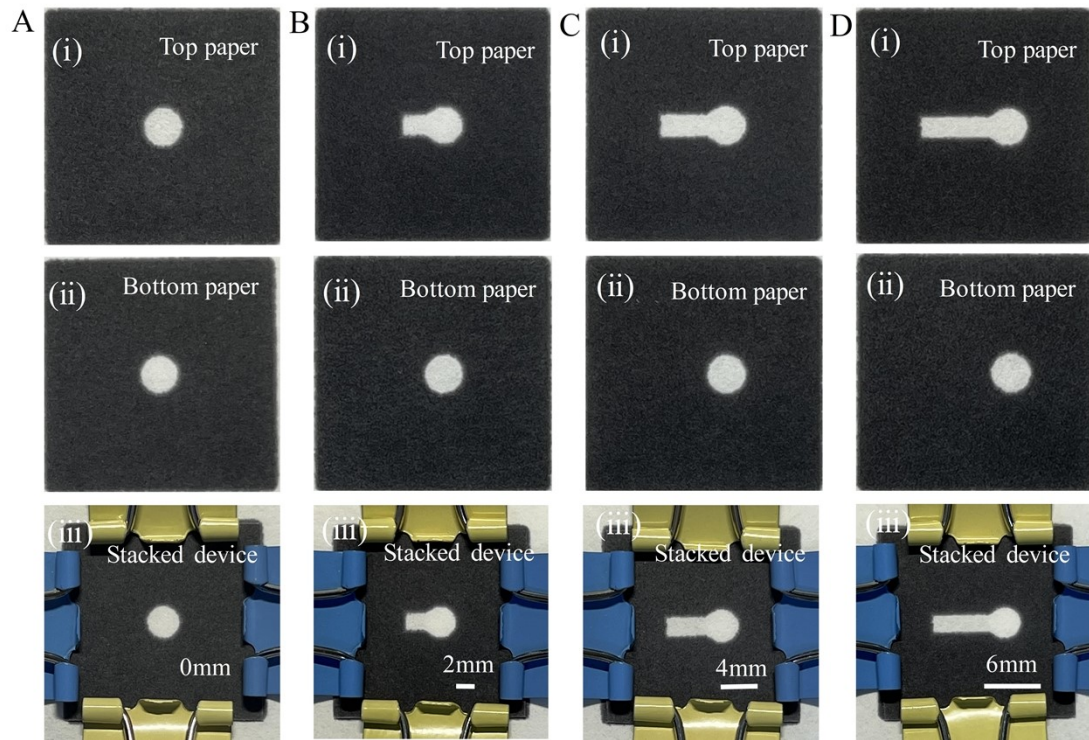


Fig. S1. The in-situ reaction device (A), and the lateral flow devices with different channel lengths (B-D).

## 2.5 Storage stability study of the reagents for CL assay

The stability of the substrate reagent was investigated since it was significant for the practical application and advancement of the devices. The substrate reagent containing luminol, PIP, and HRP was stored in a fridge at 4 °C for 20 days. One  $\mu\text{L}$  reagent containing luminol (10 mM), PIP (2.0 mM), and HRP (150 U/mL) was loaded to the detection zone of the bottom paper for the CL response of  $7\mu\text{L}$  0.1 mM  $\text{H}_2\text{O}_2$  every other day.

## 2.6 Interference study of the spin-disc device CL assay

The selectivity of the fabricated spin-disc device was further investigated by using ascorbic acid (AA), glutamate, fructose, maltose, uric acid (UA), potassium chloride (KCl), and sodium chloride (NaCl) as typical interferences. The chemiluminescent response of glucose (0.1mM), lactate (0.1mM), and the typical interferences (0.1mM) were tested, respectively.



### 3. Results and discussion

#### 3.1 Study of the detection conditions

Luminol and H<sub>2</sub>O<sub>2</sub>-mediated chemiluminescence (CL) reactions exhibit enhanced efficacy in alkaline environments. Consequently, a comprehensive examination of the influence of CL reagent pH becomes imperative. Fig. S2. A (black line) suggested that CL drastically augmented and decreased as the pH increased from 7 to 9.5 and from 9.5 to 10.5, respectively. The low CL intensity was related to the limited dissolving of luminol at a pH lower than 8<sup>[1]</sup>. Fig. S2. A (red line) revealed that the CL did not significantly vary when the luminol concentration increased from 5 to 10 mM (P=0.075). However, it drastically decreased by 53% as the concentration of luminol further raised from 10 to 20 mM. This phenomenon might be related to the self-quenching effect, which was more pronounced when the luminol concentration was higher<sup>[2]</sup>. Moreover, the PIP was added to the detection region as the signal enhancer<sup>[3]</sup>. The black curve in Fig. S2. B indicated that the CL intensity increased to the maximum at the PIP concentration of 2.0mM and then dramatically decreased with the increase of PIP concentration. The decrease in CL intensity at higher PIP concentration was reported as a result of the increase in non-radiative transition leading to a decrease in luminescence intensity<sup>[4]</sup>. Lastly, CL intensity increased as the raise of HRP concentration and reached a maximum at the concentration of 150 U/mL (see Fig. S2. B red line).

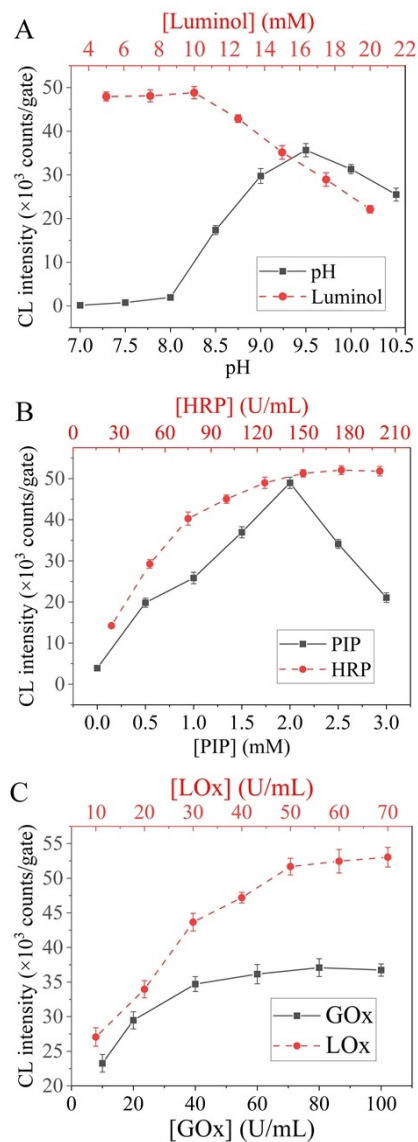


Fig. S2. The study of detection conditions. The influence of (A) the pH of TBS, and the luminol concentration, (B) the concentration of PIP and HRP, (C) the concentration of GOx and LOx on the CL intensity.

The optimal concentration of GOx and LOx was also studied to obtain maximal CL intensity. The CL intensity gradually increased as the GOx concentration increased to 60 U/mL and became constant at larger GOx concentrations (see Fig. S2. C (black line)). Similarly, CL intensity increased to the maximum when the LOx concentration was 50 U/mL and dropped as the concentration raised further (Fig. S2. C (red line)). Therefore, the concentration of 60 U/mL and 50 U/mL was employed for GOx and LOx, respectively.

### 3.2 Storage stability of the detection reagents

The stability of detection reagents is crucial for their practical application and further development. In this study, the stability was evaluated by monitoring the CL response of detection using the reagents for 20 days, as demonstrated in Fig. S3. The paper chips were stored at room temperature and covered to prevent any potential interference when not in use. The results revealed that the CL intensity only varied slightly in 20 days, as illustrated in Figure S3. Specifically, after 10 and 20 days, the device maintained 98.9% and 94.9% of its initial response, respectively ( $P > 0.05$ ). These findings indicate that the device exhibited excellent storage stability and may be suitable for long-distance transportation to remote areas.

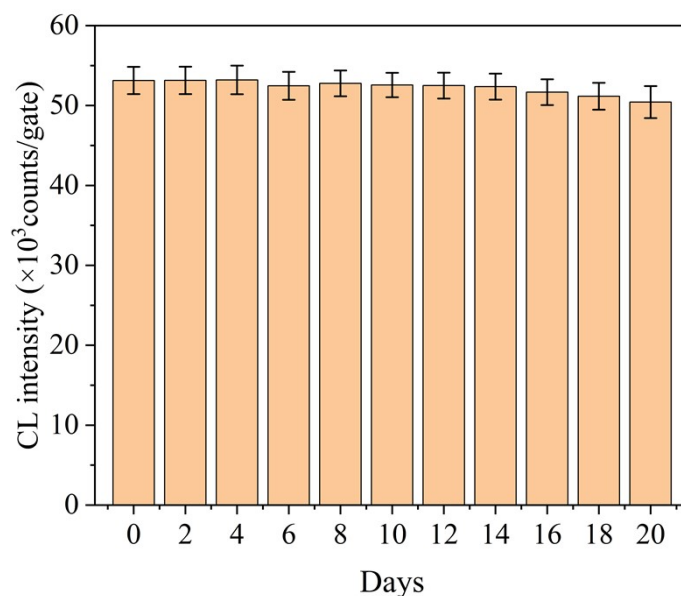


Fig. S3. Storage stability of the reagents for the determination of  $H_2O_2$ . Assay conditions: PBS (1X, pH 7.2-7.4), TBS (pH 9.5, 0.3 mM), [luminol]-10.0 mM, [PIP]-2.0 mM, [HRP]-150 U/mL, [ $H_2O_2$ ]-0.1mM, [incubation time]-5 min,  $H_2O_2$ /Substrate solution volume-7 $\mu$ L/1 $\mu$ L. Error bars indicate the standard deviation of 3 independent measurements.

### 3.3 Selectivity of the spin-disc device CL assay

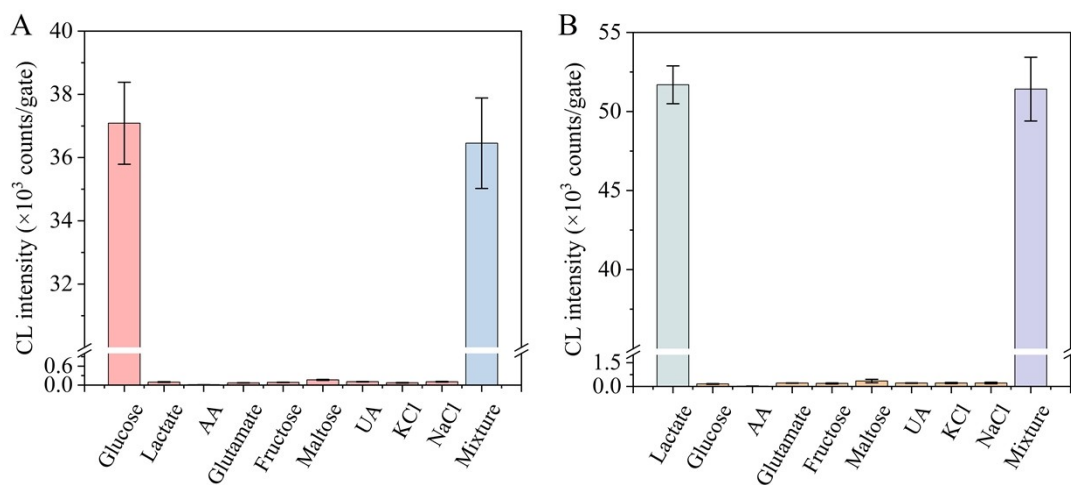


Fig. S4. Interference study of the spin-disc device. The CL intensity was measured in the presence of glucose (A), lactate (B), and various compounds including 0.1mM glucose, lactate, ascorbic acid (AA), glutamate, fructose, maltose, uric acid (UA), potassium chloride (KCl), sodium chloride (NaCl), and a mixture of glucose, lactate, and interferences. Error bars indicate the standard deviation of 3 independent measurements.

### 3.4 Detection of glucose and lactate

Table S1. The quantity and concentration of the various reagents

<b>Sample</b>	<b>Sample volume</b>	<b>Substrate solution</b>	<b>Substrate volume</b>	<b>Enzyme solution</b>	<b>Enzyme volume</b>
PBS	7 $\mu$ L	Luminol-10mM		GO <sub>x</sub> -60	
Sweat	7 $\mu$ L (glucose)/0.5 $\mu$ L (lactate)	PIP-2mM	1 $\mu$ L	U/mL or	5 $\mu$ L
Saliva	7 $\mu$ L	HRP-150 U/mL		LO <sub>x</sub> -50	
Cell media	1 $\mu$ L			U/mL	

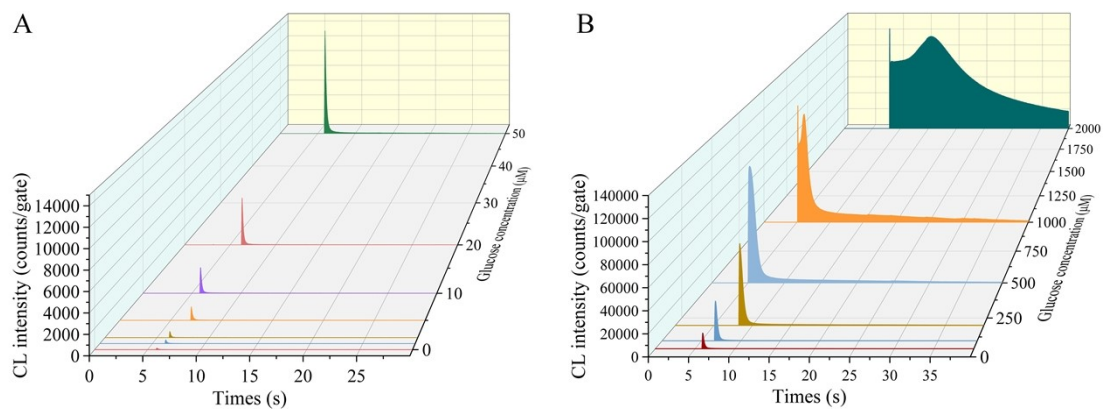


Fig. S5. Assays of glucose using the spin-disc paper devices. (A) The CL intensity over time for glucose concentrations from 0-50  $\mu\text{M}$ . (B) The CL intensity over time for glucose concentrations from 50-2000  $\mu\text{M}$ .

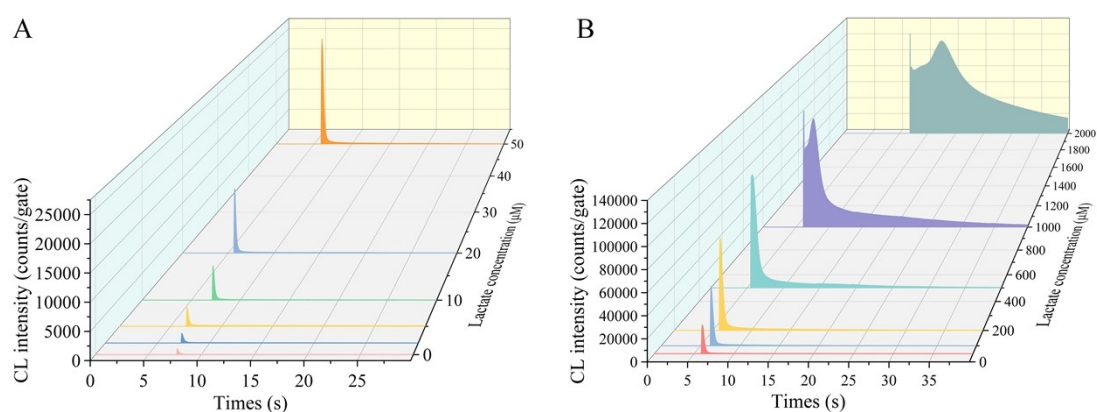


Fig. S6. Assays of lactate using the spin-disc paper devices. (A) The CL intensity over time for lactate concentrations from 0-50  $\mu\text{M}$ . (B) The CL intensity over time for lactate concentrations from 50-2000  $\mu\text{M}$ .

Table S2. The linear regression models for glucose and lactate determination in various samples

Sample	Target	Range ( $\mu\text{M}$ )	Linear regression models	R <sup>2</sup>
PBS	Glucose	1.0-50	$y=0.24C_g+0.11$	0.997
		50-1000	$y=89.24\log C_g-138.60$	0.993
	lactate	2.0-50	$y=0.49C_l+0.96$	0.987
		50-1000	$y=76.88\log C_l-100.51$	0.981
Artificial sweat	Glucose	2.0-100	$y=0.094C_{gsw}+0.13$	0.991
		100-1500	$y=97.11\log C_{gsw}-182.63$	0.993
	lactate	30-1000	$y=0.023C_{lsw}+0.21$	0.959
		1000-20000	$y=74.79\log C_{lsw}-195.66$	0.981
Artificial saliva	Glucose	1.0-50	$y=0.17C_{gsa}+0.12$	0.967
		50-1000	$y=86.49\log C_{gsa}-138.4$	0.996
	lactate	2.0-50	$y=0.53C_{lsa}+0.71$	0.989
		50-1000	$y=71.51\log C_{lsa}-91.91$	0.993
Cell culture media	Glucose	20-500	$y=15C_{gf12k}+0.3$	0.995
		500-10000	$y=93.8\log C_{gf12k}+36.4$	0.996
	lactate	20-500	$y=36.5C_{lf12k}+1.06$	0.998
		500-10000	$y=87\log C_{lf12k}+46.9$	0.992

Table S3. Chemiluminescence microfluidic devices for the detection of glucose and lactate

<b>No.</b>	<b>Metabolites</b>	<b>Method</b>	<b>Sample volume (μL)</b>	<b>Detection range (μM)</b>	<b>Limit of detection (μM)</b>	<b>Author</b>
1	glucose	3D-printed chip	50	50-10000	20	[5]
2	glucose	μPADs	10	0-250	10	[6]
3	glucose	μPADs	2	10–1000	8	[7]
4	glucose	Cloth-CL	15	10–10000	9.74	[8]
5	glucose	Cloth-CL	10	100-100000	94.8	[4]
6	glucose	μPADs	30	420-50000	140	[9]
<b>7</b>	<b>glucose</b>	<b>μPADs</b>	<b>7</b>	<b>1.0-1000</b>	<b>0.34</b>	<b>This work</b>
1	lactate	μPADs	2	20–5000	15	[7]
2	lactate	3D-printed chip	15	100–20000	100	[10]
<b>3</b>	<b>lactate</b>	<b>μPADs</b>	<b>7</b>	<b>2.0-1000</b>	<b>0.3</b>	<b>This work</b>



Table S4. The  $\mu$ PADs for glucose and lactate detection in sweat

NO.	Target	Range ( $\mu$ M)	LOD ( $\mu$ M)	Method	Author
1	glucose	20-3800	0.0096	electrochemical	[11]
2	glucose	80-1250	17.05	electrochemical	[12]
3	glucose	500-2000	5.0	electrochemical	[13]
4	glucose	10-250	-	Optical	[14]
5	glucose	10-5000	4.0	Optical	[15]
6	glucose	200-2000	46	Optical	[16]
7	glucose	100-800	44	Optical	[17]
8	glucose	10-125	-	Optical	[18]
<b>9</b>	<b>glucose</b>	<b>2.0-100/100-1500</b>	<b>0.37</b>	<b>Optical</b>	<b>This work</b>
1	lactate	1000-50000	0.02	electrochemical	[11]
2	lactate	300-20300	3.73	electrochemical	[12]
3	lactate	2000-25000	-	Optical	[14]
4	lactate	5000-30000	1580	Optical	[16]
5	lactate	100-1000	69	Optical	[17]
6	lactate	5000-20000	-	Optical	[18]
7	lactate	10000-30000	60	Optical	[19]
<b>8</b>	<b>lactate</b>	<b>30-1000/1000-20000</b>	<b>13.30</b>	<b>Optical</b>	<b>This work</b>

Table S5. The  $\mu$ PADs for glucose and lactate detection in saliva

NO.	Target	Range ( $\mu$ M)	LOD ( $\mu$ M)	Method	Author
1	glucose	20-270	-	electrochemical	[20]
2	glucose	28-850	-	electrochemical	[21]
3	glucose	55.6-888.89	20.56	Optical	[22]
4	glucose	5-50	2.6	Optical	[23]
	lactate	2.5-20	0.814		
5	glucose	100-10000	47	Optical	[24]
6	glucose	0-1000	29.65	Optical	[25]
7	glucose	0-2000	27	Optical	[26]
<b>8</b>	<b>glucose</b>	<b>1-50/50-1000</b>	<b>0.3</b>	<b>Optical</b>	<b>This work</b>
	<b>lactate</b>	<b>2-50/50-1000</b>	<b>0.45</b>		

### 3.5 Detection of cell metabolites

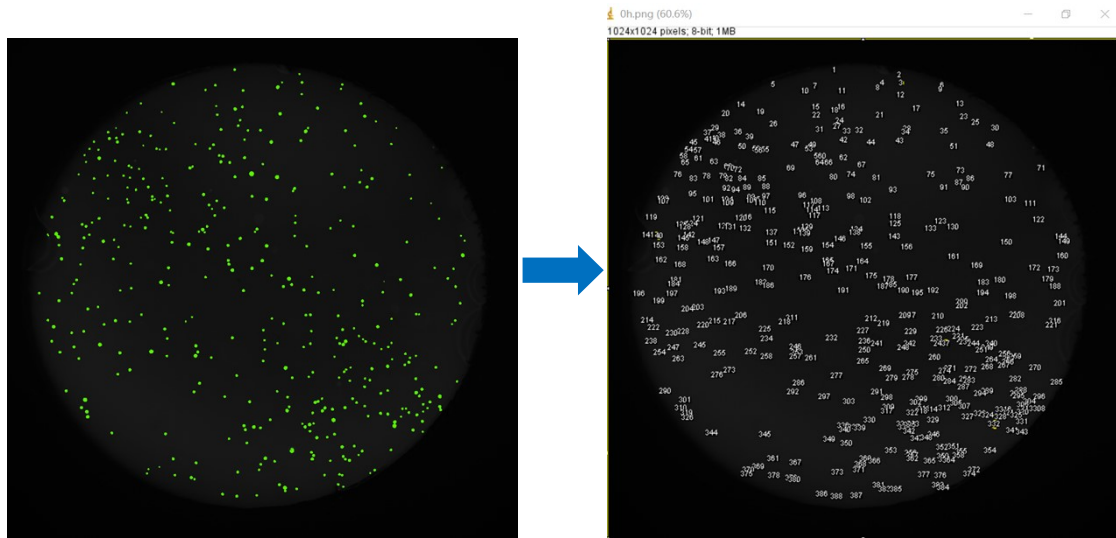


Fig. S7. Recognition of the number of cells using ImageJ.

Video S1: The working process of the spin-disc paper-based device.

Video S2: Chemiluminescence variation with time on the spin-disc paper-based device.

Video S3: Chemiluminescence variation with time on later flow device (channel length 2mm).

Video S4: Chemiluminescence variation with time on in-situ detection device.

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