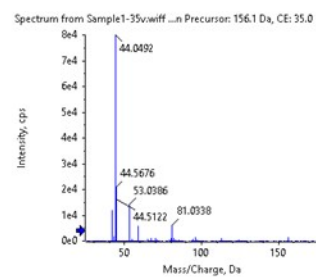
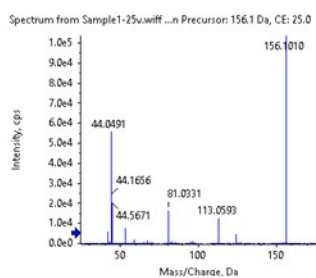
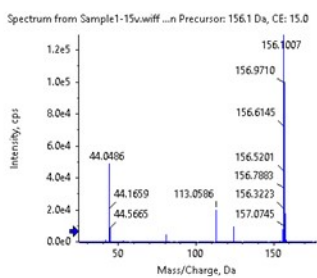
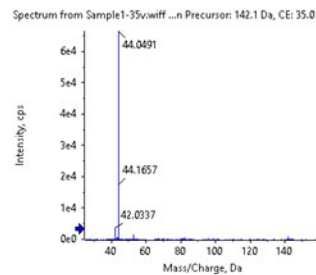
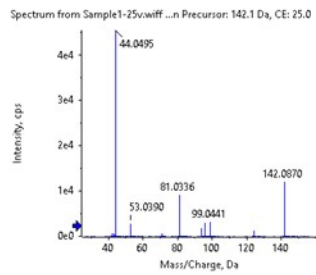
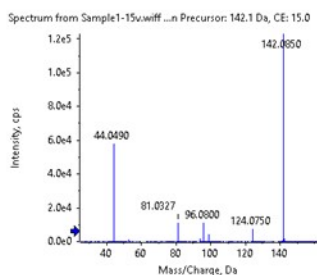


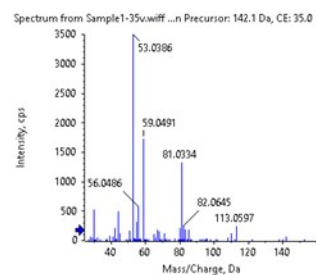
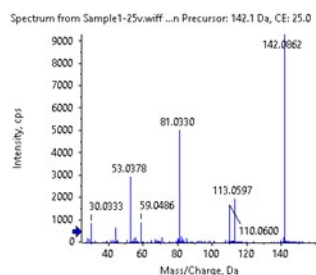
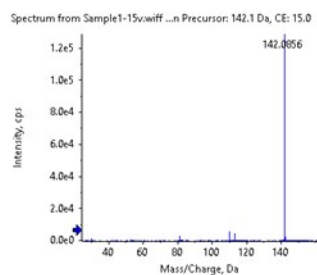
**Arecoline**



**Arecaidine**



**Guvacoline**



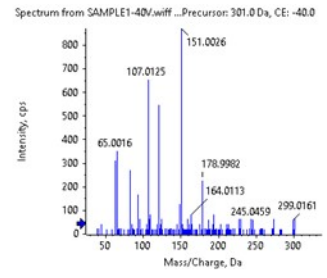
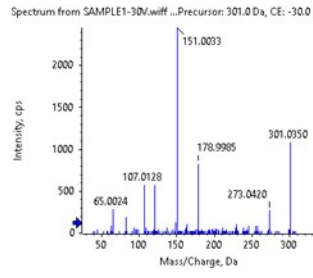
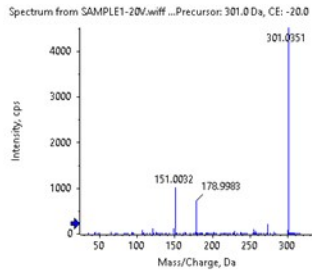
**15eV**

**25eV**

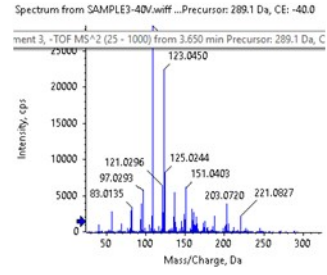
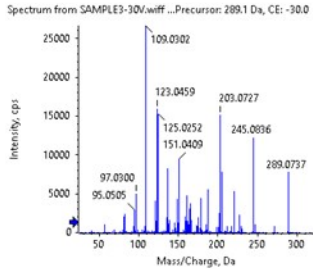
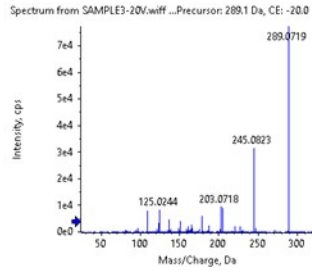
**35eV**

**Figure S1. Optimization of Positive Ion Mode in Mass Spectrometry**

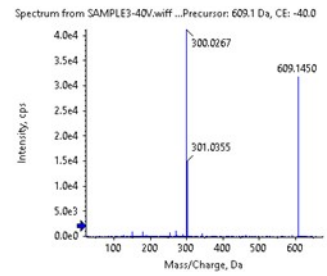
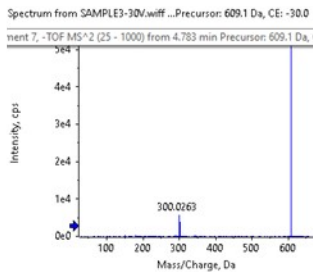
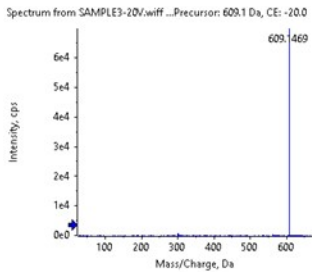
**Quercetin**



**Epicatechin**



**Rutin**

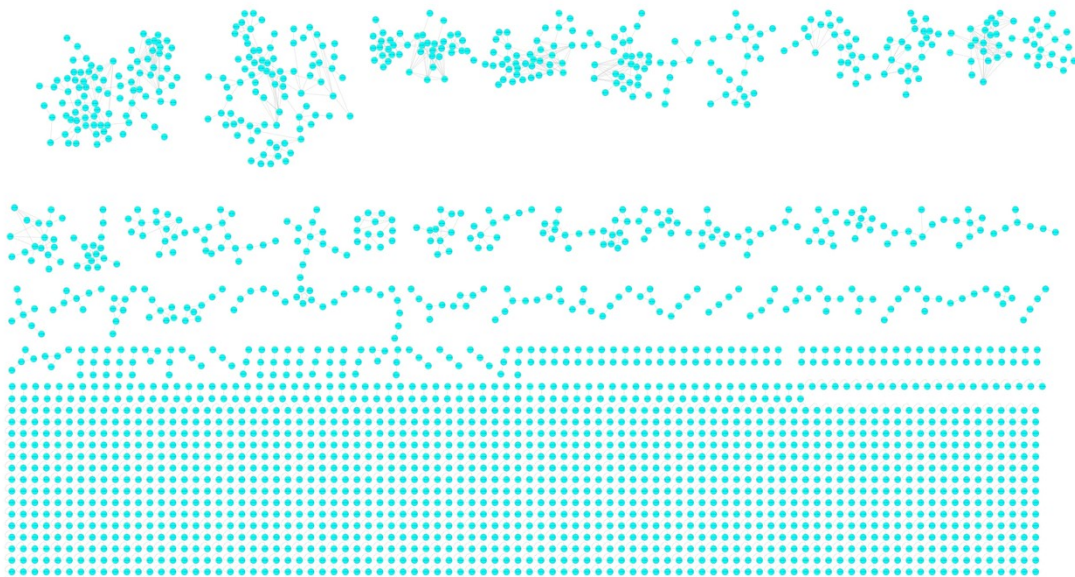


**20eV**

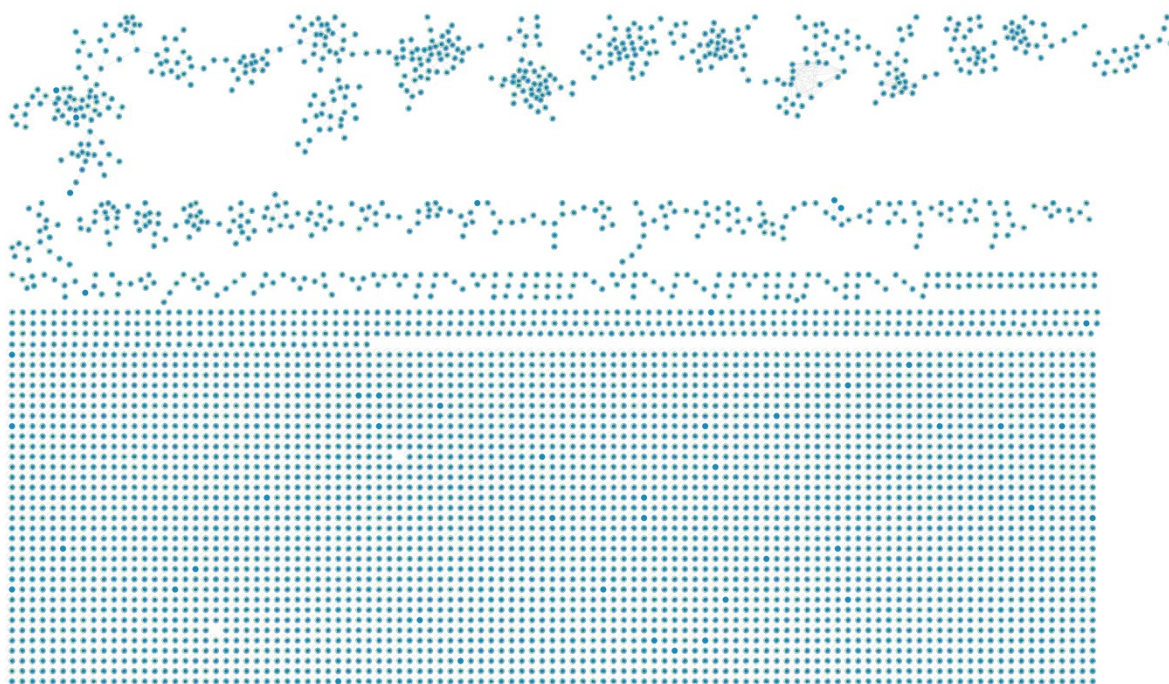
**30eV**

**40eV**

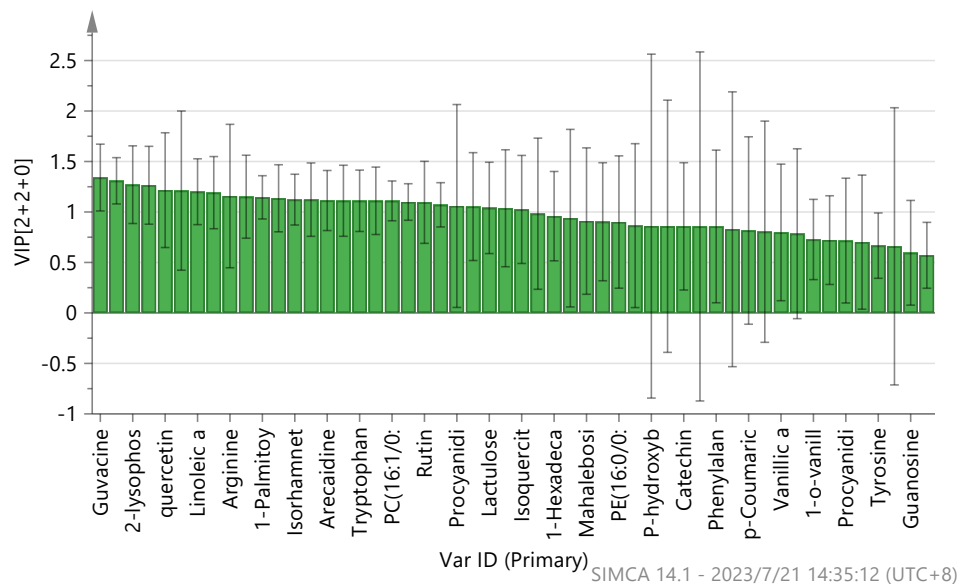
**Figure S2. Optimization of negative ion modes in mass spectrometry**



**Figure S3. Molecular network diagram of positive ions**



**Figure S4. Molecular network diagram of negative ions**



**Figure S5. VIP score for differential metabolites**

**Table S1. Differential compound information of areca nut at different growth stages**

Classification	Order	Component	Adduct ion name	P Value	VIP Score
Phenols	1	Isoquercitrin	[M+H] <sup>+</sup>	<0.05	1.02505
	2	Kaempferol-3-o-rutinoside	[M+H] <sup>+</sup>	<0.05	1.0369
	3	Chalconaringenin	[M+H] <sup>+</sup>	<0.05	1.05346
	4	Isorhamnetin	[M+H] <sup>+</sup>	<0.05	1.12229
	5	Rutin	[M-H] <sup>-</sup>	<0.05	1.09548
	6	quercetin	[M-H] <sup>-</sup>	<0.05	1.2162
Alkaloid	7	n-Butyl-1-methyl-1,2,5,6-tetrahydro nicotinate	[M+H] <sup>+</sup>	<0.05	1.21162
	8	Arecoline	[M+H] <sup>+</sup>	<0.05	1.26452
	9	Arecaidine	[M+H] <sup>+</sup>	<0.05	1.11351
	10	Guvacoline	[M+H] <sup>+</sup>	<0.05	1.30883
	11	Guvacine	[M+H] <sup>+</sup>	<0.05	1.34085
	12	Methyl nicotinate	[M+H] <sup>+</sup>	<0.05	1.11072
Lipid	13	PE(18:2/0:0)	[M+H] <sup>+</sup>	<0.05	1.13561
	14	PE(18:1/0:0)	[M+H] <sup>+</sup>	<0.05	1.09883
	15	PC(18:2/0:0)	[M+H] <sup>+</sup>	<0.05	1.1222
	16	2-lysophosphatidylcholine	[M+H] <sup>+</sup>	<0.05	1.27038
	17	PC(16:1/0:0)	[M+H] <sup>+</sup>	<0.05	1.10996
	18	1-Palmitoyl-sn-glycero-3-phosphocholine	[M+H] <sup>+</sup>	<0.05	1.14493
Amino acid	19	Linoleic acid	[M+H] <sup>+</sup>	<0.05	1.20066
	20	Linolenic acid	[M+H] <sup>+</sup>	<0.05	1.15107
	21	Tryptophan	[M+H] <sup>+</sup>	<0.05	1.1108
	22	N-(1-Deoxy-1-fructosyl)phenylalanine	[M+H] <sup>+</sup>	<0.05	1.11096
Carbohydrate	23	Arginine	[M+H] <sup>+</sup>	<0.05	1.1578
	24	Lactulose	[M+NH <sub>4</sub> ] <sup>+</sup>	<0.05	1.04018
Nucleoside	25	Uridine	[M+H] <sup>+</sup>	<0.05	1.19155

**Table S2. Validation results of instrument sensitivity for the analytical methods**

Component	Adduct ion name	a	b	R <sup>2</sup>	LOD(ng·mL <sup>-1</sup> )	LOQ(ng·mL <sup>-1</sup> )	Linear range (ng·mL <sup>-1</sup> )
Arecoline	[M+H] <sup>+</sup>	3,550,695.3567	44,681.0278	0.9943	3	9	12.5-250
Arecaidine	[M+H] <sup>+</sup>	1,060,295.7567	16,530.1329	0.9945	2	10	12.5-500
Guvacoline	[M+H] <sup>+</sup>	703,856.6405	15,955.3649	0.9997	3	12	12.5-500
Guvacine	[M+H] <sup>+</sup>	184,242.7927	1,931.3415	0.9975	3	9	12.5-500
Quercetin	[M-H] <sup>-</sup>	1,194,726.8370	18,319.5304	0.9999	5	15	20-10000
Epicatechin	[M-H] <sup>-</sup>	513,679.5136	-10,432.6999	0.9998	3	9	20-10000
Rutin	[M-H] <sup>-</sup>	852594.2485	-21103.6357	0.9996	2	16	20-10000

**Table S3. Validation results of Intraday and interday precision for the analytical methods**

Component	Adduct ion name	Intraday precision RSD%	Interday precision RSD%	Reproducibility RSD%
Arecoline	[M+H] <sup>+</sup>	3.69	10.36	7.36
Arecaidine	[M+H] <sup>+</sup>	3.18	11.86	10.66
Guvacoline	[M+H] <sup>+</sup>	8.32	14.52	13.86
Guvacine	[M+H] <sup>+</sup>	12.55	13.01	14.36
Quercetin	[M-H] <sup>-</sup>	5.69	13.69	12.54
Epicatechin	[M-H] <sup>-</sup>	11.23	11.63	10.45
Rutin	[M-H] <sup>-</sup>	1.56	9.85	8.86

**Table S4. Extraction recovery rate of areca nut extract**

Component	Recovery rate(%)		
	20 ng/mL	200 ng/mL	1000 ng/mL
Arecoline	86.02±1.23	90.36±0.92	93.21±6.35
Arecaidine	96.24±2.47	90.43±5.97	83.63±3.45
Guvacoline	81.36±1.23	85.39±12.35	82.36±5.46
Guvacine	93.14±4.58	102.37±7.56	100.02±3.89
Quercetin	95.74±8.56	82.71±1.78	92.78±8.10
Epicatechin	83.67±14.02	103.64±6.47	91.07±6.57
Rutin	92.77±0.23	82.77±7.28	80.46±8.86

