## Supporting Information

Elucidating the Reversible and Irreversible Self-assembly Mechanisms of Low-Complexity Aromatic-Rich Kinked Peptides and Steric Zipper Peptides

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There are 13 supplementary figures.



**Figure S1.** Initial atomic structures of (a)  $FUS_{37-42}$  (PDB ID: 5XSG), (b)  $FUS_{54-59}$  (PDB ID: 5XRR), (c)  $A\beta_{16-21}$  (PDB ID: 3OW9) and (d)  $Tau_{306-311}$  (PDB ID: 2ON9) fibrils.



**Figure S2.** (a) collapse degree and fluctuation of SASA of FUS<sub>37–42</sub>, FUS<sub>54–59</sub>, A $\beta_{16-21}$  and Tau<sub>306–311</sub> coarse-grained oligomer systems using  $\alpha$  values of 0.2, 0.4, 0.6, 0.65 and 0.8. Results are from a 600-ns long CG-MD simulation for each system. (b-c) The final snapshots of the simulations at different  $\alpha$  values for (b) FUS<sub>37–42</sub> and (c) FUS<sub>54–59</sub> peptide systems. (d-e) The final snapshots of the simulations for A $\beta_{16-21}$  and Tau<sub>306–311</sub> systems from 600-ns long CG-MD simulations. (f) The final snapshots of the four systems from 6.0-µs-long simulations are shown for comparison.



**Figure S3.** The collapse degree and SASA fluctuation parameters of the four peptides predicted by (a) all-atom and (b) coarse-grained simulations starting from 6 randomly dispersed peptide chains.



**Figure S4.** The rate of sidechain dihedral angle ( $\chi_1$ ) transition between the C<sup> $\gamma$ </sup>-exo and C<sup> $\gamma$ </sup>-endo conformations in the fibril and oligomer systems.



Figure S5. The definitions of the dihedral angles for parallel and antiparallel  $\beta$ -strands.



**Figure S6.** Time evolution of mainchain-mainchain (MC-MC) and sidechain-sidechain (SC-SC) contacts in the five individual simulations for the  $A\beta_{16-21}$  systems.



**Figure S7.** Intermolecular residue-wise (a) total contacts and (b) MC-MC contacts of the four systems. The grey bar charts show the cumulative contact numbers between each residue and other residues.



**Figure S8.** Intermolecular residue-wise (a) total H-bonds and (b) SC-SC H-bonds of the four systems. The grey bar charts show the cumulative H-bond numbers between each residue and other residues.



**Figure S9.** Intermolecular  $\pi$ - $\pi$  stacking in (A) FUS<sub>37-42</sub>, (B) FUS<sub>54-59</sub>, (C) A $\beta_{16-21}$  and (D) Tau<sub>306-311</sub> all-atom oligomer systems. (E) Probabilities of different patterns of  $\pi$ - $\pi$  stacking in the four systems.



**Figure S10.** The averaged correlation coefficients between  $\phi$  and  $\chi_1$ , and those between  $\psi$  and  $\chi_1$  for each amino acid in the four fibril systems.



**Figure S11.** The averaged correlation coefficients between  $\phi$  and  $\chi_1$ , and those between  $\psi$  and  $\chi_1$  for each amino acid in the four oligomer systems.



**Figure S12.** Number of H-bond between sidechain of each residue and water molecules in the four oligomer systems.



Figure S13. The cross-sections of the aggregates formed by the four peptides showing the contribution of water molecules in the assembly of these peptides.