# Robust, Self-adhesive and Anti-bacterial Silk-Based LIG Electrodes for Electrophysiological Monitoring 

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Fig. S1 Composition of commercial $\mathrm{Ag} / \mathrm{AgCl}$ electrodes. A) upper side and B) Lower side.


Fig. S2 HR-SEM images (A-B) bundle, (C-D) high magnification single fiber structures of optimized LIG-SF electrodes (2.5 W) and LIG-SF electrodes (1.5 W), respectively.

## Conventional Electrodes

Conformal Electrodes


Fig. S3 Conformal property of flexible wearable electrodes in comparison with conventional rigid electrodes.
a) Adsorption

b) Mechanical Interlocking


Fig. S4 Adhesion mechanisms of optimized adhesive LIG-SF electrodes. A) Normal adsorption, and B) Mechanical interlocking structure formed by the micro-hole structures.

Table. S1 Sheet resistance $(\Omega / s q)$ of 24 square $(S q)$ points covering the whole surface of the top side of LIG-SF electrodes.

| Top side of LIG-SF | Sheet resistance ( $\mathbf{\Omega} / \mathbf{s q}$ ) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Sq. 1 | Sq. 2 | Sq. 3 | Sq. 4 | Sq. 5 | Sq. 6 |
| Sq. 1 | 5.5338 | 7.8515 | 6.8977 | 6.1059 | 7.6146 | 8.1027 |
| Sq. 2 | 6.9649 | 6.8409 | 4.6589 | 6.0026 | 7.1467 | 7.2682 |
| Sq. 3 | 6.9846 | 6.7164 | 5.6124 | 5.0235 | 6.6086 | 8.3167 |
| Sq. 4 | 6.7169 | 6.6649 | 5.2029 | 6.3521 | 7.1319 | 6.7924 |

Table. S2 Sheet resistance $(\Omega / \mathrm{sq})$ of 24 square $(\mathrm{Sq})$ points covering the whole surface of the bottom side of LIG-SF electrodes.

| Bottom side of LIG-SF | Sheet resistance ( $\mathbf{\Omega} / \mathbf{s q}$ ) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Sq. 1 | Sq. 2 | Sq. 3 | Sq. 4 | Sq. 5 | Sq. 6 |
| Sq. 1 | 5.1948 | 7.6721 | 8.1931 | 6.5321 | 7.2133 | 8.1923 |
| Sq. 2 | 6.7363 | 6.1622 | 7.71 | 7.2189 | 7.5295 | 7.1444 |
| Sq. 3 | 6.4908 | 8.041 | 7.4906 | 6.4524 | 6.1607 | 7.3409 |
| Sq. 4 | 7.3081 | 5.6484 | 7.1803 | 5.778 | 8.154 | 8.2316 |

