# ARTICLE

## Lactobacillus-derived artificial extracellular vesicles for skin

## rejuvenation and prevention of photo-aging

Received 00th January 20xx, Accepted 00th January 20xx

DOI: 10.1039/x0xx00000x

Seongsu Kang<sup>a</sup>, Saetbyeol Jeon<sup>b</sup>, Hwira Baek<sup>b</sup>, Sunghwan Hwang<sup>a</sup>, Seulgi Kim<sup>b</sup>, Sung Hun Youn<sup>a</sup>, Jin Woong Kim<sup>\* b</sup>, Seung-Hyun Jun<sup>\*a</sup>, Nae-Gyu Kang<sup>\*a</sup>

Supplementary information



Fig S1. Particle size distribution (DLS) for CLSM analysis



Fig S2. Gene expression of COL1A1 (COL), MMP, and ELN of fibroblasts under UV irradiation. RT-qPCR was performed. All measurements were performed in triplicate. Student's t-test was performed for comparison between control group (0 ppm) and experimental groups (\* Significantly different results (p < 0.05)).

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|          | No UV  | UV        | UV+100ppm | UV+1000ppm |
|----------|--------|-----------|-----------|------------|
| LMNA     | 0      | 0.393696  | 1.908567  | 0.179003   |
| C5AR1    | 0      | -2.24027  | -0.33952  | -1.59707   |
| CASP1    | 0      | -0.44965  | 1.853615  | 0.628426   |
| TFB2M    | 0      | -2.17373  | 0.077595  | -1.08405   |
| C1QA     | 0      | -1.93757  | 0.934542  | -1.42207   |
| SMAD2    | 0      | -0.23726  | 1.238085  | -0.29718   |
| EML1     | 0      | 0.708452  | 2.336575  | 2.175983   |
| TMEM33   | 0      | -2.22203  | 0.603945  | -1.24911   |
| POT1     | 0      | -1.56445  | -0.22534  | -1.86902   |
| BUB1B    | 0      | 0.245068  | 0         | -0.06495   |
| PDCD6    | 0      | -0.61371  | 1.80419   | 0.779917   |
| TERF2    | 0      | -4.60871  | 1.839054  | -1.52106   |
| CALB1    | 0      | -13.7575  | -7.5      | -5.99578   |
| FCGR1A   | 0      | -2.93017  | -0.85729  | -2.12224   |
| FCGR3B   | 0      | -9.0596   | -2.3      | -1.5       |
| TFAM     | 0      | -2.15424  | -0.96249  | -2.65236   |
| CXCL16   | 0      | -2.62188  | 0.070005  | -1.97138   |
| LMNB1    | 0      | -0.48942  | 0.797792  | 0.20299    |
| CDKN1C   | 0      | -2.10603  | 0.646767  | -1.31615   |
| FCGBP    | 0      | -3.41858  | -1.07859  | -2,19099   |
| S100A9   | 0      | -8.027    | -4.84119  | 1.037235   |
| SCN2B    | 0      | -4 875    | -0 20408  | -1 96187   |
| RNF144B  | 0<br>0 | -6 77066  | -0 13368  | -0.93057   |
| ZMPSTE24 | õ      | -1 13549  | -0.01107  | -0.96479   |
| ANXA5    | õ      | -2 73955  | 1 160156  | -0.62058   |
| CD14     | 0      | -2.700000 | -0 77305  | -1.61155   |
| GEAP     | 0      | -5 28468  | -1 18341  | 2 432816   |
| L MNB2   | 0      | -1 20758  | 1 35607   | -0.94436   |
| TDD1     | 0      | 0 02020   | 1 658588  | -0.94430   |
| TERE1    | 0      | -1 8037/  | 0.345474  | -0.04313   |
| S100A8   | 0      | -1.00374  | 1 707/2   | 2 7568     |
| C10C     | 0      | -3.00393  | -1.79742  | 2 10042    |
| CIQU     | 0      | -3.07.500 | -0.03229  | -2.19043   |
| COART    | 0      | -1.32391  | -0.44400  | -1.90710   |
|          | 0      | 1.200304  | 1.001121  | 1.032917   |
| ANXA3    | 0      | -2.18901  | 1.889889  | -0.62079   |
| SIRIO    | 0      | -3.35358  | -0.32077  | -1.25388   |
| ZNF25    | 0      | -5.14189  | 2.192438  | 2.265619   |
| ARID1A   | 0      | -4.66077  | 1.349262  | -2.16828   |
| FUXU1    | 0      | -1.04588  | 0.640257  | 0.70331    |
| NDUFBII  | 0      | -2.3941   | 1.151772  | -0.77268   |
| ELP3     | 0      | -1.54299  | 2.6329    | 0.645229   |
| ARL6IP6  | 0      | -0.18482  | 1.301407  | -0.33871   |
| CLU      | 0      | -2.90402  | 0.454887  | -1.32731   |
| COL3A1   | 0      | -0.31445  | 2.338247  | 0.778629   |
| TXNIP    | 0      | -0.24236  | 5.021284  | 1.693569   |
| COL1A1   | 0      | 0.416454  | 2.215582  | 1.016754   |
| ANGEL2   | 0      | -0.00722  | 1.72805   | 0.641045   |
| ZFR      | 0      | -2.69256  | 0.862247  | -1.06368   |
| C1S      | 0      | -1.13413  | 1.621946  | 0.093973   |
| PHF3     | 0      | -1.33777  | 0.448582  | -1.13161   |
| TLR4     | 0      | -2.18286  | 0.414967  | -1.44843   |
| RAP1A    | 0      | -2.31905  | 0.786427  | -1.16147   |
| MRPL43   | 0      | -2.2184   | -0.0522   | -1.43079   |
| CCR1     | 0      | -2.38281  | -0.61624  | -2.01722   |
| CD163    | 0      | -4.0012   | -0.10423  | -2.55899   |
| POLRMT   | 0      | -3.21143  | 0.33884   | -1.43044   |
| TOLLIP   | 0      | -2.2796   | 1.009134  | -0.77496   |
| ZBTB10   | 0      | -3.06334  | 0.025511  | -1.49576   |
| CX3CL1   | 0      | -5.12134  | -0.03137  | -3.0864    |
| TLR2     | 0      | -2.72143  | 0.007557  | -1.55689   |
| ELAVL1   | 0      | -0.45701  | 0.978327  | -0.84974   |
| TMEM135  | 0      | 1.530552  | 3.990757  | 3.06439    |
| VWA5A    | 0      | -1.71552  | -0.77044  | -1.77803   |
| PANX1    | 0      | -1.67533  | -0.01301  | -1.73992   |
| TFB1M    | 0      | -0.78034  | 0.88903   | 0.113352   |
| SIRT3    | 0      | 0.461281  | 4.95635   | 4.579897   |
| WRN      | 0      | -0.03937  | 3.389839  | 1.856697   |
| SNAP23   | 0      | -0.87273  | 3.48185   | 1.996395   |
| EP300    | 0      | -1.07166  | 0.274616  | -0.23037   |
| LTF      | õ      | -7.42984  | -3.85805  | -7.94579   |
| LSM5     | 0<br>0 | -2.56866  | 2,432156  | 0.644379   |
| HSF1     | õ      | -1 03703  | 1 171293  | -0.08578   |
| VPS13C   | Ő      | -0 50426  | 4,211584  | 2,448631   |
| SIRT1    | ñ      | -2 79076  | -0 15395  | -1 63955   |
| MBP      | õ      | -2.04049  | 0.197905  | -0.94444   |

Table S 1. Aging-related gene expression profile. The fold changes ( $\Delta\Delta$ CT) were demonstrated.

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Fig S3. Cell viability examined by CCK-8 Hs68 was treated with LAEs for 24h.



Fig S4. Self-questionnaire for the most perceived effect.

Figure 2a

## Original raw data

#### COL1A1 MMP-1 ELN SEM SEM SEM Expression Expression Expression NC 1 1 1 0.44 1.2254 0.4031 0.121 Control 0.12 0.05 TGF-beta 0.59 0.12 0.8 0.0412 0.4985 0.098 0.05 0.41251 0.08 1 ppm 0.49 0.9 0.11 0.68 0.11 0.765 0.4031 10 ppm 0.08 0.12 100 ppm 0.77 0.08 0.667916 0.01 0.512 0.098 0.078 1000 ppm 0.41 0.683958 0.098 0.2921 0.07 10000 ppm 0.51 0.105 0.7125 0.121 0.3125 0.12

## Figure 2b

|           | Wound area [%] | SEM   |
|-----------|----------------|-------|
| NC        | 100            |       |
| 1 ppm     | 85             | 8.45  |
| 10 ppm    | 89             | 10.12 |
| 100 ppm   | 61             | 5.12  |
| 1000 ppm  | 53             | 9.812 |
| 10000 ppm | 89             | 7.12  |

#### Figure 2c

|           | HA synthesis [%] | SEM  |
|-----------|------------------|------|
| RA        | 14.6             | 2.12 |
| 1 ppm     | -1.5             | 0.15 |
| 10 ppm    | -2.9             | 0.5  |
| 100 ppm   | 0.51             | 0.98 |
| 1000 ppm  | 1.52             | 0.19 |
| 10000 ppm | 4.3              | 0.85 |

#### Figure 2d

|         | IL 6 expression<br>[%] | SEM  |
|---------|------------------------|------|
| NC      | 100                    |      |
| Dex     | 43.08                  | 3.15 |
| 1 ppm   | 68.31                  | 4.12 |
| 10 ppm  | 81.12                  | 5.12 |
| 100 ppm | 78.01                  | 6.12 |

| 1000 ppm | 101.05 | 8.15 |
|----------|--------|------|

## Figure 2e

|          | IL 1α<br>expression [%] | SEM   |
|----------|-------------------------|-------|
| NC       | 100                     |       |
| Dex      | 80.57                   | 8.12  |
| 1 ppm    | 70.53183                | 11.52 |
| 10 ppm   | 69.50509                | 12.85 |
| 100 ppm  | 72.153                  | 15.32 |
| 1000 ppm | 80.0092                 | 9.85  |

## Figure 2f

|      |           |         | -LA        | Es   | +LAEs      |       |  |
|------|-----------|---------|------------|------|------------|-------|--|
|      |           |         | Expression | SEM  | Expressior | n SEM |  |
|      |           | noUV    | 1.563      | 0.12 |            |       |  |
|      |           | NC      | 1          | 0.05 | 1.3        | 0.12  |  |
|      |           |         |            |      |            |       |  |
| + UV | Adenosine | 10 ppm  | 1.740761   | 0.09 | 1.842663   | 0.21  |  |
|      |           | 50 ppm  | 1.555623   | 0.11 | 1.946609   | 0.15  |  |
|      |           | 100 ppm | 1.561269   | 0.21 | 1.982155   | 0.098 |  |
|      |           |         |            |      |            |       |  |
|      | HSA       | 1 ppm   | 1.602539   | 0.15 | 2.005773   | 0.11  |  |
|      |           | 5 ppm   | 1.503391   | 0.21 | 2.154826   | 0.19  |  |

## Figure 3a

|     |            | Senescence | SEM    |
|-----|------------|------------|--------|
|     | NC (no UV) | 1          |        |
| +UV | 0 ppm      | 1.504714   | 0.081  |
|     | 1 ppm      | 1.58512    | 0.08   |
|     | 10 ppm     | 1.676436   | 0.152  |
|     | 100 ppm    | 1.215      | 0.053  |
|     | 1000 ppm   | 1.3125     | 0.0412 |

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## Figure 4b

|                    | SC   | Epidermis | Dermis | Reservoir | То   | tal   |
|--------------------|------|-----------|--------|-----------|------|-------|
|                    |      |           |        |           |      | SEM   |
| Free-FITC          | 0.21 | 0.51      | 0.61   | 0.94      | 2.27 | 0.152 |
| Artifical EV 0.5 X | 0.26 | 0.96      | 0.83   | 0.83      | 2.88 | 0.325 |
| Artifical EV 1 X   | 0.18 | 1.07      | 0.66   | 0.83      | 2.74 | 0.198 |

## Figure 5a

|         | Frontal eye wrinkle |       | Lateral eye wrinkle (0<br>feet) | Lateral eye wrinkle (Crow's<br>feet) |                 | Nasolabial folds |  |
|---------|---------------------|-------|---------------------------------|--------------------------------------|-----------------|------------------|--|
|         | Improvement [%]     | SEM   | Improvement [%]                 | SEM                                  | Improvement [%] | SEM              |  |
| 2 weeks | 9.61                | 5.815 | 12.26                           | 4.85                                 | 4.48            | 4.52             |  |
| 4 weeks | 9.08                | 2.31  | 12.97                           | 5.12                                 | 8.7             | 3.42             |  |
| 8 weeks | 11.49               | 3.12  | 20.23                           | 4.52                                 | 11.43           | 3.42             |  |

## Supplementary figure 1

|     |        |          | COL        |      | MMP        |       | ELN        |      |
|-----|--------|----------|------------|------|------------|-------|------------|------|
|     |        |          | Expression | SEM  | Expression | SEM   | Expression | SEM  |
|     |        | NC       | 1          | 0.12 | 1          | 0.21  | 1          | 0.08 |
| +UV |        | NC       | 0.300448   | 0.15 | 1.225429   | 0.098 | 0.533713   | 0.1  |
|     |        |          |            |      |            |       |            |      |
|     | EV     | 10 ppm   | 0.50496    | 0.08 | 0.765571   | 0.08  | 0.946234   | 0.12 |
|     |        | 100 ppm  | 0.585071   | 0.15 | 0.667916   | 0.11  | 1.01054    | 0.15 |
|     |        | 1000 ppm | 0.505688   | 0.21 | 0.683958   | 0.12  | 0.479323   | 0.03 |
|     |        |          |            |      |            |       |            |      |
|     | Lysate | 10 ppm   | 0.403137   | 0.12 | 0.611998   | 0.12  | 0.840001   | 0.02 |
|     |        | 100 ppm  | 0.51       | 0.21 | 0.891      | 0.21  | 0.7152     | 0.01 |
|     |        | 1000 ppm | 0.292169   | 0.03 | 1.102848   | 0.03  | 0.502162   | 0.04 |