Supplementary Information

¹⁹F-PCS measurements on proteins in live cells

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Table of Contents

1. Synthesis and characterization of ¹⁹F-tags

General information.

Unless otherwise stated, all materials and solvents were purchased commercially and used without further purification. Unless otherwise stated, all experiments were performed under ambient air conditions. All ¹H-NMR, ¹³C-NMR, ¹⁹F-NMR spectra were recorded on Bruker NMR spectrometer at a magnetic field with a proton frequency of 800 MHz. Chemical shifts were reported in ppm on the scale of an internal standard (NMR descriptions: s, singlet; d, doublet; t, triplet; q, quartet; m, multiplet). Coupling constants, J, are given in Hz.

Synthesis of 3-chloro-2-(phenylsulfonyl)-5-(trifluoromethyl)pyridine (¹⁹F T1): a mixture of 2,3-dichloro-5- (trifluoromethyl)pyridine(2 mmol, 0.43g), benzenesulfinic acid sodium salt (5 mmol, 0.8 g) and dimethyl sulfoxide (20 mL) were stirred at room temperature for 6 hours. The mixture was diluted with ethyl acetate and filtered through Celite. The filtrate was washed with water, dried over sodium sulfate and concentrated under reduced pressure. Purification of the crude product was achieved by column chromatography (petroleum ether: ethyl acetate 5 : 1) to provide **¹⁹F T1** (0.21 g, yield about 62%) as a white solid.¹H NMR (CDCl3, 800 MHz): δ 8.71 (s, 1H), 8.09 (s, 1H), 8.05 (d, *J* = 8.2 Hz, 2 H), 7.72-7.70 (m, 1H), 7.60-7.58 (m, 2H). ¹³C NMR (CDCl₃, 201 MHz): δ 157.70, 143.54 (d, *J_{C-F}* = 3.6 Hz), 138.00 (d, *J_{C-F}* = 3.32 Hz), 137.98, 137.37, 136.65, 134.61, 130.91, 129.79, 129.17, 127.58. ¹⁹F NMR (CDCl₃, 753 MHz): -62.50 ppm. LC-MS: m/z, C₁₂H₇ClF₃NO₂S, [M+Na]⁺ , calculated 343.98, found 343.92.

Synthesis of N-(6-(trifluoromethyl)pyridin-3-yl)acrylamide (¹⁹F T2): a mixture of 6-(trifluoromethyl)pyridin-3-amine (6.17 mmol, 1 g), acryloyl chloride (6.79 mmol, 0.6 g) and N, N-dimethylethanolammonium (DMA, 20 mL) were stirred at room temperature for 2 hours. Gradually add 70 mL of water to the reaction solution, a white solid precipitated, filtered, dried, to obtain **¹⁹F T2** as a white solid (0.87 g, yield about 65%). ¹H NMR (CDCl3, 800 MHz): δ 8.67 (s, 1H), 8.51 (d, *J* = 8.02 Hz, 1H), 7.84 (s, 1H), 7.69 (d, *J* = 8.46 Hz, 1 H), 6.53 (d, J = 16.42 Hz, 1 H), 6.32-6.68 (m, 1H), 5.91 (d, J = 10.21 Hz, 1 H). ¹³C NMR (CDCl₃, 201 MHz): δ 164.13, 143.47,143.30, 140.78, 137.08, 130.02, 129.86, 127.39, 121.14(d, J_{C-F} = 2.5 Hz). ¹⁹F NMR (CDCl₃, 753 MHz): -69.85 ppm. LC-MS: m/z, C9H7F3N2O, [M+Na]⁺ , calculated 239.05, found 239.01.

H NMR, ¹³C NMR and ¹⁹F NMR spectra of ¹⁹F-tags

H NMR (800 MHz, CDCl3) of tag **¹⁹F T1**

C NMR (201 MHz, CDCl3) of tag **¹⁹F T1**

¹H NMR (800 MHz, CDCl3) of tag **¹⁹F T2**

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C NMR (201 MHz, CDCl3) of tag **¹⁹F T2**

2. Protein expression and purification

The plasmid used in this study was transformed into *Escherichia coli* BL21 (DE3) Codon Plus strain for protein expression. The protein expression and purification process of human ubiquitin (Ub) cysteine mutants D39C, G47C, E64C, S57C, T12C, and G35C were similar to those described previously.^{1,2} The protein samples were made by overexpression of the target protein using the high-cell-density method. ³ Briefly, the cells transformed with the plasmid of interest were grown in 600 mL LB medium at 37 °C till OD₆₀₀ of 0.7-0.9 was achieved, the cell culture was gently spun down at 3000 rpm for 5 min, and the cells were washed with MilliQ water and then resuspended in 250 mL of minimal M9 medium with ¹⁵NH₄Cl as the only nitrogen source. The cells were allowed to recover by incubation at 37 °C for 40 min. Protein expression was then induced by the addition of 1 mM isopropyl β-D-1-thiogalactopyranoside (IPTG) for 8-10 hours at 37 °C while shaking at 200 rpm. The target protein was purified via a DEAE column (DEAE Sepharose FF, Cytiva), followed by size exclusion chromatography (HiLoad 16/600 Superdex 75, GE Healthcare Biosciences).

3. NMR spectroscopy

All the ¹H-NMR, ¹³C-NMR and ¹⁹F-NMR spectra were recorded on the Avance Neo 800 MHz spectrometer equipped with a H(F)-TCI cryoprobe at 298 K. All the ¹⁵N-HSQC spectra were recorded on a Bruker Avance 600 MHz NMR spectrometer equipped with a QCI-cryoprobe. All NMR spectra were processed with Topspin 3.2 and analyzed with Topspin 2.1.

4. Reactivity assay for the interaction of tags (Para T1, ¹⁹F T1, ¹⁹F T2) with protein free thiols

To maintain the reduced state of the protein sulfhydryl groups, 1-2 equivalents of tris (2-carboxyethyl) phosphine hydrochloride (TCEP) were first added to the purified protein solution and incubated at room temperature for 15 minutes. Following this step, the TCEP is removed from the protein solution by a PD-10 desalting column, balanced with a 20 mM MES buffer (pH 6.4).

To assess the reactivity of tags (**Para T1, ¹⁹F T1, ¹⁹F T2**) toward different single cysteine mutations in aqueous solution, the reaction of the tags with target proteins (Ub D39C, G47C, E64C, S57C, T12C, G35C) were evaluated by ¹⁵N-HSQC in 20 mM phosphate buffer (including 10% D₂O) at different pH (7.5, 8.5) and 298 K. In general, 0.1 mM target protein was mixed with six or ten equivalent of the tags (**Para T1, ¹⁹F T1, ¹⁹F T2**), and the reaction was monitored by NMR with incubation time. The crude products mixture were characterized by MALDI-TOF or ESI-QTOF.

When the initial concentrations of the tags and target proteins vary greatly. In the presence of large excess of tags, the reaction rate is described as in equation (1), and the corresponding second-order reaction rate constant is calculated according to the first-order reaction as shown in Equation (2), and the corresponding second-order reaction rate constant was calculated according to the second-order reaction as follows:

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Ln \frac{I_0}{I_t} = k_{obs} \cdot t \tag{1}
$$

$$
k_2 = \frac{k_{obs}}{[\text{Tag}]_0} \tag{2}
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In which k_{obs} is the pseudo-first-order reaction rate constant, k_2 is the second order formation rate constant, *t* is the reaction time, I_0 is the initial peak intensity of residues in the target protein, I is the peak intensity of residues in the target protein at the time of reaction at *t*, [Tag]₀ is the initial concentration of the tag.

Figure S1. Reactivity assay of **Para T1** with POI (Ub D39C, G47C, E64C). a) The reaction scheme of POI with **Para T1**; b) Superimposition of ¹⁵N-HSQC spectra recorded for 0.1 mM ¹⁵N POI (blue) after incubation with 1 mM (10 equivalent) **Para T1** for different time (red) in 20 mM phosphate buffer at pH 7.5 and 8.5, respectively. The observed reaction rate constant k_{Obs} and the calculated second order reaction rate constant k_2 at different pH were determined; c) MALDI-TOF mass spectra of ¹⁵N labeled POI (black) and after labeling with **Para T1** (red). The observed mass difference between free protein and labeled protein with **Para T1** is consistent with theoretical mass difference (367 Dalton).

Figure S2. Reactivity assay of **¹⁹F T1** with POI (Ub D39C, G47C, E64C, S57C, T12C, G35C). a) The reaction scheme of POI with **¹⁹F T1**; b) Superimposition of ¹⁵N-HSQC spectra recorded for 0.1 mM ¹⁵N POI (blue) after incubation with 0.6 mM (6 equivalent) **¹⁹F T1** for different time (red) in 20 mM phosphate buffer at pH 7.5 and 8.5, respectively. The observed reaction rate constant k_{Obs} and the calculated second order reaction rate constant k_2 at different pH were determined; c) MALDI-TOF mass spectra of ¹⁵N labeled POI (black) and after labeling with **¹⁹F T1** (red). The observed mass difference between free protein and labeled protein with **¹⁹F T1** is consistent with theoretical mass difference (178 Dalton).

Figure S3. Reactivity assay of **¹⁹F T2** with POI (Ub D39C, G47C, E64C, S57C, T12C, G35C). a) The reaction scheme of POI with **¹⁹F T2**; b) Superimposition of ¹⁵N-HSQC spectra recorded for 0.1 mM ¹⁵N POI (blue) after incubation with

1 mM (10 equivalent) **¹⁹F T2** for different time (red) in 20 mM phosphate buffer at pH 7.5 and 8.5, respectively. The observed reaction rate constant k_{Obs} and the calculated second order reaction rate constant k_2 at different pH were determined; c) ESI-QTOF mass spectrometry of ¹⁵N labeled POI (black) and after labeling with **¹⁹F T2** (red). The observed mass difference between free protein and labeled protein with **¹⁹F T2** is consistent with theoretical mass difference (216 Dalton).

5. Site-specific dual labelling of proteins with paramagnetic and ¹⁹F tags

1.0 mL 0.4 mM freshly prepared ubiquitin variants was mixed with 3.0 equivalents of **para T1** in 20 mM phosphate buffer, and the pH of the above reactant mixture was adjusted to 8.0. The solution was incubated at 30℃ for about 3-5 h. Complete loading of the protein with **para T1** was then confirmed by MALDI-TOF mass spectrometry, and the excess **para T1** was removed by ultrafiltration. The Single-labeled products of ubiquitin with **para T1**, were separately mixed with 3 equivalents ¹**⁹F T1** or **¹⁹F T2** in 20 mM phosphate buffer. The pH was adjusted to 8.5, incubated at 30℃ for no more than 2 hours, and characterized by MALDI-TOF mass spectrometry. Due to the inevitable loss of protein during ultrafiltration, the overall yield is about 75- 90%.

Figure S4. a) Overlay of ¹⁵N-HSQC spectra of 0.1 mM ubiquitin T22C/G47C (red) and T22C/G47C-**para T1** conjugate (blue); b) Chemical-shift differences between Ub T22C/G47C and Ub T22C/G47C-**para T1** conjugate, calculated as $\delta = ((\Delta \delta H)^2 + (\Delta \delta N/10)^2)^{1/2}$. The N atoms of the main chain of amino acids whose chemical-shift difference is greater than 0.05 ppm are shown as red spheres and marked on the structure of ubiquitin (PDB code: 1UBI). Among them, the α-C of C47 is represented by a cyan sphere, and the α-C of C22 is represented by an orange sphere. (C)

MALDI-TOF data of Ub T22C/G47C and its sequential reaction with **para T1** and **¹⁹F T1**; (D) MALDI-TOF data of Ub T22C/G47C and its sequential reaction with **para T1** and **¹⁹F T2**.

6. Comparison of PCS obtained by ¹⁵N-HSQC and ¹⁹F NMR spectra.

Figure S5. Comparison of PCS obtained by ¹⁵N-HSQC and ¹⁹F NMR spectra. a) Superimposition of ¹⁵N-HSQC spectra of 0.1 mM Ub E64C-**Para-T1**-Y 3+ (Red) and 0.1 mM Ub E64C-**Para-T1**-Dy3+ (Blue). The spectra were recorded at 298 K and pH 6.4 with a ¹H NMR frequency of 600 MHz in 20 mM MES buffer; b) PCSs of the backbone amide proton of G35 in Ub E64C-**Para T1**-Dy³⁺ complex (0.1 mM) in 20 mM MES buffer at pH 6.5; c) Comparison of PCS of the backbone amide proton of G35 in Ub E64C-**Para T1**-Dy3+ and ¹⁹F-PCS of Ub G35C-**¹⁹F T1**/E64C-**Para T1**-Dy3+ were determined by ¹⁵N-HSQC and ¹⁹F NMR, respectively.

7. Preparation of *E. coli* **cell lysates.**

The *E. coli*. BL21 (DE3) Condon Plus cells were grown in 300 mL of LB medium at 37 °C until an optical density (OD) at 600 nm increased to 1.0. Then, the cells were spun down at 6000 rpm for 8 min at 4 °C. The cell pellet was weighted about 1.0 g and the cells were resuspended in 4 mL of lysis buffer (20 mM MES buffer, pH 6.4) and lysed by sonication on ice. Insoluble materials were removed by centrifugation at 12,000 rpm for 10 min, the supernatant was used as crowding medium for NMR analysis.

8. In-Cell NMR experiments.

The HEK293T cells were seeded on 10 cm dishes and cultivated in Dulbecco's Modified Eagle's medium (DMEM) with 10% fetal bovine serum (FBS) and 1% antibiotics (penicillin and streptomycin solution) at 37°C under 5% CO₂ humidified atmosphere. Cells were divided at 70-80 % confluence and passaged no more than six times before NMR experiments. For in-cell NMR samples, $28-32 \times 10^6$ cells were used as starting material for electroporation per experiment.

According to the previously published method⁴, the target protein was delivered into HEK293T cells by electroporation. Ub G35C-**¹⁹F T1**/E64C-**Para T1** (Y3+/Dy3+) was added to freshly prepared and sterile filtered electroporation buffer (EPB: 100 mM Na₂HPO₄, 5 mM KCl, 15 mM MgCl₂, 15 mM HEPES, 2 mM ATP (Thermo Fisher), 2 mM reduced glutathione (Sigma) at pH 7.0) to final concentrations of 2 mM. Cells were pelleted again and mixed with Ub G35C⁻¹⁹**F T1**/E64C-**Para T1** (Y³⁺/Dy³⁺) in EPB at 70-80 × 10⁶ cells per mL. 4 cuvettes, each containing 100 μ L aliquots (8 × 10⁶ cells) were then transferred to 2 mm cuvettes and electroporated on an Amaxa Nucleofector I (Lonza). For control experiments, cells were subjected to mock electroporation with EPB alone. Immediately after electroporation, 1 mL of pre-warmed DMEM was added to each cuvette and the cells were gently suspended by pipetting up and down three times before being transferred to 5 ml of prewarmed DMEM medium in two 10 cm dishes.

Cells were allowed to recover for 4 hours to restore normal morphology as assessed by light microscopy, dishes were washed three times with pre-warmed PBS and harvested the cells. Cells were washed twice with pre-warmed PBS before further analysis. About $12-14 \times 10^6$ electroporated cells were harvested and resuspended in 80-100 µL NMR buffer (DMEM supplemented with 90 mM glucose, 5 mM HEPES, and 10% D₂O), and the cell sample was transferred into a 3 mm NMR tube, followed by ¹⁹F NMR measurements.

After the in-cell NMR experiment, the cells were removed from the NMR tube and the cell supernatant was collected by gentle centrifugation (1400 rpm for 3 minutes) for ¹⁹F NMR measurement. The cell pellets were mixed with NMR buffer (DMEM supplemented with 90 mM glucose, 5 mM HEPES, and 10% D₂O) to a final volume of 180 µL and subjected to 15 cycles of freezing (liquid N_2) and thawing (room temperature). The cell lysate was centrifuged at 12000 × g for 10 mins to remove cell debris, and the supernatant was used as cell lysate for ¹⁹F NMR measurement.

9. Trypan Blue Test.

Cell viability measurements before and after 2 h NMR measurements were performed by Trypan blue exclusion test. In-cell samples were prepared as described above, about $12{\text -}14 \times 10^6$ electroporated cells were harvested and resuspended in 80-100 µL NMR buffer (DMEM supplemented with 90 mM glucose, 5 mM HEPES, and 10% D₂O), and the cell sample was transferred into a 3 mm NMR tube, followed by ¹⁹F NMR measurements. Before and after 2 h NMR measurements, 5 μL of the cell suspension was diluted 3-6 times with PBS, and an equal volume of 0.4% Trypan blue solution was added and incubated at room temperature for 3 min. Then, the cell viability was analyzed under a microscope.

Figure S6. Cell viability before (0 h) and after NMR experiments (2 h) was assessed by trypan blue staining. a) Ub G35C-**19F T1**/E64C-**Para T1**; b) Ub G35C-**¹⁹F T1**/E64C-**Para T1**-Y 3+; c) Ub G35C-**¹⁹F T1**/E64C-**Para T1**-Dy3+; d) Bar graph presenting results from a viability assay using trypan blue staining.

10. References

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