

## Co(II)-Catalyzed Isomerization of Enals using Hydrogen Atom Transfer

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## I. General Considerations

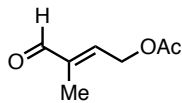
Unless noted, all reactions were set up in a N<sub>2</sub>-filled glovebox. All glassware was oven-dried prior to use. Parr high pressure reactors (Series 4750 vessels with split ring closure) were used for high pressure reactions. Unless noted, yields and conversions were determined by quantitative <sup>1</sup>H NMR with NMP as the internal standard. Flash chromatography was performed as described by Still and co-workers<sup>1</sup> (SiliaFlash P60, 40-63μm, 60Å silica gel, Silicycle) or by automated flash chromatography (Isolera, HP-SIL silica cartridges, Biotage). Analytical thin-layer chromatography was performed using glass plates pre-coated with silica (SiliaPlate G TLC - Glass-Backed, 250μm, Silicycle). TLC plates were visualized by UV light and/or staining with aqueous basic potassium permanganate. HRMS analyses of the products were performed on an Agilent Technologies 6220 oaTOF instrument (ESI, APPI, APCI) in positive or negative ionization mode or a Kratos MS50G Double Focussing Sector (EB/EI) instrument in positive mode. NMR spectra (<sup>1</sup>H, <sup>13</sup>C, <sup>19</sup>F) were obtained on an Agilent VNMRS 700 MHz, Varian VNMRS 600 MHz, Varian VNMRS 500 MHz, or Varian 400 MHz spectrometer. The chemical shifts are given as parts per million (ppm) and were referenced to the residual solvent signal (CDCl<sub>3</sub>: δH = 7.26 ppm, δC = 77.06 ppm). Co(dm<sup>g</sup>BF<sub>2</sub>)<sub>2</sub>•2H<sub>2</sub>O and Co(dm<sup>g</sup>H)<sub>2</sub>•2H<sub>2</sub>O was synthesized using a literature procedure.<sup>2</sup> Ligands were purchased from Sigma-Aldrich, Strem Chemicals, Combi-blocks, Alfa Aesar, or Acros. Substrates were obtained from commercial vendors and used as supplied. Substrates (**4**, **5**, **8**, **9**),<sup>3</sup> **6**,<sup>4</sup> **7**,<sup>5</sup> **10**,<sup>6</sup> **11**,<sup>7</sup> **12**,<sup>8</sup> **13**,<sup>9</sup> **14**,<sup>10</sup> **15**,<sup>11</sup> **16**,<sup>12</sup> (**17**, **18**),<sup>13</sup> **20**<sup>14</sup> and **21**<sup>15</sup> were synthesized by literature procedures.

## II. Procedure for Isomerization

**General Procedure 1 (Co-catalyzed isomerization):** In a glovebox filled with N<sub>2</sub>, Co(dmgbF<sub>2</sub>)<sub>2</sub>•2H<sub>2</sub>O (0.0125 mmol, 5.3 mg) was added in a 2-dram vial followed by substrate **1** (0.5 mmol, 71.0 mg) and N-methyl-2-pyrrolidone (5–10 mg). Toluene (5.0 mL) and a stir-bar was added into the mixture, the vial was sealed with a PTFE-line cap pierced with an 18-gauge needle, then the vial was placed into a high-pressure reactor. The high-pressure reactor was sealed and taken out of the glovebox. The N<sub>2</sub> atmosphere of the reactor was replaced by H<sub>2</sub> by charging to 50–150 psi, then carefully releasing the pressure, this process was repeated two more times. The reaction mixture was stirred under corresponding H<sub>2</sub> pressure (75–100 psi) at 50 °C for two hours. Upon completion of the reaction, the reactor was cooled to room temperature, and H<sub>2</sub> was released. The reaction vial was taken out from the reactor and the crude yield was determined using <sup>1</sup>H NMR by removing a small aliquot (~10 μL) of the reaction mixture and diluting with CDCl<sub>3</sub>. Reported terminal NMR yields were obtained in a similar manner. The product was then purified by silica gel chromatography by loading the reaction mixture directly on to the column.

**General Procedure 2 (Rh-catalyzed isomerization):** In a glovebox filled with N<sub>2</sub>, a stock solution was made by mixing RhCl<sub>3</sub>•3H<sub>2</sub>O (0.015 mmol, 3.9 mg) with 4-4'-dimethyl-2-2'-bipyridine (0.015 mmol, 2.7 mg) in a 1:1 molar ratio in dioxane (3.6 mL) at room temperature for 30 minutes. The catalyst solution (2.4 mL, 0.01 mmol) was transferred into a 2-dram vial charged with substrate **1** (0.2 mmol, 28.4 mg) and NMP (5–10 mg) in EtOH (1.4 mL). A stir-bar was added into the mixture, the vial was sealed with a PTFE-line cap and taken out of the glovebox. Then, 0.2 mL pH 7 buffer (dihydrogen potassium phosphate-sodium phosphate dibasic, 0.05 M in H<sub>2</sub>O) was added using a syringe, and the reaction mixture was stirred at 80 °C overnight. The reaction was monitored periodically until the consumption of the starting material stopped, and the crude yield was determined using <sup>1</sup>H NMR by removing a small aliquot (~10 μL) of the reaction mixture and diluting with CDCl<sub>3</sub>.

### III. Specific Experimental Details and Product Characterization Data



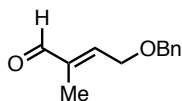
**2** Prepared according to General Procedure 1 from the corresponding enal **1** (71.0 mg, 0.50 mmol), 50 °C, 2 h.  $^1\text{H}$  NMR conversion: 90%, crude yield: 90%. Isolated in 96% yield as a mixture of product and substrate (87% yield of **2** with 91:9 **2/1**) and as a colourless oil after purification by silica column chromatography (25% pentane in diethyl ether).

$^1\text{H}$  NMR ( $\text{CDCl}_3$ , 500 MHz, product)  $\delta$  9.45 (s, 1H), 6.49 (tq,  $J = 6.0, 1.4$  Hz, 1H), 4.89 (dq,  $J = 6.0, 1.1$  Hz, 2H), 2.12 (s, 3H), 1.79 (d,  $J = 1.1$  Hz, 3H);

$^1\text{H}$  NMR ( $\text{CDCl}_3$ , 500 MHz, residual substrate)  $\delta$  9.54 (s, 1H), 6.34 (s, 1H), 6.10 (s, 1H), 4.18 (t,  $J = 6.6$  Hz, 2H), 2.59 (td,  $J = 6.6, 1.1$  Hz, 2H), 2.02 (s, 3H);

$^{13}\text{C}$  NMR ( $\text{CDCl}_3$ , 125 MHz)  $\delta$  194.1, 170.6, 145.7, 140.6, 60.9, 20.8, 9.5;

**HRMS (ESI):** calcd. for  $\text{C}_7\text{H}_{10}\text{O}_3\text{Na}$   $[\text{M}+\text{Na}]^+$  165.0522. Found 165.0521.

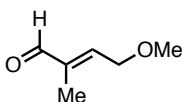


**4-H** Prepared according to General Procedure 1 from the corresponding enal **4** (95.0 mg, 0.50 mmol), 50 °C, 2 h.  $^1\text{H}$  NMR conversion: 94%, crude yield: 94%. Isolated in 90% yield as a colourless oil after purification by silica column chromatography (25% pentane in diethyl ether).

$^1\text{H}$  NMR ( $\text{CDCl}_3$ , 500 MHz)  $\delta$  9.45 (s, 1H), 7.39–7.31 (M, 5H), 6.61 (tq,  $J = 5.6, 1.3$  Hz, 1H), 4.59 (S, 2H), 4.36 (dq,  $J = 5.6, 1.1$  Hz, 2H), 1.73 (s, 3H);

$^{13}\text{C}$  NMR ( $\text{CDCl}_3$ , 125 MHz)  $\delta$  194.5, 149.5, 139.5, 137.5, 128.6, 128.1, 127.9, 73.2, 66.8, 9.6;

**HRMS (ESI):** calcd. for  $\text{C}_{12}\text{H}_{14}\text{O}_2\text{Na}$   $[\text{M}+\text{Na}]^+$  213.0886. Found 213.0885.

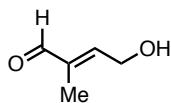


**5-H** Prepared according to General Procedure 1 from the corresponding enal **5** (57.0 mg, 0.50 mmol), 50 °C, 2 h.  $^1\text{H}$  NMR conversion: 94%, crude yield: 81%. Isolated in 84% yield as a colourless oil after purification by silica column chromatography (25% pentane in diethyl ether).

$^1\text{H NMR}$  ( $\text{CDCl}_3$ , 500 MHz)  $\delta$  9.44 (s, 1H), 6.54 (tq,  $J = 5.6, 1.2$  Hz, 1H), 4.27 (dq,  $J = 5.6, 1.2$  Hz, 2H), 3.41 (s, 3H), 1.75 (q,  $J = 1.2$  Hz, 3H);

$^{13}\text{C NMR}$  ( $\text{CDCl}_3$ , 125 MHz)  $\delta$  194.4, 149.4, 139.5, 69.3, 58.8, 9.5;

**HRMS (ESI):** calcd. for  $\text{C}_6\text{H}_{10}\text{O}_2\text{Na}$   $[\text{M}+\text{Na}]^+$  137.0573. Found 137.0573.

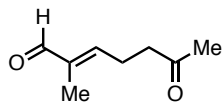


**6-H** Prepared according to General Procedure 1 from the corresponding enal **6** (100.1 mg, 1.00 mmol), 50 °C, 2 h.  $^1\text{H NMR}$  conversion: 98%, crude yield: 90%. Isolated in 90% yield as a colourless oil after purification by silica column chromatography (30% pentane in diethyl ether).

$^1\text{H NMR}$  ( $\text{CDCl}_3$ , 500 MHz)  $\delta$  9.44 (s, 1H), 6.60 (tq,  $J = 5.7, 1.3$  Hz, 1H), 4.57–4.53 (m, 2H), 2.00 (brs, 1H), 1.77 (s, 3H);

$^{13}\text{C NMR}$  ( $\text{CDCl}_3$ , 125 MHz)  $\delta$  194.7, 151.6, 138.8, 59.8, 9.5;

**HRMS (ESI):** calcd. for  $\text{C}_5\text{H}_8\text{O}_2\text{Na}$   $[\text{M}+\text{Na}]^+$  123.0417. Found 123.0418.



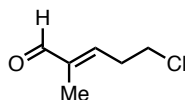
**7-H** Prepared according to General Procedure 1 from the corresponding enal **7** (35.0 mg, 0.25 mmol), 50 °C, 2 h.  $^1\text{H NMR}$  conversion: >99%, crude yield: >98%, 92:8 *E/Z* ratio. Isolated in 88% yield as a mixture of geometric isomers (92:8 *E/Z*) and as a colourless oil after purification by silica column chromatography (25% pentane in diethyl ether).

$^1\text{H NMR}$  ( $\text{CDCl}_3$ , 500 MHz, major, *E*-product)  $\delta$  9.37 (s, 1H), 6.42 (tq,  $J = 7.0, 1.4$  Hz, 1H), 2.67–2.64 (m, 2H), 2.62–2.57 (m, 2H), 2.18 (s, 3H), 1.76 (d,  $J = 1.4$  Hz, 3H);

$^1\text{H NMR}$  ( $\text{CDCl}_3$ , 500 MHz, minor, *Z*-product)  $\delta$  9.47 (s, 1H), 6.74 (tq,  $J = 6.9, 1.4$  Hz, 1H), 3.51 (d,  $J = 7.0$  Hz, 2H), 2.67–2.64 (m, 2H), 2.25 (s, 3H), 1.75 (s, 3H);

$^{13}\text{C NMR}$  ( $\text{CDCl}_3$ , 125 MHz, major, *E*-prod)  $\delta$  206.8, 195.1, 152.4, 140.1, 41.8, 29.9, 23.0, 9.2;

**HRMS (ESI):** calcd. for  $\text{C}_8\text{H}_{12}\text{O}_2\text{Na}$   $[\text{M}+\text{Na}]^+$  163.0730. Found 163.0729.

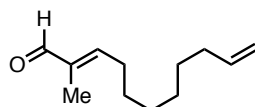


**8-H** Prepared according to General Procedure 1 from the corresponding enal **8** (66.5 mg, 0.50 mmol), 50 °C, 2 h. <sup>1</sup>H NMR conversion: >99%, crude yield: 91%. Isolated in 81% yield as a colourless oil after purification by silica column chromatography (20% pentane in diethyl ether).

<sup>1</sup>H NMR (CDCl<sub>3</sub>, 500 MHz) δ 9.45 (s, 1H), 6.51 (tq, *J* = 7.3, 1.4 Hz, 1H), 3.67 (t, *J* = 6.7 Hz, 2H), 2.83 (dt, *J* = 7.3, 6.7 Hz, 2H), 1.78 (s, 3H);

<sup>13</sup>C NMR (CDCl<sub>3</sub>, 125 MHz) δ 194.8, 184.7, 141.4, 42.6, 31.9, 9.5;

**HRMS (ESI):** calcd. for C<sub>6</sub>H<sub>9</sub>ONa [M+Na]<sup>+</sup> 155.0234. Found 155.0232.

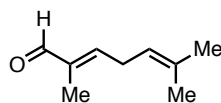


**9-H** Prepared according to General Procedure 1 from the corresponding enal **9** (90.0 mg, 0.50 mmol), 50 °C, 2 h. <sup>1</sup>H NMR conversion: >99%, crude yield: 90%. Isolated in 89% yield as a colourless oil after purification by silica column chromatography (5% pentane in diethyl ether).

<sup>1</sup>H NMR (CDCl<sub>3</sub>, 500 MHz) δ 9.40 (s, 1H), 6.49 (tq, *J* = 7.5, 1.3 Hz, 1H), 5.85–5.76 (m, 1H), 5.02–4.92 (m, 2H), 2.35 (td, *J* = 7.3, 7.3 Hz, 2H), 2.05 (td, *J* = 7.5, 6.7 Hz, 2H), 1.74 (s, 3H), 1.54–1.48 (m, 2H), 1.42–1.32 (m, 6H);

<sup>13</sup>C NMR (CDCl<sub>3</sub>, 125 MHz) δ 195.4, 155.0, 139.4, 139.0, 114.4, 33.7, 29.2, 29.0, 28.9, 28.8, 28.4, 9.2;

**HRMS (ESI):** calcd. for C<sub>12</sub>H<sub>20</sub>ONa [M+Na]<sup>+</sup> 203.1406. Found 203.1402.

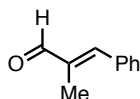


**10-H** Prepared according to General Procedure 1 from the corresponding enal **10** (69.0 mg, 0.50 mmol), 50 °C, 2 h. <sup>1</sup>H NMR conversion: >99%, crude yield: 90%. Isolated in 90% yield as a colourless oil after purification by silica column chromatography (5% pentane in diethyl ether).

<sup>1</sup>H NMR (CDCl<sub>3</sub>, 500 MHz) δ 9.39 (s, 1H), 6.43 (tq, *J* = 6.7, 1.3 Hz, 1H), 5.16 (t, *J* = 7.2 Hz, 1H), 3.03 (dd, *J* = 7.2, 6.7 Hz, 2H), 1.77 (s, 3H), 1.73 (s, 3H), 1.67 (s, 3H);

<sup>13</sup>C NMR (CDCl<sub>3</sub>, 125 MHz) δ 195.4, 153.2, 138.9, 134.6, 119.3, 28.2, 25.7, 17.9, 9.2;

**HRMS (ESI):** calcd. for C<sub>9</sub>H<sub>14</sub>ONa [M+Na]<sup>+</sup> 161.0937. Found 161.0937.

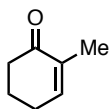


**11-H** Prepared according to General Procedure 1 from the corresponding enal **11** (73.0 mg, 0.50 mmol), 50 °C, 2 h. <sup>1</sup>H NMR conversion: >99%, crude yield: 98%. Isolated in 93% yield as a colourless oil after purification by silica column chromatography (5% pentane in diethyl ether).

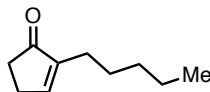
<sup>1</sup>H NMR (CDCl<sub>3</sub>, 500 MHz) δ 9.60 (s, 1H), 7.55–7.53 (m, 2H), 7.47–7.44 (m, 2H), 7.42–7.40 (m, 1H), 7.27 (d, *J* = 1.1 Hz, 1H), 2.09 (d, *J* = 1.1 Hz, 3H);

<sup>13</sup>C NMR (CDCl<sub>3</sub>, 125 MHz) δ 195.6, 149.8, 138.4, 135.2, 130.1, 129.6, 128.7, 11.0;

**HRMS (ESI):** calcd. for C<sub>10</sub>H<sub>10</sub>ONa [M+Na]<sup>+</sup> 169.0624. Found 169.0625.



**12-H** Prepared according to General Procedure 1 from the corresponding enone **12** (11.0 mg, 0.10 mmol), 50 °C, 2 h. <sup>1</sup>H NMR conversion: >99%, crude yield: >98%. Spectroscopic data for the product agreed with the literature.<sup>16</sup>

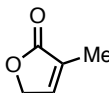


**13-H** Prepared according to General Procedure 1 from the corresponding enone **13** (76.0 mg, 0.50 mmol), 50 °C, 2 h. <sup>1</sup>H NMR conversion: >99%, crude yield: 85%. Isolated in 82% yield as a colourless oil after purification by silica column chromatography (5% pentane in diethyl ether).

<sup>1</sup>H NMR (CDCl<sub>3</sub>, 500 MHz) δ 7.30–7.28 (m, 1H), 2.57–2.54 (m, 2H), 2.40–2.38 (m, 2H), 2.18–2.13 (m, 2H), 1.50–1.44 (m, 2H), 1.34–1.26 (m, 4H), 0.89–0.87 (m, 3H);

<sup>13</sup>C NMR (CDCl<sub>3</sub>, 125 MHz) δ 210.1, 157.3, 146.6, 34.7, 31.6, 27.5, 26.5, 24.8, 22.5, 14.0;

**HRMS (ESI):** calcd. for C<sub>10</sub>H<sub>16</sub>ONa [M+Na]<sup>+</sup> 175.1093. Found 175.1090.

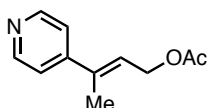


**14-H** Prepared according to General Procedure 1 from the corresponding lactone **14** (49.0 mg, 0.50 mmol), 50 °C, 2 h. <sup>1</sup>H NMR conversion: >99%, crude yield: 98%. Isolated in 94% yield as a colourless oil after purification by silica column chromatography (25% pentane in diethyl ether).

<sup>1</sup>H NMR (CDCl<sub>3</sub>, 500 MHz) δ 7.14–7.12 (m, 1H), 4.76–4.74 (m, 2H), 1.94–1.92 (m, 3H);

<sup>13</sup>C NMR (CDCl<sub>3</sub>, 125 MHz) δ 174.8, 144.9, 130.0, 70.0, 10.7;

**HRMS (ESI):** calcd. for C<sub>5</sub>H<sub>6</sub>O<sub>2</sub>Na [M+Na]<sup>+</sup> 121.0260. Found 121.0260.

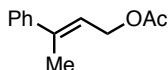


**15-H** Prepared according to General Procedure 1 from the corresponding substrate **16** (19.1 mg, 0.10 mmol), 50 °C, 2 h. <sup>1</sup>H NMR conversion: 94%, crude yield: 49%. Reduced yield is likely due to substrate hydrogenation. Isolated in 50% yield as a mixture of product and substrate (90:10 *E*/**16**) colourless oil after purification by silica column chromatography (25% pentane in diethyl ether).

<sup>1</sup>H NMR (CDCl<sub>3</sub>, 500 MHz, major, *E*-product) δ 8.56–8.55 (m, 2H), 7.29–7.28 (m, 2H), 6.07 (tq, *J* = 6.8, 1.3 Hz, 1H), 4.80 (dd, *J* = 6.8, 0.7 Hz, 2H), 2.10 (s, 6H);

<sup>13</sup>C NMR (CDCl<sub>3</sub>, 125 MHz, major, *E*-product) δ 171.0, 150.0, 149.6, 137.4, 124.8, 120.4, 61.4, 21.0, 15.5;

**HRMS (ESI):** calcd. for C<sub>11</sub>H<sub>14</sub>O<sub>2</sub>N [M+H]<sup>+</sup> 192.1019. Found 192.1019.



**16-H** Prepared according to General Procedure 1 from the corresponding substrate **17** (34.2 mg, 0.18 mmol), 50 °C, 2 h. <sup>1</sup>H NMR conversion: 86%, crude yield: 86%, 76:24 *E*/*Z* ratio. Isolated in 90% yield as a mixture of geometric isomers (77:18:5 *E*/*Z*/**17**) as a colourless oil after purification by silica column chromatography (10% pentane in diethyl ether).

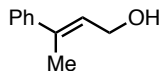
<sup>1</sup>H NMR (CDCl<sub>3</sub>, 500 MHz, major, *E*-product) δ 7.42–7.40 (m, 2H), 7.35–7.32 (m, 2H), 7.29–7.26 (m, 1H), 5.90 (tq, *J* = 7.0, 1.4 Hz, 1H), 4.79 (d, *J* = 7.0 Hz, 2H), 2.12 (s, 3H), 2.09 (s, 3H);

<sup>1</sup>H NMR (CDCl<sub>3</sub>, 500 MHz, minor, *Z*-product) δ 7.35–7.26 (m, 3H), 7.19–7.17 (m, 2H), 5.66 (tq, *J* = 7.2, 1.5 Hz, 1H), 4.50 (dd, *J* = 7.2, 0.9 Hz, 2H), 2.11 (d, *J* = 0.9 Hz, 3H), 2.05 (s, 3H);



$^{13}\text{C}$  NMR ( $\text{CDCl}_3$ , 125 MHz, major, *E*-product)  $\delta$  171.1, 142.6, 140.2, 128.3, 127.6, 125.9, 121.4, 61.7, 21.1, 16.2;

**HRMS (ESI):** calcd. for  $\text{C}_{12}\text{H}_{14}\text{O}_2\text{Na}$   $[\text{M}+\text{Na}]^+$  213.0886. Found 213.0883.

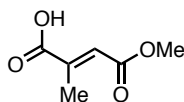


**17-H** Prepared according to General Procedure 1 from the corresponding substrate **18** (74.0 mg, 0.5 mmol), 50 °C, 2 h.  $^1\text{H}$  NMR conversion: 83%, crude yield: 69%, 77:23 *E/Z* ratio. Isolated in 55% yield as a mixture of product and substrate (95:5 *E/18*) as a colourless oil after purification by silica column chromatography (30% pentane in diethyl ether).

$^1\text{H}$  NMR ( $\text{CDCl}_3$ , 500 MHz)  $\delta$  7.42–7.41 (m, 2H), 7.35–7.32 (m, 2H), 7.28–7.26 (m, 1H), 5.98 (tq,  $J = 6.7, 1.3$  Hz, 1H), 4.37 (d,  $J = 6.7$  Hz, 2H), 2.09 (s, 3H);

$^{13}\text{C}$  NMR ( $\text{CDCl}_3$ , 125 MHz)  $\delta$  142.9, 138.0, 128.3, 127.3, 126.5, 125.8, 60.0, 16.1;

**HRMS (ESI):** calcd. for  $\text{C}_{10}\text{H}_{12}\text{ONa}$   $[\text{M}+\text{Na}]^+$  171.0780. Found 171.0779.



**18-H** Prepared according to General Procedure 1 from itaconic acid monomethyl ester **19** (14.4 mg, 0.10 mmol), 80 °C, 5 h.  $^1\text{H}$  NMR conversion: 79%, crude yield: 75%. Isolated in 68% yield as a white solid after purification by silica column chromatography (10% hexane in EtOAc).

$^1\text{H}$  NMR ( $\text{CDCl}_3$ , 500 MHz)  $\delta$  6.89 (q,  $J = 1.6$  Hz, 1H), 3.15 (s, 3H), 2.30 (d,  $J = 1.6$  Hz, 3H);

$^{13}\text{C}$  NMR ( $\text{CDCl}_3$ , 125 MHz)  $\delta$  171.4, 166.1, 142.7, 128.3, 51.9, 14.0;

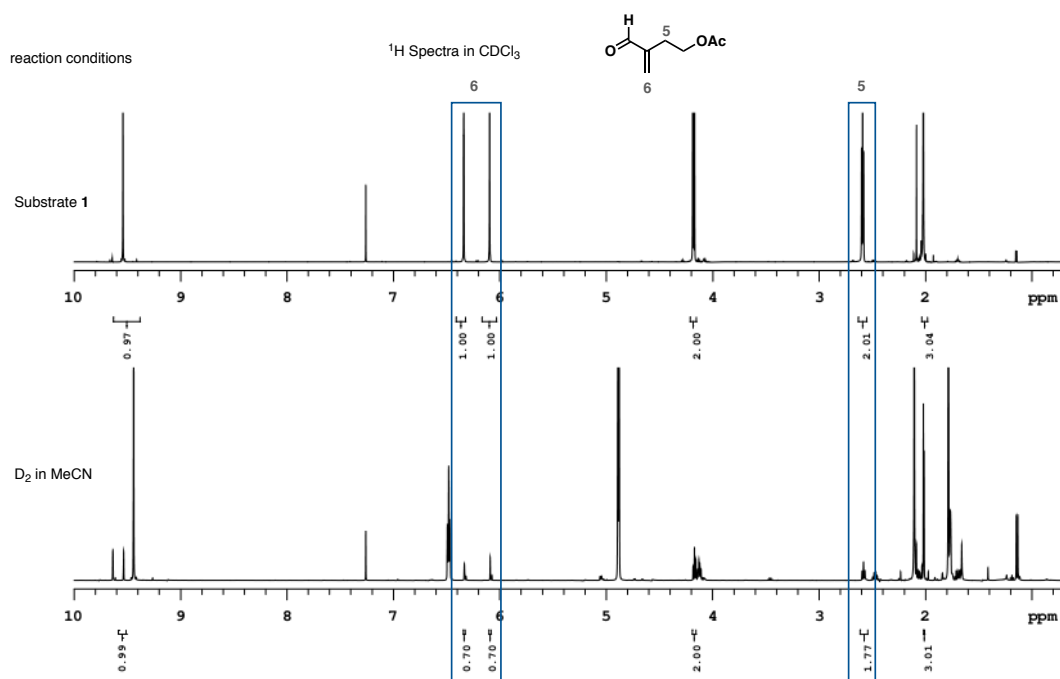
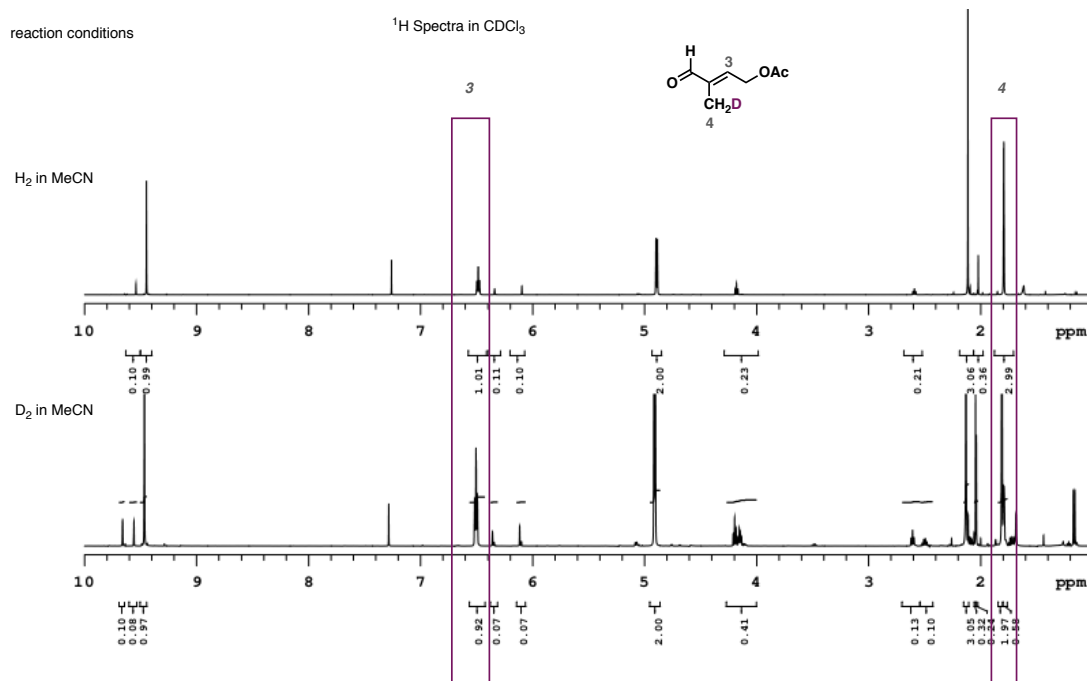
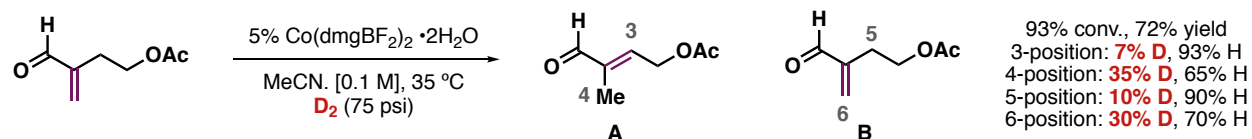
**HRMS (ESI):** calcd. for  $\text{C}_6\text{H}_7\text{O}_4$   $[\text{M}-\text{H}]^-$  143.0350. Found 143.0351.

## IV. H/D Labeling Experiments

### 1. General Procedure for D-labeling experiments

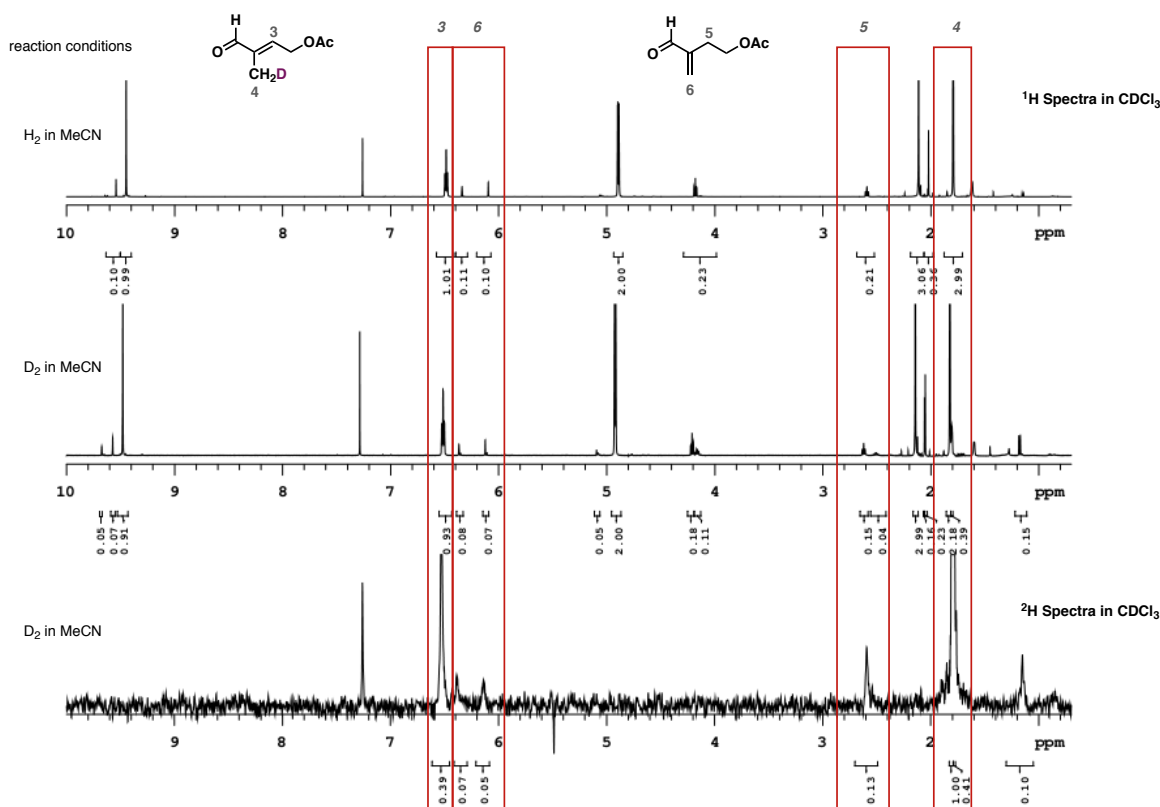
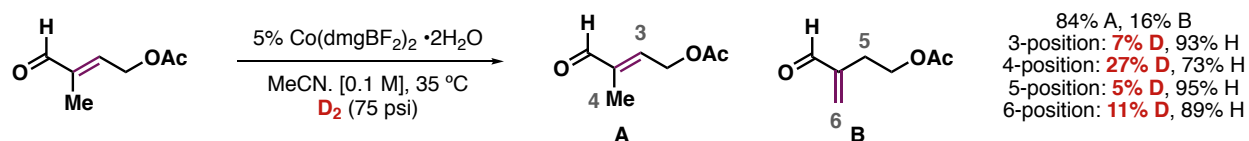
In a glovebox filled with N<sub>2</sub>, Co(dmgbF<sub>2</sub>)<sub>2</sub>•2H<sub>2</sub>O (0.0025 mmol, 2.1 mg) was added in a 2 mL vial followed by substrate **1** (0.1 mmol, 14.2 mg) and N-methyl-2-pyrrolidone (5–10 mg). Acetonitrile (1.0 mL) and a stir-bar was added into the mixture, the vial was sealed with a PTFE-line cap pierced with an 18-gauge needle, then the vial was placed into a high-pressure reactor. The high-pressure reactor was sealed and taken out of the glovebox. The N<sub>2</sub> atmosphere of the reactor was replaced by D<sub>2</sub> by charging to 50–150 psi, then carefully releasing the pressure, this process was repeated two more times. The reaction mixture was stirred under corresponding D<sub>2</sub> pressure (75–100 psi). Upon completion of the reaction, the reactor was cooled to room temperature, and D<sub>2</sub> was released. The reaction vial was taken out from the reactor and the crude yield was determined using <sup>1</sup>H NMR by removing a small aliquot (~10 μL) of the reaction mixture and diluting with CDCl<sub>3</sub>.

## 2. D-Labeling results with Substrate 1



**Fig S1.** Overview of D-labeling results with substrate **1**. Estimated error in values is ~5% due to small amounts of over-hydrogenation and error in integration

### 3. D-Labeling results with **2**

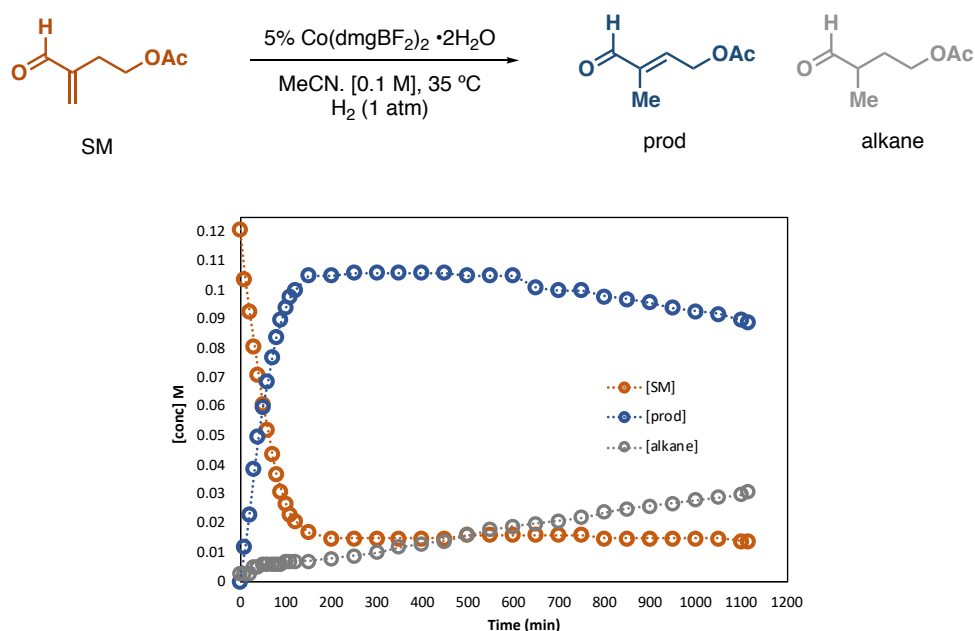


**Fig S2.** Overview of D-labeling results with substrate **2**. Estimated error in values is ~5% due to small amounts of over-hydrogenation and error in integration.

## V. Reaction Kinetics

### 1. [Co]-condition

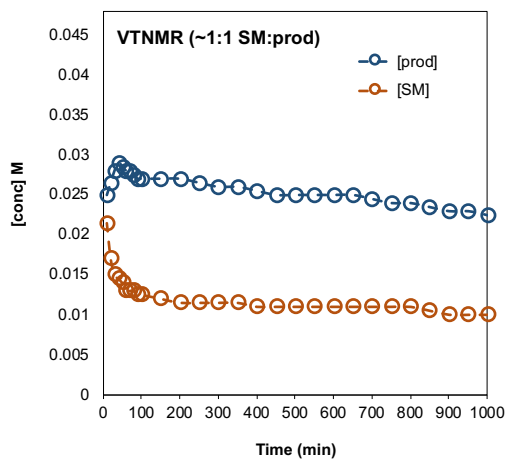
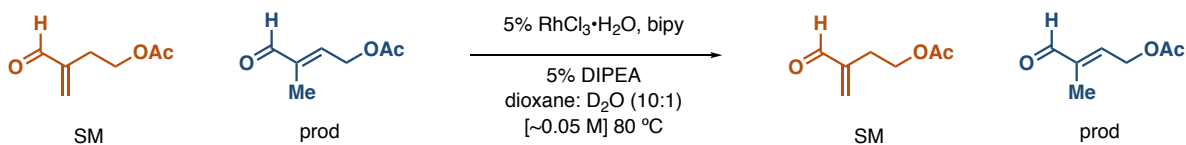
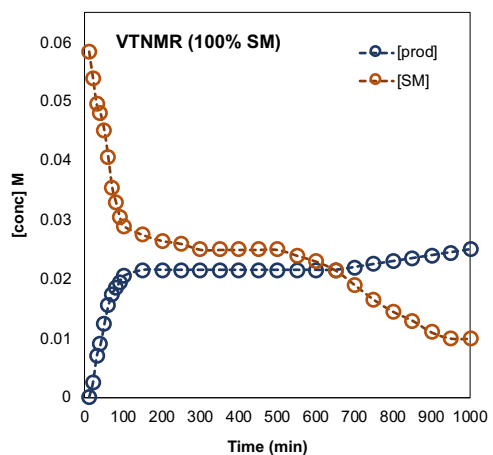
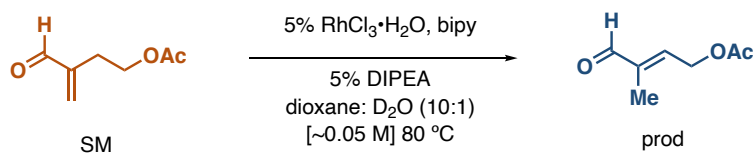
In a glovebox filled with N<sub>2</sub>, Co(dmgBF<sub>2</sub>)<sub>2</sub>•2H<sub>2</sub>O (0.0025 mmol, 2.1 mg) was added in a GC vial followed by substrate **1** (0.1 mmol, 14.2 mg) and N-methyl-2-pyrrolidone (5–10 mg). *d*<sub>3</sub>-Acetonitrile (1.0 mL) and a stir-bar was added into the mixture, the vial was sealed and stirred at room temperature until everything dissolved (~10 min). The reaction mixture (0.7 mL) was transferred to a J. Young NMR tube, and the tube was sealed and taken out of the glovebox. The N<sub>2</sub> atmosphere of the tube was replaced by H<sub>2</sub> by purging with a H<sub>2</sub> balloon for ~5 min. Then, the mixture was sealed under H<sub>2</sub> and warmed to 35 °C while analyzing by NMR.



**Fig S3.** VTNMR experiments under [Co]-catalyzed condition. VTNMR setup: reaction at rt ~20 mins to exchange H<sub>2</sub> gas, then, start at 35 °C on NMR.

## 2. [Rh]-condition

In a glovebox filled with N<sub>2</sub>, a stock solution was made by mixing RhCl<sub>3</sub>•3H<sub>2</sub>O (0.015 mmol, 3.9 mg) with 4-4'-dimethyl-2-2'-bipyridine (0.015 mmol, 2.7 mg) in a 1:1 molar ratio in dioxane (5.4 mL) at room temperature for 30 minutes. The catalyst solution (3.60 mL, 0.01 mmol) was transferred into a 2-dram vial charged with substrate **1** (0.2 mmol, 28.4 mg), N,N-Diisopropylethylamine (0.01 mmol, 1.80 μL) and N-methyl-2-pyrrolidone (5–10 mg) in D<sub>2</sub>O (0.36 mL). A stir-bar was added into the mixture, the vial was sealed and stirred at room temperature until everything dissolved (~20 min). The reaction mixture (0.70 mL) was transferred to a J. Young NMR tube, and the tube was sealed and taken out of the glovebox. The NMR tube was placed into the NMR instrument and warmed to 80 °C over 20 minutes.



**Fig S4.** VTNMR experiments under [Rh]-catalyzed condition. VTNMR setup: reaction at rt ~20 mins warmed to 80 °C over 20 mins.

## VI. Stability of the Product Under Standard Conditions

### 1. [Co] Catalyzed Conditions

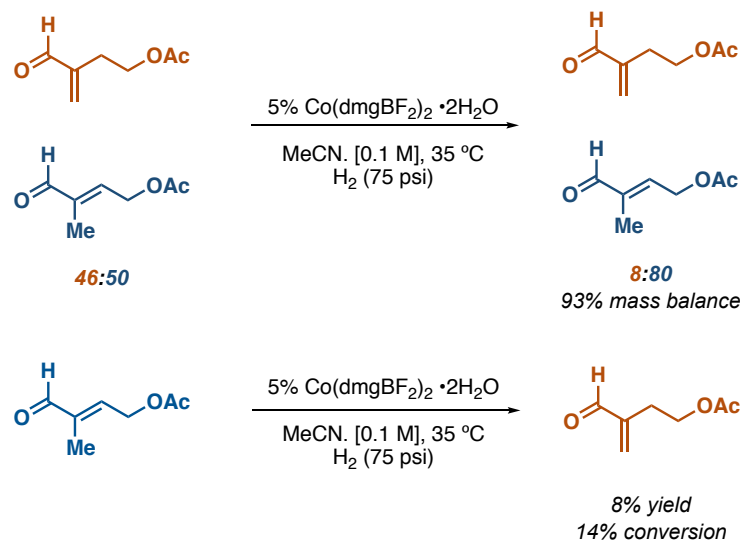


Fig S5. Reactivity of Product Under [Co]-Catalyzed Isomerization Conditions

### 2. [Rh] Catalyzed Conditions

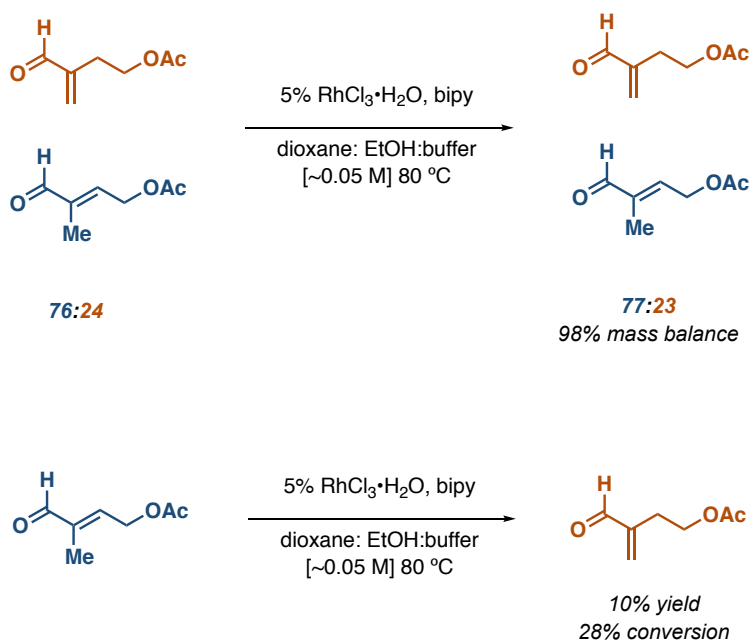
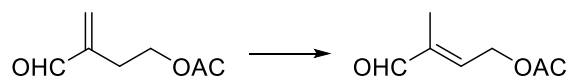


Fig S6. Reactivity of Product Under [Rh]-Catalyzed Isomerization Conditions

## VII. Computation Data



0.0 kJ mol<sup>-1</sup>

### C5-Acetate

-1.9 kJ mol<sup>-1</sup> (Bulk)

-2.4 kJ mol<sup>-1</sup> (THF)

-1.0 kJ mol<sup>-1</sup> (Acetonitrile)

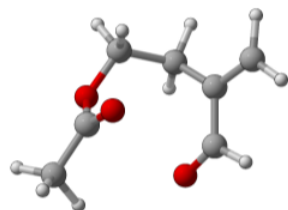
### td. ratio

33:67 (70:30 to 10:90)

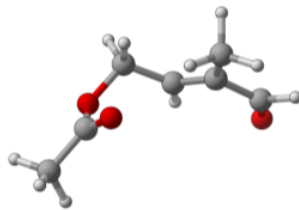
30:70 (66:34 to 9:91)

41:59 (76:24 to 13:87)

with assumed accuracy of 1 kcal mol<sup>-1</sup>



iso1



iso2

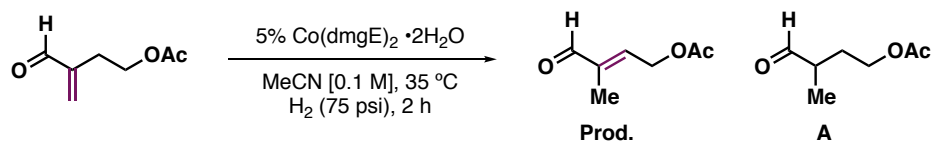
$\Delta G^{298}$  in kJ mol<sup>-1</sup>; | PBE0-D3(BJ)/def2-QZVPP//BP86/def2-SV(P); COSMO-RS(Solvent); CREST Conformer Screening

[td. = thermodynamic](#)



## VIII. Additional Optimization Data

### 1. [Co] Catalyzed Conditions



**impact of catalyst**

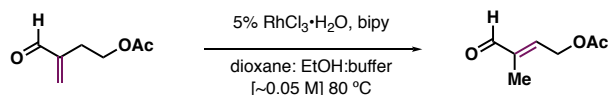
<b>E = BF<sub>2</sub>; 93% conv., 80% yield</b> <b>E = H; 90% conv., 83% yield<sup>e,f</sup></b>	<b>Co(dmgH)(dmgH<sub>2</sub>)Br<sub>2</sub></b> 0% conv., 0% yield	<b>Co(dmgH)<sub>2</sub>(Py)Br</b> 0% conv., 0% yield
<b>CoCp*(bipy)Cl</b> 0% conv., 0% yield	<b>(R,R)-Co(salen<sup>tBu,tBu</sup>)Cl</b> 0% conv., 0% yield	<b>Cobalt(II) phthalocyanine Co(Pc)</b> 0% conv., 0% yield

**Impact of Reaction Parameters**

	conv.	prod	A
as above	93	80	5
80 °C instead of 35 °C <sup>a</sup>	98	65	23
toluene instead of MeCN	94	84	12
1 atm H <sub>2</sub> instead of 75 psi <sup>b,d</sup>	90	66	23
19 h instead of 2 h	>99	0	98
2.5% [Co] instead of 5% <sup>b,d</sup>	84	76	8
1% [Co] instead of 5% <sup>b,c</sup>	84	70	4
0.5% instead of 5% <sup>c,d,e</sup>	91	77	14
no addition of H <sub>2</sub>	4	4	1
H <sub>2</sub> O instead of MeCN	5	4	2

<sup>a</sup> 1 h instead of 2 h. <sup>b</sup> Reaction at 50 °C. <sup>c</sup> 24 h instead of 2 h. <sup>d</sup> toluene instead of MeCN <sup>e</sup> reaction at 80 °C. <sup>f</sup> THF instead of MeCN, 5h.

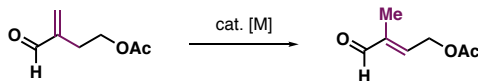
## 2. [Rh] Catalyzed Conditions



Impact of Metal Catalyst				Impact of Reaction Conditions			
	conv. (%)	prod (%)	A (%)		conv. (%)	prod (%)	A (%)
RhCl <sub>3</sub> · 3H <sub>2</sub> O	75	55	0	DIPEA with H <sub>2</sub> O instead of buffer	45	40	0
IrCl <sub>3</sub> ·H <sub>2</sub> O	0	2	4	KH <sub>2</sub> PO <sub>4</sub> instead of buffer	52	0	0
RuCl <sub>3</sub> ·H <sub>2</sub> O	0	0	0	CS <sub>2</sub> CO <sub>3</sub> instead of buffer	70	2	4
Pd(OAc) <sub>2</sub>	0	0	0	DME:EtOH (2:1)	58	47	0
Rh(acac) <sub>3</sub>	0	0	0	IPA instead of EtOH	54	44	0
[RhCp*Cl <sub>2</sub> ] <sub>2</sub>	>99	0	26	MeOH instead of EtOH	49	33	0
[Rh(C <sub>2</sub> H <sub>4</sub> ) <sub>2</sub> Cl] <sub>2</sub> <sup>a</sup>	19	7	0	5:1 solvent:buffer	70	2	13
[Rh(COD)Cl] <sub>2</sub> <sup>a</sup>	10	0	0	addition of 6% super hydride soln.	16	0	8
[Rh(COE) <sub>2</sub> Cl] <sub>2</sub> <sup>a</sup>	12	4	0	2,6-lutidine with H <sub>2</sub> O instead of buffer	19	9	0
<b>Control Experiment</b>				1 equiv. bipy loading	0	0	0
as above	75	55	0	addition of 5% BH <sub>3</sub> ·THF	50	0	0
no alcohol	29	25	0	addition of 10% HCO <sub>2</sub> H:NEt <sub>3</sub> (5:2)	52	3	38
no alcohol, no buffer	0	0	0	addition of 5% NaCl	58	41	0
no dioxane	27	9	0	addition of 5% NaBr	70	50	0
double buffer addition	55	36	0	addition of 5% HCl	52	37	0
no RhCl <sub>3</sub>	0	0	0	addition of 5% AgPF <sub>4</sub>	0	0	0
no ligand	44	16	0	addition of 5% AgClO <sub>4</sub>	10	7	0
<b>Impact of Ligands</b>							
<b>conv (%) yield (%)</b>			R = H; 61% conv., 52% yield		R = H, R' = H; 87% conv., 47% yield		
NEt <sub>3</sub>	40	30	= Me; 78% conv., 62% yield		R = Cl, R' = H; 51% conv., 37% yield		
DABCO	24	15	= tBu; 74% conv., 60% yield		R = NO <sub>2</sub> , R' = H; 0% conv., 0% yield		
Pyridine	13	0	= OMe; 72% conv., 51% yield		R = Me, R' = Me; 72% conv., 57% yield		
Pyrrlidine	20	3					
TMEDA	0	0					
PPh <sub>3</sub>	15	3					
P(OPh) <sub>3</sub>	19	6					
TPPTS	42	18					
xantphos	29	11					
			0% conv., 0% yield		24% conv., 15% yield		0% conv., 0% yield

<sup>a</sup> no addition of bipy

### 3. Other Selected Conditions



5% RhCl<sub>3</sub>·H<sub>2</sub>O, bipy,  
dioxane:EtOH:ph 7 buffer, 80 °C  
75% conv., 55% yield

5% RhCl<sub>3</sub>·H<sub>2</sub>O, bipy  
dioxane:EtOH, 80 °C  
26% conv., 0% yield

[Rh(COD)Cl]<sub>2</sub>  
CO/H<sub>2</sub> 600 psi, 100 °C  
40% conv., 0% yield

1% RhH(CO)PPh<sub>3</sub>  
**toluene, 100 °C**  
0% conv., 0% yield

1% RhH(CO)(xantphos)(PPh<sub>3</sub>)  
**toluene, 100 °C**  
0% conv., 0% yield

1% Rh(CO)<sub>2</sub>acac,xantphos  
H<sub>2</sub>-activation  
MeOH, rt  
25% conv., 0% yield

2.5% [Rh(C<sub>2</sub>H<sub>4</sub>)<sub>2</sub>Cl]<sub>2</sub>  
DME:EtOH:ph 7 buffer, 80 °C  
19% conv., 7% yield

2.5% [Rh(COE)<sub>2</sub>Cl]<sub>2</sub>  
DME:EtOH:ph 7 buffer, 80 °C  
12% conv., 4% yield

2.5% [RhCp\*Cl]<sub>2</sub>  
DME:EtOH:ph 7 buffer, 80 °C  
93% conv., 0% yield

1% Pd/C  
H<sub>2</sub>-activation  
**toluene, 75 °C**  
57% conv., 10% yield

1% Pd/C Me<sub>4</sub>-thiourea  
H<sub>2</sub>-activation  
**toluene, 75 °C**  
0% conv., 0% yield

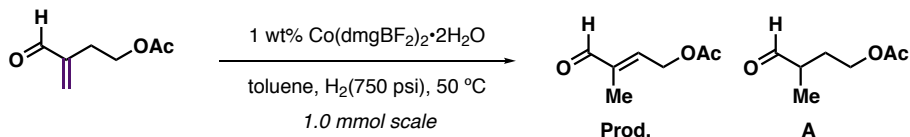
10% Ru<sub>3</sub>(CO)<sub>12</sub>  
NEt<sub>3</sub>, dioxane, 80 °C  
>99% conv., 0% yield

5% RuHCl(CO)(PPh<sub>3</sub>)<sub>3</sub>  
toluene, 110 °C  
14% conv., 0% yield

5% Ni(PPh<sub>3</sub>)<sub>4</sub>  
toluene, 30 °C  
0% conv., 0% yield

5% Co(dmgBF<sub>2</sub>)<sub>2</sub>·H<sub>2</sub>O  
H<sub>2</sub> 75 psi  
toluene, 50 °C  
94% conv., 84% yield

### 4. Higher Pressure/SnCl<sub>2</sub> Comparison Screens



(1) with 0.1 wt% SnCl<sub>2</sub>, 12 h  
QQ-09-167-A

Time	conv.	Prod	A
12 h	95	85	15

(2) no SnCl<sub>2</sub>, 12 h  
QQ-09-167-B

Time	conv.	Prod	A
12 h	99	65	28

**Patent results: 94.02% conv., 90.54% prod., 5.14% side prod.**

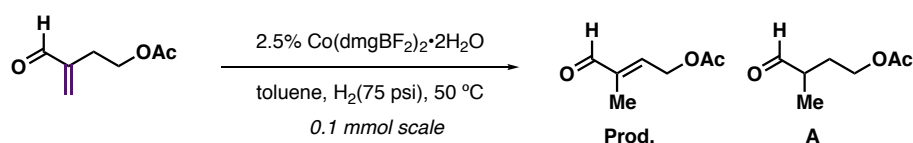
(1) with 0.5 wt% cat and  
0.05 wt% SnCl<sub>2</sub>, 6 h  
QQ-09-173-A

Time	conv.	Prod	A
6 h	79	71	7

(2) with 0.5 wt% cat and  
no SnCl<sub>2</sub>, 6 h  
QQ-09-173-B

Time	conv.	Prod	A
6 h	78	71	6

- 1 wt% cat = 0.34 mol% cat



(1) with 0.25% SnCl <sub>2</sub> QQ-09-169-A				(2) no SnCl <sub>2</sub> QQ-09-169-B			
Time	conv.	Prod	A	Time	conv.	Prod	A
2 h	91	76	15	2 h	94	86	18

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