

## Supplementary information

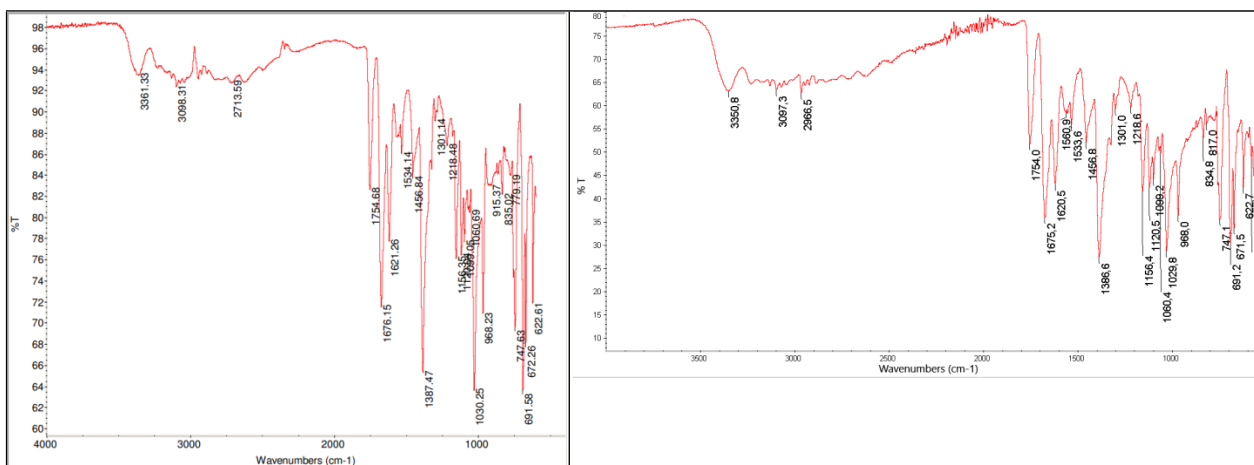
### Intermolecular interactions, Regioselectivity, and Biological Activity of L-ascorbic Acid, Nicotinic Acid and their Cocrystal

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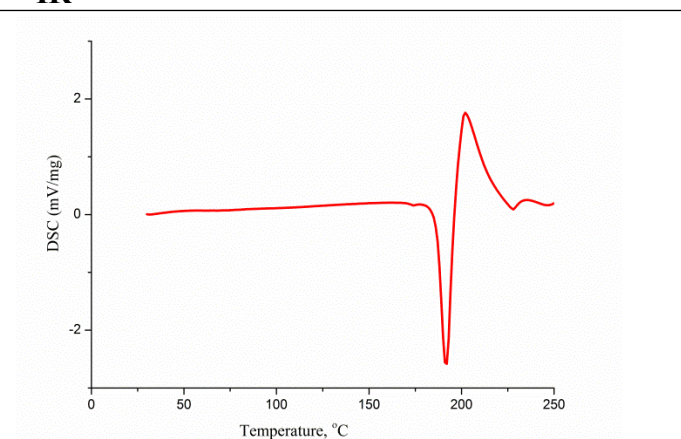
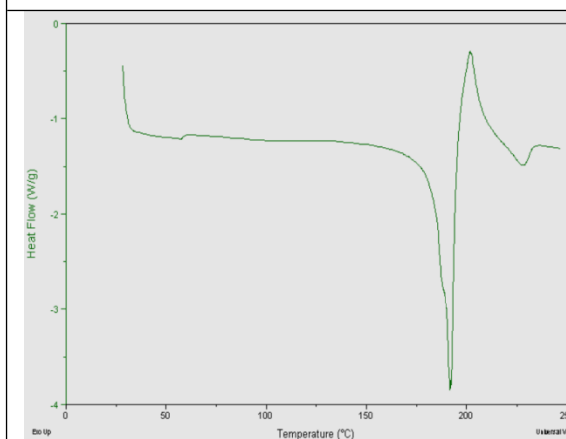
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**Table S1** Preparation method and characteristics (DSC, powder X-ray diffraction and IR spectroscopy) of L-Asc · Nic co-crystal prepared by different methods

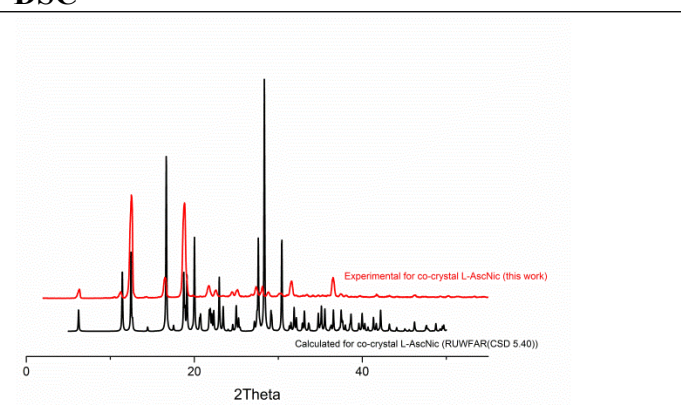
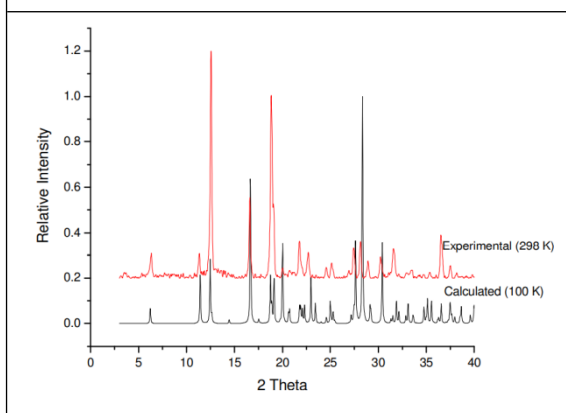
L-Asc · Nic (RUWFAR (CSD 5.40)) <sup>16</sup>	L-Asc · Nic [This work]
L-Ascorbic acid, 88.1 mg (0.500 mmol), and nicotinic acid, 61.6 mg (0.500 mmol), were dissolved in 6 mL of MeOH and heated until a clear solution was obtained. The solution was slowly evaporated at room temperature and colorless crystals were harvested after two days.	Samples of L-AscNic cocrystals were obtained according to the procedure described in Ref. <sup>16</sup>



**IR\***



**DSC\*\***



**PXRD\*\*\***

\*The FT-IR spectra of the powder samples were recorded on the Nicolet 6700 Fisher Thermo Scientific Instrument using the ATR FTIR in the range of 4000-400  $\text{cm}^{-1}$ .

\*\*The differential scanning calorimetry (DSC) measurements were performed to compare the thermal behaviour of co-crystals. We used the NETZSCH STA 449F1 STA449F1A-0237-M instrument in the temperature range of 30-600° C at a heating rate of 10 K/min in an argon atmosphere.

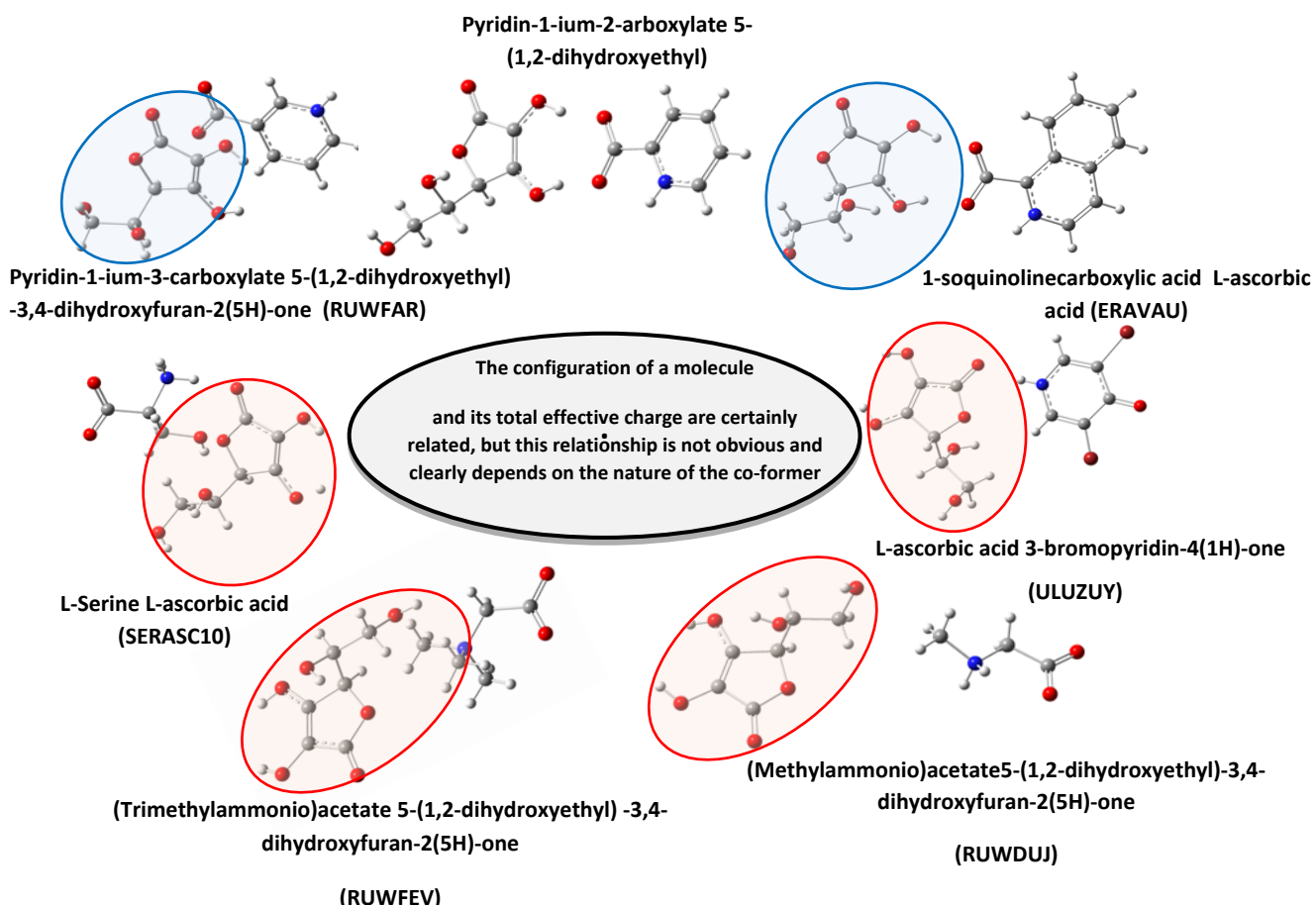
\*\*\*X-ray powder diffraction (XRPD) patterns were measured using the STOE-MP diffractometer with Cu anode ( $\text{K}\alpha_1$ ,  $\lambda = 1.5406 \text{ \AA}$ , bent Ge (111) monochromator) and the Dectris Mythen 1K detector; data collected in transmission mode with 0.015-degree steps, data collection time was 2 seconds per step.

**Table S2** Hydrogen-bond parameters of pristine L-Asc structure (COFKOA (CSD)),<sup>24</sup> Nic crystal structure (NICOAC02 (CSD)),<sup>25</sup> L-AscNic cocrystal structure (RUWFAR (CSD))<sup>14</sup>

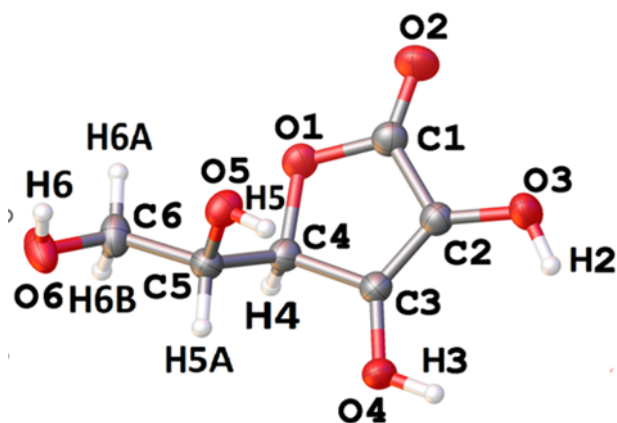
L-Asc crystal structure (COFKOA (CSD))[24]		Nic crystal structure (NICOAC02 (CSD))[25]		L-Asc-Nic cocrystal structure (RUWFAR (CSD))[14]	
hydrogen bond	D—H (Å)/H...A (Å)/ /D...A (Å)/D—H...A (°)	hydrogen bond	D—H (Å)/H...A (Å)/ /D...A (Å)/D—H...A (°)	hydrogen bond	D—H (Å)/H...A (Å)/ /D...A (Å)/D—H...A (°)
O(4a) – H...O(2a)	0.820/1.929/2.681/151.9	O(1) – H...N	0.847/1.843/2.660/161.8	C(10) <sub>Nic</sub> – H...O(5) <sub>Asc</sub>	0.949/2.377/3.042/126.8
O(4b) – H...O(2b)	0.820/1.908/2.667/153.3	C(2) – H...O(2)	0.939/2.550/3.236/130.2	O(5) <sub>Asc</sub> – H...O(6) <sub>Asc</sub>	0.840/1.874/2.701/167.9
O(3a) – H...O(5a)	0.820/1.832/2.648/172.7	C(4) – H...O(2)	0.990/2.608/3.317/128.6	O(6) <sub>Asc</sub> – H...O(4) <sub>Asc</sub>	0.840/1.916/2.746/169.1
O(5b) – H...O(3b)	0.820/2.010/2.798/142.4	C(6) – H...O(2)	0.980/2.576/3.247/125.7	O(3) <sub>Asc</sub> – H...O(7) <sub>Nic</sub>	0.841/1.786/2.593/160.1
O(3b) – H...O(6a)	0.819/1.812/2.609/163.8			O(4) <sub>Asc</sub> – H...O(8) <sub>Nic</sub>	0.840/1.705/2.479/152.2
O(6b) – H...O(3a)	0.820/2.206/2.944/149.9			C(11) <sub>Nic</sub> – H...O(2) <sub>Asc</sub>	0.950/2.282/3.139/149.7
O(6a) – H...O(5b)	0.819/1.978/2.782/166.8			N <sub>Nic</sub> – H...O(2) <sub>Asc</sub>	0.879/2.416/2.979/122.1
C(6b) – H...O(1a)	0.969/2.684/3.466/138.0			N <sub>Nic</sub> – H...O(7) <sub>Nic</sub>	0.879/2.188/2.959/146.1
O(5a) – H...O(6b)	0.819/1.921/2.714/162.5				
C(6a) – H...O(4b)	0.969/2.601/3.513/156.7				
C(6a) – H...O(1b)	0.970/2.605/3.327/131.4				
C(6b) – H...O(4a)	0.970/2.515/3.393/150.4				

**Table S3** Total effective charge of the L-ascorbic molecule in the structures of L-ascorbic acid (1) and its cocrystals (2–11)<sup>6</sup>

Coformer	CSD refcode	Total effective charge of L-ascorbic (e)			Reference
		Mulliken	Voronoi	Hirshfeld	
5-(1,2-Dihydroxyethyl)- 3,4-dihydroxy- furan-2(H)-one, <b>1</b>	COFKOA	0.00 –0.00	0.02 –0.01	0.03 –0.03	McMonagle & Probert (2019)
	COFKOA01	0.05 –0.05	0.01 –0.01	0.03 –0.03	
	COFKOA02	0.04 –0.04	0.01 –0.01	0.01 –0.01	
	LASCAC12	0.06 –0.06	0.09 –0.09	0.12 –0.12	
	LASCAC14	0.01 –0.01	0.06 –0.06	0.08 –0.08	
4-(Pyridin-4-yl)pyridinium, <b>2</b>	LASCAC15	0.03 –0.03	0.07 –0.07	0.11 –0.11	Milanesio <i>et al.</i> (1997)
	POHNUY	–0.04	0.01	0.04	Guzei (2009)
Nicotinamide, <b>3</b>		–0.04	–0.03	–0.03	Fronczek (2016)
	OXOHEQ	0.02	0.09	0.13	
Nicotinamide (three molecules in the asymmetric unit)		–0.05	0.00	–0.03	Sylvester <i>et al.</i> (2019)
	OXOHIU	0.01	0.04	0.01	
Isonicotinamide, <b>4</b>	OXOGUF	0	–0.19	0	Wang <i>et al.</i> (2016a)
Bis(isonicotinamide)	OXOHAM <sup>d</sup>	–0.02	–0.08	–0.11	
3-Bromopyridin-4(1H)-one, <b>5</b>		0.15	–0.26	–0.03	Wang <i>et al.</i> (2016b)
	ULUZUY <sup>c</sup>	0.03	0.09	0.14	
Betaine, <b>6</b>	RUWFEV	0.67	0.03	0.04	Kavuru <i>et al.</i> (2010)
Nicotinic acid, <b>7</b>	RUWFAR <sup>b</sup>	–0.012	–0.01	–0.03	
Sarcosine, <b>8</b>	RUWDUJ <sup>b</sup>	0.01	0.01	0.02	Goher <i>et al.</i> (2003)
Isoquinoline-1-carboxylic acid, <b>9</b>	ERAVAU	–0.07	–0.18	–0.25	
L-Serine, <b>10</b>	SERASC10 <sup>c</sup>	0.01	0.08	0.17	Sudhakar <i>et al.</i> (1980)
Picolinic acid, <b>11</b>	–	–0.04 –0.03	–0.17 –0.16	–0.24 –0.24	This work



**Figure S1** Structures of binary co-crystals containing the L-Asc molecule in a chelating configuration indicating the sign of the total effective charge of the molecule (Table S3).



**Figure S2** Structure of the L-Asc molecule showing the atom-numbering schemes<sup>6</sup>

**Table S4** The calculated descriptor values (MultiWFN) for all atoms of the conformer molecule 'a' (COFKOA(CSD)), the atom-numbering scheme at Figure S2

Atom index	$f^+$	$f^-$	$f^0$	$f^2$
O1	0.02636	0.06853	0.04744	-0.04217
O2	0.06802	0.19974	0.13388	-0.13173

O3	0.05570	0.06016	0.05793	-0.00445
O4	0.03634	0.08373	0.06003	-0.04739
O5	0.01695	0.08213	0.04954	-0.06518
O6	0.01944	0.09693	0.05818	-0.07750
C1	0.09221	0.04636	0.06929	0.04586
C2	0.07344	0.11842	0.09593	-0.04498
C3	0.10561	0.09712	0.10137	0.00849
C4	0.02504	0.03065	0.02785	-0.00561
C5	0.02035	0.02695	0.02365	-0.00659
C6	0.02360	0.02276	0.02318	0.00083
H2	0.06306	0.00940	0.03623	0.05366
H3	0.09759	0.00569	0.05164	0.09191
H4	0.05343	0.00873	0.03108	0.04470
H5	0.03271	0.00825	0.02048	0.02446
H5A	0.03729	0.00866	0.02298	0.02863
H6	0.07405	0.00841	0.04123	0.06564
H6A	0.04247	0.00791	0.02519	0.03456
H6B	0.02730	0.00954	0.01842	0.01776

**Table S5** The calculated descriptor values (MultiWFN) for all atoms of the conformer molecule ‘b’ (COFKOA(CSD)), the atom-numbering scheme at Figure S2

Atom index	f <sup>+</sup>	f <sup>-</sup>	f <sup>0</sup>	f <sup>2</sup>
O1	0.02516	0.07035	0.04775	-0.04519
O2	0.06430	0.20437	0.13433	-0.14008
O3	0.03393	0.08514	0.05953	-0.05121
O4	0.05576	0.06010	0.05793	-0.00434
O5	0.01778	0.07308	0.04543	-0.05530
O6	0.01965	0.09139	0.05552	-0.07174
C1	0.08788	0.04831	0.06809	0.03957
C2	0.06762	0.12651	0.09707	-0.05890
C3	0.10095	0.10034	0.10065	0.00061
C4	0.02493	0.03192	0.02842	-0.00699
C5	0.02055	0.02700	0.02377	-0.00645
C6	0.02373	0.02287	0.02330	0.00086
H2	0.06545	0.00962	0.03754	0.05584
H3	0.09917	0.00570	0.05244	0.09347
H4	0.04174	0.00953	0.02563	0.03222
H5	0.06571	0.00688	0.03629	0.05883
H5A	0.03851	0.00446	0.02149	0.03404
H6	0.06814	0.00810	0.03812	0.06003
H6A	0.04225	0.00967	0.02596	0.03258
H6B	0.02728	0.00471	0.01599	0.02257

**Table S6** The calculated descriptor values (MultiWFN) for all atoms of the conformer molecule L-Asc<sub>L-AscNic</sub> (RUWFAR (CSD)), the atom-numbering scheme at Figure S2

Atom index	f <sup>+</sup>	f <sup>-</sup>	f <sup>0</sup>	f <sup>2</sup>
O1	0.01669	0.07558	0.04613	-0.05889
O2	0.04240	0.23208	0.13724	-0.18968
O3	0.03511	0.08108	0.05809	-0.04598
O4	0.05618	0.05856	0.05737	-0.00238
O5	0.01954	0.06093	0.04023	-0.04139
O6	0.01760	0.08487	0.05124	-0.06727
C1	0.05862	0.05042	0.05452	0.00820
C2	0.05498	0.12044	0.08771	-0.06546
C3	0.07677	0.10239	0.08958	-0.02562
C4	0.02017	0.02852	0.02434	-0.00836
C5	0.02407	0.03105	0.02756	-0.00697
C6	0.02315	0.02441	0.02378	-0.00126
H2	0.10111	0.00740	0.05425	0.09371
H3	0.12820	0.00544	0.06682	0.12276
H4	0.03795	0.00919	0.02357	0.02876
H5	0.08126	0.00555	0.04340	0.07572
H5A	0.05530	0.00415	0.02973	0.05115
H6	0.07198	0.00720	0.03959	0.06478
H6A	0.01902	0.00404	0.01153	0.01498
H6B	0.05128	0.00665	0.02897	0.04463