# **Supplementary Information**

### Nanoconfined Carbonization Enabling High-Density Porous Carbon for Jointly Superior Gravimetric and Volumetric Zinc-Ion Storage

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#### **Experimental Section**

#### Materials

Glucose was purchased from Shanghai RichJoint Chemical Reagents Co., Ltd.. Urea and ZnSO<sub>4</sub>·7H<sub>2</sub>O were purchased from Shanghai Aladdin Biochemical Technology Co.,Ltd.. Tetraethyl orthosilicate (TEOS) was purchased from Tianjin Luck Early morning Chemistry Reagent plant. 98wt% H<sub>2</sub>SO<sub>4</sub> and 40wt% Hydrofluoric acid were purchased from Guangzhou Chemical Reagent Co., Ltd.. All chemicals were analytical grade and used as received.

#### **Preparation of LCC**

0.9 g of glucose and 0.6 g of urea were dissolved in 1.5 mL of pH 2.0  $H_2SO_4$  aqueous solution under stirring until clear. The resulting mixture was placed in an open flask at 40 °C for 2 days, followed by vacuum drying at 60 °C for 1 day, and subsequent drying at 100 °C and 160 °C for 6 h each. The sample was then carbonized up to 700 °C with a heating rate of 5 °C min<sup>-1</sup> in N<sub>2</sub> flow for 2 h. After carbonization, the resulting sample was filtered, dried, and denoted as LCC.

#### Preparation of HDPCs

0.9 g of glucose and 0.6 g of urea were dissolved in 1.5 mL of pH 2.0 H<sub>2</sub>SO<sub>4</sub> aqueous solution under stirring until clear. Subsequently, x mL of tetraethyl orthosilicate (TEOS) was added with continuous stirring until homogenization. The resulting mixture was aged in an open flask at 40 °C for 2 days, followed by vacuum drying at 60 °C for 1 day, and subsequent drying at 100 °C and 160 °C for 6 h each. The samples were then carbonized up to 700 °C with a heating rate of 5 °C min<sup>-1</sup> in N<sub>2</sub> flow for 2 h. After carbonization, the black carbon/silica nanocomposite underwent washing with 40 wt% hydrofluoric acid to remove the silica, followed by filtration, drying, and denoted as HDPC-x.

#### Preparation of LCC, HDPCs and YP-50F electrodes

LCC, HDPCs, and YP-50F electrodes were prepared by mixing LCC, HDPC-x, and YP-50F, respectively, with acetylene black and poly(vinylidene fluoride) binder at a

weight ratio of 8:1:1 in 1-methyl-2-pyrrolidinone. The slurry was pasted on carbon paper and dried overnight at 80 °C. The electrodes have a diameter of 12 mm, corresponding to an approximate area of 113 mm<sup>2</sup>. Typically, the mass loadings of all cathodes are maintained at 1-1.5 mg cm<sup>-2</sup>. To assess the electrochemical performance of the samples under higher mass loadings, the cathode mass loadings were varied from 4.2 mg cm<sup>-2</sup> to 12.5 mg cm<sup>-2</sup>.

#### **Materials Characterization**

The microstructures of prepared samples were characterized using highresolution transmission electron microscopy (Talos F200S, FEI) and scanning electron microscopy (SU8220, Hitachi). Thermogravimetric analysis was performed using a thermal gravimetric analyzer (TG209F1LibraTM, NETZSCH) from room temperature to 700 °C at a rate of 5 °C min<sup>-1</sup> in  $N_2$ , and from room temperature to 900 °C at a rate of 10 °C min<sup>-1</sup> in air. X-ray powder diffraction patterns were obtained with an X-ray diffraction meter (Ultima IV, Rigaku) using Cu/K- $\alpha$  radiation at a scanning rate of 10°min<sup>-1</sup> from 10° to 80° ( $\lambda$  = 0.15418 nm). Density was assessed using a Tap Density Tester (FT-100A, Rlco) with a vibration frequency of 180 times per minute. Pore structure parameters were determined using an ASAP 3Flex automatic volumetric sorption analyzer at 77 K (Micromeritics Sorption Analyzer). Specific surface area (S<sub>BET</sub>) was analyzed by Brunauer-Emmett-Teller theory, and micropore surface area (S<sub>micro</sub>) was determined using the t-plot method. The pore size distribution was analyzed by original density functional theory (DFT) combined with non-negative regularization and medium smoothing.

#### **Electrochemical Measurements**

The aqueous zinc-ion hybrid supercapacitors (ZHSCs) were assembled in 2025 coin-type cell with the as-prepared carbon electrode as cathode, Zn foil as anode and 2M ZnSO<sub>4</sub> as electrolyte. Galvanostatic charge-discharge tests were conducted using a Neware battery cycler (CT4008-5V10mA-164) over a voltage range of 0-1.8 V at various current densities. Electrochemical impedance spectroscopy was performed on a Modulab XM DSSC with an amplitude of 5 mV over a frequency range from 100

kHz to 10 mHz. Cyclic voltammetry tests were conducted using a CHI660E electrochemical workstation, with voltage scanning from 0 to 1.8 V at scanning rates of 5, 10, 20, 50, and 100 mV s<sup>-1</sup>. Ex-situ X-ray diffraction analysis of electrodes commenced with assembly into zinc-ion hybrid supercapacitor coin cells, followed by constant current charge-discharge cycling to a predetermined voltage. Subsequently, the cell was disassembled, and the electrode was meticulously cleaned, and dried for one day. The prepared electrodes were then subjected to X-ray diffraction analysis using an Ultima IV diffractometer (Rigaku) with Cu/K- $\alpha$  radiation at a scanning rate of 10° min<sup>-1</sup> over a range of 10° to 80° ( $\lambda$  = 0.15418 nm). Gravimetric capacitance (C<sub>g</sub>, F g<sup>-1</sup>) and volumetric capacitance (C<sub>v</sub>, F cm<sup>-3</sup>) of carbon cathode were calculated from galvanostatic charge-discharge curves using Equations (1) and (2), respectively:<sup>1</sup>

$$C_{g} = \frac{I \bigtriangleup t}{m \bigtriangleup U}$$
(1)

$$C_{v} = C_{g} \times \rho \tag{2}$$

where I is the current density,  $\triangle t$  is the discharging time, m is the mass loading,  $\triangle U$  is the discharge voltage, and  $\rho$  is the density. Gravimetric energy density ( $E_g$ , Wh kg<sup>-1</sup>) and volumetric energy density ( $E_v$ , Wh L<sup>-1</sup>) were calculated by Equations (3) and (4), respectively:<sup>1</sup>

$$E_{g} = \frac{C_{g} (\Delta U)^{2}}{2 \times 3.6}$$
(3)

$$\mathsf{E}_{\mathsf{v}} = \mathsf{E}_{\mathsf{g}} \times \rho \tag{4}$$

The corresponding gravimetric ( $P_g$ , W kg<sup>-1</sup>) and volumetric power density ( $P_v$ , W L<sup>-1</sup>) were obtained from Equations (5) and (6), respectively:<sup>1</sup>

$$P_{g} = \frac{3600 \times E_{g}}{\Delta t}$$
(5)

$$P_{v} = P_{g} \times \rho \tag{6}$$

Capacitance per surface area ( $C_s$ , F m<sup>-2</sup>) of carbon cathode were calculated using Equations (7):<sup>2</sup>

$$C_{s} = \frac{C_{g}}{S}$$
(7)

where S is the SSA. Notably,  $C_{s,>x nm}$  and  $C_{s,y-z nm}$  represent  $C_s$  of pores with diameters exceeding x nm and ranging from y nm to z nm, respectively.

Relative standard deviation (RSD) were calculated by Equations (8):

RSD = 
$$\frac{s}{\bar{x}} \times 100\% = \frac{\sqrt{\frac{\sum_{i=1}^{n} (x_i - \bar{x})^2}{n-1}}}{\bar{x}} \times 100\%$$
 (8)

where s is the standard deviation and  $\overline{x}$  is the average.

## Supplementary Figures



Fig. S1 Digital photo of carbon/silica composite.



Fig. S2 XRD pattern of the carbon/silica composite for preparing HDPC-1.



**Fig. S3** Energy dispersive X-ray spectroscopic analyses from TEM observation for HDPC-1.



Fig. S4 Electron energy loss spectroscopy mapping images of HDPC-1.



Fig. S5 High-resolution TEM images of (a) LCC and (b) HDPC-1.



Fig. S6 XRD patterns of (a) LCC and (b) HDPC-1.



**Fig. S7** TEM images of the carbon/silica composites for preparing (a) HDPC-1, (b) HDPC-2 and (c) HDPC-3. Dashed circles indicate the silica components within the composites.



Fig. S8 Galvanostatic charge-discharge curves of LCC, HDPC-1 and YP-50F at a current density of 0.1 A  $g^{-1}$ .



Fig. S9  $C_{g}$  of HDPC-1 under various areal mass loadings.



**Fig. S10** Galvanostatic charge-discharge curves for the initial ten cycles and last ten cycles of the (a, b) LCC, (c, d) HDPC-1 and (e, f) YP-50F at 5 A  $g^{-1}$ .



**Fig. S11** Galvanostatic charge-discharge curves for the (a) initial ten cycles and (b) last ten cycles of the HDPC-1 at 20 A  $g^{-1}$ .



**Fig S12.** SEM images of the HDPC-1 cathodes (a) before cycling and (b) after 300000 cycles at 20 A  $g^{-1}$ .



Fig. S13 Nyquist plots of LCC and HDPC-1.



Fig. S14 Capacitive contribution at 100 mV s<sup>-1</sup> of HDPC-1.



Fig. S15 Galvanostatic charge-discharge curves of LCC and HDPCs at a current density of  $0.1 \text{ A g}^{-1}$ .



Fig. S16 Absence of direct correlation between  $C_{g}$  and SSA in LCC and HDPCs.

## Supplementary Tables

Sample	ρ (g cm <sup>-3</sup> )	SSA (m <sup>2</sup> g <sup>-1</sup> )	Reference
HGF	0.71	830	3
CDC	0.53	1202	4
PF16G-HA	0.40	3523	5
Compressed-25	0.75	707	6
asMEG-O	0.59	3290	7
AQSGH	0.05	1050	8
CXAղ-30	0.66	1133	9
SP4-3	0.49	2335	10
AC500	0.51	2074	11
RAC-800-2	0.55	1911	12
HDPC-1	0.78	591	This work

**Table S1** Comparison of  $\rho$  between HDPC-1 and other carbon materials.

**Table S2** Pore structure and  $\rho$  of LCC and HDPCs.

Comple	S <sub>BET</sub>	S <sub>micro</sub>	$V_{\text{total}}$	V <sub>micro</sub>	ρ
Sample	(m² g-1)	(m² g-1)	(cm <sup>3</sup> g <sup>-1</sup> )	(cm <sup>3</sup> g <sup>-1</sup> )	(g cm <sup>-3</sup> )
LCC	165	165	0.06	0.05	0.22
HDPC-0.5	360	264	0.32	0.09	0.92
HDPC-1	591	393	0.61	0.14	0.78
HDPC-2	700	384	1.30	0.06	0.32
HDPC-3	717	388	1.41	0.03	0.15

C	Mass loading	Current density	Cg	
Sample	(mg cm <sup>-2</sup> )	(A g <sup>-1</sup> )	(F g <sup>-1</sup> /mAh g <sup>-1</sup> )	Reference
PSC-A600	2	0.2	413.3 F g <sup>-1</sup>	13
N,P-OLC	0.5	0.5	420.3 F g <sup>-1</sup>	14
Zn-3-MnO <sub>2</sub>	2-3	0.2	282.9 F g <sup>-1</sup>	15
75%NHG-rGO	0.66	0.1	198 F g <sup>-1</sup>	16
NMCSs	1-1.2	0.2	355 F g <sup>-1</sup>	17
3D-PG-1	1	0.1	217 F g <sup>-1</sup>	18
DFs	1.6	0.2	35.1 F g <sup>-1</sup>	19
HOGS	2	0.1	175 F g <sup>-1</sup>	20
HOGS	10	0.1	200 F g <sup>-1</sup>	20
N-HPLC-700	3	0.2	354 F g <sup>-1</sup>	21
FCNSs	2	0.2	198 F g <sup>-1</sup>	22
S-3DPC-800	5	0.5	168.2 mAh g <sup>-1</sup>	23
ANHPC-2	1	0.5	197.2 mAh g <sup>-1</sup>	24
ANHPC-2	10	0.5	103.4 mAh g <sup>-1</sup>	24
PCNF-4	1.2	0.5	177 mAh g <sup>-1</sup>	25
BN-C	1	0.1	190.2 mAh g <sup>-1</sup>	26
HPC-CC	1.5-2	0.5	138.5 mAh g <sup>-1</sup>	27
PPy/N-rGO	1-1.2	0.1	145.3 mAh g <sup>-1</sup>	28
R6	1	0.5	168.4 mAh g <sup>-1</sup>	29
РНСА	2	1	143.7 mAh g <sup>-1</sup>	30
AC	0.7-0.8	0.1	121 mAh g <sup>-1</sup>	31
NPC	1.5	0.2	136.2 mAh g <sup>-1</sup>	32
N/P/O-PC-1200	5	0.2	125.3 mAh g <sup>-1</sup>	33

**Table S3** Comparison of  $C_g$  between HDPC-1 with reported carbon-based materialsfor ZHSCs under various areal mass loadings.

Sampla	Mass loading	Current density	Cg	Deference	
Sample	(mg cm <sup>-2</sup> )	(A g <sup>-1</sup> )	(F g <sup>-1</sup> /mAh g <sup>-1</sup> )	Reference	
ZnHPC-0.5	2	0.5	120.3 mAh g <sup>-1</sup>	34	
PANI	1.5	0.05	200 mAh g <sup>-1</sup>	35	
HDPC-1	1.3	0.1	452 F g <sup>-1</sup> /227 mAh g <sup>-1</sup>	This work	
HDPC-1	12.5	0.1	280 F g <sup>-1</sup> /140 mAh g <sup>-1</sup>	This work	

Sample	P <sub>g</sub> (W kg <sup>-1</sup> )	E <sub>g</sub> (Wh kg <sup>-1</sup> )	Reference
NS-OPC	6063	53	36
RNP-1-2-Air	4000	54	37
NPG-0.75	4500	94	38
75%NHG-rGO	3750	57	16
NMCSs	160	126	17
OPC	3760	38	39
MXene-rGO2	279	34	40
Kelp-carbon	1300	111	41
C2NN1-800-1-5	180	133	42
НОРС	4000	71	43
FCNSs	39333	41	22
S-3DPC-800	160	162	23
DGH	400	78	44
N-CNF	367	143	45
3D-PG-1	85	86	27
YP-50F	90	42	This work
HDPC-1	45000	68	This work

Table S4 Comparison of  $E_g$  and  $P_g$  between HDPC-1 and other carbon-based materials for ZHSCs.

Sample	$P_v$ (W L <sup>-1</sup> )	E <sub>v</sub> (Wh L <sup>-1</sup> )	Reference
NP-CNC	9100	82	1
75%NHG-rGO	3750	58	16
NMCSs	40	32	17
FCNSs	17700	19	22
S-3DPC-800	97	99	23
DGH	600	118	44
3D-PG-1	116	118	27
YP-50F	36	17	This work
HDPC-1	35100	53	This work

**Table S5** Comparison of  $E_v$  and  $P_v$  between HDPC-1 and other carbon-based materials for ZHSCs.

**Table S6** Electrochemical impedance spectroscopy parameters of LCC and HDPC-1cathodes.

Sample	Ohmic resistance $R_s$ ( $\Omega$ )	Charge transfer resistance $R_{ct}\left(\Omega\right)$
LCC	2.3	1864.0
HDPC-1	1.3	81.1

Sampla	0.1 A g <sup>-1</sup>	0.2 A g <sup>-1</sup>	0.5 A g <sup>-1</sup>	1 A g <sup>-1</sup>	2 A g <sup>-1</sup>	5 A g <sup>-1</sup>	10 A g <sup>-1</sup>	20 A g <sup>-1</sup>	50 A g <sup>-1</sup>
Sample	(F g <sup>-1</sup> )	(F g <sup>-1</sup> )	(F g <sup>-1</sup> )	(F g <sup>-1</sup> )	(F g <sup>-1</sup> )	(F g <sup>-1</sup> )	(F g <sup>-1</sup> )	(F g <sup>-1</sup> )	(F g⁻¹)
LCC	22	14	8	6	5	4.5	4.4	4.2	4.1
HDPC-0.5	315	220	166	136	115	95	82	73	57
HDPC-1	453	382	332	309	281	255	235	212	151
HDPC-2	469	410	362	349	322	282	252	225	176
HDPC-3	485	422	376	361	340	306	276	240	192

Table S7  $C_{g}$  of LCC and HDPCs at various current densities.

Table S8 C, N, and H content from elemental analysis of LCC and HDPCs.

Sample	C (wt.%)	N (wt.%)	H (wt.%)
LCC	73.52	12.81	2.36
HDPC-0.5	73.25	13.94	1.92
HDPC-1	74.04	13.05	2.03
HDPC-2	73.28	13.63	2.12
HDPC-3	72.56	13.51	2.19

Sample	C <sub>s,&gt;0.55 nm</sub>	C <sub>s,&gt;0.6 nm</sub>	C <sub>s,&gt;0.7 nm</sub>	C <sub>s,&gt;0.8 nm</sub>	C <sub>s,&gt;0.9 nm</sub>	C <sub>s,&gt;1.0 nm</sub>	C <sub>s,&gt;1.1 nm</sub>	C <sub>s,&gt;1. 2nm</sub>	C <sub>s,&gt;1.3 nm</sub>
Sample	(F m⁻²)	(F m⁻²)	(F m <sup>-2</sup> )						
LCC	0.26	0.26	0.35	0.48	0.48	0.54	1.10	3.67	4.40
HDPC-0.5	1.29	1.45	1.93	2.42	2.58	2.60	2.69	2.89	3.18
HDPC-1	1.14	1.24	1.54	1.89	2.15	2.22	2.28	2.34	2.42
HDPC-2	1.16	1.28	1.58	1.75	1.76	1.76	1.76	1.84	1.91
HDPC-3	1.25	1.37	1.61	1.72	1.72	1.72	1.72	1.80	1.82

**Table S9**  $C_s$  of different pore size subsections of LCC and HDPCs for the identification of the lower threshold value.

Note:  $C_{s,>0.55 \text{ nm}}$ ,  $C_{s,>0.6 \text{ nm}}$ ,  $C_{s,>0.7 \text{ nm}}$ ,  $C_{s,>0.8 \text{ nm}}$ ,  $C_{s,>0.9 \text{ nm}}$ ,  $C_{s,>1.0 \text{ nm}}$ ,  $C_{s,>1.1 \text{ nm}}$ ,  $C_{s,>1.2 \text{ nm}}$ , and  $C_{s,>1.3 \text{ nm}}$  represent  $C_s$  of pores with diameters above 0.55 nm, above 0.6 nm, above 0.7 nm, above 0.8 nm, above 0.9 nm, above 1.0 nm, above 1.1 nm, above 1.2 nm, and above 1.3 nm, respectively.

**Table S10** RSD of  $C_s$  for different pore size subsections to determine the lower threshold value.

Cs	C <sub>s,&gt;0.55 nm</sub>	C <sub>s,&gt;0.6 nm</sub>	C <sub>s,&gt;0.7 nm</sub>	C <sub>s,&gt;0.8 nm</sub>	C <sub>s,&gt;0.9 nm</sub>	C <sub>s,&gt;1.0 nm</sub>	C <sub>s,&gt;1.1 nm</sub>	C <sub>s,&gt;1.2 nm</sub>	C <sub>s,&gt;1.3 nm</sub>
RSD	0.4203	0.4345	0.4322	0.4326	0.4522	0.4402	0.3162	0.3137	0.3906

Samplo	C <sub>s,1.2-2 nm</sub>	C <sub>s,1.2-3 nm</sub>	C <sub>s,1.2-4 nm</sub>	C <sub>s,1.2-5 nm</sub>	C <sub>s,1.2-5.5 nm</sub>	C <sub>s,1.2-6 nm</sub>	C <sub>s,1.2-7 nm</sub>	C <sub>s,1.2-8 nm</sub>
Sample	(F m <sup>-2</sup> )	(F m <sup>-2</sup> )	(F m <sup>-2</sup> )	(F m <sup>-2</sup> )				
LCC	3.67	3.67	3.67	3.67	3.67	3.67	3.67	3.67
HDPC-0.5	10.16	8.75	7.16	5.00	3.66	3.25	2.89	2.86
HDPC-1	13.32	10.53	8.24	5.27	3.46	2.92	2.46	2.40
HDPC-2	13.03	12.68	10.20	6.09	3.97	3.37	2.88	2.71
HDPC-3	10.32	9.70	7.82	5.51	4.08	3.59	3.01	2.77

**Table S11**  $C_s$  of different pore size subsections of LCC and HDPCs for the identification of the upper threshold value.

Note:  $C_{s,1.2-2 \text{ nm}}$ ,  $C_{s, 1.2-3 \text{ nm}}$ ,  $C_{s, 1.2-4 \text{ nm}}$ ,  $C_{s, 1.2-5 \text{ nm}}$ ,  $C_{s, 1.2-5.5 \text{ nm}}$ ,  $C_{s, 1.2-6 \text{ nm}}$ ,  $C_{s, 1.2-7 \text{ nm}}$ , and  $C_{s, 1.2-8 \text{ nm}}$  represent  $C_s$  of pores with diameters from 1.2 nm to 2 nm, from 1.2 nm to 3 nm, from 1.2 nm to 4 nm, from 1.2 nm to 5 nm, from 1.2 nm to 5.5 nm, from 1.2 nm to 6 nm, from 1.2 nm to 7 nm, and from 1.2 nm to 8 nm, respectively.

**Table S12** RSD of  $C_s$  for different pore size subsections to determine the upper threshold value.

Cs	C <sub>s,1.2-2</sub>	C <sub>s,1.2-3</sub>	C <sub>s,1.2-4</sub>	C <sub>s,1.2-5</sub>	C <sub>s,1.2-5.5</sub>	C <sub>s,1.2-6</sub>	C <sub>s,1.2-7</sub>	C <sub>s,1.2-8</sub>
	nm	nm	nm	nm	nm	nm	nm	nm
RSD	0.3848	0.3693	0.3211	0.1763	0.0669	0.0883	0.1461	0.1639

Samplo	CR <sub>0.1-0.2</sub>	CR <sub>0.1-0.5</sub>	CR <sub>0.1-1</sub>	CR <sub>0.1-2</sub>	CR <sub>0.1-5</sub>	CR <sub>0.1-10</sub>	CR <sub>0.1-20</sub>	CR <sub>0.1-50</sub>
Sample	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)
LCC	64	36	27	23	21	20	19	18
HDPC-0.5	70	53	43	37	30	26	23	18
HDPC-1	84	73	68	62	56	52	46	33
HDPC-2	87	77	74	69	60	54	48	38
HDPC-3	87	78	75	70	63	57	50	40

**Table S13** Capacitance retention (CR) for LCC and HDPCs across current densities from  $0.1 \text{ A g}^{-1}$  to various values.

Note:  $CR_{0.1-0.2}$ ,  $CR_{0.1-0.5}$ ,  $CR_{0.1-1}$ ,  $CR_{0.1-2}$ ,  $CR_{0.1-5}$ ,  $CR_{0.1-10}$ ,  $CR_{0.1-20}$ , and  $CR_{0.1-50}$  represent CR from 0.1 A g<sup>-1</sup> to 0.2 A g<sup>-1</sup>, from 0.1 A g<sup>-1</sup> to 0.5 A g<sup>-1</sup>, from 0.1 A g<sup>-1</sup> to 1 A g<sup>-1</sup> to 1 A g<sup>-1</sup>, from 0.1 A g<sup>-1</sup> to 2 A g<sup>-1</sup>, from 0.1 A g<sup>-1</sup> to 5 A g<sup>-1</sup>, from 0.1 A g<sup>-1</sup> to 10 A g<sup>-1</sup>, from 0.1 A g<sup>-1</sup> to 20 A g<sup>-1</sup>, and from 0.1 A g<sup>-1</sup> to 50 A g<sup>-1</sup>, respectively.

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