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AMSTAR 2: a critical appraisal tool for systematic reviews that include randomised or non-randomised studies of healthcare interventions, or both

1.	Did the research questions and i	nclusion criteria for the review include the	e compo	onents of PICO?
For Yes V V V	: Population Intervention Comparator group Outcome	Optional (recommended) Timeframe for follow-up		Yes No
2.		tain an explicit statement that the review of the review and did the report justify an		
followin	hors state that they had a written l or guide that included ALL the	For Yes: As for partial yes, plus the protocol should be registered and should also have specified: a meta-analysis/synthesis plan, if appropriate, and a plan for investigating causes of heterogeneity justification for any deviations from the protocol	□ ∀	Yes Partial Yes No
3.	Did the review authors explain t	heir selection of the study designs for inclu	usion in	the review?
	, the review should satisfy ONE of			
	Explanation for including only RO OR Explanation for including only OR Explanation for including both	CTs y NRSI		Yes No
4.		nprehensive literature search strategy?		
For Part	tial Yes (all the following):	For Yes, should also have (all the following):		
V V	searched at least 2 databases (relevant to research question) provided key word and/or search strategy justified publication restrictions (e.g. language)	 ✓ searched the reference lists / bibliographies of included studies ✓ searched trial/study registries included/consulted content experts in the field ✓ where relevant, searched for grey literature ✓ conducted search within 24 months of completion of the review 	✓	Yes Partial Yes No
5.	Did the review authors perform	study selection in duplicate?		
For Yes	and achieved consensus on which	ole of eligible studies and achieved good		Yes No

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6. Did the review authors perform	n data extraction in duplicate?		
included studies OR two reviewers extracted data achieved good agreement (at lea	consensus on which data to extract from a from a sample of eligible studies and st 80 percent), with the remainder		Yes No
extracted by one reviewer. 7. Did the review authors provide	e a list of excluded studies and justify the exclu	ıcion	s?
For Partial Yes: provided a list of all potentially relevant studies that were read in full-text form but excluded from the review	For Yes, must also have: Justified the exclusion from the review of each potentially relevant study	□ ✓ □	Yes Partial Yes No
8. Did the review authors describ	e the included studies in adequate detail?		
For Partial Yes (ALL the following): described populations described interventions described comparators described outcomes described research designs	For Yes, should also have ALL the following: described population in detail described intervention in detail (including doses where relevant) described comparator in detail (including doses where relevant) described study's setting timeframe for follow-up	□ ▽	Yes Partial Yes No
9. Did the review authors use a sa individual studies that were in	atisfactory technique for assessing the risk of cluded in the review?	bias (RoB) in
RCTs For Partial Yes, must have assessed RoB from ✓ unconcealed allocation, and lack of blinding of patients and assessors when assessing outcomes (unnecessary for objective outcomes such as all-cause mortality)	For Yes, must also have assessed RoB from: allocation sequence that was not truly random, and selection of the reported result from among multiple measurements or analyses of a specified outcome	□ ▽ □	Yes Partial Yes No Includes only NRSI
NRSI For Partial Yes, must have assessed RoB: ☐ from confounding, and ☐ from selection bias	For Yes, must also have assessed RoB: methods used to ascertain exposures and outcomes, and selection of the reported result from among multiple measurements or analyses of a specified outcome		Yes Partial Yes No Includes only RCTs
For Yes Must have reported on the sou	the sources of funding for the studies included in reces of funding for individual studies included g that the reviewers looked for this information by authors also qualifies	the r	eview? ✓ Yes □ No

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11. If meta-analysis was performed did the review authors use appropriation of results?	te method	s for statistical
RCTs		
For Yes:		_
☑ The authors justified combining the data in a meta-analysis		Yes
☑ AND they used an appropriate weighted technique to combine		No
study results and adjusted for heterogeneity if present.		No meta-analysis conducted
✓ AND investigated the causes of any heterogeneity For NRSI		onducted
For Yes:		
☐ The authors justified combining the data in a meta-analysis		<i>Y</i> es
☐ AND they used an appropriate weighted technique to combine		No
study results, adjusting for heterogeneity if present	 ✓ N	No meta-analysis
☐ AND they statistically combined effect estimates from NRSI that		onducted
were adjusted for confounding, rather than combining raw data,		
or justified combining raw data when adjusted effect estimates were not available		
□ AND they reported separate summary estimates for RCTs and		
NRSI separately when both were included in the review		
12. If meta-analysis was performed, did the review authors assess the pote individual studies on the results of the meta-analysis or other evidence		
For Yes:		
☑ included only low risk of bias RCTs	√	Yes
☐ OR, if the pooled estimate was based on RCTs and/or NRSI at variable		No
RoB, the authors performed analyses to investigate possible impact of		No meta-analysis
RoB on summary estimates of effect.		conducted
13. Did the review authors account for RoB in individual studies when in results of the review?	terpreting	/ discussing the
For Yes:		
☑ included only low risk of bias RCTs	✓	Yes
□ OR, if RCTs with moderate or high RoB, or NRSI were included the		No
review provided a discussion of the likely impact of RoB on the results		
14. Did the review authors provide a satisfactory explanation for, and dis heterogeneity observed in the results of the review?	cussion of	, any
For Yes:		
☐ There was no significant heterogeneity in the results	, ,	3 7
☑ OR if heterogeneity was present the authors performed an investigation of		Yes
C 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		No
sources of any heterogeneity in the results and discussed the impact of this on the results of the review		
on the results of the review 15. If they performed quantitative synthesis did the review authors carry investigation of publication bias (small study bias) and discuss its likely		
on the results of the review 15. If they performed quantitative synthesis did the review authors carry investigation of publication bias (small study bias) and discuss its likely the review? For Yes: □ performed graphical or statistical tests for publication bias and discussed		
on the results of the review 15. If they performed quantitative synthesis did the review authors carry investigation of publication bias (small study bias) and discuss its likely the review? For Yes:	y impact o	Yes No

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For Yes:				
	The authors reported no competing interests OR	✓	Yes	
✓	The authors described their funding sources and how they managed		No	
	potential conflicts of interest			

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