Electronic Supplementary Material (ESI) for Food & Function.

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Figure S1. Flowchart of participants selection.

Table S1. The DOBS assignment scheme.

Table S2. Association of single CVD or DOBS status with all-cause mortality among US older adults, NHANES 2003-2014 (n=9059).

Table S3. Joint association of CVD and DOBS status with all-cause mortality among US older adults, NHANES 2003-2014 (n=9059).

Table S4. Association of DOBS status with all-cause mortality among US older adults in CVD and non-CVD cohorts, NHANES 2003-2014 (n=9059).

Table S5. Sensitivity Analyses of the association between single CVD or DOBS status and all-cause mortality among US older adults excluding participants who died within two years of follow-up, NHANES 2003-2014 (n=8616).

Table S6. Sensitivity Analyses of the joint association between CVD and DOBS status and all-cause mortality among US older adults excluding participants who died within two years of follow-up, NHANES 2003-2014 (n=8616).

Table S7. Sensitivity Analyses of the association between DOBS status and all-cause mortality among US older adults in CVD and non-CVD cohorts excluding participants who died within two years of follow-up, NHANES 2003-2014 (n=8616).