

Table S1 The main composition of RBDF and FBDF

Sample	Dietary fiber (g/100g)	Protein (g/100g)	Moisture (g/100g)	Total polysaccharides (g/100g)	Ash (g/100g)	Total free phenolics (μg GAE/g)
RBDF	77.17±1.41 <sup>b</sup>	3.92±0.11 <sup>b</sup>	1.57±0.08 <sup>b</sup>	34.97±2.04 <sup>a</sup>	5.31±0.11 <sup>a</sup>	187.08±1.79 <sup>b</sup>
FBDF	86.91±2.22 <sup>a</sup>	4.27±0.04 <sup>a</sup>	3.31±0.18 <sup>a</sup>	31.33±2.10 <sup>b</sup>	4.16±0.02 <sup>b</sup>	1261.67±10.46 <sup>a</sup>

Values are expressed as means ± SD. Values in the same line with different letters were considered significantly different ( $P < 0.05$ ).

Table S2 The energy of normal diet (ND) and high fat diet (HFD)

	ND	HFD
Fat (kcal %)	12.79	60.65
Protein (kcal %)	20.54	18.14
Carbohydrate (kcal %)	66.67	21.22
Total (kcal/kg)	3660	5128

Table S3 The feed formula

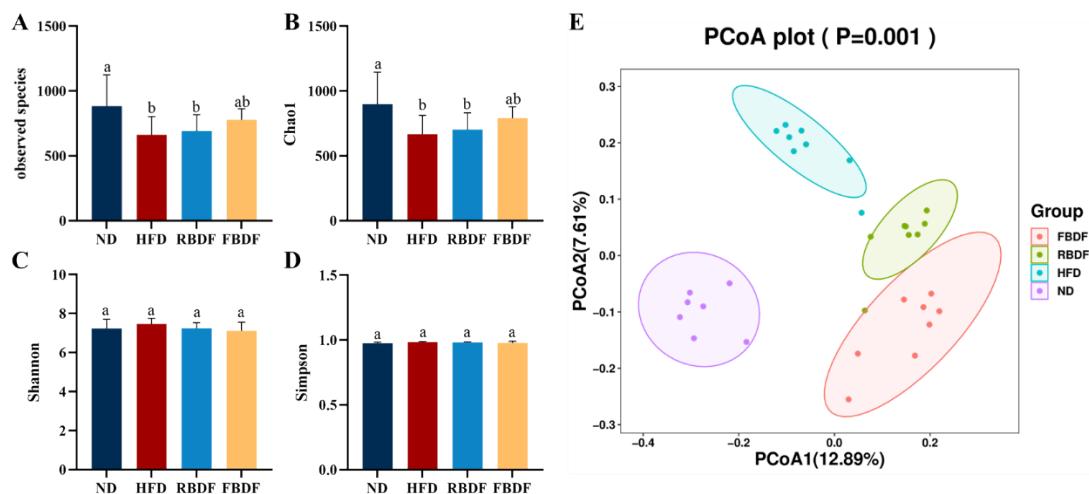
Ingredient	Content (%)		
	HFD	RBDF	FBDF
Basic diet	32.5	22.5	22.5
Lard	28	28	28
Sucrose	8	8	8
Whole milk powder	10.8	10.8	10.8
Casein	13.5	13.5	13.5
Premix for laboratory animals	3	3	3
RBDF	/	10	/
FBDF	/	/	10
Microcrystalline cellulose	2	2	2
Calcium bicarbonate	1.8	1.8	1.8
Mountain flour	0.4	0.4	0.4

Premix for laboratory animals contains 16% maltodextrin 10, 6% mineral mix, 0.3% choline bitartrate, 0.3% L-Cystine, and 0.1% vitamin mix.

Table S4 Primer sequences used for real-time quantitative PCR

Gene	Forward primer (5'-3')	Reverse primer (5'-3')
<i>GAPDH</i>	ACATCATCCCTGCATCCACT	GTCCTCAGTGTAGCCCAAG
<i>Per2</i>	AGCGGCTGCAGTAGTGA	TACTTCAAGGTTGCCAGCGT
<i>Tgm1</i>	CTGTTGGTCCCCTCCCCAA	GGACCTTCCATTGTGCCTGG
<i>Fgl1</i>	GTGGATGGACTGAGCCTAGC	TCTCACTCTCGAGGGCCAA
<i>Hdc</i>	ACAGCACAGACAAAGGCAGC	TAATCCACCACATCTCTTCCCTCTA
<i>Nrg4</i>	ACGACGAGAGAAGTCCCAGG	TGACAGTAGCAGGGTGCAAG
<i>Eif4ebp3</i>	GGAGTGCAAGAACCTCACCA	TCAAACACTGTCGTATCGGTT
<i>Myl1</i>	GCTGACCAGATTGCCGACTT	GAAGACACGCAGACCCCTCAA
<i>Spon2</i>	GACGCTTTGCCAGGTGATG	TCATTCTCCGCCACATGCT
<i>Clpx</i>	ATTAAGGAACCCGAGTCCGC	CGATCTGAAGCAACTCTCTAGGT
<i>Mfap4</i>	GGCAAGTGGACGGTTTCCA	GCAGAGACTTGGCTGAGGG
<i>Nupr1</i>	GGTCGGACCAAGAGAGAAGC	GTGGTCTGGCCTTATCTCCA
<i>Auts2</i>	CCGCTCACCTAGAGCCTTT	GTTCTGCACACTGGGGCTAT
<i>mtDNA</i>	AGGAGCCTGTTCTATAATCGATAAA	GATGGCGGTATATAAGGCCGAA
<i>RBM15</i>	GGACAGTTTCTGGGCAAC	AGTTGGCCCTGTGAGACAT

Fig. S1



**Fig.S1** Effects of RBDF and FBDF on gut microbiota  $\alpha$ -diversity and  $\beta$  diversity in mice. (A) Observed species index; (B) Chao1 index ;(C) Shannon diversity index; (D) Simpson diversity index, (E) PCoA score plot. Different letters above the bars indicate significant differences ( $p < 0.05$ ).

Fig.S2

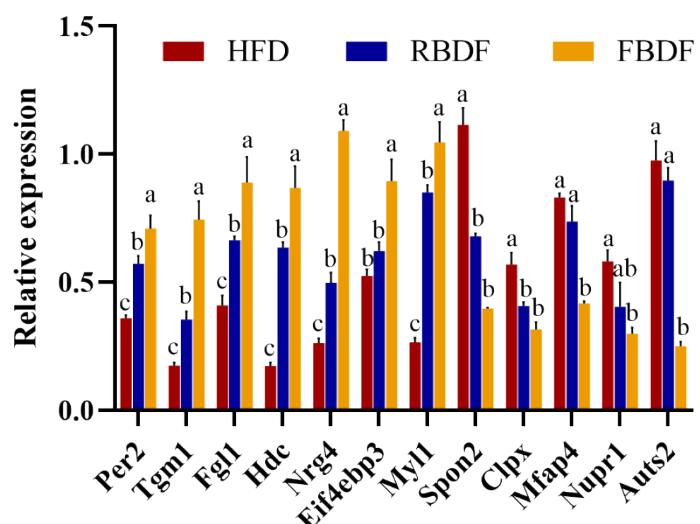


Fig.S2 Realtime-PCR quantification of the partial genes involved in the biological processes based on the hepatic transcriptome. Different letters above the bars indicate significant differences ( $p < 0.05$ ).