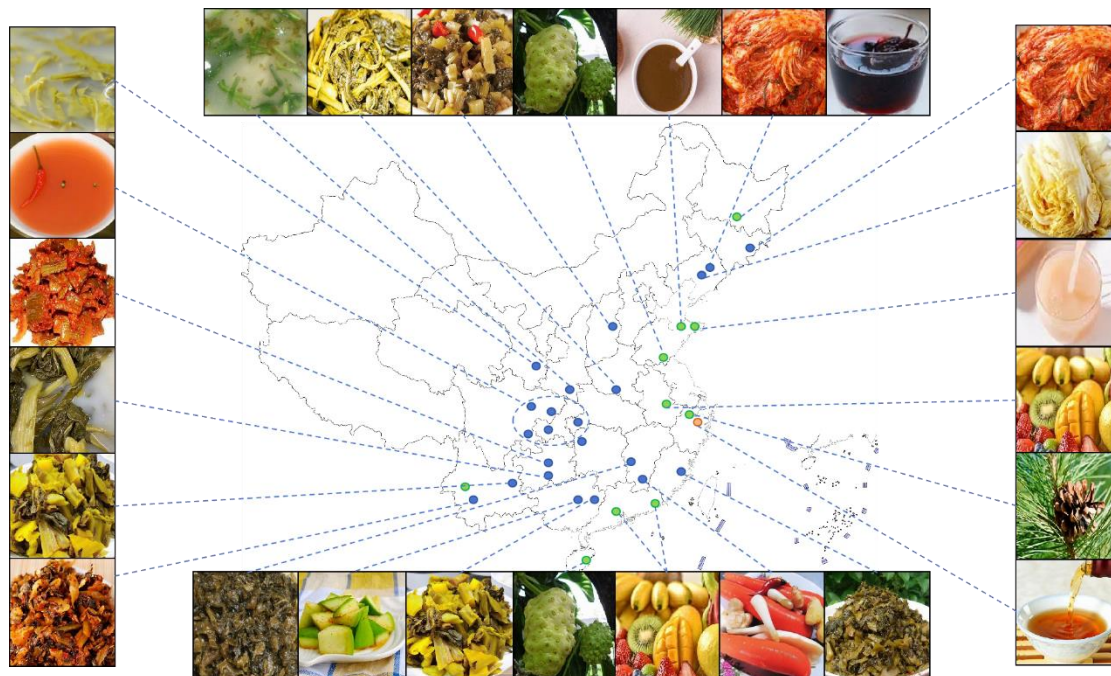


Supplementary Information (SI) for Food & Function.
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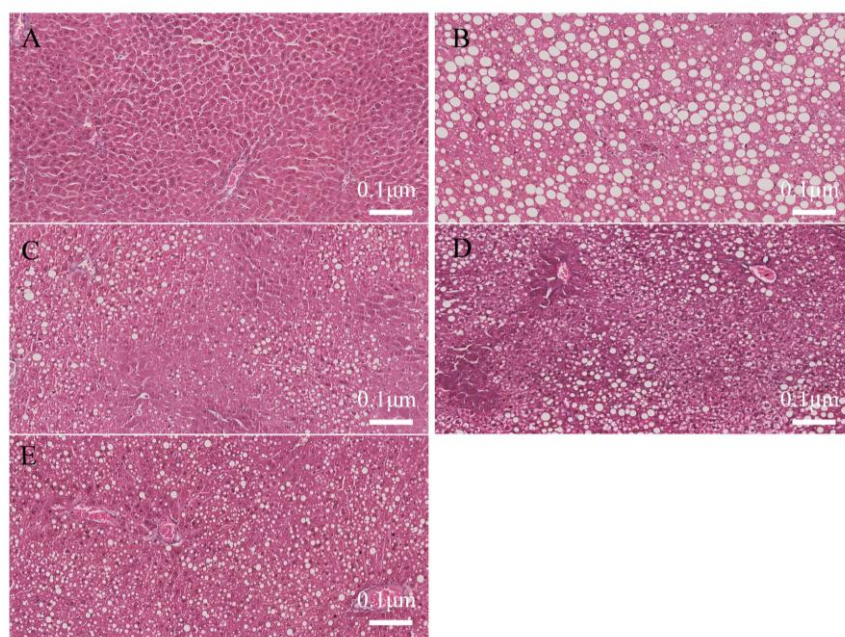
1 Supplemental Materials



2 Approval Number: GS(2023) No. 2767

3 **Figure S1.** Strain Screening Product Distribution

4



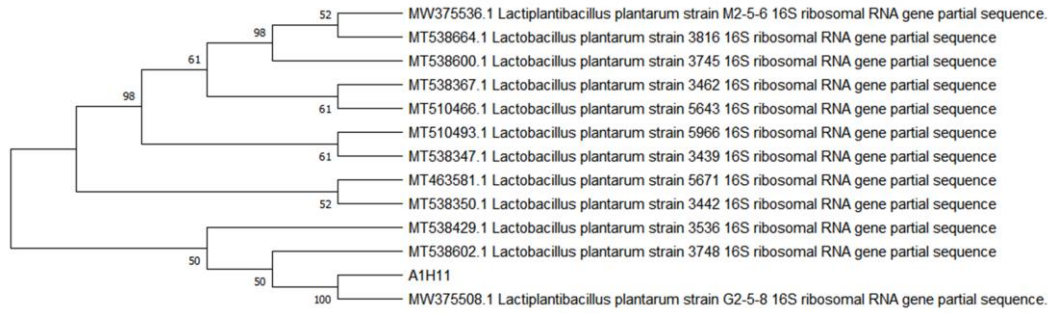
5

6 **Figure S2.** Mouse masson staining results (A) blank group; (B) control

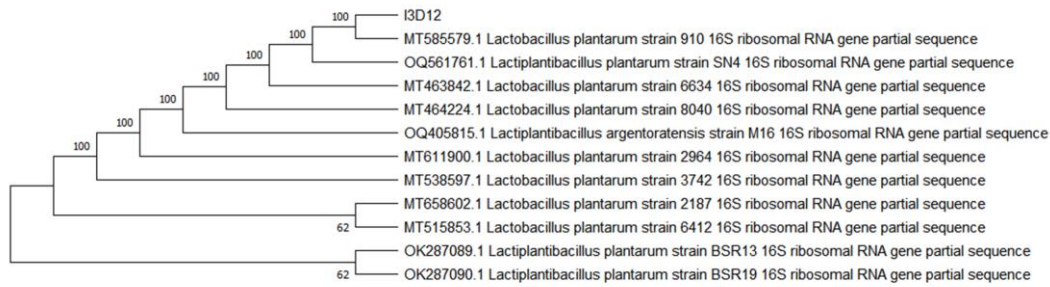
7 group; (C) probiotic group I; (D) probiotic group II; (E) probiotic group III.

8

A



B



9

10 **Figure S3.** Phylogenetic tree of A1H11 and I3D12

11

12 **Table S1.** The Linear Relationship between WST-8 and NADH Content.

Time (h)	Equation	R ²
1	$y = 0.08720x + 0.04744$	0.7562
2	$y = 0.1951x - 0.01490$	0.8512
3	$y = 0.3197x - 0.03900$	0.9194
4	$y = 0.4186x + 0.09983$	0.9840
5	$y = 0.4753x + 0.1197$	0.9900
6	$y = 0.5038x + 0.3483$	0.9948

13

14 **Table S2.** The Correlation between WST-8 and Intracellular NADH.

Amount of bacterial liquid added	Equation	R ²
10%	$y = 0.6953x - 0.8385$	0.9614
20%	$y = 0.7018x - 0.6321$	0.9904
30%	$y = 0.5720x - 0.2752$	0.9766
40%	$y = 0.4917x - 0.08156$	0.9425
50%	$y = 0.4025x + 0.1326$	0.9249

15

16 **Table S3.** The Correlation between WST-8 and Strain NADH in the Presence of

17 5% (v/v) Ethanol.

Time (h)	Equation	R ²
1	$y = 0.09266x - 0.03472$	0.8009
2	$y = 0.2111x - 0.1004$	0.8820
3	$y = 0.3328x - 0.1023$	0.9366
4	$y = 0.4985x - 0.009605$	0.9283
5	$y = 0.5085x + 0.06822$	0.9261
6	$y = 0.5222x + 0.1226$	0.9354

18

19 **Table S4.** Strain Information.

Serial number	Strain No.	Name of strain
1	A1B8	<i>Pichia manshurica</i>
2	A1H11	<i>Lactiplantibacillus plantarum</i>
3	A4D9	<i>Lactiplantibacillus plantarum</i>
4	B4A9	<i>Lactiplantibacillus plantarum</i>
5	B4C8	<i>Lentilactobacillus buchneri</i>
6	B5A8	<i>Lacticaseibacillus casei</i>
7	C5H12	<i>Levilactobacillus brevis</i>
8	E4A10	<i>Levilactobacillus brevis</i>
9	H1A5	<i>Pichia manshurica</i>
10	H1A6	<i>Lacticaseibacillus casei</i>
11	H1A8	<i>Pichia manshurica</i>
12	H1A9	<i>Pichia manshurica</i>
13	H2A5	<i>Pichia manshurica</i>
14	I1A5	<i>Pichia manshurica</i>
15	I1G3	<i>Pichia manshurica</i>
16	I3D12	<i>Lactiplantibacillus plantarum</i>
17	I3G12	<i>Lactiplantibacillus plantarum</i>
18	I4B9	<i>Pichia manshurica</i>
19	I4E10	<i>Pediococcus pentosaceus</i>
20	I4G9	<i>Pichia manshurica</i>
21	I4G10	<i>Pichia manshurica</i>
22	I5H12	<i>Levilactobacillus brevis</i>
23	J1A3	<i>Lactiplantibacillus plantarum</i>
24	K4H12	<i>Pichia manshurica</i>
25	K5A9	<i>Pichia manshurica</i>
26	N3E11	<i>Lactiplantibacillus plantarum</i>
27	P1A7	<i>Lactiplantibacillus plantarum</i>
28	Q5H7	<i>Lentilactobacillus buchneri</i>
29	YI	<i>Pediococcus pentosaceus</i>
30	YIBA	<i>Pediococcus pentosaceus</i>
31	YIBAP	<i>Pediococcus pentosaceus</i>
32	YIER	<i>Pediococcus pentosaceus</i>
33	YIWU	<i>Pediococcus pentosaceus</i>