## Supplemental Information

## Multifunctional Strain-activated Liquid-metal Composite Film with Electromechanical Decoupling for Stretchable Electromagnetic Shielding

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Figure S1. SEM images of LMT-25 (a, b) and ALMT-25 (c,d) with corresponding EDS elemental mapping results for Ga.



**Figure S2.** SEM images of LMT-45 (a, b) and ALMT-45 (c,d) with corresponding EDS elemental mapping results for Ga.



Figure S3. Micro-CT image of LMT-35 during stretching.



Figure S4. Resistance versus strain of LMT-35 (rate = 0.1, 1, and 10 mm/s).



Figure S5. Resistance versus strain of LMT-25 (rate = 0.1 mm/s).



**Figure S6.** (a) Relative change in resistance and corresponding volumetric conductivity of ALMT-45 under strains of up to 550%, and theoretical relative change in resistance of the bulk conductor. (d) Relative change in resistance of ALMT-45 over 1000 cycles to 100% and 400% strain.

Assume that the resistance, thickness, widths, length, volume, electrical resistivity, and conductivity of the sample at time t is  $R_t$ ,  $T_t$ ,  $W_t$ ,  $L_t$ ,  $V_t = W_t T_t L_t$ ,  $\rho_t$ , and  $\sigma_t$ , respectively.

At 
$$t = 0$$
,  
 $R_0 = \frac{\rho_0 L_0}{S_0} = \frac{\rho_0 L_0}{W_0 T_0} = \rho_0 \frac{L_0^2}{V_0} = \frac{1}{\sigma_0 V_0} \frac{L_0^2}{\sigma_0 V_0}$   
At  $t = t$ ,  
 $\varepsilon_t = \frac{L_t - L_0}{L_0}$   
 $R_t = \frac{\rho_t L_t}{W_t T_t} = \rho_t \frac{L_t^2}{V_t} = \frac{1}{\sigma_t V_t} \frac{L_t^2}{\sigma_t V_t} = \frac{1}{\sigma_t} \frac{(1 + \varepsilon_t)^2 L_0^2}{V_t}$   
 $\frac{R_t}{R_0} = \frac{\sigma_0 V_0}{\sigma_t V_t} (1 + \varepsilon_t)^2$ 

The volume of the sample is assumed to be constant during stretching  $(V_0 = V_t)$ ,

$$\frac{R_t}{R_0} = \frac{\sigma_0}{\sigma_t} (1 + \varepsilon_t)^2$$

(a) If the conductivity of the sample remains constant during stretching ( $\sigma_0 = \sigma_t$ ),

$$\frac{R_t}{R_0} = (1 + \varepsilon_t)^2$$

(b) If conductivity changes with strain,

$$\sigma_t = \frac{\sigma_0 (1 + \varepsilon_t)^2 R_0}{R_t}$$



Figure S7. The EMI SE curves of ALMT-25.



Figure S8. Thickness variation of ALMT-35 under different strains.



Figure S9. Relative resistance change of the ALMT sensor at the knee joint during squatting.

Туре	Filler	Matrix	emax	σ0 (S/cm)	∆Rt/R0 at max strain	σt (S/cm)	QF	Ref.
	EgaInSn (35 vol%)	TPU	700%	266	0.57@700%	14000@700%	12@700%	This
	EGaInSn (45 vol%)	TPU	550%	378	0.28@550%	12700@550%	20@550%	work
	EGaInSn and Fe particles	Ecoflex	600%	/	/	25000@400%	/	1
	3D EGaIn network	Ecoflex	510%	5300	/	11000@510%	/	2
	EGaIn	SBS	1800%	100	0.04@1800%	/	2-441@1800%	3
	EGaIn	VHB	~1200%	20600	~3.5 @1200%	/	~3.4@1200%	4
	EGaIn + Ag	SIS	~1200%	8210	40~70 @1200%	/	0.3~3@1200%	5
	EGaIn	11-PUA	744%	2500	0.85@700%	20000@700%	8.2@700%	6
	EGaIn	TPU	1000%	4200	20@1000%	11100@300% 3800@1000%	0.5@1000%	7
Liquid metal fillers	EGaIn	TPU	2260%	22532	0.34@1000% 1.59@1600% 31.6@2266%	/	29.4@1000% 10.06@1600% 0.74@2266%	8
	EGaIn	TPU	4100	21000	19.8@4100%	/	9.3@4100%	9
	EGaIn	PVDF	740%	435	4@740%	/	1.85@740%	10
	EGaIn + Ag	EVA	1000%	8331	10@1000%	/	1@1000%	11
	EGaIn + Ag	SIS	100%	6380	6.78@1000%	/	1.47@1000%	12
	EGaIn + Ag	PUA	2500%	6250	9@2500%	/	2.78@2500%	13
	EGaIn + Ni	P(AAm- co-MAAc)	630%	2000	5.4@630%	/	1.17@630%	14
	EGaIn	SEBS	900%	34000	39@700%	/	0.2@700%	15
	EGaIn	PVP	800%	6900	60@800%	100	~0.13@800%	16
	EGaIn	SIS	2500%	30000	37@2500%	/	~0.68@2500%	17
Rigid	AgNPs	SEBS	180%	11.4	1.05@180%	84.6@180%	1.7@180%	18
fillers	Ag flakes	Fluorine rubber	215%	738	~39.2@215%	~180@215%	~0.055	19
	Ag flakes	Fluorine rubber	400%	4000	~106 @ 400%	950@400%	~0.038	20
	Ag flakes	PAAm alginate hydrogel	250%	374	70 @250%	/	~0.036	21
Rigid	Ag flakes	Ecoflex	1780%	~133	153 @ 1780%	/	~0.12	22
metal fillers	AuNPs	TPU	115%	11000	~20.2 @115%	210@110%	~0.057	23
	AgNW	PNIPAM	800%	93	3@700%	/	~2.3@700%	24
	AgNW/Au	SBS	840%	30000	~2649 @840%	3000@840%	~0.003	25
	Cu	rubber	100%	215	/	2@100%	/	26

 Table S1. Comparisons of stretchable conductors reported in recent literature.

Туре	Filler	Matrix	єmax	σ0 (S/cm)	∆Rt/R0 at max strain	σt (S/cm)	QF	Ref.
Carbon materials	CNT+AgNW	PVDF	140%	5710	~1306@140%	20	~0.001@140%	27
	CNT	Fluorine rubber	118%	10	~3.75@118%	10	~0.3@118%	28
	CNT	Fluorine rubber	134%	57	~51@134%	6	~0.026@134%	29
	CNT	PDMS	150%	1100	4@150%	/	0.375@150%	30
	CNT	PU	300%	0.05-1	3.2@300%	/	0.9@300%	31

SBS: poly(styrene-block-butadiene-block-styrene VHB: 3M VHB tape SIS: Styrene-isoprene block copolymers 11-PUA: 11-(phosphonoundecyl)acrylate PVDF: polyvinylidene difluoride EVA: Ethylene-Vinyl Acetate PUA: polyurethane acrylate P(AAm-co-MAAc): Poly(acrylamide-co-methacrylic acid) SEBS: poly[styrene-b-(ethylene-co-butylene)-b-styrene] PVP: Polyvinyl pyrrolidone PAAm: polyacrylamide PAM: Polyacrylamide PNIPAM: poly(N-isopropyl acrylamide) PU: polyurethane

Tab	le S2	. Coi	mparisons	of s	stretchable	EM	I shi	elding	materials	reporte	d in	recent	literature.
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Туре	Filler	Matrix	Strain (%)	Thickness (mm)	SE (dB)	SSE (dB /mm)	Ref.
	EgaInSn (35 vol%)	TPU	0-400%	0.075-0.051	58.1-63.8	774-1241	This
Liquid	EgaInSn (45 vol%)	TPU	/	0.094	80.9	860.6	work
metal	EGaInSn and Fe particles	Ecoflex	0-400%	0.8-0.2	20.6-80.7	25.8-404	1
fillers	3D EBiInSn network	Ecoflex	0-400%	2-3.6	57.0-85.0	15.8-42.5	32
	3D EGaIn network	Ecoflex	0-400%	2-1	41.5-81.6	20.8-81.6	2
	EGaIn	PDMS	0-50%	2.4	50.0-43.5	20.8-18.1	33
	EGaIn	PDMS	0-100%	3	~37.0	12.3	34
	EGaInSn	PDMS	0-75%	0.15-0.11	43.2-44.2	288-401	35
Liquid	EGaInSn	PDMS/Textile	0-50%	0.35	72.6-52.4	149.7-207.4	36
metal fillers	EGaIn and CNT	PAM and gelatin	0-200%	1-0.22	17.7-37.4	17.7-170.0	37
	ESnBi	PVDF	/	2	68.8	34.4	38
	EGaIn	CNF	/	0.1	40.5	405.0	39
	EGaIn	EM	/	1	90.6	90.6	40

Туре	Filler	Matrix	Strain (%)	Thickness (mm)	SE (dB)	SSE (dB /mm)	Ref.
	EGaIn and Ag NPs	SEBS	300%	0.2	73.5	367.5	41
	EGaIn foam	/	/	5	65.0	13.0	42
Rigid metal fillers	AgNPs	SEBS	0-100%	2.84	28.0-55.0	19.4-9.9	18
	AgNWs	PU	0-30%	0.6	63.9-56.2	106.5-93.7	43
	Cu	rubber	0-75%	0.4	35.7-10.7	89-26.7	26
Carbon materials	CNT	PU	0-30%	2.9	36.4-20.2	12.6-7.0	44
	CNT	TPU	0-200%	2-1.56	34.6-12.8	17.3-8.2	45
	rGO	PDMS	0-100%	2.4	25.0-18.0	10.5-7.5	46
	MXene	PU	0-30%	0.2	22.0	105.0	47
	MXene	TPU	0-70%	0.3	31.4-22.0	104.7-73.3	48

PDMS: Polydimethylsiloxane CNF: Cellulose nanofibers EM: expandable microsphere

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