

## Supporting Information

### **Gel Electrolyte Interdigitation Enables Stable High Areal Capacity Cycling of 3D Zn Electrode**

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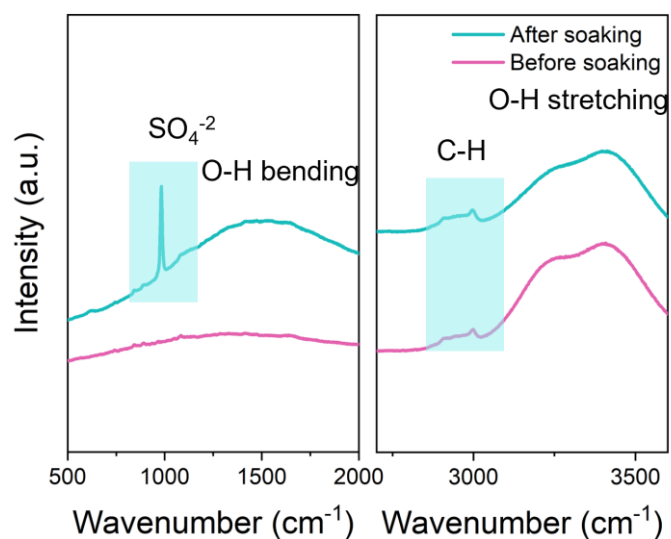
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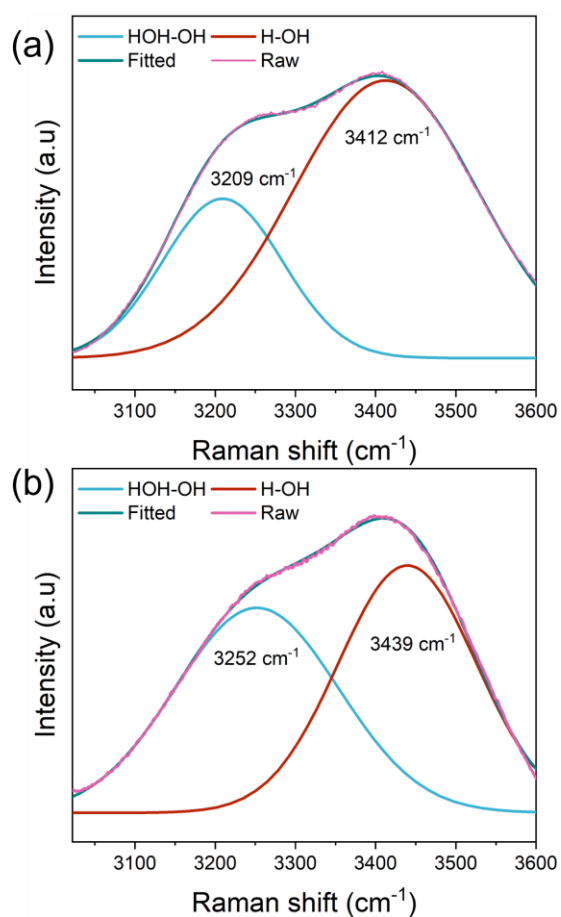
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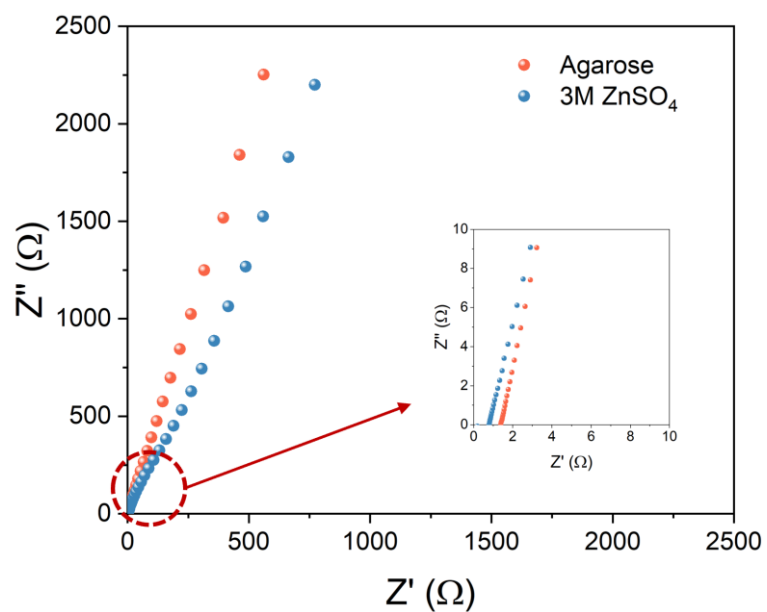
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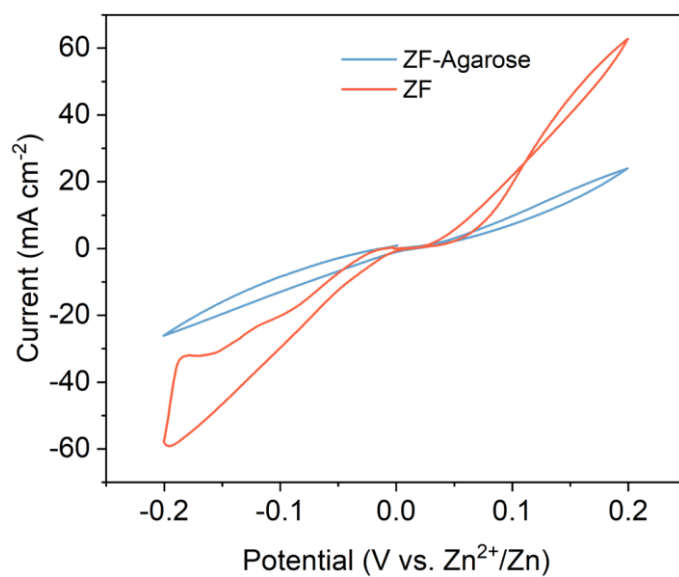
**Figure S1.** The Raman spectra of agarose hydrogel before and after soaking in 3M ZnSO<sub>4</sub> electrolyte.



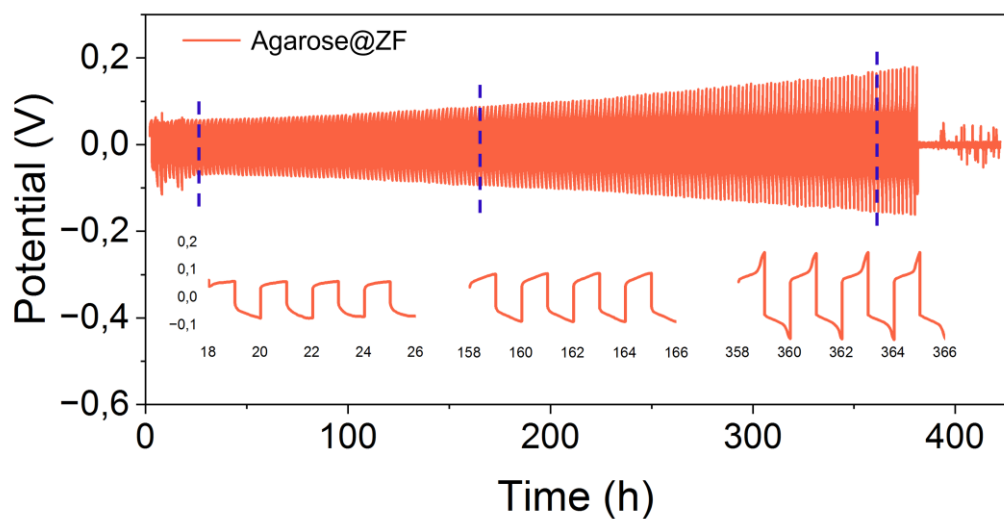
**Figure S2.** The enlarged Raman spectra of O-H stretch vibration for agarose hydrogel (a) before and (b) after soaking in 3M ZnSO<sub>4</sub> electrolyte.



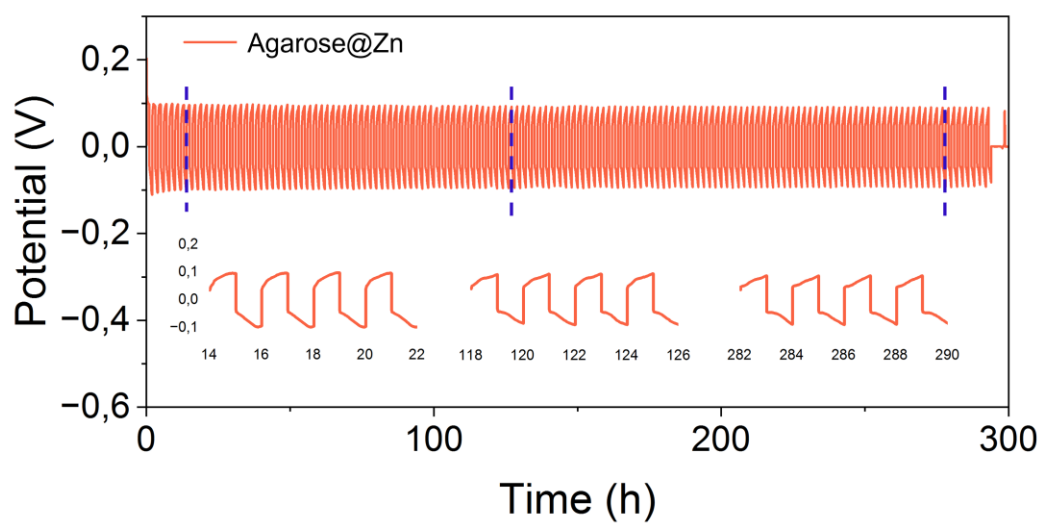
**Figure S3.** The Nyquist plot of agarose hydrogel electrolyte and 3M ZnSO<sub>4</sub> electrolyte obtained by Ti-Ti symmetric configuration.



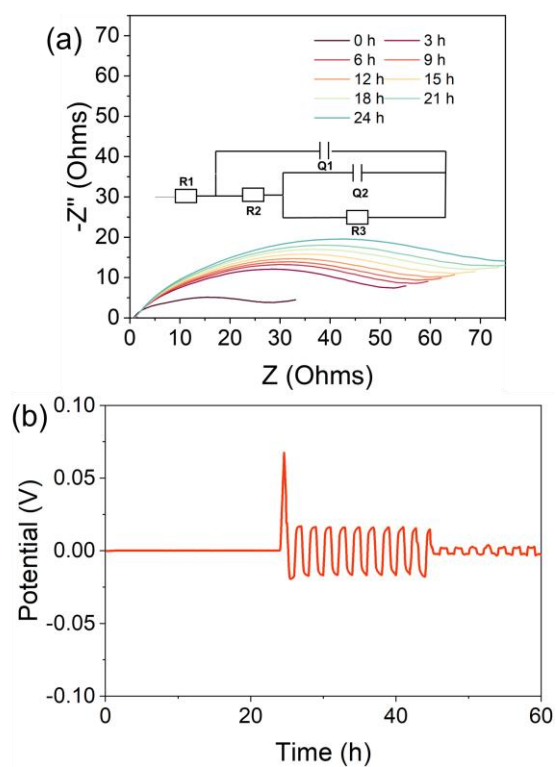
**Figure S4.** The CV profiles for ZF-Agarose and ZF electrode.



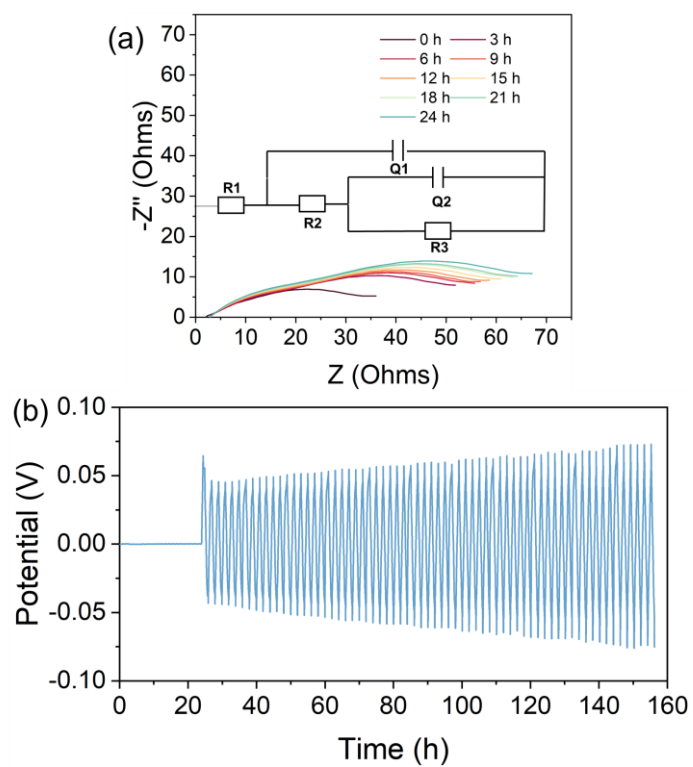
**Figure S5.** The long-term performance evaluation for Agarose@ZF electrode in symmetric configuration at 5 mA- 5 mAh cm<sup>-2</sup>.



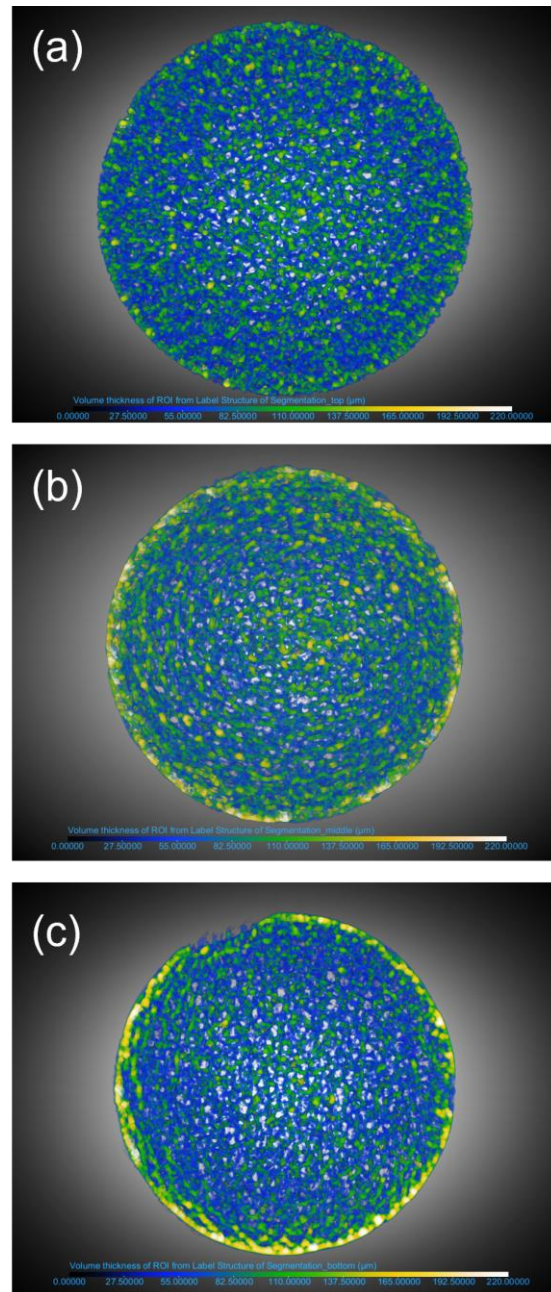
**Figure S6.** The long-term performance evaluation for Agarose@Zn electrode in symmetric configuration at 5 mA- 5 mAh cm<sup>-2</sup>.



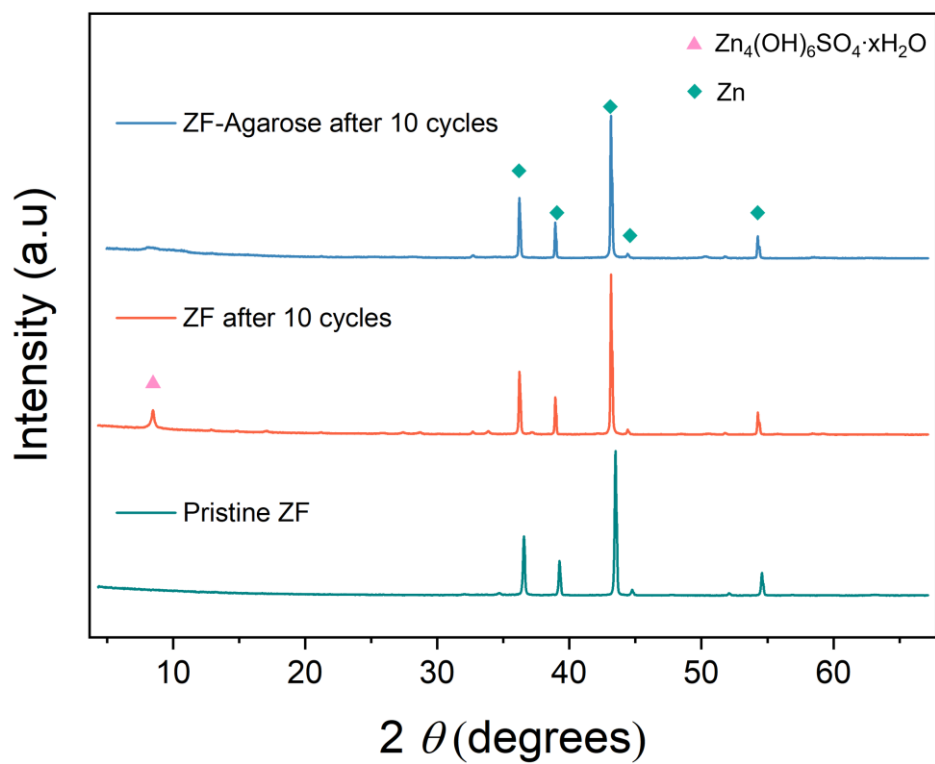
**Figure S7.** (a) The impedance evolution of ZF electrode during resting and (b) subsequent voltage profile when cycling at 2 mA- 2 mAh cm<sup>-2</sup>.



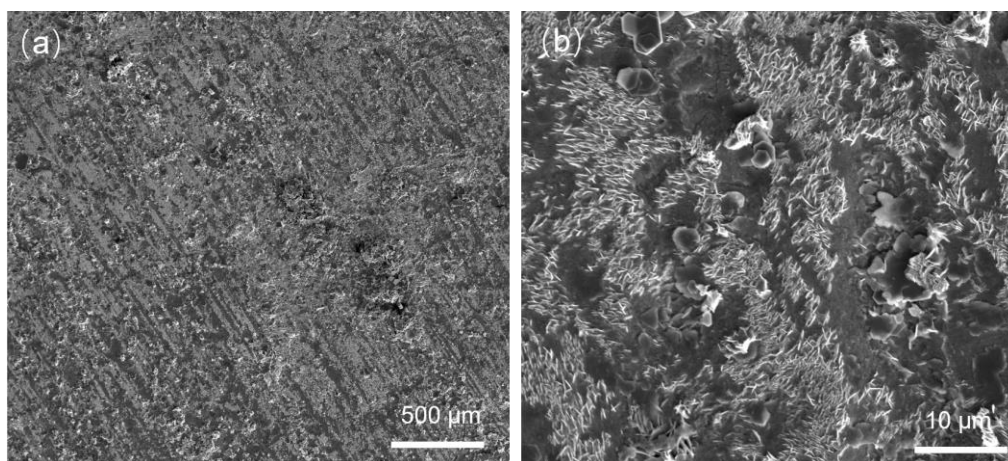
**Figure S8.** (a) The impedance evolution of ZF-Agarose electrode during resting and (b) subsequent voltage profile when cycling at 2 mA- 2 mAh cm<sup>-2</sup>. The inset in (a) shows the equivalent circuit model used to fit the impedance data. Further information is provided in the experimental details.



**Figure S9.** The volume thickness distribution for (a) pristine ZF, (b) cycled ZF-Agarose and (c) cycled ZF electrode.

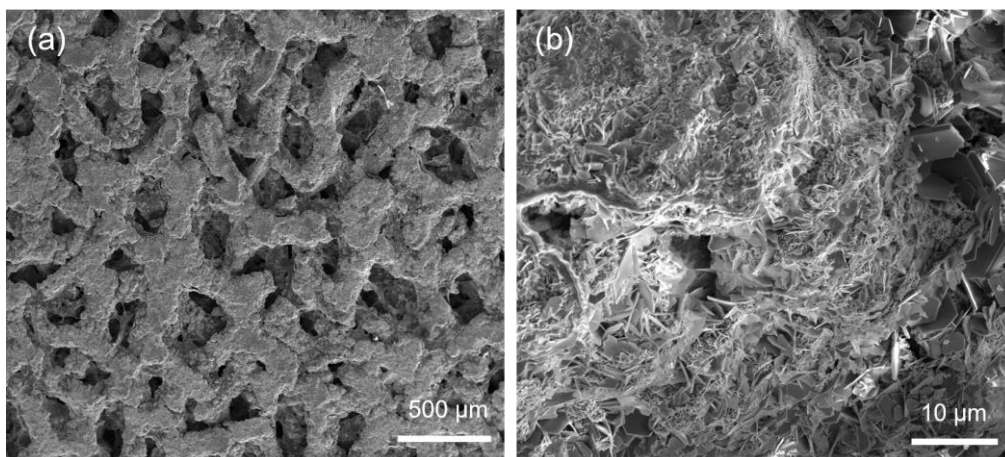


**Figure S10.** The XRD pattern of ZF and ZF-Agarose electrode after 10 cycles at 2 mA- 2 mAh cm<sup>-2</sup>

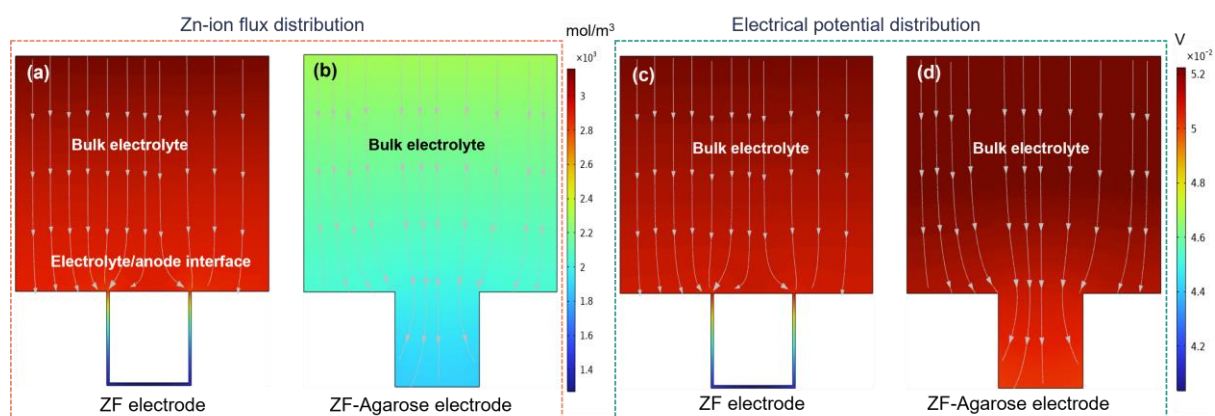


**Figure S11.** (a) The morphology of Agarose@Zn electrode with (b) higher magnification image after 10 cycles at 2 mA- 2 mAh cm<sup>-2</sup>



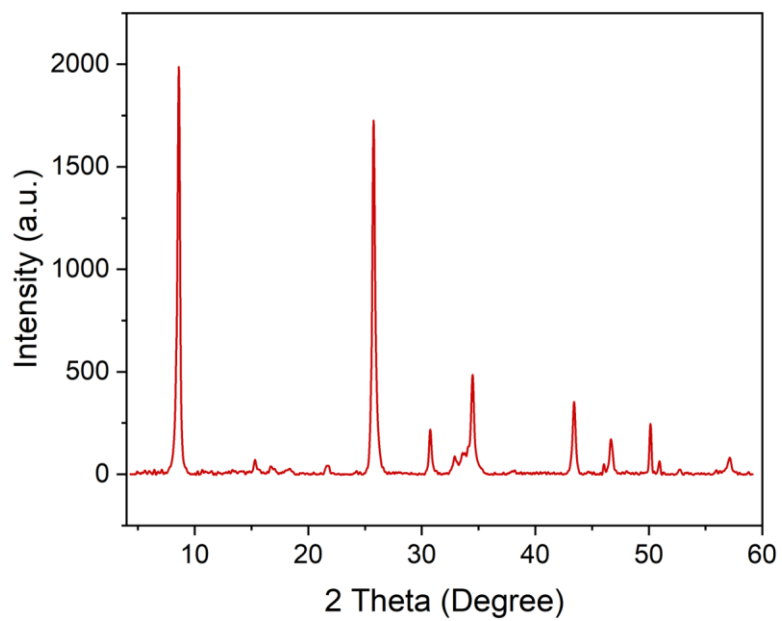


**Figure S12.** (a) The morphology of Agarose@ZF electrode with (b) higher magnification image after 10 cycles at 2 mA- 2 mAh cm<sup>-2</sup>

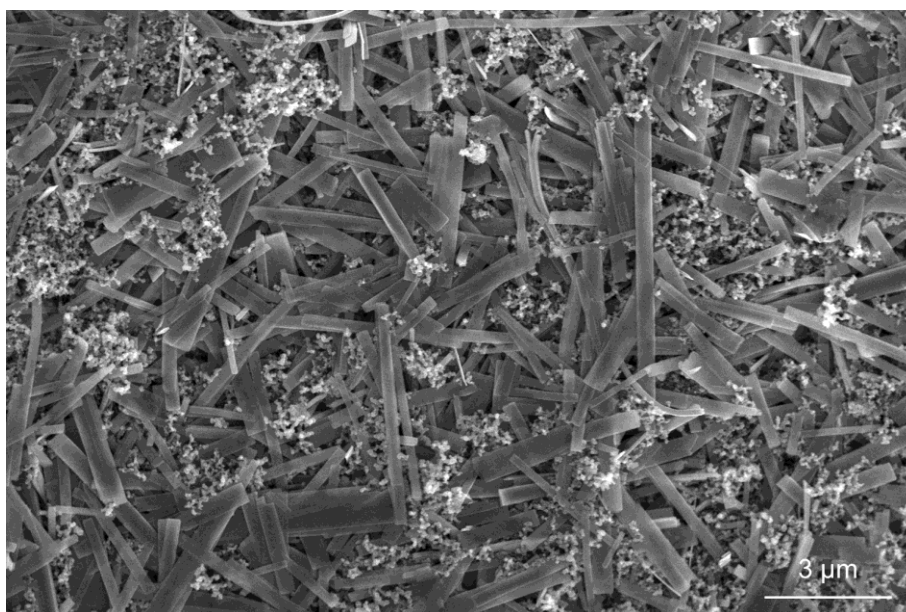


**Figure S13.** The 2D simulation model for Zn-ion flux distribution of (a) ZF and (b) ZF-Agarose electrode. The electrical potential distribution of (c) ZF and (d) ZF-Agarose electrodes.

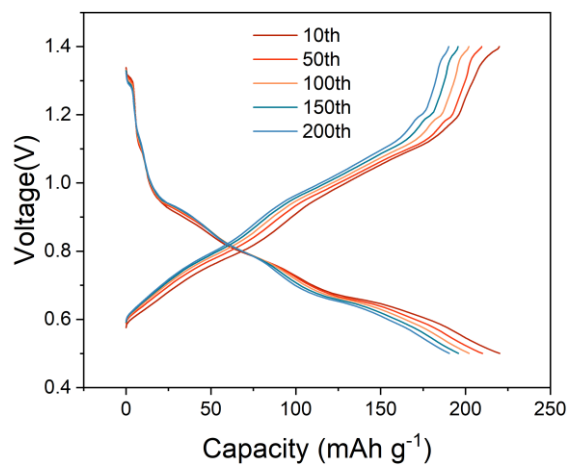




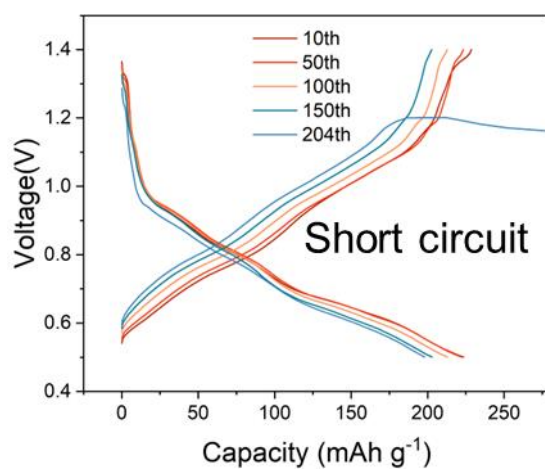
**Figure S14.** The XRD pattern of the ZVO cathode.



**Figure S15.** The SEM image of the ZVO cathode.



**Figure S16.** The corresponding voltage profile for ZVO//ZF-Agarose cell at 250 mA g<sup>-1</sup>.



**Figure S17.** The corresponding voltage profile for ZVO//ZF cell at 250 mA g<sup>-1</sup>.