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## Supporting Information

## Mechanistic Study of Tumor Fluorescence Response Signal Based on a Near-Infrared Viscosity-Sensitive Probe

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#### 1. Materials and method

#### Materials.

Unless otherwise noted, all reagents were obtained from commercial resources and used without further purification. Tetrahydrofuran (THF), toluene (Tol), and dichloromethane (DCM) used for reactions were purified by evaporating after fully stirring with Na and using benzophenone as the indicator. All air and moisture-sensitive reactions were carried out in flame-dried glassware under a nitrogen atmosphere. The following reagents were used in the tests: Glycol (GLY), dioxane, ethanol (EtOH), toluene (Tol), methanol (MeOH), acetonitrile (MeCN), tetrahydrofuran (THF), dimethyl and sulfoxide (DMSO), all of which were purchased from Sigma-Aldrich with a purity of 95-98%. The cell colocalization stain was purchased from Beyotime Biotechnolog.

Cell lines used in this study were obtained from the Cell Bank of the Chinese Academy of Sciences (CAS), a reputable source for authenticated and quality-controlled cell lines. The cell lines were maintained and cultured according to the standard protocols provided by the cell bank. The MTT solution was prepared using MTT powder, which was purchased from Macklin.

#### Quantum yield test.

The QYs of the fluorophores were measured using previously reported procedures with modifications.<sup>[1]</sup> The NIR-II fluorescence emission intensities were measured under the same 808 nm excitation. The QY values of the samples were determined on the basis of five concentrations with gradient ODs at 808 nm. Using the measured ODs at 808 nm and the integrated fluorescence intensity, the quantum yield of a test sample was calculated according to the following equation:<sup>[1]</sup>

$$\varphi_{x}(\gamma) = \varphi_{std}(\gamma) \times \frac{F_{X}}{F_{std}} \times \frac{A_{std}(\gamma)}{A_{x}(\gamma)} \times (\frac{\eta_{x}}{\eta_{std}})^{-2}$$

#### Photostability.

 $5\mu$ M POH, ICG and IR-783 were dissolved in PBS. The fluorescence signal was monitored using a two-dimensional InGaAs camera under continuous exposure to an 808-nm laser at a power density of 65 mW/cm<sup>2</sup>. The average fluorescence intensity of the region of interest (ROI) was plotted as a function of time.

# Cell viability assessment using the 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) colorimetric assay.

The 4T1, U87, C6, and L-02 cells (5k per well) were seeded into a 96-well plate (NEST) and incubated for 12 h at 37 °C in a humidified incubator with 5% CO<sub>2</sub>. Then, DMEM solutions with 0.1, 1.0, 2.0, 5.0, and 10.0 POH were added. After 24 h of incubation, the cells were rinsed three times with PBS and 100  $\mu$ L MTT (0.5 mg·mL<sup>-1</sup>) solution was added. After removing the MTT solution after 4 h of incubation, 50  $\mu$ L DMSO was added to each well. Placing the shaking table at a low speed for 2 h allowed the crystal to fully dissolve. The absorbance value of each well was measured at OD 570 nm using an Elisa reader (BioTek Synergy LX).

#### Animals and ulcerative colitis models.

All animal experiments were conducted under institutional guidelines and were approved by the Experimental Animal Ethical Committee of the First Hospital of Jilin University (Protocol number: 20210642). BALB/c mice were purchased from Liaoning Changsheng Biotechnology Co. Ltd. Bedding, nesting materials, food, and water were provided ad libitum. The ambient temperature was controlled between 20 °C to 24 °C.

#### Breast tumor NIR-II fluorescence imaging.

Under 808 nm excitation laser, 850 nm SP (Short Pass Filter) and 900/1000 nm LP (Long Pass Filter) were used to collect NIR-II bioimaging. POH in PBS (100  $\mu$ M, 25  $\mu$ L) was injected into the breast tumor (n = 3) inoculated by 4T1 cells. The NIR-II images were obtained at 0 min, 30 min, 1 h, 3 h, 6 h, 12 h, 24 h, 48 h, 72 h, and 96 h post-injection.

#### **H&E** staining.

All the tissues were fixed in 4% paraformaldehyde after harvesting. These tissues were further dehydrated, embedded in paraffin, and sectioned into 3 µm thick slides. H&E staining was then performed according to the protocol of the H&E kit (Beyotime Institute of Biotechnology, Cat. No. C0105). H&E staining images of every tissue were acquired using the Nikon Eclipse 80i microscope.

#### NIR-II imaging.

All mice were shaved using Nair depilatory cream and anesthetized with chloral hydrate or isoflurane before the experiment, and then placed on the imaging table. At least three mice were used as parallel controls in each imaging experiment. All NIR-I/NIR-II images were collected on a two-dimensional InGaAs array (Princeton Instruments, NIRvana-640) with a laser wavelength of 808 nm and a power density of 65 mW/cm<sup>2</sup>.

#### Metabolism assessment.

Under 808 nm excitation, 900 and 1000 nm long-pass filters were used to collect NIR-II imaging under the InGaAs camera. POH in PBS (100  $\mu$ M, 200  $\mu$ L) were intravenously injected into six-week-old BALB/c mice (n = 3). Images were obtained at 0 min, 30 min, 1 h, 3 h, 6 h, 12 h, and 24 h post-injection.

#### **Tumor Establishment Process.**

After culturing 4T1 cells in vitro to the logarithmic growth phase,  $1 \times 10^5$  cells were subcutaneously injected into the mammary fat pad of female BALB/C mice (4-6 weeks old, body weight 18-20 g). Tumor establishment was confirmed when palpable nodules appeared in the axillary region approximately five days post-injection.

#### **Dose and Administration Time.**

The probe (100  $\mu$  M, 25  $\mu$  L) was administered via intratumoral injection once the tumor nodules were detectable. Time intervals for imaging were specified as 0, 30 minutes, 1, 3, 6, 12, 24, 48, 72, and 96 hours post-injection.

In this study, we employed three common tumor drug delivery methods to investigate how different routes of administration affect tumor localization and therapeutic efficacy. For intravenous injection, a concentration of 100  $\mu$ M was administered at a dosage of 200  $\mu$ L, allowing the drug to rapidly enter systemic circulation for widespread distribution and evaluation of overall drug behavior. For round (peritumoral, subcutaneous) injection, the drug was given at the same concentration but in a volume of 25  $\mu$ L to target the tissue surrounding the tumor, thereby achieving a higher local concentration and enhancing drug penetration and accumulation at the tumor margins. Similarly, for intratumoral injection, 100  $\mu$ M at 25  $\mu$ L was directly administered into the tumor tissue to ensure that the drug acts specifically on the tumor, further increasing the local concentration and therapeutic effect. These delivery methods, with their distinct advantages, allow for the assessment of both local and systemic drug distribution as well as precise drug localization; detailed explanations of these routes and their specific applications in our study are provided in the supplementary information.



#### Synthesis of Compound 1

4-Methylquinoline (0.858 g, 6 mmol) was dissolved in toluene (3 mL), then iodoethane (1.16 g, 7.5 mmol) was added, and the mixture was stirred at reflux for 18 h. The reaction mixture was then cooled to room temperature, and a large amount of solid was precipitated, which was washed with ethyl ether for several times and dried under vacuum to obtain **compound 1** as a green solid (1.65 g, 92% yield). <sup>1</sup>H NMR (400 MHz, DMSO-*d*<sub>6</sub>)  $\delta$  9.43 (d, *J* = 6.0 Hz, 1H), 8.60 (d, *J* = 8.8 Hz, 1H), 8.55 (dd, *J* = 8.8, 1.2 Hz, 1H), 8.26 (ddd, *J* = 8.8, 6.8, 1.2 Hz, 1H), 8.10 – 8.03 (m, 2H), 5.05 (q, *J* = 7.2 Hz, 2H), 3.00 (s, 3H), 1.58 (t, *J* = 7.2 Hz, 3H). <sup>13</sup>C NMR (100 MHz, DMSO-*d*<sub>6</sub>)  $\delta$  158.3, 148.1, 136.5, 135.1, 129.5, 128.9, 127.2, 122.7, 119.2, 52.5, 19.7, 15.2. HRMS (ESI-TOF): calcd. for C<sub>12</sub>H<sub>14</sub>N [M + H]<sup>+</sup> 172.1121; found 172.1118.

#### Synthesis of Compound 2

To a solution of 4-bromo-2-hydroxybenzaldehyde (2 g, 10 mmol) and Cs<sub>2</sub>CO<sub>3</sub> (9.75 g, 30 mmol) in dry DMF (35 mL) was added a solution of 2-bromocyclohex-1-ene-1-carbaldehyde (3.78 g, 20 mmol) in DMF (5 mL) at room temperature. The reaction mixture was stirred at 30 °C for 24 h, until starting material 4-bromo-2-hydroxybenzaldehyde was consumed. After completion of reaction, the mixture was poured into water (400 mL) and extracted with ethyl acetate (3 × 200 mL). The combined organic phase was dried over anhydrous MgSO<sub>4</sub>, filtered, concentrated in vacuo, and the residue was purified by flash column chromatography eluting with (PE/EtOAc, 10:1, v/v) to afford **compound 2** as a yellow solid (1.39 g, 48% yield). <sup>1</sup>H NMR (400 MHz, CDCl<sub>3</sub>)  $\delta$  10.31 (s, 1H), 7.28 (d, *J* = 1.2 Hz, 1H), 7.20 (dd, *J* = 8.0, 1.8 Hz, 1H), 7.02 (d, *J* = 8.4 Hz, 1H), 6.62 (s, 1H), 2.61 – 2.54 (m, 2H), 2.44 (t, *J* = 6.4 Hz, 2H), 1.78 – 1.68 (m, 2H). <sup>13</sup>C NMR (100 MHz, CDCl<sub>3</sub>)  $\delta$  188.0, 159.6, 152.4, 130.3, 127.7, 127.1, 125.8, 123.0, 120.3, 118.8, 113.9, 30.2, 21.5, 20.3. HRMS (ESI-TOF): calcd. for C<sub>14</sub>H<sub>12</sub>BrO<sub>2</sub> [M + H]<sup>+</sup> 291.0015; found 291.0018.

#### Synthesis of Compound 3

**Compound 2** (1.1 g, 3.8 mmol), 4-methoxydiphenylamine (3.78 g, 19 mmol), Pd<sub>2</sub>(dba)<sub>3</sub> (348 mg, 0.38 mmol), DavePhos (149 mg, 0.38 mmol) and *t*-BuOK (851 mg, 7.6 mmol) were mixed in toluene (25 mL). The mixture was deaerated by flushing with argon for three times and subsequently stirred at reflux for 16 h. The mixture was then further subjected to column chromatography (PE/DCM/DMK, 20:5:1, v/v/v) to afford **Compound 3** as a brown yellow solid (0.964 g, 62% yield). <sup>1</sup>H NMR (500 MHz, CDCl<sub>3</sub>)  $\delta$  10.19 (s, 1H), 7.32 – 7.27 (m, 2H), 7.15 – 7.05 (m, 5H), 6.95 (d, *J* = 7.5 Hz, 1H), 6.91 – 6.84 (m, 2H), 6.70 – 6.64 (m, 2H), 6.62

(s, 1H), 3.82 (s, 3H), 2.55 (t, J = 5.5, 2H), 2.42 (t, J = 6.0 Hz, 2H), 1.75 – 1.66 (m, 2H). <sup>13</sup>C NMR (100 MHz, CDCl<sub>3</sub>)  $\delta$  187.6, 161.1, 157.1, 153.3, 150.3, 146.9, 139.5, 129.6, 128.1, 127.1, 126.3, 124.9, 123.9, 116.2, 115.1, 114.8, 112.4, 106.6, 55.6, 30.1, 21.6, 20.6. HRMS (ESI-TOF): calcd. for C<sub>27</sub>H<sub>24</sub>NO<sub>3</sub> [M + H]<sup>+</sup> 410.1751; found 410.1753.

#### **Synthesis of Compound 4**

**Compound 1** (150 mg, 0.5 mmol), **Compound 3** (205 mg, 0.5 mmol), and Zn(OAc)<sub>2</sub> (240 mg, 1.3 mmol) were dissolved in ethanol (8 mL), followed by the addition of piperidine (148  $\mu$ L, 1.5 mmol). The reaction mixture is stirred at 80 °C for 7 h in a sealed tube. The reaction mixture was then cooled to room temperature and cold diethyl ether (30 mL) was added to facilitate the precipitation, then collected by filtration. The crude product was purified by flash column chromatography eluting with (DCM/MeOH, 20:1, v/v) to afford compound 4 as a blue solid (292 mg, 85% yield). <sup>1</sup>H NMR (400 MHz, CDCl<sub>3</sub>)  $\delta$  9.53 (d, J = 6.8 Hz, 1H), 8.43 (d, J = 8.0Hz, 1H), 8.29 (d, J = 14.8 Hz, 1H), 8.07 (d, J = 8.4 Hz, 1H), 8.03 – 7.97 (m, 1H), 7.87 (d, J = 6.8 Hz, 1H), 7.80 – 7.72 (m, 1H), 7.38 – 7.29 (m, 2H), 7.18 – 7.10 (m, 5H), 7.04 (d, J = 15.2 Hz, 1H), 6.99 (d, J = 8.4 Hz, 1H), 6.96 – 6.89 (m, 2H), 6.82 (d, J = 1.6 Hz, 1H), 6.71 (dd, J =8.4, 2.0 Hz, 1H), 6.69 (s, 1H), 5.09 (q, J = 7.2 Hz, 2H), 3.86 (s, 3H), 2.67 (t, J = 6.0 Hz, 2H), 2.62 (t, J = 6.0 Hz, 2H), 1.94 – 1.82 (m, 2H), 1.69 (t, J = 7.2 Hz, 3H). <sup>13</sup>C NMR (100 MHz, DMSO-*d*<sub>6</sub>)  $\delta$  156.6, 154.2, 153.3, 152.1, 149.6, 146.5, 145.2, 138.9, 137.5, 137.4, 134.3, 129.6, 128.2, 127.8, 127.4, 126.9, 126.5, 126.1, 125.7, 124.2, 123.7, 118.5, 116.4, 115.3, 115.2, 114.3, 113.8, 112.3, 106.0, 55.3, 51.0, 28.8, 24.4, 20.3, 14.9. HRMS (ESI-TOF): calcd. for C<sub>39</sub>H<sub>35</sub>N<sub>2</sub>O<sub>2</sub> [M + H]<sup>+</sup> 563.2693; found 563.2687.

#### **Synthesis of POH**

To a solution of **compound 4** (60 mg, 0.145 mmol) in dry CH<sub>2</sub>Cl<sub>2</sub> (1 mL) was added BBr<sub>3</sub> (3 mL, 2 M in CH<sub>2</sub>Cl<sub>2</sub>) at 0 °C. The reaction mixture was stirred at 0 °C for another 3 h. Then, the reaction was quenched with a saturated solution of NaHCO<sub>3</sub> (5 mL) at 0 °C and extracted with a mixture of CH<sub>2</sub>Cl<sub>2</sub>/MeOH (3  $\beta$  10 mL, 10:1, v/v). The combined organic phase was dried over anhydrous MgSO<sub>4</sub>, filtered, concentrated in vacuo, and the residue was purified by flash column chromatography eluting with (DCM/MeOH, 20:1, v/v) to afford **POH** as a blue solid (36 mg, 62% yield). <sup>1</sup>H NMR (400 MHz, DMSO-*d*<sub>6</sub>)  $\delta$  9.63 (s, 1H), 8.98 (d, *J* = 6.8 Hz, 1H), 8.81 (d, *J* = 8.0 Hz, 1H), 8.38 (d, *J* = 15.2 Hz, 1H), 8.36 (d, *J* = 8.8 Hz, 1H), 8.29 (d, *J* = 6.8

Hz, 1H), 8.16 – 8.09 (m, 1H), 7.87 (t, J = 8.0 Hz, 1H), 7.35 (t, J = 8.0 Hz, 2H), 7.31 (d, J = 14.0 Hz, 1H), 7.17 (d, J = 8.4 Hz, 1H), 7.13 – 7.06 (m, 3H), 7.04 – 6.97 (m, 2H), 6.88 (s, 1H), 6.87 – 6.78 (m, 3H), 6.56 (dd, J = 8.4, 2.0 Hz, 1H), 4.85 (q, J = 7.2 Hz, 2H), 2.70 (t, J = 6.0 Hz, 2H), 2.63 (t, J = 5.6 Hz, 2H), 1.85 – 1.74 (m, 2H), 1.52 (t, J = 7.2 Hz, 3H). <sup>13</sup>C NMR (100 MHz, DMSO- $d_6$ )  $\delta$  155.7, 154.8, 153.9, 152.7, 150.4, 147.1, 145.9, 138.1, 138.0, 137.7, 134.9, 130.1, 128.8, 127.9, 127.2, 127.1, 126.7, 126.3, 124.7, 124.1, 119.1, 117.1, 116.6, 115.5, 114.9, 114.4, 112.8, 106.1, 51.5, 29.4, 24.9, 20.9, 15.5. HRMS (ESI-TOF): calcd. for C<sub>38</sub>H<sub>33</sub>N<sub>2</sub>O<sub>2</sub> [M + H]<sup>+</sup> 549.2537; found 549.2539.



















#### **Characterization data for POH**





## Supplementary figures



Figure S1. Optical absorbance spectra of a series of five solutions of a) POH in PBS and b) IR-26 in DCE with absorbance values at 808 nm were in the range from  $\sim$ 0.02 to  $\sim$ 0.1. c) The integrated NIR-II signal intensities (900–1500 nm) of the above samples plotted against the absorbance at 808 nm for POH in PBS, respectively.



Figure S2. Histological evaluation of main organs after intravenous administration of POH.



Figure S3. The subcellular recombination degree of POH in HeLa cells changed with time. Colocalization images of HeLa cells co-incubated with POH for the red channel (10  $\mu$ M, Ex =

640 nm, collected from 680–800 nm) and the corresponding organelle targeting dyes for the green channel for a) lysosome and b) mitochondria (LysoTracker Green, 100 nM, Ex = 488 nm, collected from 490–550 nm; MitoTracker Green, 100 nM, Ex = 488 nm, collected from 490–550 nm; MitoTracker Green, 100 nM, Ex = 488 nm, collected from 490–550 nm).



Figure S4. Different imaging effects of POH on tumor tissue. a) Effect of NIR imaging on tumor *in vivo* under different dosing modes (injection dosage, 100  $\mu$ M, 25  $\mu$ L; imaging condition: 808 nm laser excitation with 65 mW/cm<sup>2</sup> power density, 900 + 1000 nm long-pass filters). b) Changes of tumor near-infrared signal over time after intratumoral injection.



Figure S5. Fluorescent images of apoptotic cells and control cells. a-c) Fluorescence images of three different cells (4T1, HeLa, L929) at different magnifications under NIR microscopy, and d) statistical values of fluorescence signals. All data are expressed as mean  $\pm$  SD. Significance was defined as \* p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001, \*\*\*\*p < 0.0001.



Figure S6. Fluorescence images at the subcellular level of frozen sections of tumor tissue showing responsive signals.

## 4. Author Contributions

In this work, Han Tianyang was responsible for writing the article, optical data characterization, data processing, and animal experiments. Lin Lihao and Jiang Huizhong conducted animal and cell experiments in this study. Zhang Yuewei was dominated in the structural design and organic synthesis of molecular probes and also contributed to the writing and revision of the article. Fan Li participated in the writing and revision of the article in this study.

## 5. Conflicts of interest

The authors declare no conflicts of interest.

## 6. Acknowledgement

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## 7. Reference

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