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Supporting Information

2 Multifunctional Dual Crosslinked $Ti_3C_2T_x$ MXene 3 Based Hydrogels for Wearable Sensors with Enhanced 4 Mechanical Robustness and Broadband Microwave 5 Absorption

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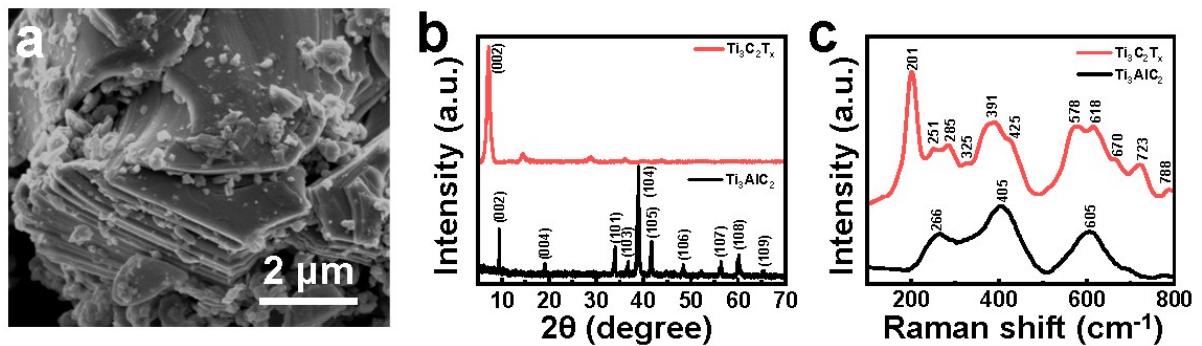
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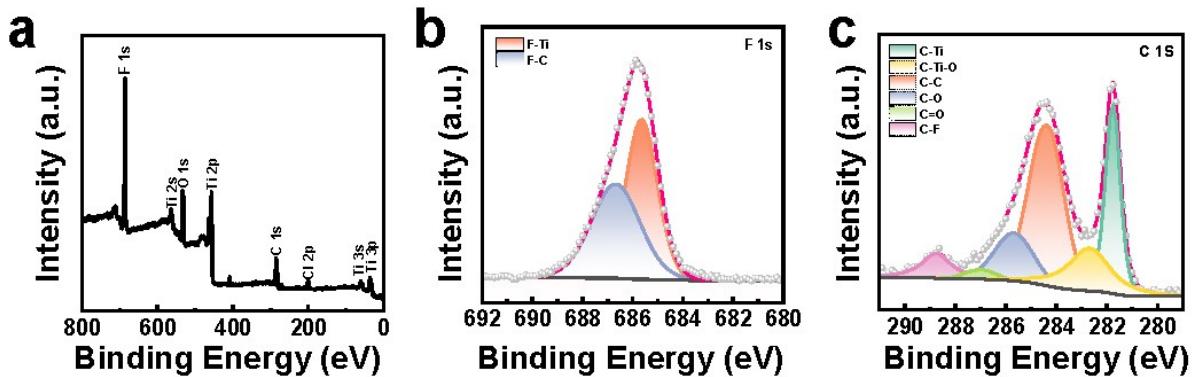
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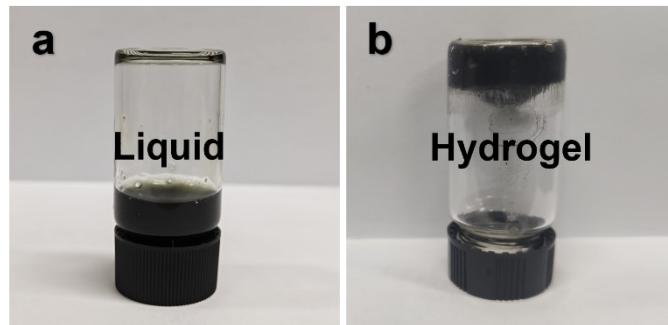
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25 **Fig. S1** (a) SEM images of Ti_3AlC_2 MAX phase. (b) XRD patterns of $\text{Ti}_3\text{C}_2\text{T}_x$ MXene
26 and Ti_3AlC_2 MAX phase. (C) Raman spectrum of $\text{Ti}_3\text{C}_2\text{T}_x$ MXene and Ti_3AlC_2 MAX
27 phase.



33 **Fig. S2** XPS spectra of (a) full survey scan, (b) F 1s, (c) C 1s for $\text{Ti}_3\text{C}_2\text{T}_x$.



35 **Fig. S3** The optical images of PMP1 hydrogel (a) before and (b) after directional
36 freezing process.

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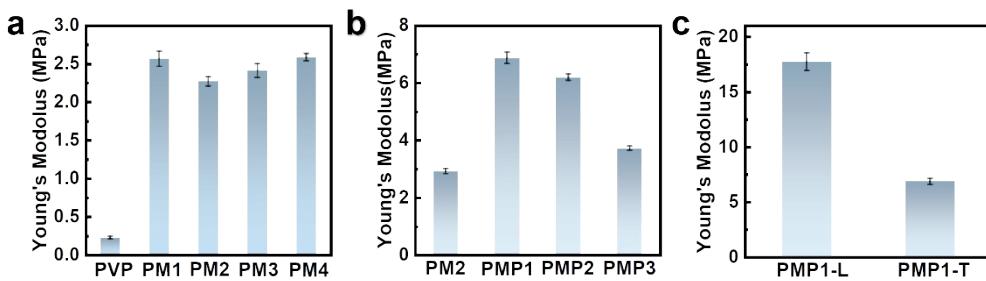
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41 **Table S1** The EDS elemental composition table of directional PMP1 hydrogel.

Element	Wt%	At%
Ti	1.31	0.37
C	63.86	72.63
O	28.06	23.96
F	0.42	0.30
S	6.19	2.64
Na	0.17	0.10

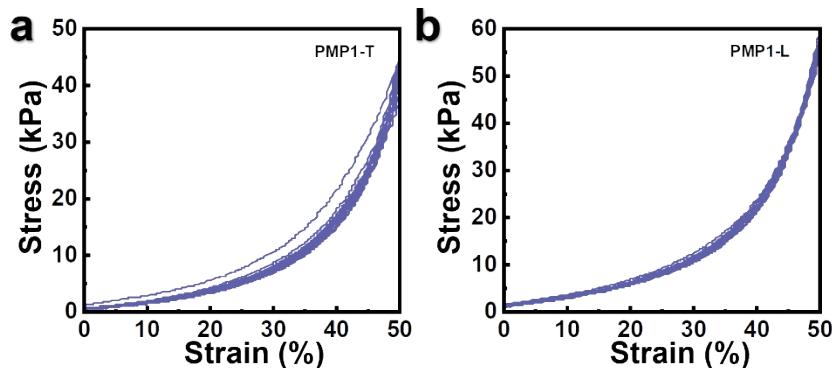
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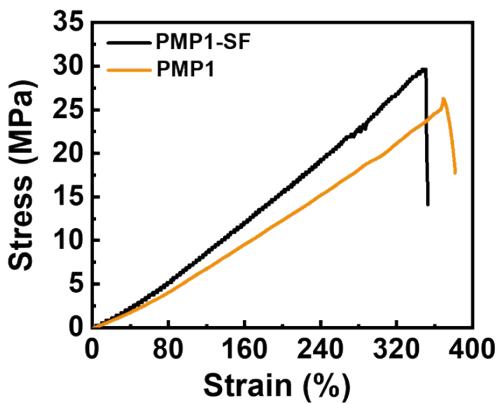
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44 **Fig. S4** Calculated Young's modulus for directional frozen hydrogels (a) with different
 45 contents of MXene, (b) with different PSS contents, (c) under transverse and
 46 longitudinal stress.

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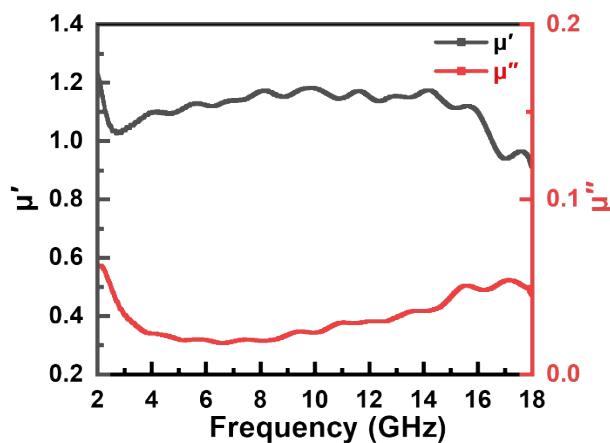
58 **Fig. S6** Comparative mechanical performance of PMP1 and PMP1-SF hydrogels.
 59 Tensile stress–strain curves demonstrate that PMP1-SF exhibits a slightly higher
 60 Young’s modulus than PMP1.

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 66 Fig. S7 Frequency-dependent complex permeability characteristics of the directional
 67 PMP1-SF hydrogel. The real part of permeability (μ') remains nearly 1.0 over the 2–
 68 18 GHz frequency range, while (b) the imaginary part (μ'') is close to 0.0, indicating
 69 negligible magnetic loss.

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71 **Table S2** Microwave absorption performance of $\text{Ti}_3\text{C}_2\text{T}_x$ MXene-based microwave
72 absorption materials

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Materials	RL_{min} (dB)	EAB (RL≤-10 dB)		Refs.
		Value (GHz)	d (mm)	
$\text{Ti}_3\text{C}_2\text{T}_x$ MXenes	-27.5@17.10 GHz @4.00 mm	3.00	2.00	[1]
MXene/PI arrogel	-45.4@9.59 GHz @3.00 mm	5.10	2.00	[2]
MXene/PEO aerogel	-50.8@6.72 GHz @1.70 mm	5.20	1.70	[3]
Anisotropic MXene/polyimide aerogel	-41.8@6.00 GHz @4.00 mm	6.50	1.91	[4]
$\text{Ti}_3\text{C}_2\text{T}_x/\text{PPy}$	-49.2@8.50 GHz @3.20 mm	4.90	3.20	[5]
MXene/MoS ₂ heterostructure	-46.72@4.32 GHz @2.00 mm	4.32	2.00	[6]
porous MXene/CNTs microspheres	-45 dB@10.00 GHz @2.70 mm	4.90	1.90	[7]
MXene/CNTs/PI aerogel	-50.03@13.70 GHZ @1.80mm	5.60	1.80	[8]
MXene@RGO aerogel	-31.2@8.00 GHz @3.05 mm	5.40	2.05	[9]
Directional PVA/$\text{Ti}_3\text{C}_2\text{T}_x/\text{PSS}$ hydrogels	-55.5@10.73 GHz @2.50 mm	6.34	2.00	This work

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