

Supporting Information

Length evolution of helical micro/nano-scale structures

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The dependence of L on h in both CLHL and COHL cases.

Both L_{CLHL} and L_{COHL} increase linearly with increasing h , as shown in Figures S1 and S2. The plots show a non-linear dependence of L on d . Just as mentioned in the manuscript, there exists a critical point for d , below which the increasing slope of L with increasing h is much slower; above the critical point of d , the increase becomes much steeper with the increase of h .

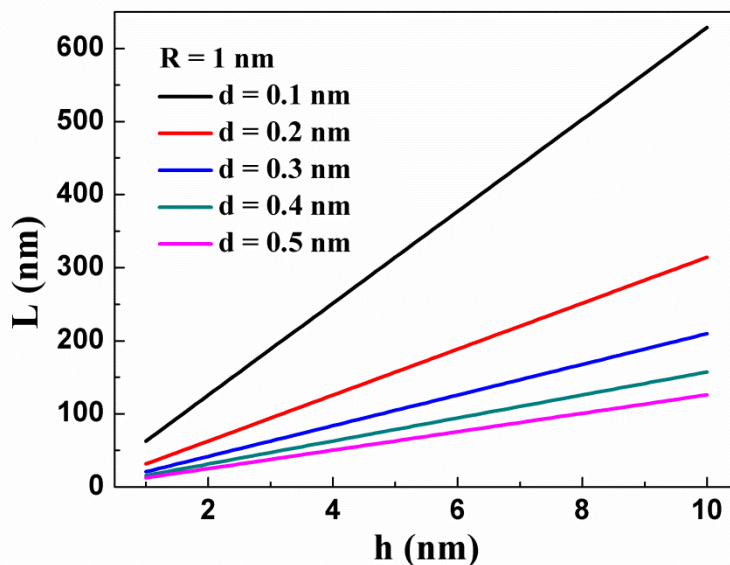


Figure S1 | Plots of L_{CLHL} vs. h with fixed R and d .

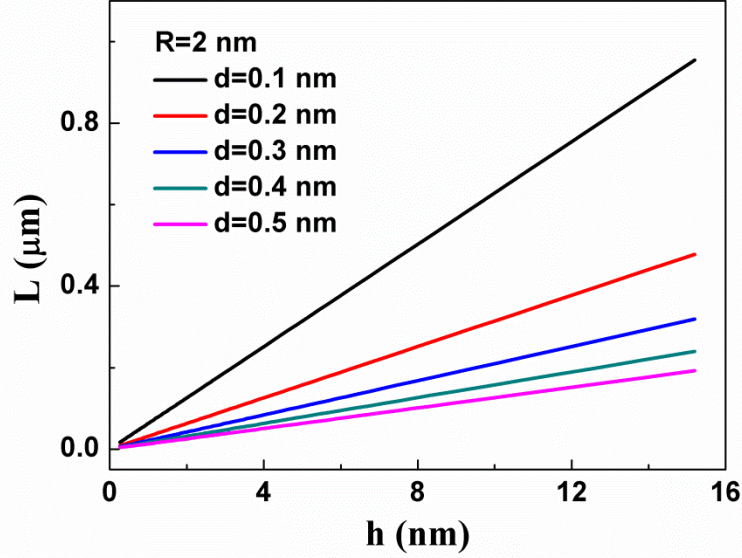


Figure S2 | Plots of L_{COHL} vs. h with fixed R and d .

Derivation of the helical length formula of a COHL structure

The equation of the COHL can be parameterized using the rotation angle θ in a cylindrical coordinate. Therefore, the parametric equation of the COHL can be described in Eq. 1,

$$\begin{cases} x(\theta) = R(\theta) \cos(\theta) \\ y(\theta) = R(\theta) \sin(\theta), \quad 0 \leq \theta \leq 2k\pi \\ z(\theta) = v\theta \end{cases} \quad (1)$$

where $v = \frac{d}{2\pi}$ and $R(\theta) = R - v\theta \cot \alpha$.

The helical length of the COHL (L_{COHL}) can be obtained through the curve integral as exhibited in Eq. 2.

$$L_{\text{COHL}} = \int_0^{2k\pi} \left\{ [x'(\theta)]^2 + [y'(\theta)]^2 + [z'(\theta)]^2 \right\}^{1/2} d\theta \quad (2)$$

Substituting Eq.1 into Eq. 2, we then obtain Eq. 3,

$$L_{\text{COHL}} = v \int_0^{2k\pi} \left[\theta^2 \cot^2 \alpha - \theta \cot \alpha \frac{2R}{v} + c \right]^{1/2} d\theta$$

(3)

where $k = \frac{h}{d}$ and $c = 1 + \cot^2 \alpha + (R/v)^2$.

To simplify the derivation, we denote the coefficient $\cot^2 \alpha$ as a , $(2R/v)\cot \alpha$ as b and the integrand $(a\theta^2 + b\theta + c)^{1/2}$ as F . Therefore, Eq. 3 can be solved through the following integrals in Eqs. 4 and 5 by assuming $a > 0$ and $4ac - b^2 > 0$.

$$\int F d\theta = \frac{2a\theta - 3b}{4a^2} F + \frac{3b^2 - 4ac}{8a^2} \int \frac{d\theta}{F} \quad (4)$$

$$\int \frac{d\theta}{F} = \frac{1}{\sqrt{a}} \operatorname{arsinh} \frac{2a\theta + b}{\sqrt{4ac - b^2}} \quad (5)$$

Substituting Eq. 4 into Eq. 5, we get Eq. 6.

$$\int F d\theta = \frac{2a\theta - 3b}{4a^2} F + \frac{3b^2 - 4ac}{8a^{2.5}} \operatorname{arsinh} \frac{2a\theta + b}{\sqrt{4ac - b^2}} \quad (6)$$

By replacing a , b , c and F in Eq. 6 with the original form, we finally obtain the helical length L_{COHL} as shown in Eq. 7.

$$L_{\text{COHL}} = \left[\frac{v\theta \cot \alpha - R}{2\cot \alpha} \sqrt{(\theta \cot \alpha - \frac{R}{v})^2 + 1 + \cot^2 \alpha} + \frac{v(1 + \cot^2 \alpha)}{2\cot \alpha} \operatorname{arsinh} \left(\frac{v\theta \cot \alpha - R}{v\sqrt{1 + \cot^2 \alpha}} \right) \right] \Bigg|_0^{2k} \quad (7)$$

Simplifying the result by replacing $R - v\theta \cot \alpha$ with $R(\theta)$, we get Eq. 8.

$$L_{\text{COHL}} = \left[\frac{-R(\theta)}{2\cot \alpha} \sqrt{\frac{R^2(\theta)}{v^2} + 1 + \cot^2 \alpha} + \frac{v(1 + \cot^2 \alpha)}{2\cot \alpha} \operatorname{arsinh} \left(\frac{-R(\theta)}{v\sqrt{1 + \cot^2 \alpha}} \right) \right] \Bigg|_0^{2k\pi} \quad (8)$$

By replacing v with $v = d/2\pi$, and $R(\theta)$ with $R - v\theta \cot \alpha$, we get the final form of the helical length L_{COHL} , written as Eq. 9, where $k = \frac{h}{d}$.

$$L_{\text{COHL}} = \left[\frac{\theta d \cot \alpha - R}{4\pi \cot \alpha} \sqrt{\frac{(4\pi^2 R - d v \theta \cot \alpha)^2}{d^2} + 1 + \cot^2 \alpha} + \frac{d(1 + \cot^2 \alpha)}{4\pi \cot \alpha} \operatorname{arsinh} \left(\frac{d(\theta d \cot \alpha - R)}{4\pi^2 \sqrt{1 + \cot^2 \alpha}} \right) \right] \quad (9)$$